



Children's Education Society (Regd.)

The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka;

Approved by Pharmacy Council of India, New Delhi)

7.1.11: Institution celebrates / organizes national and international commemorative days, events and festivals

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P. Padma

PRINCIPAL,
The Oxford College of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068

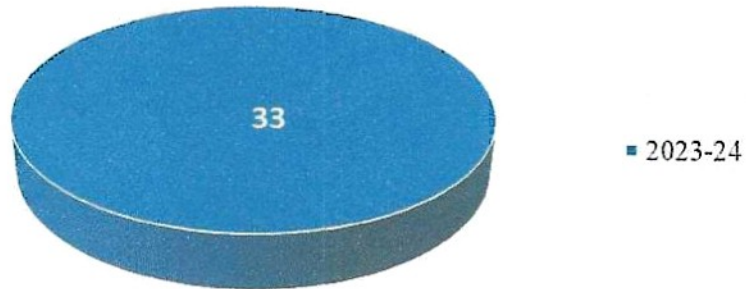


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NUMBER OF ACTIVITIES TO PROMOTE INCLUSIVE ENVIRONMENT

**NUMBER OF ACTIVITIES TO
PROMOTE INCLUSIVE ENVIRONMENT**



Academic Year	2023-24
Number of Activities	33

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LIST OF ACTIVITIES 2023-24

S. No	Name of The Activities
1	World Environment Day
2	National Voters Day
3	World Cancer Day
4	Safer Internet Day
5	National Science Day
6	Zero Discrimination Day
7	No Smoking Day
8	World Consumer Rights Day
9	World Oral Health Day
10	Autism awareness day
11	B.R. Ambedkar Jayanti
12	World Day for Safety and Health at Work
13	World Asthma Day
14	Hand hygiene day
15	Hypertension day
16	International Day of the Family
17	Anti-tobacco Day
18	World Food Safety Day
19	World Blood Donor Day
20	International Day of Yoga
21	World Water Day
22	International Women's Day
23	National Girl Child Day
24	World Aids Day
25	Awareness program on Antibiotics Usage
26	World mental health day
27	National Integration Day
28	Kannada Rajyotsava
29	Gandhi Jayanthi
30	Teacher's Day
31	Swachh Bharat-Cleaning College Premises
32	Independence Day
33	National Sports Day

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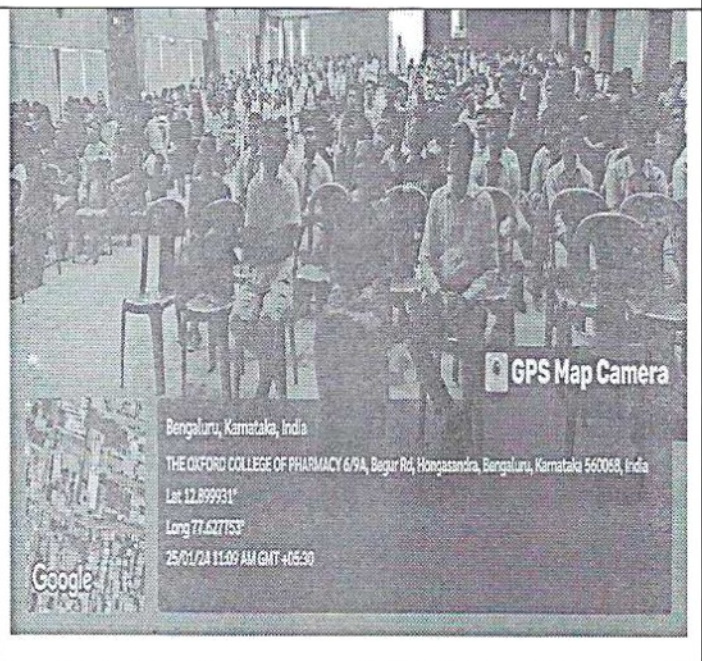
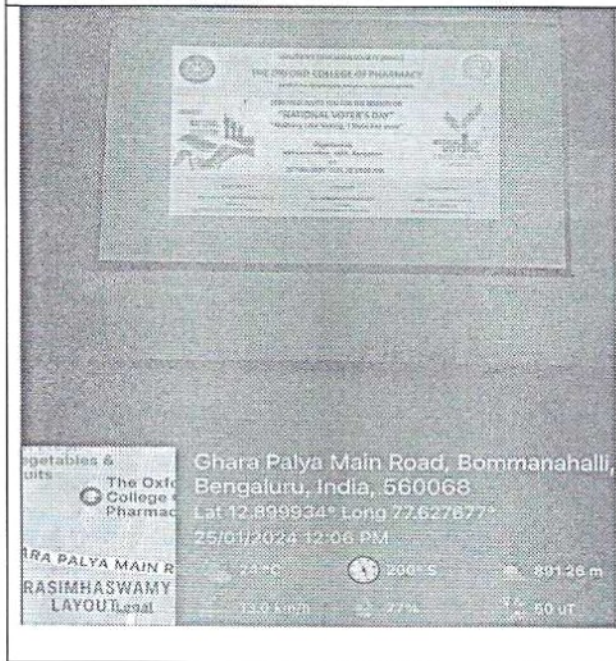
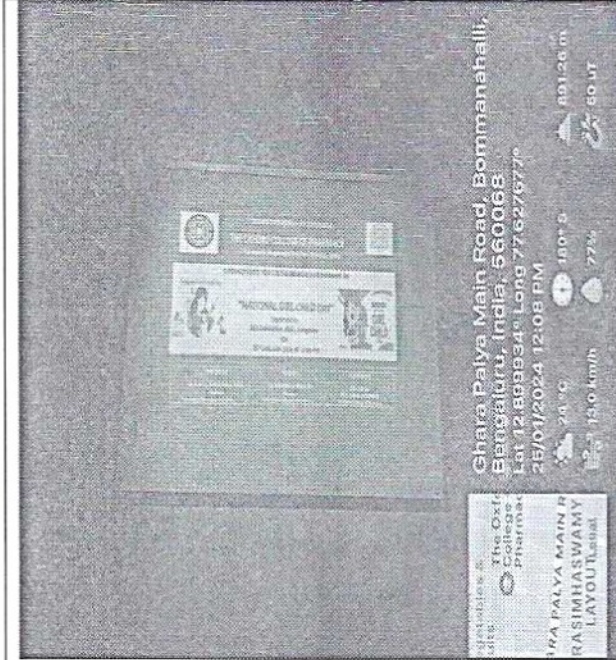
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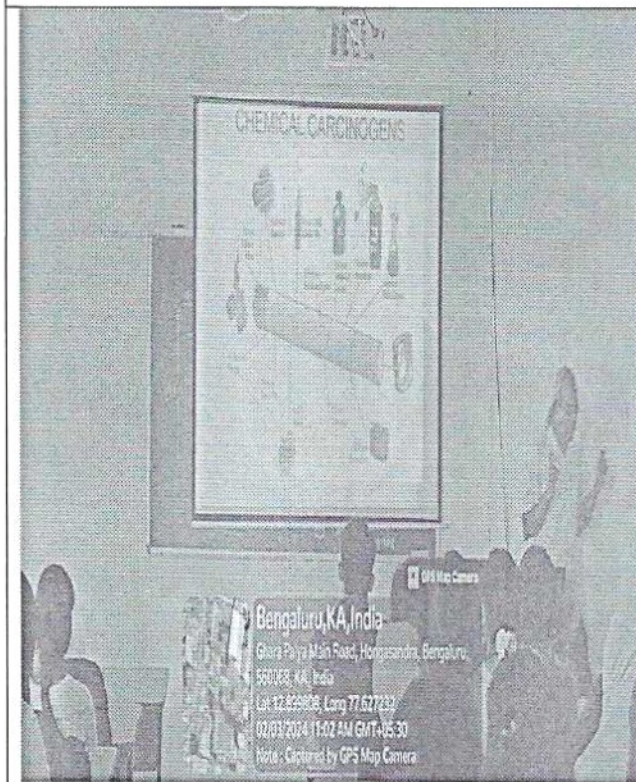
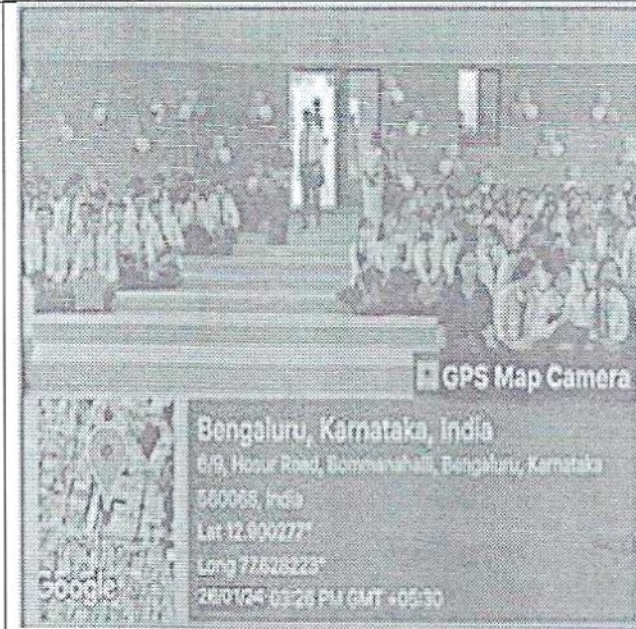
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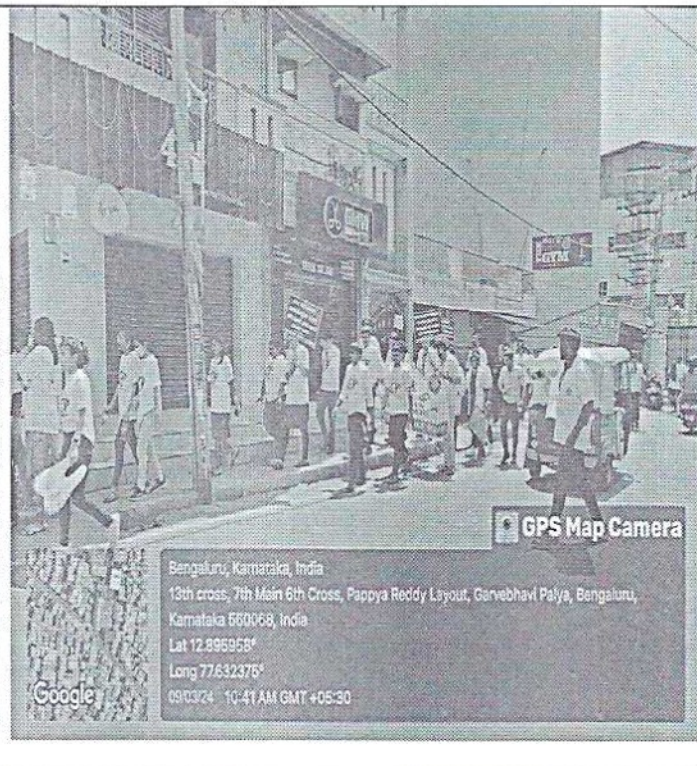
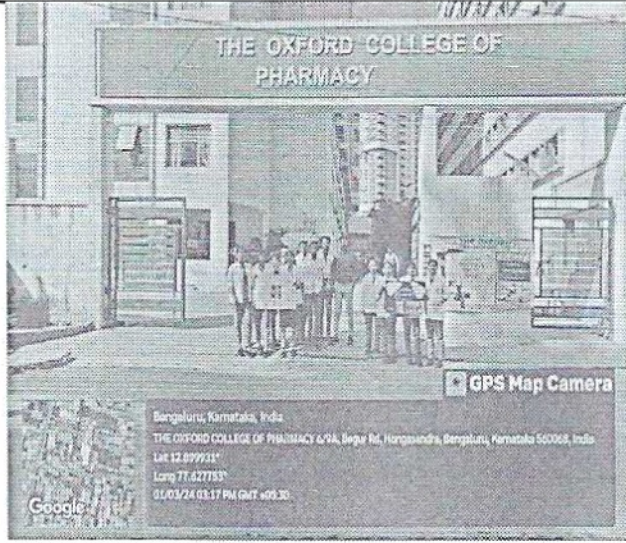
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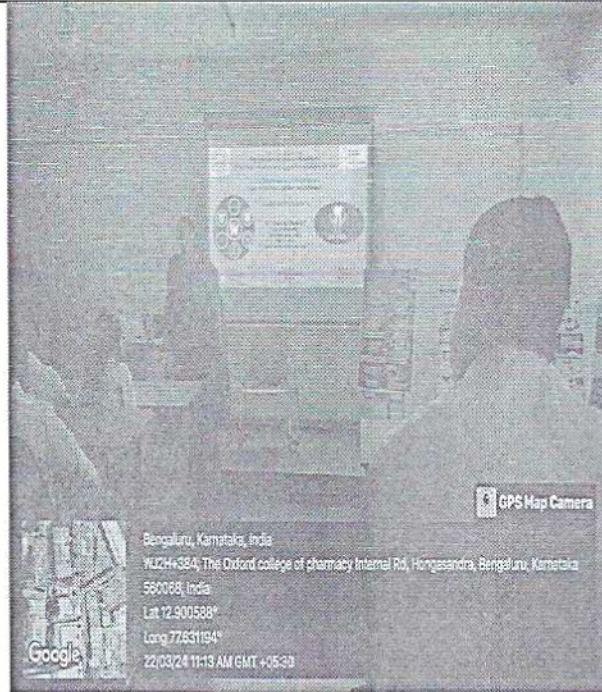
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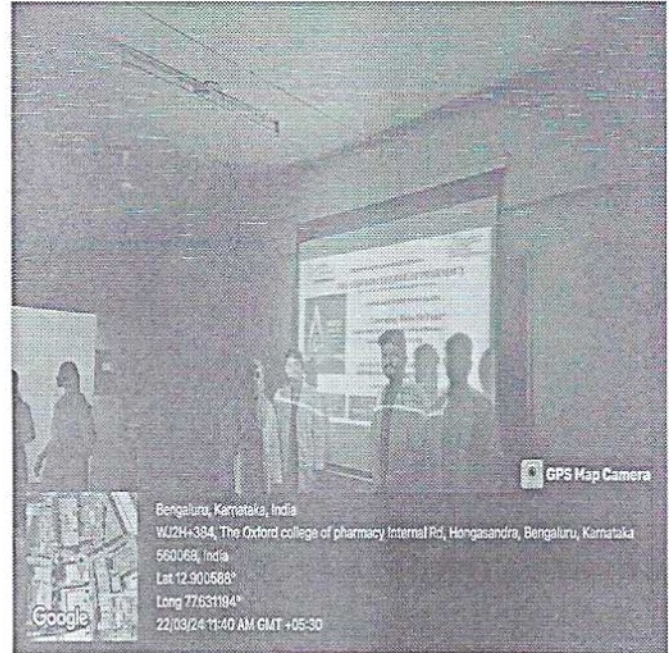
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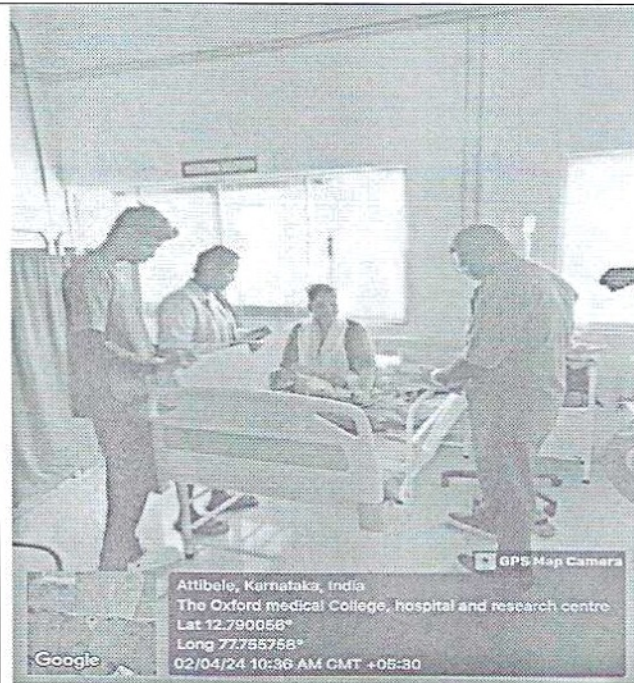
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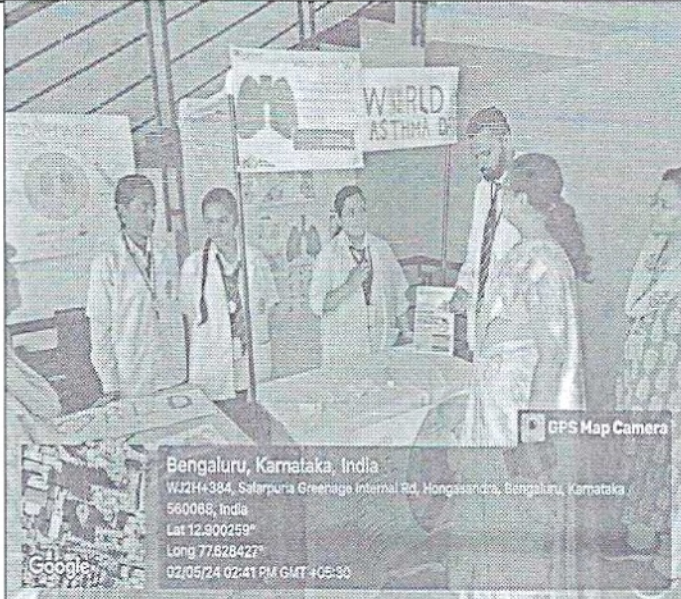


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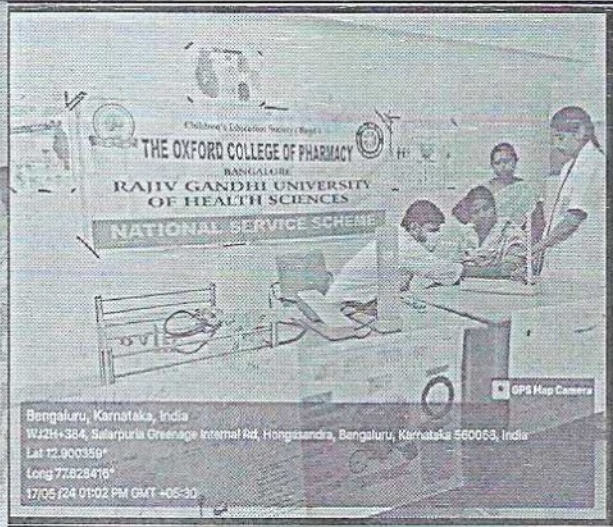
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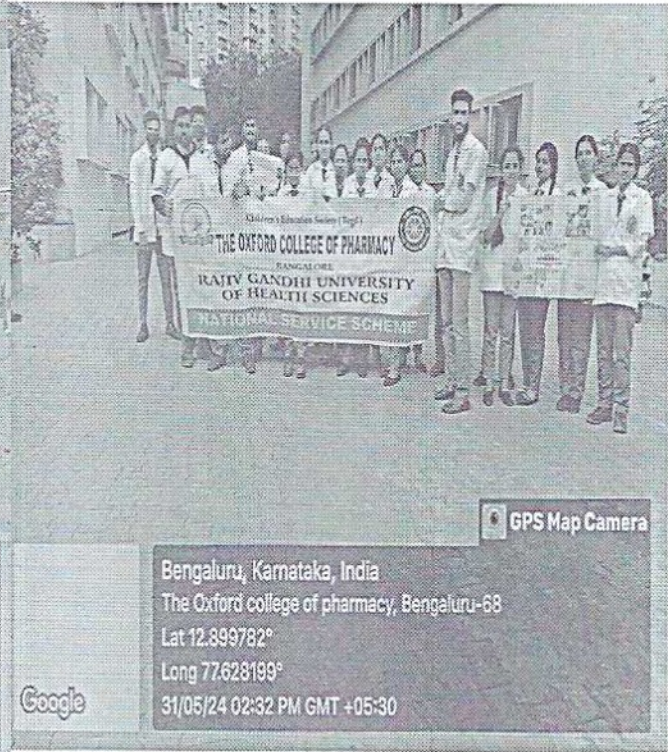
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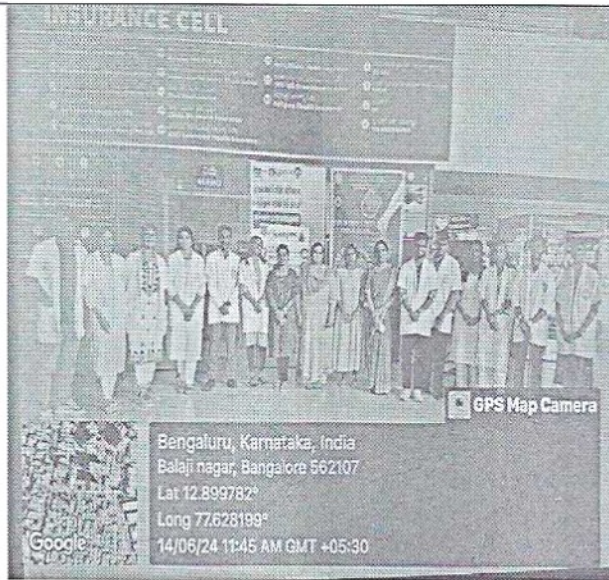
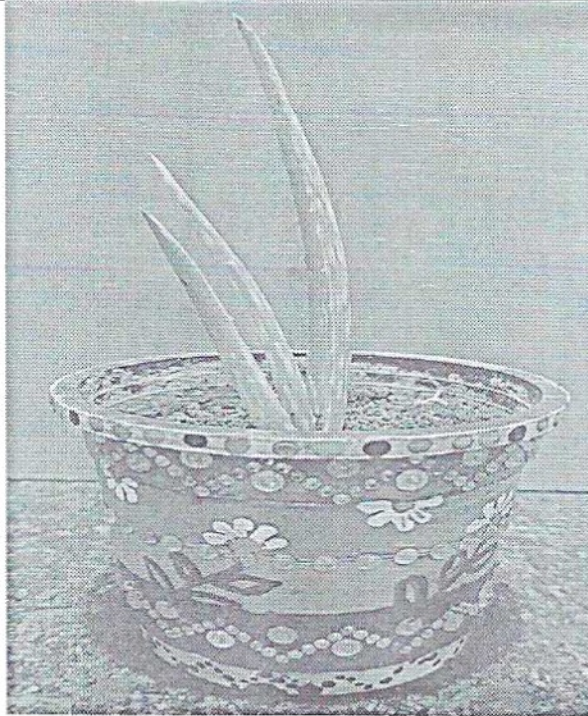


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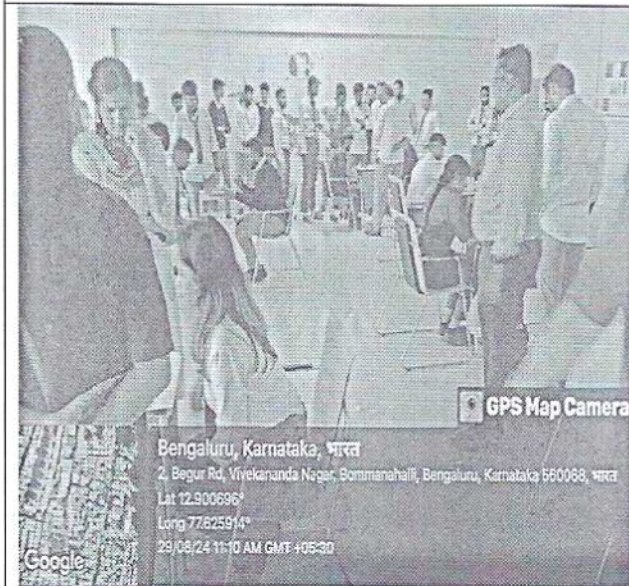
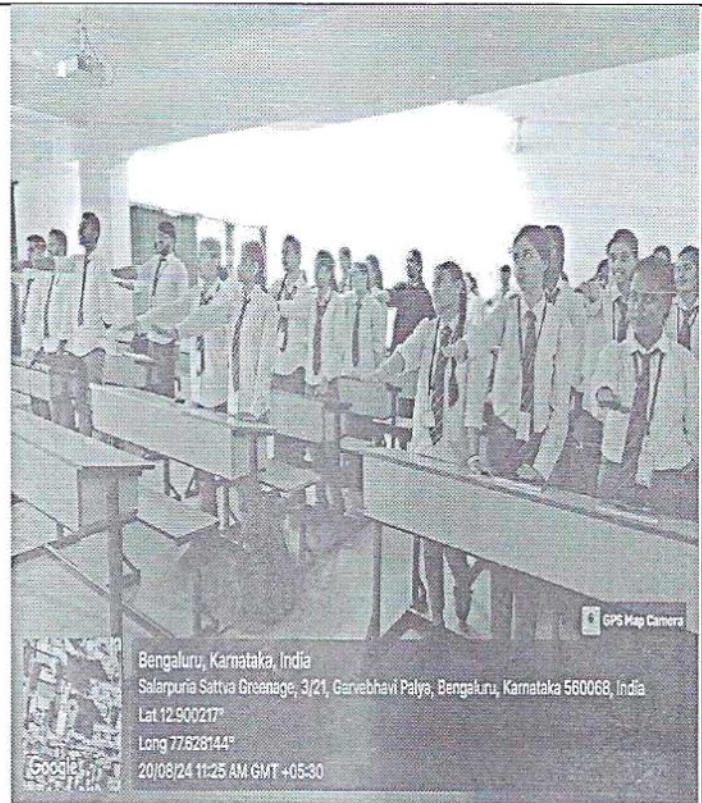
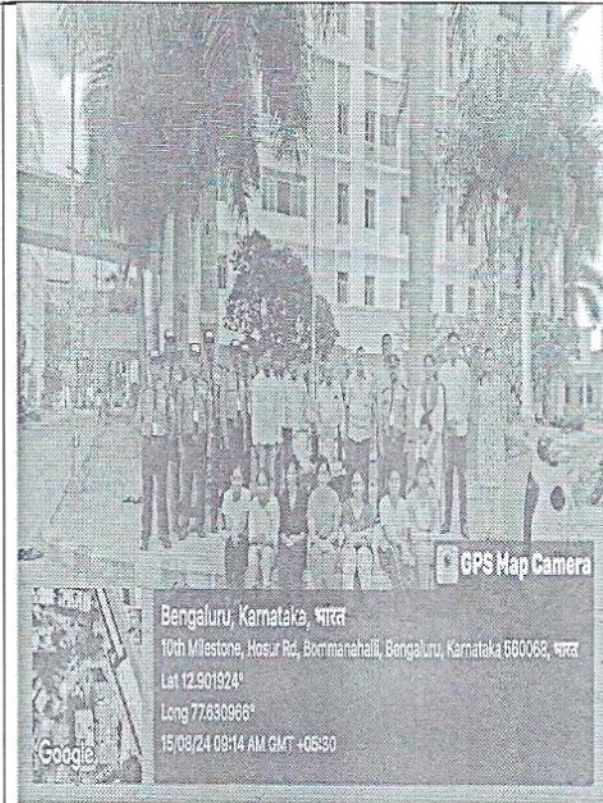
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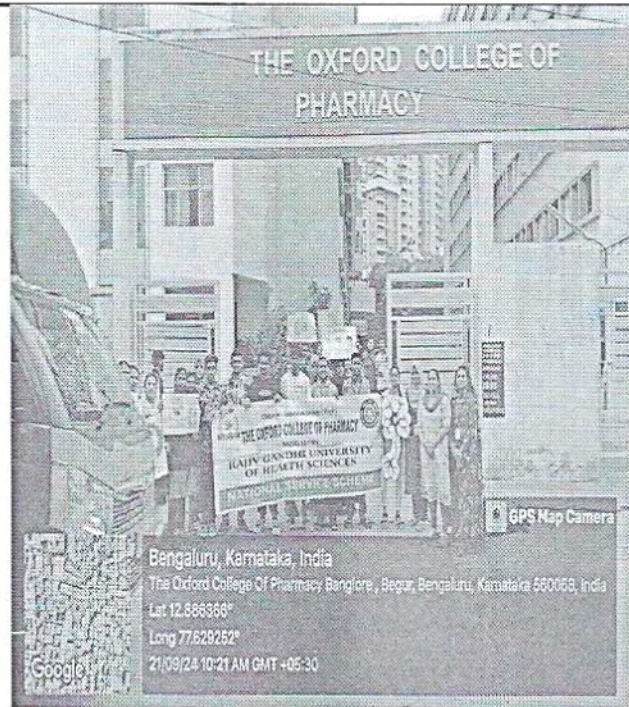
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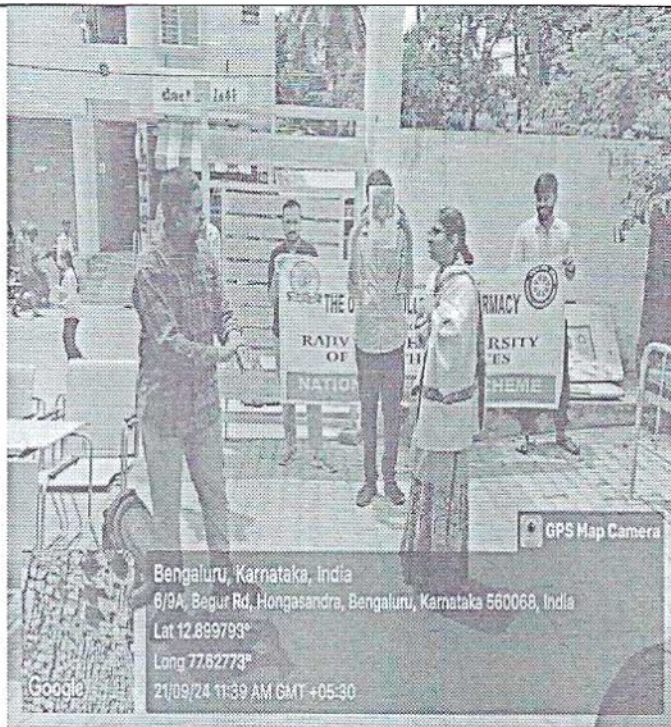
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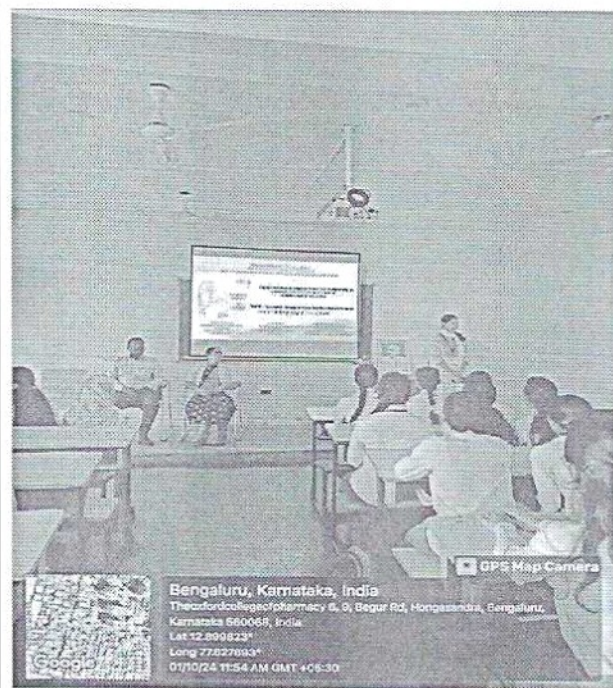
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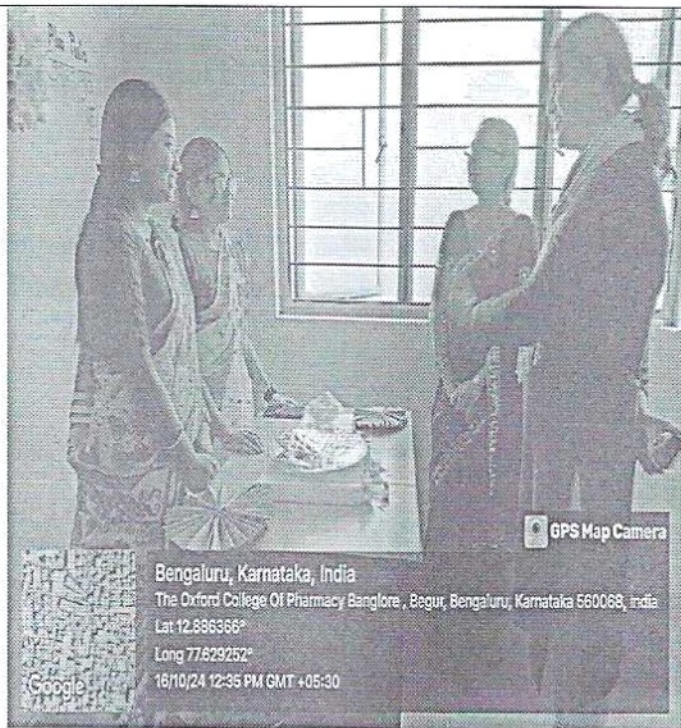
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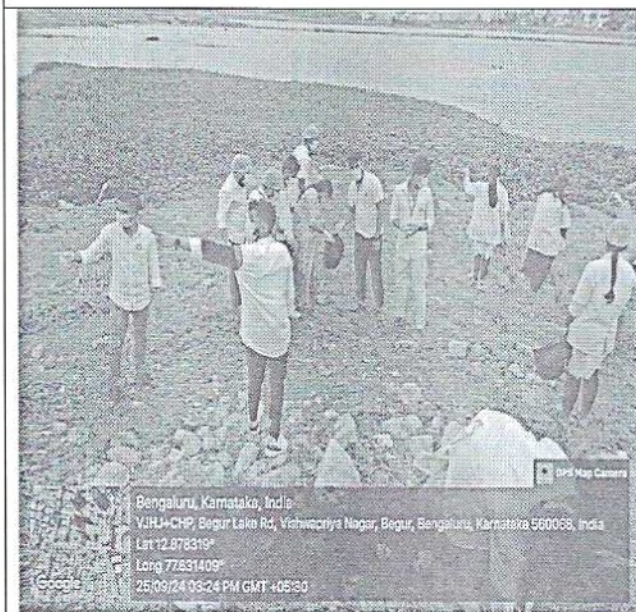
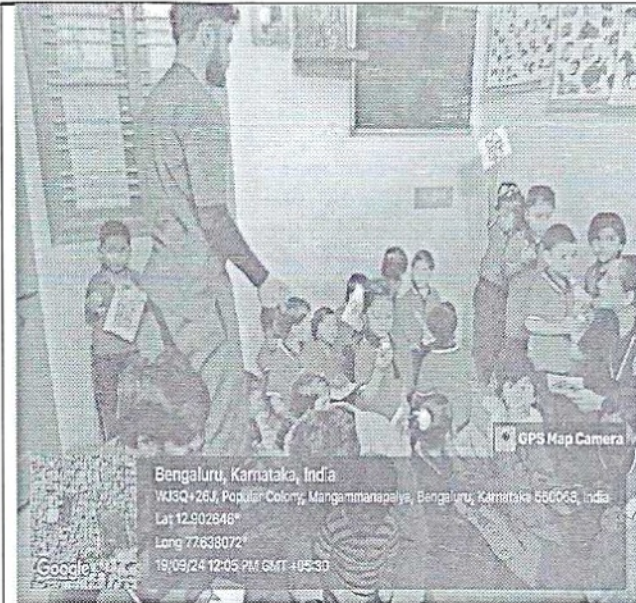
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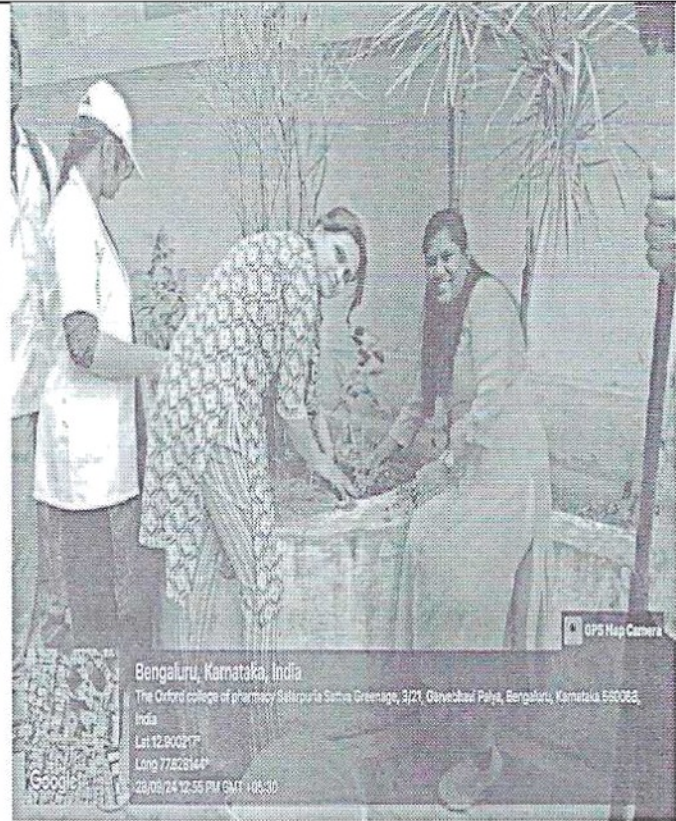
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01/06/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that pot-painting-plantation and awareness programme on “WORLD ENVIRONMENT DAY 2024” for the academic year 2023-2024 will be organised on 05/06/2024. We request the active participation for the same.

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Cc

1. Office

2. All Departments



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CHILDREN'S EDUCATIONAL SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY

DEAR OXFORDITES,
WE ARE HAPPY TO INVITE EVERYONE FOR THE

**An Awareness campaign and
a talk on Environment Day**

by

Dr Anuradha Pai

Prof, The Oxford Dental College, bangalore

ON

WORLD ENVIRONMENT DAY

5th JUNE

"Our Land, Our Future. We are
#GenerationRestoration"

Venue: Ground Floor, The oxford college of pharmacy

Time: 2-3 Pm

Organized by: NSS Committee

Brochure



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, under NSS committee organized "**WORLD ENVIRONMENTAL DAY 2024**" on the theme "Our Land, Our Future we are #Generation Restoration" that emphasizes the importance of restoring land, combating desertification, and enhancing resilience to drought with an aim to raise an awareness program to educate our students about the protection and preservation of the environment. The program was conducted on June 5th 2024. 26 participants in the program.

The history of world environment day can be tracked back to 1972 when the United Nations Conference on the Human Environment was held in Stockholm, Sweden. As a result of this conference, the United Nations Environment Programme (UNEP) was established on June 15, 1972. The UNEP proposed a special day for the environment. In 1972, the UN General Assembly designated June 5 as World Environment Day (WED). The first World Environment Day was observed on June 5, 1973, with the slogan "Only One Earth." The environment has suffered a lot due to industrialization. World Environment Day encourages people to adopt eco-friendly practices to have a greener and clear environment and then focused on solutions to plastic pollution under the campaign. The condition of our environment is getting declined day by day because of the pollution and global warming. We should celebrate and promote eco-friendly development in our country in order to save the environment for better future.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

World Environment Day is the one of the most important opportunities when we can make people aware of the issues that everyone is facing and how everyone can contribute to saving it. Thus, it is quite important in its own way.

The program was started with a welcome note by Ms. Nagalakshmi R, NSS coordinator, The Oxford College of Pharmacy. To create the awareness among the students one guest lecture by Dr Anuradha pai, Professor, The Oxford Dental College was organized. She interacted with the students for the spread awareness about the environment and the need to conserve it. She explained why it is essential to have a greener environment and conservation of nature so that our future generation will be able to lead a healthier life. She emphasized that we cannot be so selfish and use up all the resources for ourselves and



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do not leave anything for our future generation. She took promise from all the students that they will strive towards making our environment a better and healthy place to live in.

It is a day that reminds everyone on the planet to get involved in environment friendly activities. Keeping this aim in view, The Oxford College of Pharmacy organized a pot-painting-plantation competition. Students of various branches from department participated and celebrated world environmental day enthusiastically. All the participants were asked to paint a pot and plant a sapling from their home to create a green corner in their home gardens due to RGUHS Examination. A lot of enthusiasm was seen in the students. The photo of the pot was collected from all the class teacher by the cultural committee and the winner was decided. The first place was secured by Ms Rakshitha from III Pharm D, second position by Ms. Soniya Kumari from I D. Pharm and third position by Ms Varra Jhansi from I D.Pharm.

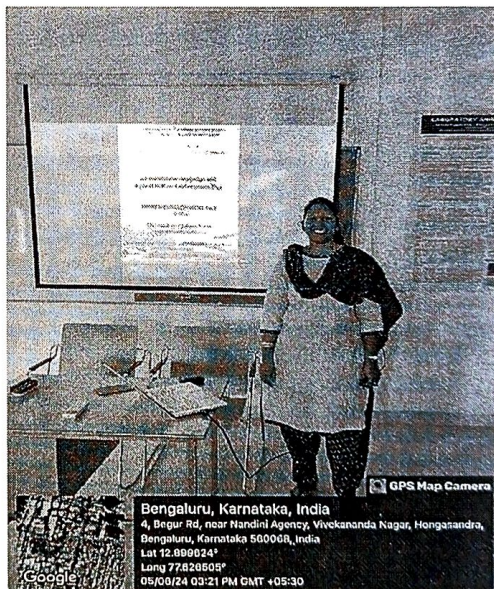
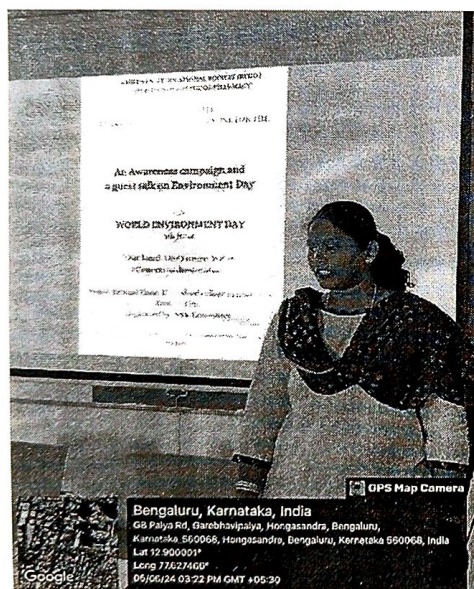


Fig1: Guest Lecture by Dr Anuradha pai, Professor, The Oxford Dental College, Bangalore.



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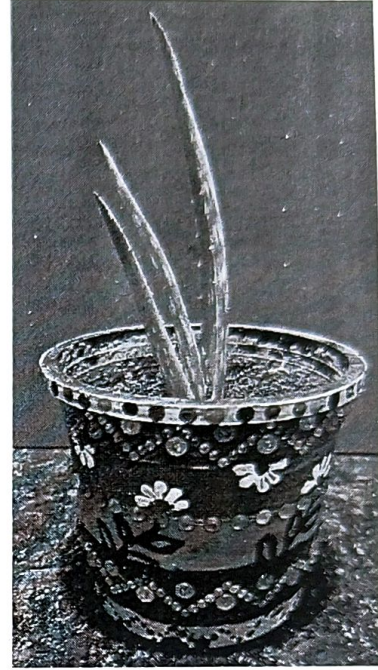
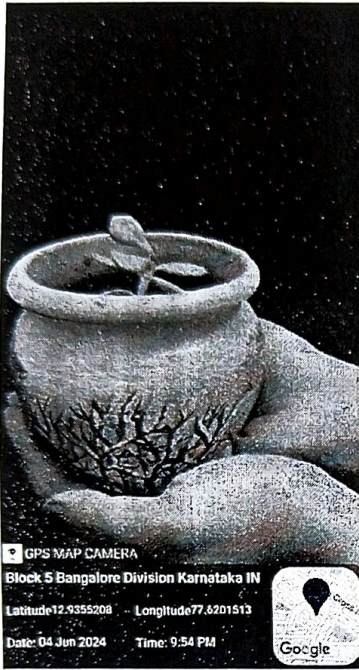


Fig2. Pot painted by Ms Rakshitha from III Pharm D (first left), Ms. Soniya Kumari from I D. Pharm (centre) and by Ms Varra Jhansi from I D. Pharm (right) for the pot-painting-plantation competition.

Under the supervision of Mr Rajamouli, physical trainee teacher, and Ms nagalakshmi R, NSS coordinator, the students under NSS organized an awareness rally near the Begur Road to create an awareness for combating the use of plastics and ways by which the pollution can be reduced by making the people aware about the current situation of the environment. They talked with the people to make them understand the importance of environment for the future generation.



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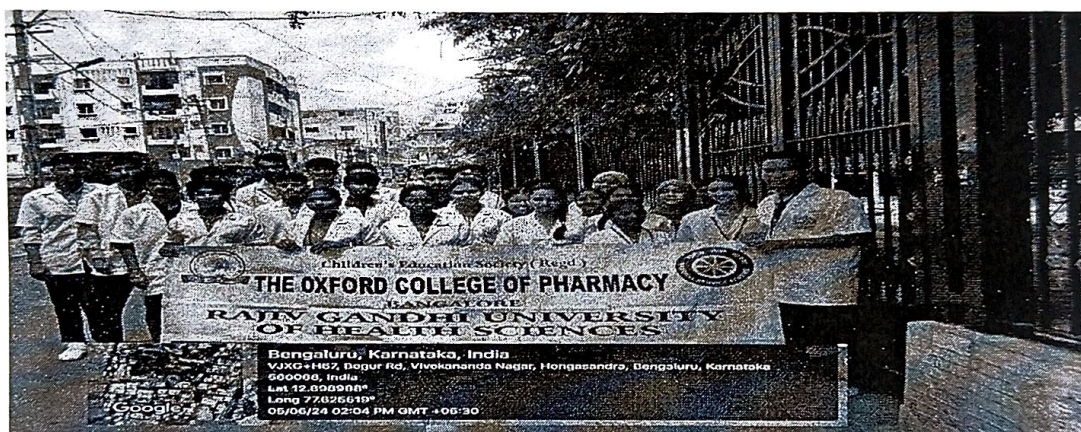


Fig 3: Students during the World Environment Day awareness NSS program.

The organizer Mrs. Chanda Ranjan concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 26 participants

Schedule: On 5th June 2024

Time Schedule	Programme
2-3 pm	"WORLD ENVIRONMENT DAY 2024"



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OUTCOME OF THE PROGRAMME

The program successfully reached the individuals and significantly increased the awareness about the environmental related issues. 28 Students participated in the program. The attendees gained knowledge about how the natural world works, how humans interact with environment and to find the ways to deal with environmental problems and live more sustainably. To build on this success, it is important to every individual to save and protect our environment to grow in the upcoming decades. After creating the awareness, the planting has done in college surrounding areas and followed by students has done plantings in their homes.



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LIST OF THE PARTICIPANTS

S.NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS CHANDA RANJAN	CR
3.	MRS VISHNU PRIYA	Vishnu Priya
4.	SOUNDHARYA M	Soundharya M
5.	SUNITHA R	Sunitha R
6.	SURAJ J	Suraj J
7.	TANAY DEY	Tanay Dey
8.	USHMA GAMANGO	Ushma Gamango
9.	VARRA JHANSI	Varra Jhansi
10.	PHAMLARTIN CHARII MONSANG	Phamlartin Charii
11.	PRAKASH PATEL	Prakash Patel
12.	PRASHANTH N	Prashanth N
13.	PRI YANKAMHIPPARAGI	Pri Yankamhipparagi
14.	PRIYANGSHU KASHYAP	Priyangshu Kashyap
15.	ARSHITHA L	Arshitha L
16.	AZRA SULTANA	Azra Sultana
17.	CHETHAN	Chethan
18.	CHHAGAN PATEL M	Chhagan Patel
19.	HAMSA A S	Hansa A S
20.	HANUMANTHARAYAPPA GARI NEELAVATHI	Hanumant Harayappa Gari
21.	MAHESH	Mahesh
22.	ROHIT	Rohit
23.	VIKAS	Vikas
24.	MANISH	Manish
25.	SHIVKUMAR	Shiv Kumar
26.	ALIYA	Aliya

P. Padma
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DATE: 20/01/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on "NATIONAL VOTERS DAY 2024" for the Academic Year 2023-2024 will be conducted on 25/01/2024. We look forward for the active participation for the same. All interested students are requested to give your names to the event co-ordinator.

Cc

1. Office

2. All Departments

P. Padma
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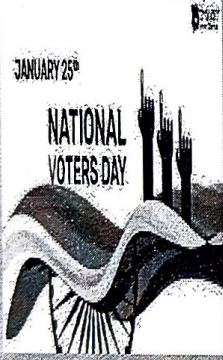
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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



NSS Committee, TOCP &
Department of Pharmaceutics
ORGANIZE AWARENESS PROGRAMME ON
"NATIONAL VOTER'S DAY"
THEME: "Nothing Like Voting, I Vote For sure"
on
25TH JANUARY 2024, AT 10:00 AM.



CHIEF PATRON

Dr. S.N.V.LNARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

ORGANISERS

Mrs. NAGALAKSHMI R & DR. VIKRAM. T
Assistant Professor
The Oxford College of Pharmacy

Brochure of National Voter's Day



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore organized an awareness programme on "National voters Day" on 25th January 2024. Mrs R Nagalakshmi, Assistant Professor, Department of Pharmaceutics, initiated the program along with students. There were 350 participants and the programme was held at 7th Floor auditorium.

The content of the Session:

"National voters Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 25th January 2024" with the theme "Nothing like voting, I vote for sure". The program started with the welcoming of the audience and briefed about the history and significance of observing this day. The resource person Mrs. Leeky Mohanty delivered speech to encourage the youth to participate in the voting in the electoral process. It not only encourages the youth to participate in electoral process but also focuses on the fact that the right to vote is a basic right. Later, the participants were involved in a virtual interaction program with Honourable Prime Minister Narendra Modi as part of the programme organised by BJP Yuva Morcha.

The National Voters Day is celebrated every year as mark of the foundation day of Election Commission of India, i.e. 25th January 1950. The main objectives for observing this day was to encourage, facilitate, and maximize enrolment, especially for new voters. The day has been celebrated since 2011 across the country to mark the foundation of the Election Commission of India, i.e. 25th January 1950. It is celebrated every year with a particular theme. It not only encourages the youth to participate in the electoral process but also focuses on the Right to vote as the basic right. However, there are various factors that need to be taken into consideration which is being emphasized on National voters Day 2024 were also briefed by the speaker such to create awareness among young generation he or she has the right to select his leader to whomever they think is capable of leading the nation, solving the problems of common people, bringing about change, etc. Later PM Narendra Modi addressed nearly 50 lakh first-time



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voters virtually. In the session, students too actively shared their thoughts and taken the pledge to have a better society.

Schedule:

No. Of Participants-350

Timings	Event Schedule
10 Am	National Voters Day



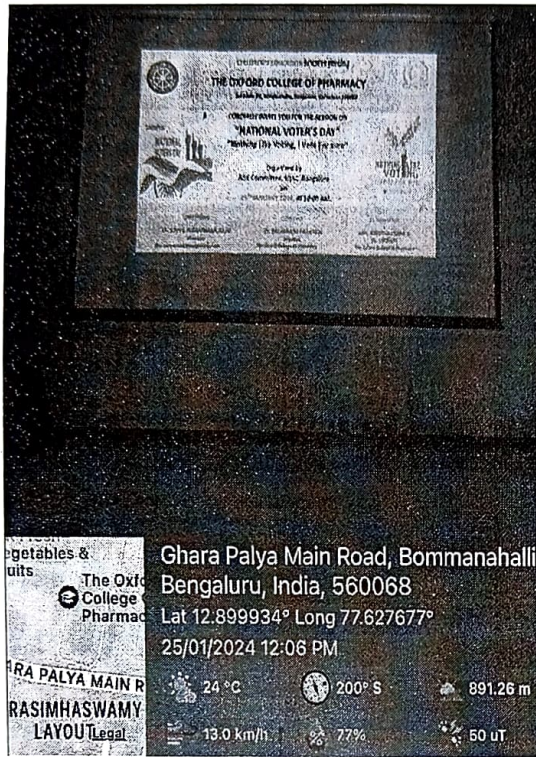
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Glimpses of the brochure of National Voter's Day and QR Scan code for registration on LED Screen

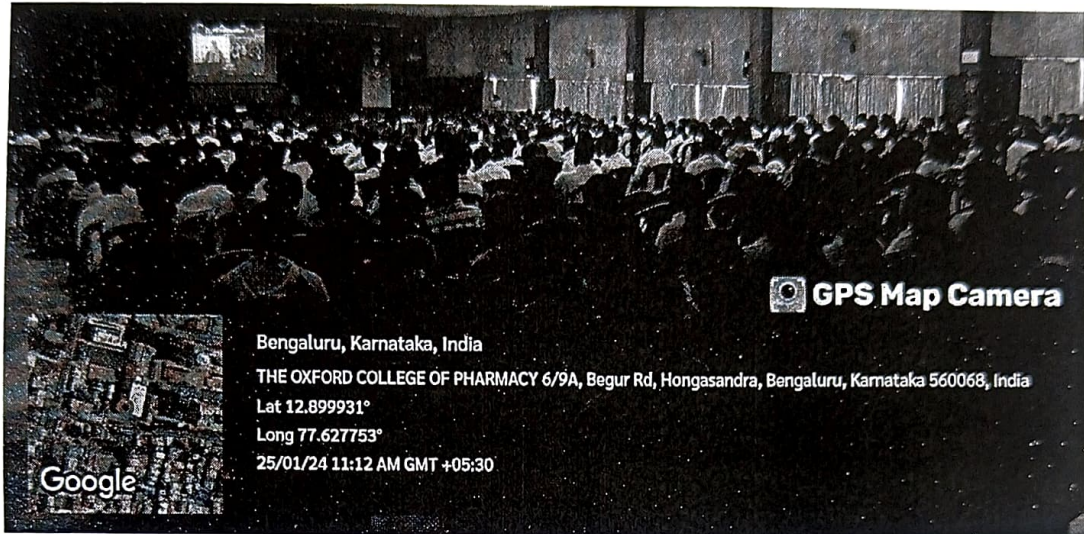


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Participants listening to the virtual interaction of Honourable Prime Minister Narendra Modi



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Glimpses of the participants listening to the virtual interaction of Honourable Prime Minister Narendra Modi



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OUTCOME OF THE PROGRAM

There were 350 participants in the programme. The importance of celebrating National Voters Day and its significance of bringing awareness among younger generation regarding their rights in selecting a proper leader, and to provide a safe environment for their growth successfully reached the participants and increased the awareness about it in them. The students were keen to spread awareness to the society via their neighbor, community by passing this information gained during program. Few students got involved within their residential community and arranged awareness program as part of this program of spreading.

END OF REPORT



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Date: 31/01/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Guest Lecture on '**WORLD CANCER DAY 2024**' for the Academic Year 2023-24 will be conducted on 03/02/2023 (Saturday). As we all know that World Cancer Day is observed on 4th February every year and the February 4th falls on Sunday, we have chosen the preceding Saturday February 3rd 2024 to ensure maximum participation and convenience for all. We request for the active participation for the same.

Note: We are excited to announce a Brochure-Making competition in conjunction with the Guest Lecture on the cancer awareness. Participants are encouraged to create visually appealing and informative brochures on or before 02/02/2024 to the event organizers without fail. Class coordinators are requested to inform to the students the same.

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY
WORLD CANCER DAY
THEME; CLOSE THE CARE GAP

RESOURCE PERSON
Dr. Anand. P
Associate Professor,
Department of Community Medicine,
The Oxford Medical College Hospital & Research
Centre Bengaluru.

3rd February 2024, 10 AM

Chief Patron
Dr. S.N.V.L.Narasimha Raju
Chairman
The Oxford Educational Institutions

Convener
Dr. M.Padmaa Paarakh
Principal
The Oxford College of Pharmacy

Organizing Committee
Mrs. G. Suvarna Lakshmi
Mrs. Vishnu Priya
Department of Pharmaceutical Chemistry
The Oxford College of Pharmacy

BROCHURE



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD CANCER DAY 2024". World Cancer Day is an international event observed on February 4th every year. It aims to raise awareness about cancer, encourage its prevention, detection, and treatment, as well as advocate for greater access to cancer care. The day was established by the Union for International Cancer Control (UICC) to support the goals of the World Cancer Declaration, which was adopted in 2008.

UICC (Union for International Cancer Control) declared the theme for World Cancer Day 2024 "Close the Care Gap".

Cancer is a second-leading cause of death across the world and 70% of cancer deaths occur in low-to-middle-income countries. Each year, millions of lives can be saved by implementing resource-appropriate strategies for prevention, early detection, and treatment. At the same time, make people aware of how to prevent, and also how to identify the symptoms of cancer, educate people, as well as to prepare government and non-governmental organizations to help in fighting this deadly disease all over the world.

THE PROGRAM AS FOLLOWS:

In honor of World Cancer Day on February 4th 2024, which fell on a Sunday, the Department of Pharmaceutical chemistry hosted a Guest Lecture on the preceding Saturday, February 3rd 2024.

The event commenced with a warm welcome and introduction of the guest speaker by Mrs. Vishnupriya. S. This was followed by the inaugural address delivered by Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy.

The Guest Lecture delivered by Dr. Anand P, was a profound exploration into cancer prevention interventions and the importance of adopting a cancer-preventive lifestyle. Dr. Anand shared valuable insights, drawing from his extensive expertise in the field, and emphasized the critical role of proactive measures in reducing the burden of cancer.



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During the lecture, Dr. Anand underscored the significance of raising awareness about cancer prevention strategies among communities. He emphasized that prevention is key and highlighted various lifestyle modifications that can significantly reduce the risk of developing cancer. From maintaining a healthy diet and regular exercise routine to avoiding tobacco and limiting alcohol consumption, Dr. Anand stressed the importance of making informed choices to safeguard one's health.

Moreover, Guest Speaker advocated for a collective effort in promoting cancer prevention. He emphasized the need for individuals to encourage others to prioritize their health and adopt cancer-preventive habits. By fostering a supportive environment and promoting healthy behaviours within communities, we can work towards reducing the incidence of cancer and improving overall well-being.

In alignment with the theme "Close the Care Gap," Dr. Anand addressed the need for better access to clinical evaluation and care for all individuals, regardless of their background or socioeconomic status. He emphasized the importance of bridging the gap in healthcare services to ensure that everyone has access to timely diagnosis, treatment, and support.

In conclusion, Dr. Anand's insightful lecture served as a catalyst for action, inspiring attendees to take proactive steps towards cancer prevention and advocating for equitable access to quality healthcare. By working together to raise awareness, promote healthy lifestyles, and address disparities in care, we can strive towards a future where cancer incidence is minimized, and every individual receives the care and support they deserve.

The students of The Oxford College of Pharmacy demonstrated active participation in the brochure-making competition, showcasing their creativity and commitment to raising awareness about cancer prevention. They produced a diverse range of brochures; each designed to inform and educate the community about the importance of adopting a healthy lifestyle to prevent cancer.

Not only did the students actively participate in creating the brochures, but they also took proactive steps to distribute them within the community. Through their efforts, valuable information regarding cancer prevention measures and support resources reached a wider audience, contributing to the overarching goal of spreading awareness and promoting health and well-being.



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The program organizer Mrs. G. Suvarna Lakshmi concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for giving opportunity for organizing such an event. She also expressed her gratitude to Dr. Anand P, Associate Professor, Department of Community Medicine, The Oxford Medical College Hospital & Research Centre, Dr. Jyoti Srivasthava, HOD, Department of Pharmaceutical Chemistry, and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

PROGRAM AGENDA & SCHEDULE:

Time	Event
10:00 am - 10:15 am	Inauguration
10:15 am - 10:30 am	Welcome Note
10:30 am - 12:00 pm	Expert Talk
12:00 pm - 12:30 pm	Vote of Thanks
12.30 pm - 1.30 pm	Community Outreach: Brochure Distribution

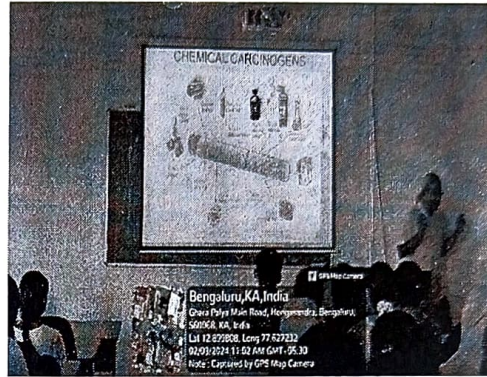


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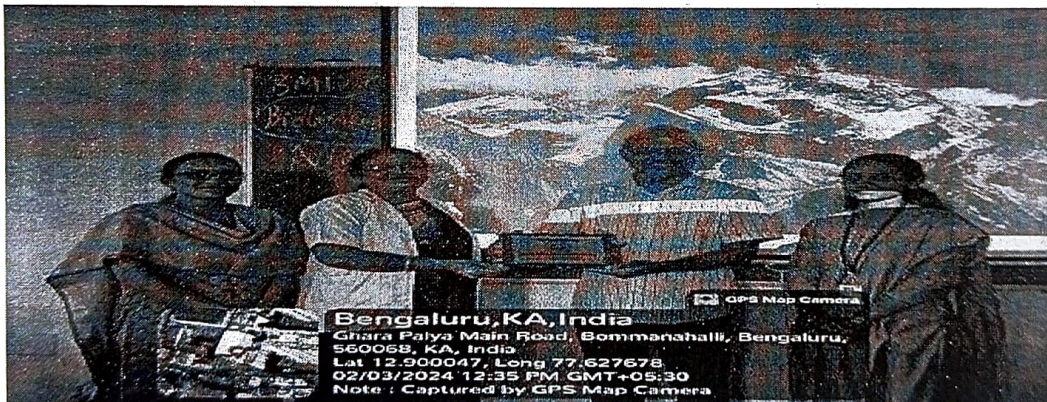


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GLIMPSE OF THE EVENT:



Dr. Anand addressing students on Cancer Awareness



Principal honors Dr. Anand, our esteemed Resource Person



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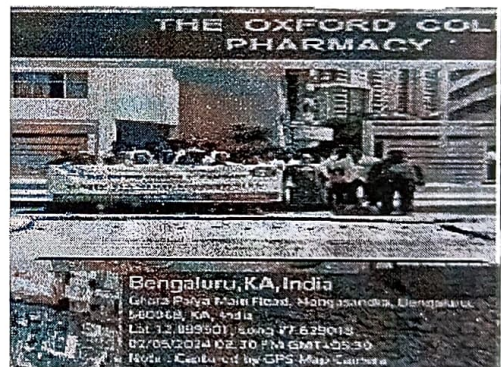
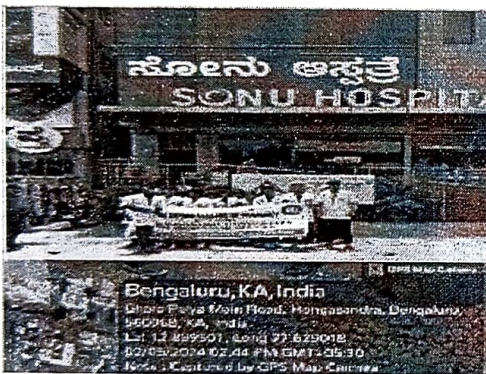


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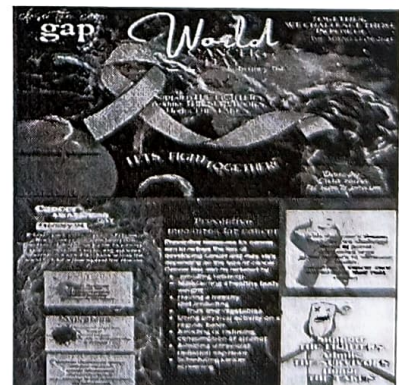
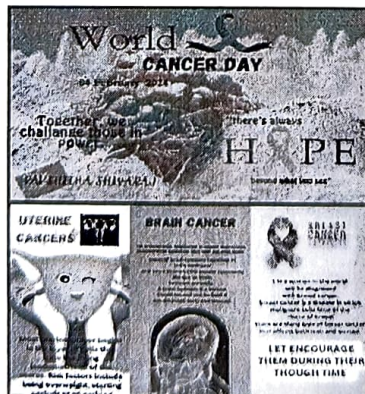
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Students sharing brochures with the community to spread awareness



Students leading awareness program under NSS, spreading the word to the community



Brochures prepared by students



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OUTCOME OF THE PROGRAMME:

The program successfully reached the individuals and significantly increased the awareness about cancer related issues. 60 students of B. Pharm and Pharm. D participated in the program and attendees gained valuable knowledge about healthy lifestyles, early detection, and the importance of screenings, potentially impacting preventive behaviors. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in cancer-related discussions. After the program, the participants were involved in spreading the knowledge on cancer to the local community, helping people learn more about cancer by distributing brochures to the community. To build on this success, future programs could focus on sustained educational campaigns, increased partnerships with healthcare institutions, and continued advocacy for improved policies and resources for cancer prevention and treatment.

-----END OF REPORT-----



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LIST OF PARTICIPANTS

S.NO	NAME OF THE STUDENT	SIGNATURE
1	A YESWANTHA	A-Yes
2	ABHINAV ANAND	AB
3	ABHISHEK H PATIL	ABH
4	ABISHEKA M	AB
5	ADITYA	AD
6	AKASH R	AK
7	AKSHITHA A	AK
8	ALLURI YASWANTH	AY
9	AMRIN A	AM
10	GEETHA M	GM
11	GOKILAN N	GN
12	GOWTHAM V	GV
13	GUNASHREE M	GM
14	HANUMANTARAYA GOUDA	HG
15	HARISH G	HG
16	HARSHA T	HT
17	HEMASHREE S	HS
18	JEEVA B	JB
19	JOEL JHON PHILIP	JP
20	JOSHITHA K	JK
21	JOSHNI D	JD
22	KALAVATHI K	KK
23	KAVYA K	KK
24	KHASHIMASAB	KS
25	KRITHIKA SK	KS
26	KULSUM	KS
27	KUSHAL GOWDA HC	KG
28	LAVANYA R	LR
29	LIKHITH M	LM
30	M HARIHARAN	MH
31	NITHYA M	NM
32	NITU KUMARI P	NK
33	PAVANA M	PM
34	PAVANI B	PB
35	PAVITRA HIREMATH	PH
36	PK ARYAN OTTA	PO
37	PRAJWAL L	PL
38	PRAKRUTHI J	PJ
39	PRAVEEN SHANKRI	PS



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40	RAVI CHANDRA V	Ravi
41	RITESH KHEMKA	Ritesh
42	ROHITH V	Rohith
43	S NANDITHA	Nanditha
44	RAVI CHANDRA V	Ravi
45	ABIGAIL N MOZHUI	Abigail
46	ANIRBAN DEBNATH	Anirban
47	ASHISH ABHRAHAM	Ashish
48	DEBJIT BHAKAT	Debjit
49	DEEPTI CHOUDHARY	Deepti
50	DIMPLE G	Dimple
51	GANANESWAR RAO S	Gananeshwar
52	HEMA NS	Hema
53	JEFFY Y	Jeffy
54	KEERTHANA C	Keerthana
55	PADMASHREE M	Padma
56	RANJITHA REDDY S	Ranjitha
57	SHASHIKALA DM	Shashikala
58	SHERLIN HEPZIBAH S	Sherlin
59	SUBHASHINI N	Subhashini
60.	TINA LALLY	Tina

P. Padma
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Date:05/02/2024

The Oxford College of Pharmacy, is delighted to invite you all for a guest lecture on the topic –
“Together for a better internet and social media” by Dr R.Ch.A Naidu, Marking the occasion of “Safer
internet day” on 8/2/2024 at 10.30am in Room 505. We request your valuable presence.

Cc

1. Office

2. All Departments

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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

SAFER INTERNET DAY 2024

GUEST LECTURE ON

TOGETHER FOR A BETTER INTERNET AND SOCIAL MEDIA

ORGANIZED BY THE DEPARTMENT OF PHARMACY PRACTICE



FEBRUARY 8, 2024
THURSDAY
FROM 10:30 AM

RESOURCE PERSON

DR. R. CHA NAIDU
PROFESSOR AND HOD,
DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING
THE OXFORD COLLEGE OF ENGINEERING



CHIEF PATRON

DR. S. V. L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M. PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING COMMITTEE

DR. PARTHASARATHY G
DR. JEENA SUSAN SAJI
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY

Brochure



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PREAMBLE:

The Department of Pharmacy Practice, under NSS committee organized Safer Internet Day on 28th February at 10.30 am in Room 505, to raise awareness about the importance of online safety and to promote responsible and secure use of technology and the Internet. It encourages individuals, families, schools, and organisations to come together and play their part in improving online safety. 69 participants took part in the seminar.

As part of this annual celebration The Oxford college of Pharmacy encourages everyone including students and staffs and parents for safe surfing of internet and social media.

In honor of Safer Internet Day, the seminar "Together for a better internet and social media" seeks to improve and build a safer online space where kids and teens are empowered to use digital devices in an ethical, polite, and inspiring way. Young people can benefit greatly from playing games online in addition to finding it to be an enjoyable and captivating activity. Connecting with friends and other players through online gaming can improve one's digital abilities and inventiveness. Online game play can also foster the acquisition of new skills, pique interest in writing and reading, and inspire people to create their own video games.

Safer Internet Day stands as a vital reminder of the paramount importance of prioritising online safety and security. It offers an occasion for individuals to contemplate the potential hazards associated with internet usage and the imperative to safeguard oneself and others. The day is dedicated to raising awareness about emerging online challenges and existing issues, such as cyberbullying, online harassment, and digital identity theft. Additionally, it underscores the critical need for continual vigilance and the implementation of comprehensive protective measures to foster a safer and more secure internet environment, particularly for children and adolescents. Through the promotion of responsible online conduct and the advocacy for strengthened governance and legislation, Safer Internet Day plays a pivotal role in fostering a positive and protected online sphere.



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The theme for this year Safer Internet Day encapsulates the ever-evolving dynamics of online engagements and the necessity to adapt to these transformations. It underscores the potential for individuals to effect positive change, manage their online influence, and navigate the dynamic digital landscape. This theme underscores the importance of empowering young people to become responsible digital citizens, proficient in leveraging their online presence for constructive purposes while effectively managing the impact of online interactions on their lives. Furthermore, it underscores the significance of adjusting to the evolving online landscape and proactively confronting the challenges inherent in these shifts. In essence, the theme encourages contemplation on the role of individuals in shaping a constructive and influential online realm, while also acknowledging the imperative to navigate and control the impact of these digital transformations.

Dr. R.Ch.A. Naidu, who was the seminar speaker, spoke in-depth on the issue and provided a thorough introduction to internet usage. Data privacy, data mining, malware and virus attacks, legal issues, etc. were all covered in detail by him.

Additionally, he highlighted risks and challenges such as identity theft, romance scams, whistleblowers, cyberstalking, cyberbullying, and cyber terrorism.

A vote of gratitude was given by the program's organizer, Dr. G Parthasarathy. Thanking the Oxford Group of Institutions, its principal, Dr. Padmaa M Paarakh, and all the other faculty members and students who contributed to the event's successful conclusion, he expressed his gratitude to the chairman, Dr. S.N.V.L. Narasimha Raju.

No of participants: 69, Schedule: 10.30am

Time Schedule	Programme
10.30am	Welcome speech by Dr Parthasarathy G
11.00 am	Lecture by the guest Dr.R.CH.A.NAIDU Professor and HOD, Department of computer science and engineering, The oxford college of engineering, Bengaluru.
12.00 pm	Vote of thanks and felicitation.



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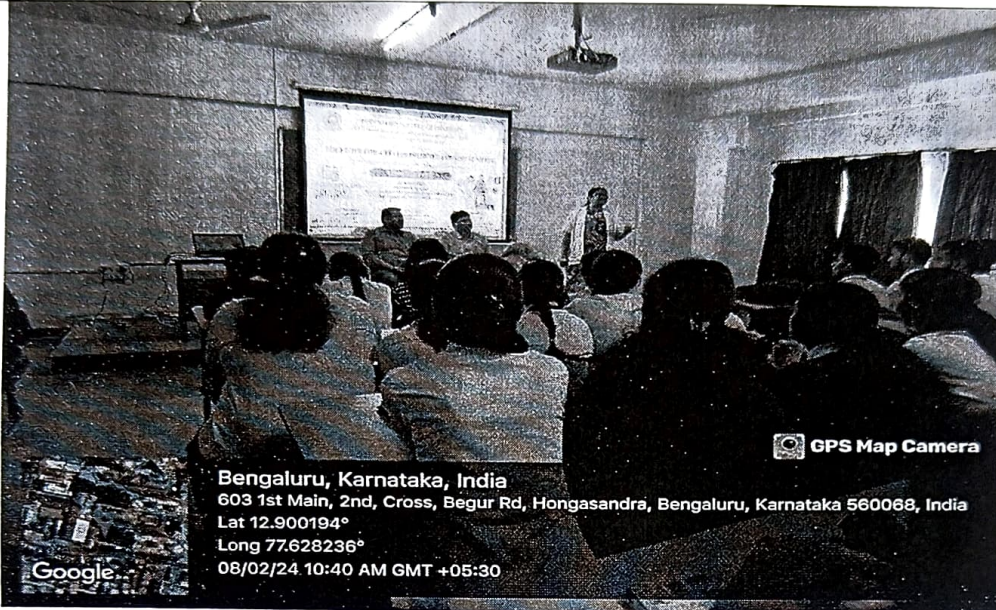
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Bengaluru, Karnataka, India
603 1st Main, 2nd, Cross, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.900194°
Long 77.628236°
08/02/24 10:40 AM GMT +05:30

Principal addressing students about seminar



Bengaluru, Karnataka, India
6, 9, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.000037°
Long 77.627858°
08/02/24 10:58 AM GMT +05:30

Speaker delivering speech



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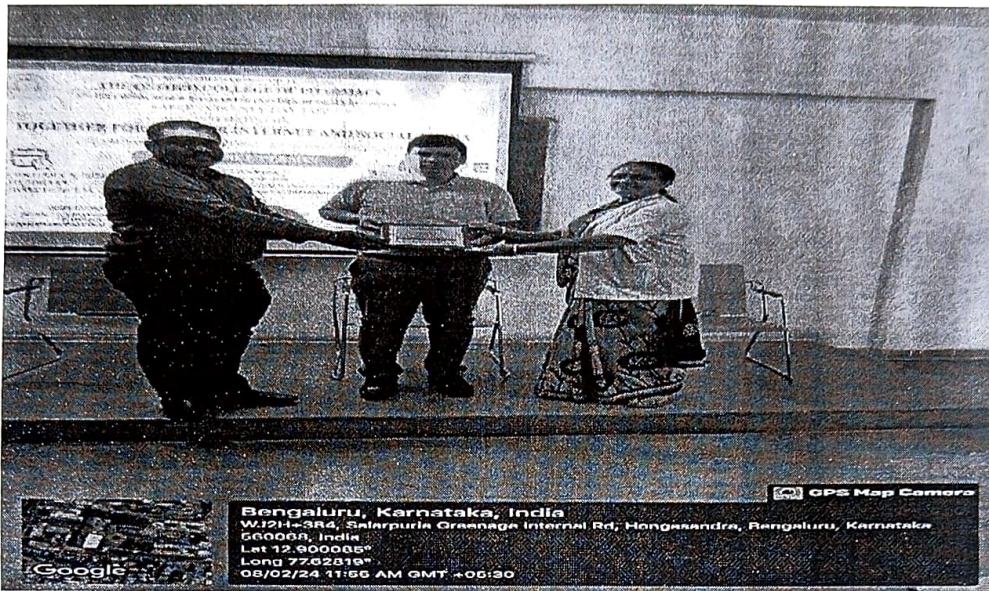


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A token of thanks presented to speaker

OUTCOME OF THE PROGRAMME

The program was conducted with an aim to educate the need for online safety and empowers individuals to navigate the digital world responsibly. 69 participants took part in the seminar. By promoting education, awareness, and responsible online behavior, we can create a safer and more inclusive internet for all. The seminar focused to embrace the opportunities that the internet offers while actively protecting ourselves and others from its potential dangers. After the seminar, the students were quite impressed and had numerous questions that were answered. Everyone was pleased with the discussion topic and anticipated more seminars of this nature.



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LIST OF PARTICIPANTS

SL NO	LIST OF PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P Padma
2.	DR JEENA	Jeena
3.	DR PARTHASARATHY	P Rao
4.	VARSHA M	Varsha
5.	SOURASHISH BAIDYA	Sourashish
6.	ABHIRAMI P PILLAI	Abhirami
7.	AFRAH FATHIMA	Afrah
8.	AIJINGHUN UMSONG	Ajinhun
9.	AMIT KUMAR JENA	Amit
10.	ARUSHI NAIR	Arushi
11.	BHAVANA M REDDY	Bhavana
12.	HARSHITHA G S	Harshitha
13.	HASHUBA N	Hashuba
14.	HEENA K	Heena
15.	KEERTHI REDDY M	Keerthi
16.	KIRUBA EVANJALIN M	Kiruba
17.	MOHAMMED SHADAAB	Mohammed
18.	MONISH T	Monish
19.	RAHIB S	Rahib
20.	RAKSHITHA K C	Rakshitha
21.	SRI NILASH KUMAR	Sri Nilash
22.	UTTARA S	Uttara
23.	VEDHA SHREE K S	Vedha
24.	VENCY V	Vency
25.	VISHWATHEJA B	Vishwatheja
26.	SWARUPAM SARKAR	Swarupam
27.	MOLUNGZANG AIER	Molungzang
28.	HARSHDEEP SARVA	Harshdeep
29.	KATHIRMANI RAJA S	Kathirmani
30.	ZOMBARKAR MUSKAN	Zombarkar
31.	ABIGAIL N MOZHUI	Abigail
32.	ANIRBAN DEBNATH	Anirban
33.	ASHISH ABHRAHAM	Ashish
34.	DEBJIT BHAKAT	Debjit
35.	DEEPTI CHOUDHARY	Deepthi
36.	DIMPLE G	Dimple



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37.	GANANESWAR RAO S	Gan
38.	HEMA NS	Hema
39.	KEERTHANA C	Keer
40.	PADMASHREE M	PM
41.	RANJITHA REDDY S	Ranjitha
42.	SHASHIKALA D M	Shasha
43.	SHERLIN HEPZIBAH S	Sherlin
44.	SHUBHASHINI N	Shubha
45.	SYED ALSABA HUSSAINI	Syed Al Saba
46.	TINA LALLY	Tina
47.	VINISHA R	Vinisha
48.	SAURABH SINGH	Saurabh
49.	GIRISHADITHYA. A	Girishadithya
50.	ADARSH S KUMAR	Adarsh
51.	DEEPAK CHOUDERY. S	Deepak
52.	SAFREEN. T.A	Safreen
53.	ARINDAM DEY	Arindam
54.	BABISHA R	Babisha
55.	BHAVYASHREE N	Bhavya
56.	DHARUN BALA. L	Dharun
57.	HARSHITHA. A	Harshitha
58.	LIKITHA CHANDRASHEKAR	Likitha
59.	NEETHU. T.P	Neethu
60.	NISHANTH. K.K	Nishanth
61.	NIZAMUDDIN	Nizamuddin
62.	NUNGSHICHILA A JAMIR	Nungshichila
63.	PRADEEP. S	Pradeep
64.	RISHIKA GUPTA	Rishika
65.	RUDRAMBIKA. M	Rudrambika
66.	SARAVANAGIRI. A	Saravanagiri
67.	SARAVANAN. M	Saravanan
68.	SEEMA. S.L	Seema
69.	SHREYAA DATTA	Shreyaa

P. Padua
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Date: 12/02/2024

CIRCULAR

All the teaching, non-teaching, and students of The Oxford College of Pharmacy are hereby informed that "National Science Day" for the academic year 2023-24 will be conducted on 28/02/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

CC

Office

All the Departments

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CHILDREN'S EDUCATION SOCIETY (Regd.)

THE OXFORD COLLEGE OF PHARMACY Department of Pharmacology



Organise

NATIONAL Science DAY 2024

09.30 AM to 4.00PM

Venue: 3rd Floor, TOCP

on

28/02/2024

Chief Patron

Dr. S.N.V.L. Narasimha Raju
Chairman
The Oxford Educational Institutions

Convener

Dr. Padmaa M Paarakh
Principal
The Oxford College of Pharmacy

Organising Team

Dr. Noopur Srivastava
Dr. A. Muthukumar
Department of Pharmacology
The Oxford College of Pharmacy

BROCHURE FOR NATIONAL SCIENCE DAY



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PREAMBLE:

The NSS unit of the Department of Pharmacology at The Oxford College of Pharmacy in Bengaluru organized the "National Science Day" event to acknowledge and appreciate the contributions of scientists and researchers in the field of science. The event aimed to increase student's awareness of the importance of science and its applications in everyday life and foster interest in science and technology. The program took place on February 28th 2024.

Since 1987, India has been celebrating National Science Day on February 28th to commemorate the discovery of the 'Raman Effect' by the renowned Indian physicist Sir C.V. Raman. This year's theme was 'Indigenous Technologies for Viksit Bharat.'

THE PROGRAM DELIVERED AS FOLLOWS:

The program started with a welcome note from Dr. Noopur Srivastava, the Program organizer, followed by the inaugural address from Dr Padmaa M Paarakh, Principal of The Oxford College of Pharmacy.

On the occasion, there was a Seminar, Poster-making competition, Quiz Competition, Working model-making competition, and a Science Model display in the community to raise awareness of the importance of Science and Technology in the Community. The students enthusiastically participated in all the competitions. Students from various undergraduate and postgraduate courses participated enthusiastically in the event. Students were shown their creative ideas and knowledge in posters and models.

Dr. A Muthu Kumar, Dean of Research & Associate Professor, Department of Pharmacology, formally welcomed our Eminent Speaker, Dr. Susil Kumar Sahoo, Prof. & HOD, Department of Computer Science & Applications, The Oxford College of Science, and all the 65 participants and staff gathered for the celebration. He spoke on the importance of National Science Day and the Internet of Things- Indigenous Technology. He emphasized the need to go beyond textbooks and imbibe knowledge from all the spheres for overall development. He also explained how Science and Technology should walk hand in hand to solve the current societal problems. Dr. Gururaj S Kulkarni, Prof. & HOD, Department of Pharmaceutics, was the judge for the quiz organized on National Science Day. Six teams of five students participated in the quiz, and Dr. Gururaj S Kulkarni announced the first two teams that scored highest as winners and runners-up.



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The Poster making competition and Working Models making competition were followed after the Quiz Competition,

The Judge for this event was Dr. Preetha Sharan, Professor & Dean (R & D), The Oxford College of Science. The Honorable Principal, HODs, and faculties appreciated the science projects exhibited by the students at the science fair. The students of M. Pharm (Pharmacology, Pharmaceutics), Pharm D, B Pharm, and D Pharm participated in the Programme. At the end of it, the result of the Working Science Model Competition and Poster Making Competition was announced by Dr. Noopur Srivastava, Associate Professor & HOD, Department of Pharmacology. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got the opportunity to win prizes on the occasion. The higher authority congratulated all the prize-winners. Finally, Dr. Muthu Kumar, Associate Professor and Dean of Research at Department of Pharmacology, concluded the program with a vote of thanks. He thanked Chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, for organizing such an event, and Dr. Noopur Srivastava, HOD, Department of Pharmacology and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 69 participants

Schedule: On 28th February, 2024

Time Schedule	Program
9.30 AM – 10.00 PM	Welcome address
10.00 AM -11.30 AM	Guest Lecture on “ The Internet of things- A Indigenous Technology for Viksit Bharat”
11:40 A.M -01.30 P.M	Quiz
2:30 P.M-3:45 P.M	Display of Models (Working models, Origami Models)
3:50P.M-4:00 P.M	Vote of Thanks

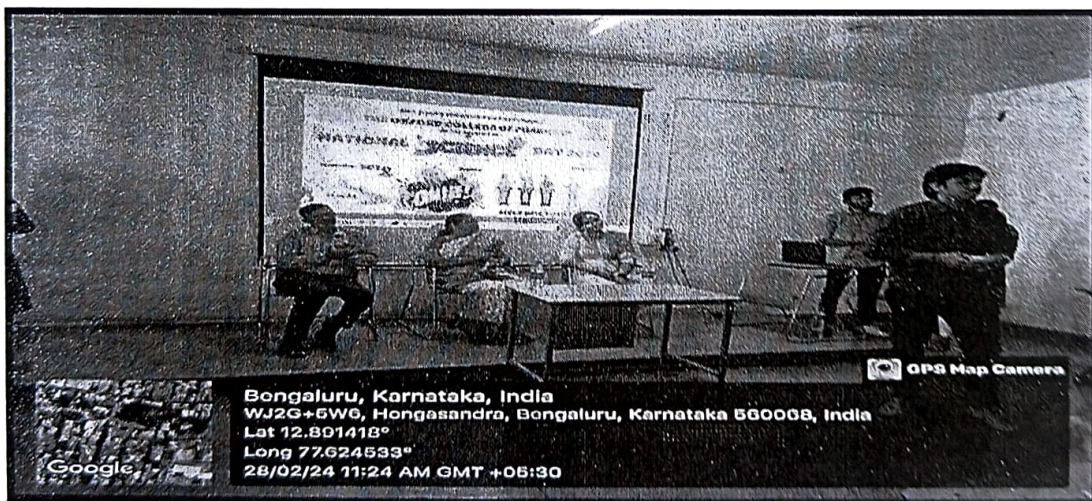
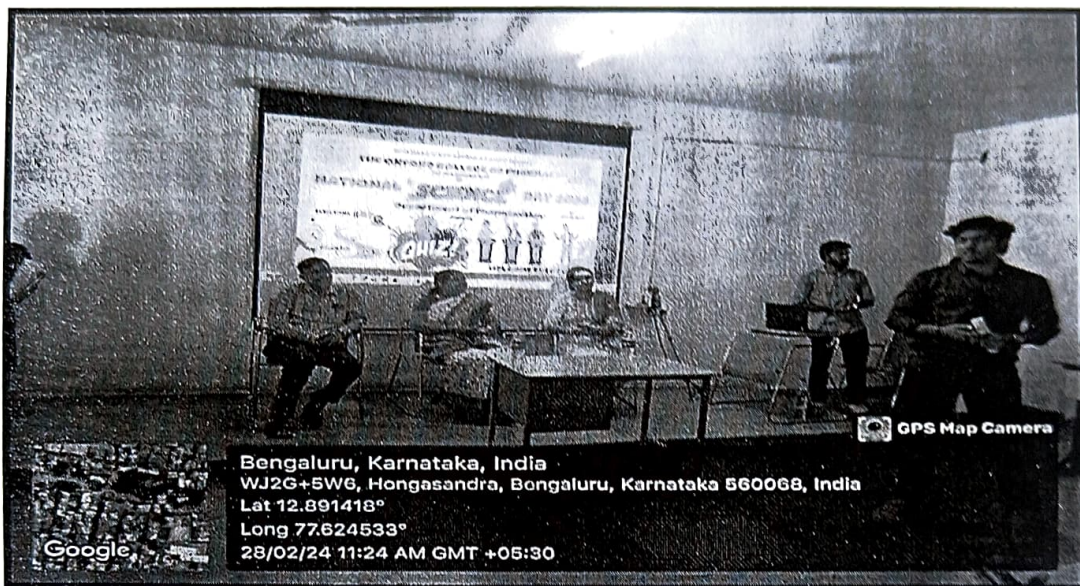


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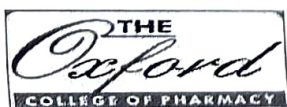


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The event started with a brief Introduction to National Science Day



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Students explaining the Model prepared



Judges with Participants



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OUTCOME OF THE PROGRAM:

National Science Day was conducted to ignite interest among students, to perform new experiments, and to make them aware of the latest developments in science and technology. 69 Students and staff participated in the program. The event made the students understand revitalizing national and international commitments to use science for the benefit of society. It also helped students to understand the importance of science in our daily lives and to encourage the pursuit of scientific Knowledge.



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LIST OF PARTICIPANTS

S.No	Name of the Participants	Signature
1.	Dr Padmaa M Paarakh	
2.	Dr Noopur Srivastava	
3.	Dr. A Muthukumar	
4.	Ms Keserla Bhavani	
5.	Ananya	
6.	Arroju Hrithik	
7.	B G Shravanya	
8.	Chethan Seshadri	
9.	Kavya	
10.	Pallavi	
11.	Sanjay	
12.	Shaik Baji	
13.	Soundarya	
14.	Aniket Bipin Bellad	
15.	Balraj.M	
16.	Deepak.S	
17.	Dhushyanth. G	
18.	Harish Kumar K	



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19.	Reeshita Jhanak	Reeshita
20.	Santhala Chaithanya Prasad	Santhala
21.	Sneha Suresh Salunkhe	Sneha
22.	Sourav Charan	Sourav
23.	Thejaswini. B	Thejaswini
24.	Priya Raj Kumar	Priya
25.	Karthik M	Karthik
26.	Rakesh A M	Rakesh
27.	Shivachavan HR	Shivachavan
28.	Anil Kumar R	Anil
29.	Ankitha Nidhi Reddy	Ankitha
30.	Bindu. K	Bindu
31.	C. Mohammed Yaseen	Yaseen
32.	Gowda Mahantesh	Gowda
33.	Hamsa C A	Hamsa
34.	Kushan Raj. P	Kushan
35.	Amit Singh	Amit
36.	Badepalli Reddaiah Reddy	Reddaiah
37.	Benguluri Ramesh Tejaswini	Tejaswini
38.	Harsha K M	Harsha
39.	Jawahar Maniya Rasan S	Maniya



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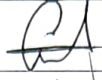




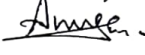
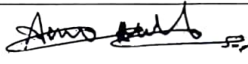
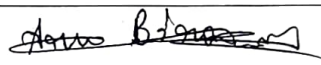

40.	Manoj	
41.	Mohammad Amin Yattoo	
42.	Mulla Uzma Riyaz	
43.	Nallagatla Sunanda	
44.	R Navyasree	
45.	Ranjitha Ramesh Shetty	
46.	Sneha M	
47.	Sonali Milan Nalawade	
48.	Swetha Yoganandan	
49.	Vijay Kumar R	
50.	Surya G	
51.	Priyanka G K	
52.	Mithun N	
53.	Monika S Reddy	
54.	Monika N	
55.	Nasiba N K	
56.	Nidhishree S	
57.	Nikshap N S	
58.	P.Jeevitha	
59.	Pallavi S	
60.	Preethu K	




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61.	Rakshitha S	
62.	Aarthi S	
63.	Aimen Bashir	
64.	Akila C	
65.	Anusha R S	
66.	Anusha T	
67.	Anwar Mulla	
68.	Arun Biradar	
69.	Arun C	



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Bangalore - 560 068



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DATE: 23/02/2024

CIRCULAR

All the students, teaching and non-teaching staff of The Oxford College of Pharmacy are hereby informed that program on “ZERO DISCRIMINATION DAY 2024” for the Academic Year 2023-24 will be conducted on 01/03/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

Cc

1. Office

2. All Departments

P. Padma

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068
DEPARTMENT OF PHARMACOLOGY



ZERO DISCRIMINATION DAY

MARCH 1ST 2024, 11:30AM-12:30PM

THEME: TO PROTECT EVERYONES HEALTH -
PROTECT EVERYONES RIGHTS

GUEST LECTURE BY

DR. NEERAJA
FACULTY,
DEPARTMENT OF PROSTHODONTICS,
THE OXFORD DENTAL COLLEGE



CHIEF PATRON

Shri. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

DR. VENKATA KARTHIK
KUMAR REDDY,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy

BROCHURE



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PREAMBLE

The Oxford College Of Pharmacy, Bengaluru under NSS Committee organized Zero Discrimination Day On 1st March 2024. Zero Discrimination Day is an annual day celebrated on 1 March each year by the United Nations (UN) and other international organizations. The day aims to promote equality before the law and in practice throughout all of the member countries of the UN. It was first celebrated on March 1, 2024, and was launched by UNAIDS' executive director Michel Sidibé on 27 February that year with a major event in Beijing. In February 2017, UNAIDS called on people to "make some noise around zero discrimination, to speak up and prevent discrimination from standing in the way of achieving ambitions, goals and dreams. There were 68 participants.

Content of the Programme:

The program was started with a welcome note by Mrs Keserla Bhavani, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Dr. G Karthik Kumar Reddy, Assistant Professor, Department of Pharmacology formally welcomed our Eminent Speaker Dr. Neeraja. B, Professor, The Oxford Dental College and all the participants gathered for the celebration. She spoke on the importance of Zero discrimination day and regarding the theme Protect your health-Protect your rights. She also emphasized upon how discrimination creates barriers to access education, healthcare, and job opportunities, which eventually perpetuates poverty and inequality.

Dr. G. Venkata Karthik Kumar Reddy conducted the poster competition on the theme of Zero discrimination day and students were participated enthusiastically. Finally, Dr. G. Karthik Kumar Reddy, Assistant Professor, Department of Pharmacology concluded the program with vote of thanks. He thanked Chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of pharmacy for organizing such an event and organising team and to all the other faculties and students who participated in the event and helped in its successful completion of the event.



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No of participants: 68 Participants

Schedule: On 1st March 2024

Time Schedule	Programme
10: 00 am – 12 :00 pm	Guest Lecture on “Protect your health- Protect your rights”
3:00 P.M-3:30 P.M	Poster presentation by Students



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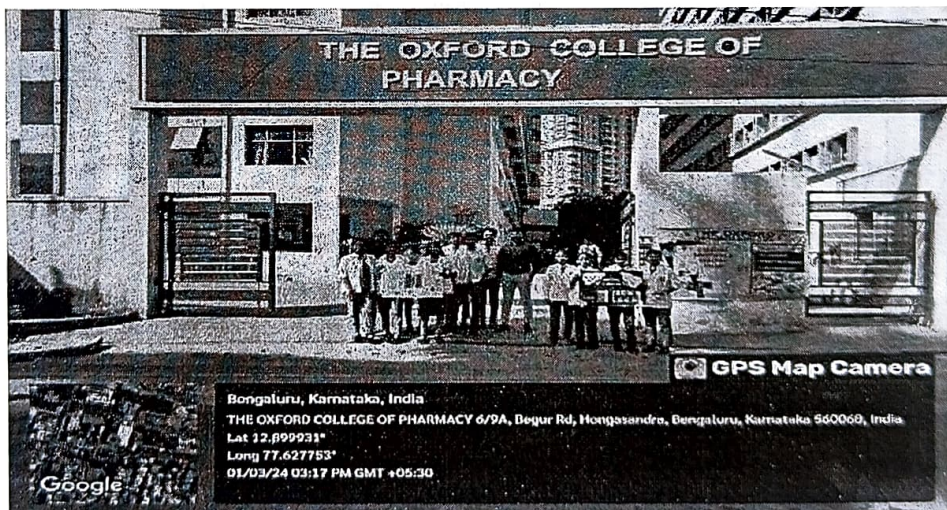
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Event started with brief introduction on Zero Discrimination Day



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OUTCOME OF REPORT:

The Zero discrimination was observed successfully. All the 68 Participants were benefited by the session organized by Department of Pharmacology, The Oxford College of pharmacy. The session facilitated students to learn about right of everyone to live a full and productive life as well as the importance of equality, inclusion, and tolerance across the globe. By the end of the session students were able to understand the impact of Discrimination in any form and how deeply it impacts an individual. Understanding the impact of discrimination.



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LIST OF PARTICIPANTS

SL.NO	NAME OF THE STUDENT	SIGNATURE
1.	DR. PADMAA M PAARAKH	P. Padma
2.	MRS. KESERLA BHAVANI	Keserla
3.	DR. G VENKATA KARTHIK KUMAR REDDY	Dr. Venkata Kartik
4.	ANANYA	Ananya
5.	AROJU HRITHIK	Aroju
6.	B G SHRAVANYA	B G Shravanya
7.	CHETHAN SHESHADRI	Chethan
8.	PALLAVI	Pallavi
9.	KAVYA	Kavya
10.	SANJAY	Sanjay
11.	SHEIK BAJI	Sheik Baji
12.	SOUNDARYA	Soundarya
13.	MADHUSHREE	Madhushree
14.	MANOHAR K	Manohar
15.	MANOJ KUMAR M	Manoj
16.	MANSI BEN OZA	Mansi
17.	MEGHANA S	Meghana
18.	MEGHANA NADGIR	Meghana
19.	MITHUN N	Mithun
20.	MONIKA S REDDY	Monika
21.	MONIKA N	Monika N
22.	NASIBA N K	Nasiba
23.	NIDHISHREE S	Nidhishree
24.	NIKSHEP N S	Nikshep
25.	P. JEEVITHA	Jeevitha
26.	PALLAVI S	Pallavi S





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27.	PREETHU K	<i>Preethu</i>
28.	DIVYA C K	<i>Divya</i>
29.	GAGAN SAGAR M	<i>GaganSagar</i>
30.	GAYATHRI. N. BIRADAR	<i>Gayathri</i>
31.	GOWTHAM S	<i>Gowtham</i>
32.	HARISH TK	<i>Harish</i>
33.	HARSHITHA. P	<i>Harshitha</i>
34.	R. HARSHITHA	<i>R. Harshitha</i>
35.	M.HEMANTH	<i>Hemanth</i>
36.	IQRA	<i>Iqra</i>
37.	PRAVIN J	<i>Pravin</i>
38.	JEEVAN.R	<i>Jeevan</i>
39.	JEEVITHA S	<i>Jeevitha</i>
40.	K LAKSHMI	<i>Lakshmi</i>
41.	KUMARI MUSKAN	<i>Muskan</i>
42.	MADHURA R	<i>Madhura</i>
43.	ARYA KRISHNA	<i>Arya Krishna</i>
44.	BANU PRIYA D	<i>Banu Priya</i>
45.	BHUVANESHWARI C	<i>Bhuvaneshwari</i>
46.	C POVINDHAR	<i>C. Poran</i>
47.	CHAITHRA K	<i>Chaithra</i>
48.	CHANDANA N	<i>Chandana</i>
49.	DEEPTHI R	<i>Deepthi</i>
50.	DHRUVA R NADIG	<i>Dhruva</i>
51.	GAGANA.K	<i>Gagana</i>
52.	GIRESHA NAIDU M	<i>Giresha</i>
53.	GOWTHAM GOWDA M R	<i>Gowtham</i>
54.	ABINAYA SANGAVI	<i>Abinaya</i>
55.	AISHWARYA K	<i>Aishwarya</i>



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56.	AJAY KUMAR N	
57.	ANU R	
58.	BARANIDHARAN G	
59.	HEMA S REDDY	
60.	IMLIBENBA OZUKUM	
61.	J. JEEVITHA	
62.	JYOTHIRMOY GHOSH	
63.	KRISHNAJITH S	
64.	LAKSHMI. P	
65.	MAIVANNAN K	
66.	MD. SAIF KHAZI	
67.	NAYANA RAI A	
68.	RAAFI JAMAL J	

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Date: 05/03/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on "NO SMOKING DAY" for the Academic Year 2023-2024 will be conducted on 09/03/2024. We look forward for the active participation for the same. All interested students are requested to give your names to the event co-ordinator.

Cc

1. Office

2. All department HOD's

P. Radu

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



NSS Committee, TOCP &
Department of Pharmaceutics
ORGANIZE AWARENESS PROGRAMME ON
"NO SMOKING DAY"
THEME: "Protecting children from tobacco industry interference"
on
9th MARCH 2024, AT 10:00 AM.
Resource Person:
Mr. Thirumala Rao
Lecturer
The Oxford College of Physiotherapy, Bangalore

CHIEF PATRON

Dr. S.N.V. LNARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

ORGANISERS

Mrs. UMAPRABHA. R & DR. VIKRAM. T
Assistant Professor
The Oxford College of Pharmacy

No Smoking Day- Brochure

PREAMBLE

Department of Pharmaceutics, under NSS Committee The Oxford College of Pharmacy, Bengaluru organized "NO SMOKING DAY 2024" with an aim to spread awareness about the harmful health effects of tobacco consumption through cigarette and other modes. Mrs. Umprabha. R and Dr. Vikram.T, Assistant Professor, Department of Pharmaceutics initiated



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the programme along with students. The utmost intention of the program is to help smokers to get rid from the habit of smoking. The programme was conducted on 9th March 2024. There were 63 participants in the event.

The history of No Smoking Day dates back to the early 1980s when a small group of individuals in the United Kingdom decided to launch a campaign to raise awareness about the harmful effects of smoking. The first No Smoking Day was observed in the UK in 1984, and since then, it has been observed annually on the second Wednesday in March.

The idea behind No Smoking Day was to encourage smokers to quit smoking by creating awareness about the risks associated with smoking. The campaign aimed to provide smokers with the support they need to quit smoking and to create a smoke-free environment for non-smokers.

The content of the session

No Smoking Day 2024 was organized by The Oxford College of Pharmacy, Bengaluru on 9th March 2024 with the **theme "Protecting children from tobacco industry interference"**. The programme started with the welcoming of the audience and introduction of the speaker of the day Mr. Thirumala Rao, Lecturer, The Oxford College of Physiotherapy, Bengaluru. The resource person stresses on theme with the protection of younger generation from the numerous tactics used by the tobacco industries. In particular, young teenagers are largely susceptible towards tobacco marketing as well as advertising.

No. of Participants: 63

Schedule: On 9th March 2024

Time Schedule	Programme
10 AM-12 PM	NO SMOKING DAY 2024



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Mr. Thirumala Rao addressed the students about sources of tobacco, consequences and harmful effects of tobacco to students through video. The programme was attended by students of B.Pharm. Around 65 participants including staffs and students of The Oxford College of Pharmacy attended the programme. The organizer Dr. Vikram concluded the programme with vote of thanks. He thanked Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for encouraging to organize the event. After the inside campus program students went outside the campus along with faculties and aware the public about the risks associated with smoking.



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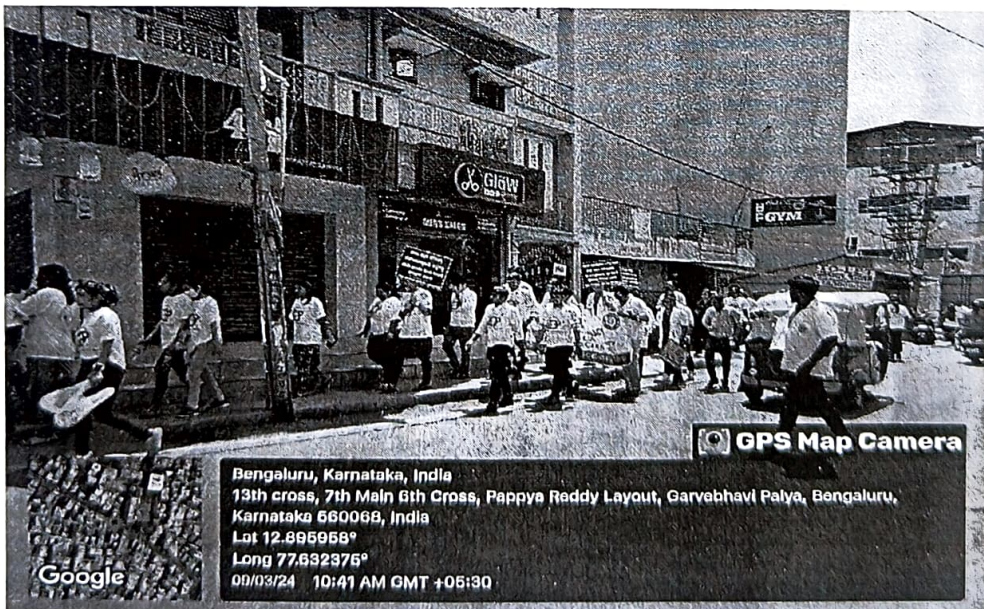
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Participants with the NSS Banner- No smoking day



Rally carried out by students to create awareness in society- No smoking day



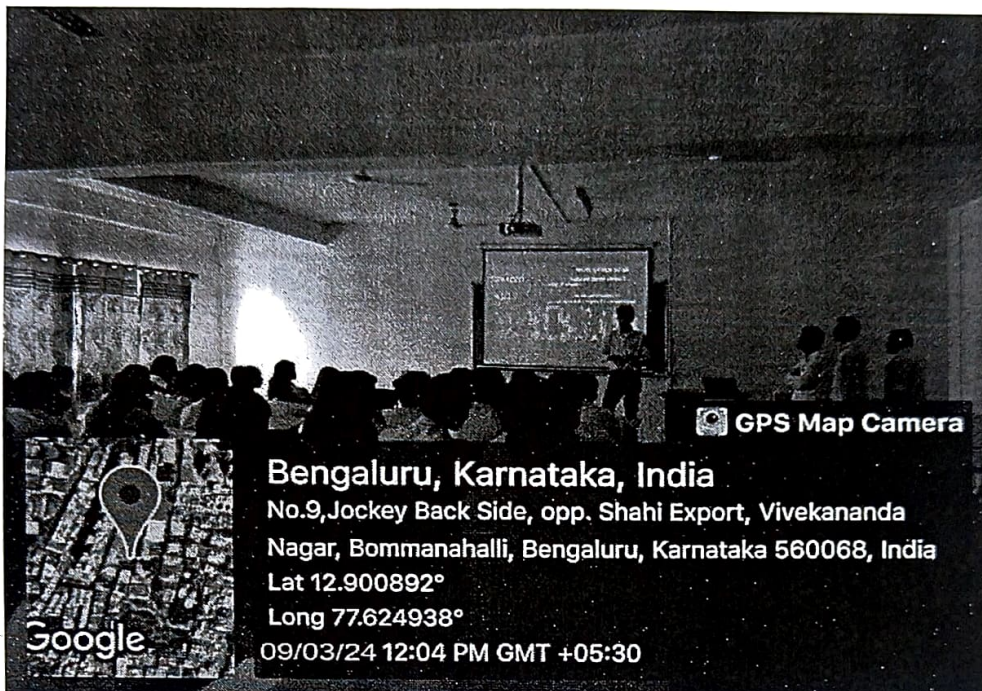
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Resource person addressing the participants about harmful effects of smoking in the campus



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OUTCOME

There were 63 participants in the programme. The Oxford College of Pharmacy created awareness on "No Smoking Day" within its campus among the students and staff about the harmful effects of smoking. At the same time, faculty and students went out in the streets to create awareness in the community. They promoted awareness among vendors and shopkeepers about the harmful effects of smoking and tobacco consumption and encouraged people to quit smoking. They also oriented individuals and different groups of people in the society about the benefits of quitting smoking such as good health, reduced healthcare cost, a clean environment, improvement in academic performance, and improves social behaviour etc. The efforts of The Oxford College of Pharmacy in creating awareness regarding the fatal effects on health etc. received much appreciation from the local people.

END OF REPORT



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LIST OF PARTICIPANTS

S NO	PARTICIPANTS NAME	SIGNATURE
1	BHAVYA SRI S	
2	DHANASEKHAR M K	
3	HEMANTH KUMAR E	
4	NISHA S	
5	PRATIK JAIN	
6	SRI VIGNESH	
7	GOKUL RAJ . M	
8	HALASWAMY.D.B	
9	HARIPRASAD	
10	INDUSHREE.G.L	
11	INITHA.V	
12	JEEVAN.U.H	
13	KHALEEL.E	
14	KISHAN K	
15	LIKITHA GOWDA	
16	PAVAN KUMAR K	
17	RAJESHWARI.B	
18	SARANYA.R	
19	SOMASHEKAR.G	
20	SUJAN KUMAR	
21	SWETHA P	
22	VIGNESH.C	
23	AARTHI	
24	AIMEN BASHIR	
25	AKHILA	
26	ANUSHA R S	
27	ANUSHA T	
28	ANWAR MULLA	
29	ARUN BIRADAR	
30	ARUN C	
31	ARYA KRISHNA	
32	BANU PRIYA.D	
33	BHUVANESHWARI	
34	POVINDHAR	
35	CHAITHRA .K	
36	CHANDANA. N	
37	DEEPTHI R	



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38	DHRUVA.R	Dheer.
39	GAGANA K	Gagan
40	GIRESHA NAIDU	Giresha
41	GOWTHAM GOWDA	Gowtham. G.
42	HARI KISHOR	Harish
43	HARITHA R	Haritha
44	HRUTHIKA B	Haritha
45	IYSWARYA. G. M	Ishwari
46	KARTHIK	Karthik
47	KAVYA P REDDY	Kavya
48	KIRAN G M	Kiran
49	KRUTHIC REVANTH	Kruthi
50	KRUTHIKA S.G	Kruthika
51	MADHU SHREE R	Madhu
52	MANOHAR K	Manohar
53	MANOJ KUMAR	Manoj
54	MANSI BEN MAHESH	Mansi. Ben.
55	MEGHANA.S	Megha
56	MEGHANA.S.NADGIR	Meghana. S.
57	MITHUN.N	Mithun
58	MONIKA.S.REDDY	Monika
59	MONIKA.N	Monika
60	NASIBA	Nasiba
61	NIDHISHREE S	Nidhi
62	NIKSHEP	Niksh
63	P.JEEVITHA	Jee

P. Padma

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DATE: 07/03/2024

CIRCULAR

All the students, teaching and non-teaching staff of The Oxford College of Pharmacy are hereby informed that an awareness program on “**WORLD CONSUMER RIGHTS DAY**” for the Academic Year 2023-24 will be conducted on 15/03/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

#6/9, 1st Cross, Begur Main Road, Hongasandra, Bengaluru, Karnataka 560068

CORDIALLY INVITE YOU FOR THE AWARENESS PROGRAMME ON

"WORLD CONSUMER RIGHTS DAY"

"Fair and responsible AI for consumers"

Organized by

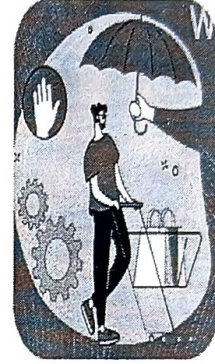
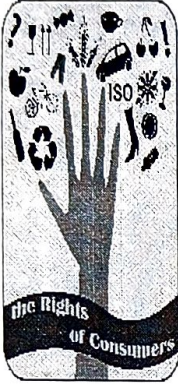
TOCP, Bangalore

On

15TH MARCH 2024, AT 10:00 AM

Resource Person: **Dr R V Vijay Kumar, Professor**

The Oxford College of Physiotherapy



CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

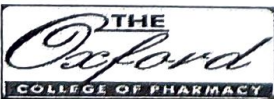
CONVENER

Dr. PADMAA M PAARAKH
Principal
The Oxford College of Pharmacy

ORGANIZING TEAM

Dr GURURAJ S KULKARNI
Mrs DIVYA S KUMAR
The Oxford College of Pharmacy

Brochure



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PREAMBLE

The Oxford College of Pharmacy, Bangalore conducted awareness program on “World Consumer Rights Day” on 15th March 2024 by NSS committee along with Department of Pharmaceutics. Mrs R Nagalakshmi, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 104 participants in total.

The content of the Session:

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on “World Consumer Rights Day”. The theme for this year was “Fair and responsible AI for consumer”. The session started with the addressing of participants by our beloved Principal Dr Padmaa M Paarakh, who briefed the participants with the importance of this program and its need in this hour of time, where AI became so known technology with its own benefits along with few disadvantages where the chances of occurring of frauds can be minimized by this AI. The session was then followed by the addressing of participants by Dr R V Vijay Kumar, Professor, The Oxford College of Physiotherapy. Dr R V Vijay Kumar started the session with the need of celebrating world consumer rights day, so as to make aware about the fundamental rights of all consumers, to respect their need and to protect or conserve them. As a known fact digitalization has made the work easy at the same time occurrence of fraud also increased with the aid of AI by mimicking voice etc. He also made the participants aware of Consumer guide and gave gist of it which contains advice and tips on how to deal with them or how to avoid them. He also suggested for further reference. The Ministry of Industry and Trade, Government of India has been involved in the issue of fraud in online space, with an emphasis on consumer protection.

Schedule:

No. Of Participants- 104

Timings	Event Schedule
10 AM	World Consumer Rights Day



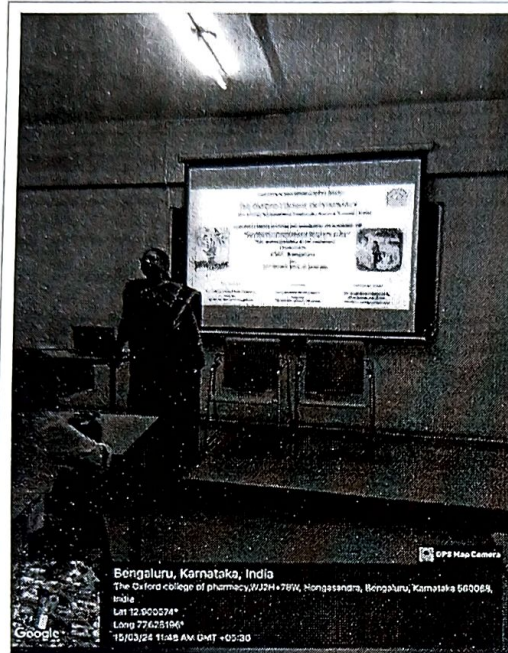
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Principal addressing the participants



Speaker of the Session

OUTCOME OF THE PROGRAM

The awareness session on “World Consumer Rights Day” was conducted successfully. All the 104 participants were benefitted by the session organized by the NSS committee, The Oxford College of Pharmacy. The session facilitated awareness regarding the consumer rights, such as to be updated regarding rights, be cautious online etc. while purchasing so as to avoid any kind of cheating or fraud. The speaker also emphasized on referring the Consumer Guide published by The Ministry of Industry and Trade, Government of India for the protection of fundamental rights of the consumer. The participants have got an information about the consumer rights and using the consumer guide published by The Ministry of Industry and Trade, Government of India for the protection of fundamental rights of the consumer.

END OF REPORT



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Date: 18/03/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a program on "WORLD ORAL HEALTH DAY" for the academic year 2023-2024 will be conducted on 22/03/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

Cc

1. Office
2. All Departments

P. Padma
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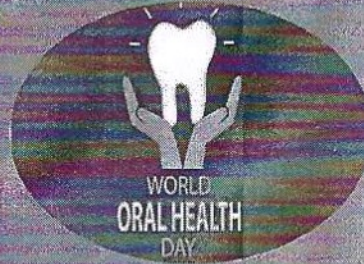
THE OXFORD COLLEGE OF PHARMACY

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CELEBRATING WORLD ORAL HEALTH DAY-2024

The Oxford College of Pharmacy

Conducted On 22ND MARCH 2024



Dr. Shamliq Ahammed

Dept. of Orthodontics,

The Oxford Dental College

Time: 10:30Am

Venue: Room No 501, Fifth Floor

Chief Patron

Dr. S N V L Narasimha Raju

Chairman,

The Oxford Educational Institutions

Convener

Dr. M Padma Paarakh

Principal,

The Oxford College of Pharmacy

Organizing Team

Chaitra K

Pavithra Devi R

The Oxford College of Pharmacy

Brochure for World Oral Health Day



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PREAMBLE

The Oxford College of Pharmacy, under NSS committee celebrated “World Oral Health Day” on 22nd march 2024 at 10.30 am. There were 100 participants in the program. The Oral Health is the condition of the mouth, teeth and orofacial structures that enable individuals to perform essential functions such as speaking, breathing and eating. Various modifiable risk factors, such as food consumption rich in sugar, poor oral hygiene, tobacco and alcohol use, lead to oral disorders. Pregnant women's gums are more prone to plaque due to hormonal shifts.

Among the various oral diseases, dental caries (tooth decay) is the most common. In addition, other oral diseases include and are not limited to the following.

- Dental cancer (uncontrollable cell growth in the buccal cavity)
- Tooth loss (unnatural falling of teeth)
- Oro- dental trauma (Pain due to injury in the teeth, mouth and oral cavity)
- Periodontal disease (Infection and inflammation of the gum tissues)

Background

World Oral Health Day was first celebrated September 12, 2007, on the birthday of FDI founder Dr Charles Godon. It was organised by the FDI World Dental Federation to raise global awareness around importance of oral health and hygiene. However, in 2013, the FDI decided to move the date to March 20 in order to avoid conflict with other events and to align with the international calendar. For the past decade, the day is being celebrated on March 20 to promote oral health education, prevention, and advocacy worldwide.

OBJECTIVES OF THE ACTIVITY

- The objective of celebrating World Oral Health Day is to Adopt health-promoting behaviours– use of fluoride toothpaste, brush at least twice daily, decrease sugar intake, prophylaxis, and visit dental clinic twice yearly. Provide Curative Treatment of Caries – ART, Amalgam and Composite fillings, etc.
- Students will be able to interpret and apply nutrition concepts to evaluate and improve the nutritional health of communities. Students will be able to integrate knowledge and skills in food and nutrition with professional issues affecting the nutrition and/or dietetics fields.



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- The program was attended by 100 participants which includes students and faculty of The Oxford College of Pharmacy.

No.of participants- 100

Schedule: 22nd March 2024

Time Schedule	Programme
11:00-11:10 AM	Introduction about the World Oral Health Day
11:10-11:20 AM	Addressing the gathering by Principal
11.20-11.45 AM	What does World Oral Health Day? --- interactive session with the participants by Dr. Shamliq Ahammed and Team
11.45-12.00 PM	Conclusion, feedback and vote of thanks

CONCLUSION, FEEDBACK AND VOTE OF THANKS

The Oral Health Day is used as an opportunity to raise awareness about the importance of good oral health. Oral diseases are often neglected but are one of the major health concerns in several parts of the world. However, most dental issues can be prevented and treated with the right medical assistance.

Mrs. Chaithra, ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh and the speakers Dr. Shamliq Ahammed and Team for wonderful speech and demonstration, and fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



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Principal addressing students on the event



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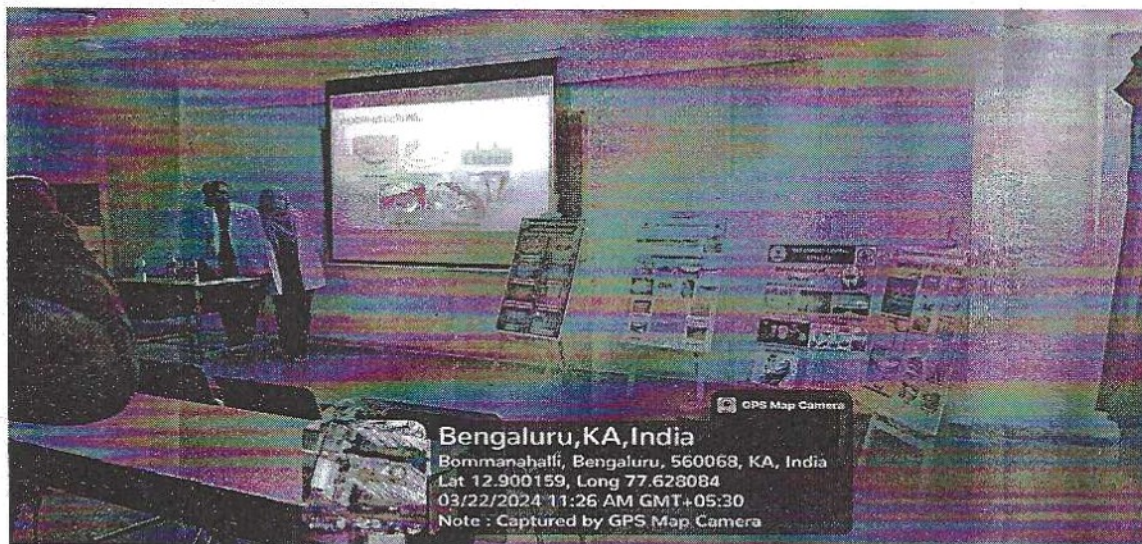


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Students listening to the speech



Students Presenting About Oral Hygiene



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OUTCOME OF THE ACTIVITY

There were 100 participants in the program. The objective of organising the Oral Health Day is to encourage participants "As mouth is the mirror of human body". The session was planned to give the awareness to Adopt health promoting behaviours use of fluoride toothpaste, brush at least twice daily, decrease sugar intake, prophylaxis, and visit dental clinic twice yearly. By the interaction with the speaker students gained knowledge regarding Oral health. Session was benefitted by students and the staff.

END OF REPORT



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List of Participants

S.No	PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS PAVITHRA	Pavithra
3.	MRS CHAITHRA	Chaithra
4.	HARSHATH S	Harshath S
5.	SILAMBARASAN R	Silambarasan R
6.	BHARATHVAJ I	Bharathvaj I
7.	HEMANTH D R	Hemanth
8.	SWAPNA V	Swapna V
9.	YASHASWINI S M	Yashaswini S M
10.	AMULYA S	Amulya S
11.	ANAND	Anand
12.	ANUSHA V	Anusha V
13.	KRISHNA R	Krishna R
14.	MOHAMMAD SHAFIQ N	Mohammad Shafiq N
15.	SHARAVANTH KUMAR N	Sharavanth Kumar N
16.	SRI ABHINAYA S	Sri Abhinaya S
17.	LAL REMRUATHI	Lal Remruathi
18.	SANI SAZIINI	Sani Saziini
19.	YASHWANTH K	Yashwanth K
20.	AKISHITHA Y	Akishitha Y
21.	AMRIN M	Amrin M
22.	BISHAL KUMAR DEY	Bishal Kumar Dey
23.	CHANDRAKANTH G	Chandrakanth G
24.	DEEPIKA B R	Deepika B R
25.	DHANESHWARI.C.C	Dhaneshwari C.C
26.	DHANYATHA S GUPTA	Dhanyatha S Gupta
27.	DIVYA.A	Divya.A
28.	DRUTHI C	Druthi C
29.	GNANAVI H R	Gnanavi H R



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30	HARSHITHA K	<i>Harshitha</i>
31	HILAL AHMAD DAS	<i>Hilal</i>
32	JAYANTI MANDAL	<i>Jayanti</i>
33	JHANA VI L REDDY	<i>Jhana</i>
34	KAMALI R	<i>Kamali</i>
35	KEERTHANA K	<i>Keetha</i>
36	KEERTHI	<i>Keetha</i>
37	KEERTHIVASAN A S	<i>Keetha</i>
38	KIRAN A	<i>Kiran A</i>
39	KOKILA SHREE P	<i>Kokila</i>
40	KRUTHIK R M	<i>Kruthika</i>
41	LAKSHMI T	<i>Lakshmi</i>
42	LALITH KISHORE	<i>Lalitha Kishore</i>
43	LAVANYA M	<i>Lavanya</i>
44	LAVANYA.S	<i>Lavanya</i>
45	MADHUDHARSHINI R	<i>Madhu</i>
46	MAGESH S	<i>Magesh</i>
47	MANASH PRATIM TAID	<i>Manash</i>
48	MANOJ A N	<i>Manoj</i>
49	MEGHNA	<i>Meghna</i>
50	MOHAMED ASHWAQ S	<i>Mohamed</i>
51	MOHAMMED SAMEER H	<i>Mohammed</i>
52	MOUNESHWAR V	<i>Mouneshwar</i>
53	MOUNIKA R	<i>Mounika</i>
54	MURALIDHARAN C	<i>Murali</i>
55	N JEEVITHA	<i>Neevitha</i>
56	N NANDHI SHRI	<i>Nandhi</i>
57	NAMITHA	<i>Namitha</i>
58	NANDHINI R	<i>Nandhini R</i>
59	NANDITHA R	<i>Nanditha R</i>
60	NAVYA R REDDY	<i>Navya</i>
61	NEELAKANTA	<i>Neelakanta</i>



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62	NISARGA S T	Nisarga
63	OJASWITHA K	Ojaswitha
64	OWAIS NAZEER	Owais
65	PRINCE KUSHWAHA	Prince
66	RAJANYA ADHIKARY	Rajanya
67	RAMASWAMY SATHEESH	Rameswamy
68	RAMYA S	Ramya
69	RANJITH KUMAR P	Ranjith
70	RISHIKA H MENON	Rishika
71	S VIDHYA SREE	S Vidhya
72	SACHIN G	Sachin
73	SAHALA K	Sahala
74	SAI SRAVAN P	Sarwan
75	SAKSHI YOGESH KORGANOKAR	Sakshi
76	SANGEETHA R	Sangeetha
77	SHETTY MEGHANA DINKAR	Shetty
78	SHILPA N	Shilpa
79	SHILPA S	Shilpa
80	SIDDHANAGOUDA G HALLUR	Siddhanagouda
81	SINDHU S	Sindhu
82	SONALI H B	Sonali
83	SOURAB CHOUDARI A	Sourab
84	SUSHMA V	Sushma
85	SWATHI S	Swathi
86	TEJAS CHITTAPPA C T	Tejasa
87	TEJASWINI V	Tejaswini
88	THARUN B V	Tharun
89	UDHAYA KUMAR M	Udhaya
90	VASUNDHARADEVI A	Vasundharadevi
91	VINAYAK BARAL	Vinayak
92	YASHASWINI S	Yashaswini
93	YASHASWINI S M	Yashaswini



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94	KIRANA	<i>Kirana</i>
95	MANISHA S GOWDA	<i>Manisha</i>
96	MD MUFID ANSARI	<i>MD Mufid Ansari</i>
97	NAVYA KA	<i>Navya Ka</i>
98	SOUMYA S. HARSOOR	<i>Soumya S. Harsoor</i>
99	SOUNDARYA . HM	<i>Soundarya . HM</i>
100	SRINIVAS. K	<i>Srinivas</i>

P. Padma

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DATE: 27/03/2024

CIRCULAR

This is to inform all students, teaching, and non-teaching staff of The Oxford College of Pharmacy that program on "AUTISM AWARENESS PROGRAM 2024" for the academic year 2023-2024 will be conducted on 02/04/2024. We request for the active participation for the same.

Cc

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2. All Departments

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THE OXFORD COLLEGE OF PHARMACY

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AUTISM AWARENESS PROGRAM

2ND APRIL 2024

Organized NSS COMMITTEE, TOCP, BANGLORE

"Empowering Austistic Voice"



Chief Patron

Dr. S N V L Narasimha Raju
Chairman,

The Oxford Educational Institutions

Convener

Dr. M Padmaa Paarakh
Principal,

The Oxford College of Pharmacy

Organizing co-ordinator

Dr. Jeevika K & Dr. Sriprya C
The Oxford College of Pharmacy

BROCHURE



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PREAMBLE

The Oxford College of Pharmacy, Bangalore under NSS committee celebrated "Autism Awareness Program" on 2nd April 2024, Dr Jenisha k, Assistant Professor, Department of Pharmacy Practice, initiated the celebration of the program along with students. There were around 53 participants.

The content of the Session:

"Autism Awareness program" celebration was organized by The Oxford College of Pharmacy, Bangalore on 2nd April 2024" with the theme "Empowering Autistic Voices". The program started with the welcoming of the audience and briefed about the history and significance of observing this day. The first autism awareness day was observed on 2nd April 2008 to raise awareness about autism spectrum disorder. The main objectives for observing this day are to spread awareness about the disorder and support people who are suffering from it. This day marks a global event which is about the acceptance, support and inclusion of autistic people and the advocacy of their rights. Theme of World Autism Awareness Day 2024

The theme of World Autism Awareness Day this year is '**Empowering Autistic Voices**' which aims at providing more support and power to the individuals with this condition, to ensure they lead a meaningful life and even pursue successful careers. The theme is decided annually to revive the resolve to support and accept people with this condition.

An important observation the day provides an opportunity to dispel myths surrounding the disorder and make people aware about it. Educating people about how autism impacts people can also help resolve stigma around it. This will help people with autism to feel included and supported by rest of the world. With more knowledge about autism, parents can avail of the new and emerging therapies that can help children with autism learn new skills and make use of their talents.

Dr Neelam, Associate professor, Department of general medicine, The Oxford medical College and research centre, started her speech with the quote "Acceptance of the diagnosis of autism can be a huge relief, and can be the beginning of a positive journey." she also shared her views regarding the role of



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medical professionals in spreading awareness and achieve the goal of celebrating the autism awareness program. After the session, students and interns actively participated in creating awareness about autism among the patients.

Schedule:

No. Of Participants- 53

Timings	Event Schedule
10.30 Am	World Autism Awareness Day



Students creating awareness about autism among the patients.



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Interns creating awareness about autism among the patients.



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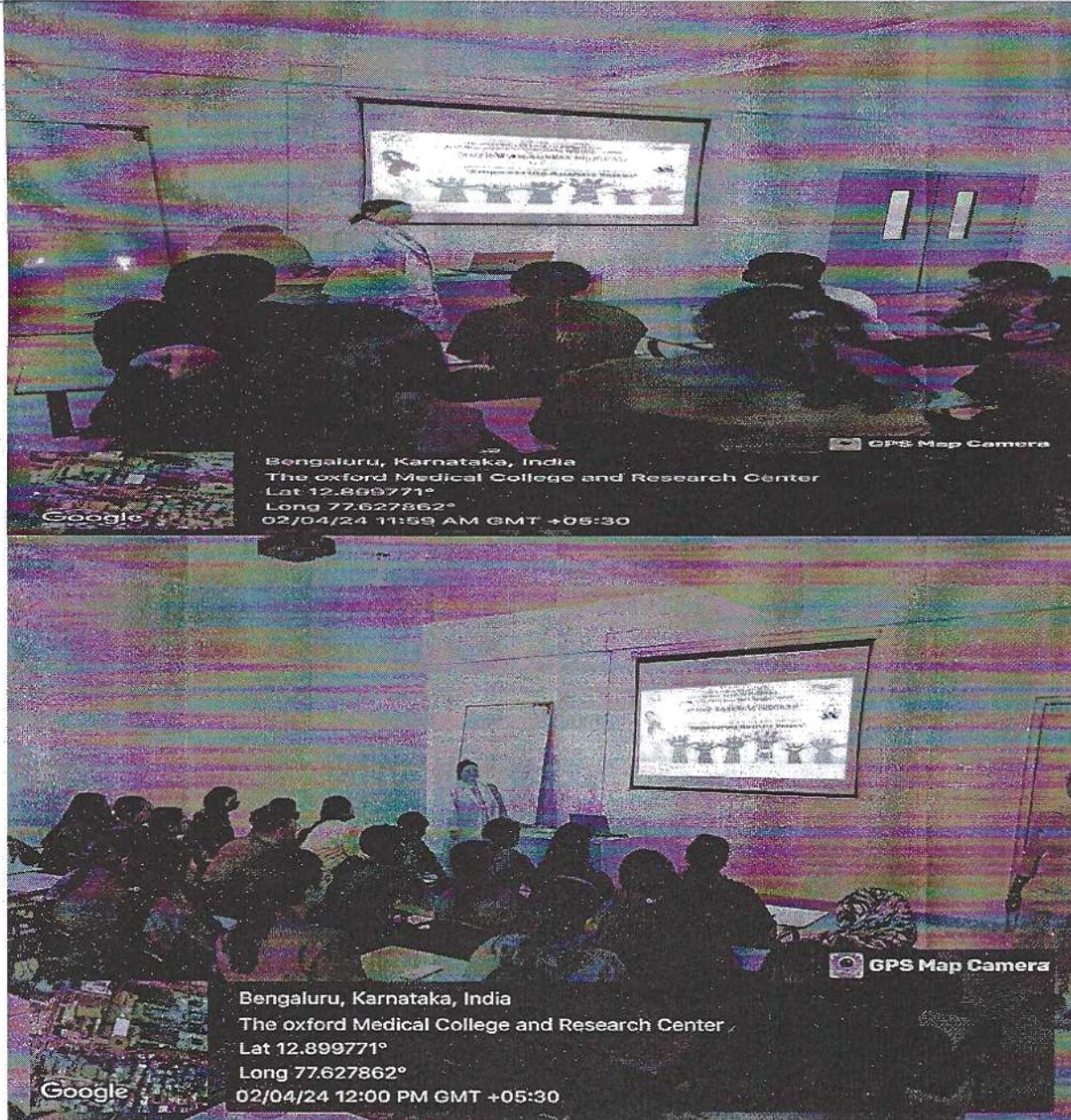
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Dr Neelam's speech about autism and "Empowering Autistic Voices"



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OUTCOME OF THE PROGRAM

The importance of celebrating autism awareness program and its significance of bringing equality, eliminating any kind of discrimination, and to provide a safe environment for their growth successfully reached the participants and increased the awareness about it in them. There were 53 participants in the program. The equality and freedom start from the family and helps in building a better society. These guiding principles through initiatives like "Autism isn't a problem, it's a different way of viewing the world." to effect behavioural change in society's attitude towards autism child and inspire a collective effort towards their holistic development. The students were keen to spread awareness to the society via patients and public, community by passing this information gained during program. Students involved within their hospital community and arranged awareness program as part of this program of spreading.

END OF REPORT



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LIST OF PARTICIPANTS

SL.NO	NAME OF PARTICIPANT	SIGNATURE
1.	DR. PADMAA M PAARAKH	P. Padma
2.	DR JENISHA	Jenisha
3.	DR JEENA SUSAN	Jeena
4.	MOLUNGZANG AIER	Molungzang
5.	HARSHDEEP SARVA	Harsh
6.	KATHIRMANI RAJA S	Kathir
7.	ZOMBARKAR MUSKAN	Zor
8.	ABIGAIL N MOZHUI	Abigail
9.	ANIRBAN DEBNATH	Anirban
10.	ASHISH ABHRAHAM	Ashish
11.	DEBJIT BHAKAT	Debjit
12.	DEEPTI CHOUDHARY	Deepthi
13.	DIMPLE G	Dimple G
14.	GANANESWAR RAO S	Ganan
15.	HEMA NS	Hema NS
16.	KEERTHANA C	Keert
17.	PADMASHREE M	Padmasheer
18.	RANJITHA REDDY S	Ranjitha
19.	SHASHIKALA D M	Shashi
20.	SHERLIN HEPZIBAH S	Sherlin
21.	SHUBHASHINI N	Shubhashini
22.	SYED ALSABA HUSSAINI	Syed



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23.	TINA LALLY	
24.	VINISHA R	
25.	DARPANA R	
26.	MHONLUMI T OVUNG	
27.	EHTESHAM QURESHI	
28.	MANJUNATH T	
29.	CHAITHRA SHREE N	
30.	CHETHAN G K	
31.	DEEPAK DATTA B R	
32.	MATHUMITHA	
33.	PREMRAJ T	
34.	RAGAVI V	
35.	RAHUL V	
36.	SAHANA K	
37.	SHIVAKUMAR G	
38.	SINCHANA D P	
39.	SUPRAJA R	
40.	SURAKSHA R RAI	
41.	THARANISHREE K	
42.	VISHAL SASI KANNAN	
43.	PRATHIBA V	
44.	BHUVENESHWARI R	
45.	BINDU R	
46.	CHRISTINA JAMES	
47.	RAJDEEP KAUR	



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48.	ARINDHAM DEY	Arindham DeY.
49.	HARSHITHA	Harshitha
50.	SARAVANAGIRI	Saravani
51.	SARAVANAN	Saravanan
52.	SEEMA	Seema
53.	SHREYAA DATTA	Shreyaa

P. Padma

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Date: 15/04/2024

CIRCULAR

The Oxford college of Pharmacy is organizing a Speech competition on Dr. B R Ambedkar Jayanti for the academic year 2023-24 on 19/04/2024 at 2.00PM. We request the active participation of the staff and students for the same.

P. Padma

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Cc

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2. All Departments




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**Children's Education Society (Regd.)**
THE OXFORD COLLEGE OF PHARMACY
#6/9 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE 560068

**THE DEPARTMENT OF PHARMACY PRACTICE ORGANISING A SPEECH COMPETITION ON
Dr. B R AMBEDKAR JAYANTI**

**TOPIC- Dr. Ambedkar's contribution to fundamental rights in
constitution of India**

Date: 19th April 2024 & Time: 2.00pm

CHIEF PATRON Dr S.N.V.L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS	CONVENER Dr PADMAA M PAARAKH PRINCIPAL THE OXFORD COLLEGE OF PHARMACY	ORGANISING SECRETORY Dr JEENA & Dr JENISHA ASSISTANT PROFESSOR DEPARTMENT OF PHARMACY PRACTICE THE OXFORD COLLEGE OF PHARMACY
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BROCHURE



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PREAMBLE:

The Oxford College of Pharmacy under NSS committee organized a speech competition on "Dr B R AMBEDKAR JAYANTI" on 19/04/2024 at 2.00PM ,to commemorate the life and contributions of Dr.B.R.Ambedkar, a visionary leader and social reformer who played a pivotal role in shaping modern India. Ambedkar's tireless efforts for social justice, equality, and the empowerment of marginalized communities have left an indelible mark on the nation. There were 16 participants in the program

One of Ambedkar's most significant contributions was his role in drafting the Indian Constitution. As the chairman of the Constituent Assembly, he ensured that the Constitution enshrined fundamental rights, including equality, liberty, and fraternity. His vision of a secular and democratic India was reflected in the document.

Ambedkar also championed the cause of social justice and equality for women. He advocated for women's education, employment opportunities, and political representation. His efforts led to the inclusion of provisions in the Constitution that protected women's rights. His experiences of marginalization fueled his determination to fight for the rights of the oppressed

Moreover, Ambedkar was a vocal critic of caste-based discrimination and untouchability. He fought tirelessly to eradicate these practices and empower the Dalit community. His work inspired countless individuals to challenge social hierarchies and demand equality.

Ambedkar's legacy extends beyond India. His ideas and principles have influenced social movements and human rights activism around the world. His commitment to social justice and equality continues to inspire people to strive for a more equitable and inclusive society.

PROGRAM DELIVERED AS FOLLOWS:

The program started with a welcome note by Dr Jeena susan saji, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy. The speech competition was on the topic Dr. Ambedkar's contribution to fundamental rights in constitution of india.

A total of 16 students from B.Pharm, PharmD and M pharm participated in the speech competition. The judges were Dr. Muthukumar and Mrs. Nagalakshmi Reddy. Tina lally from 4th PharmD won the first prize



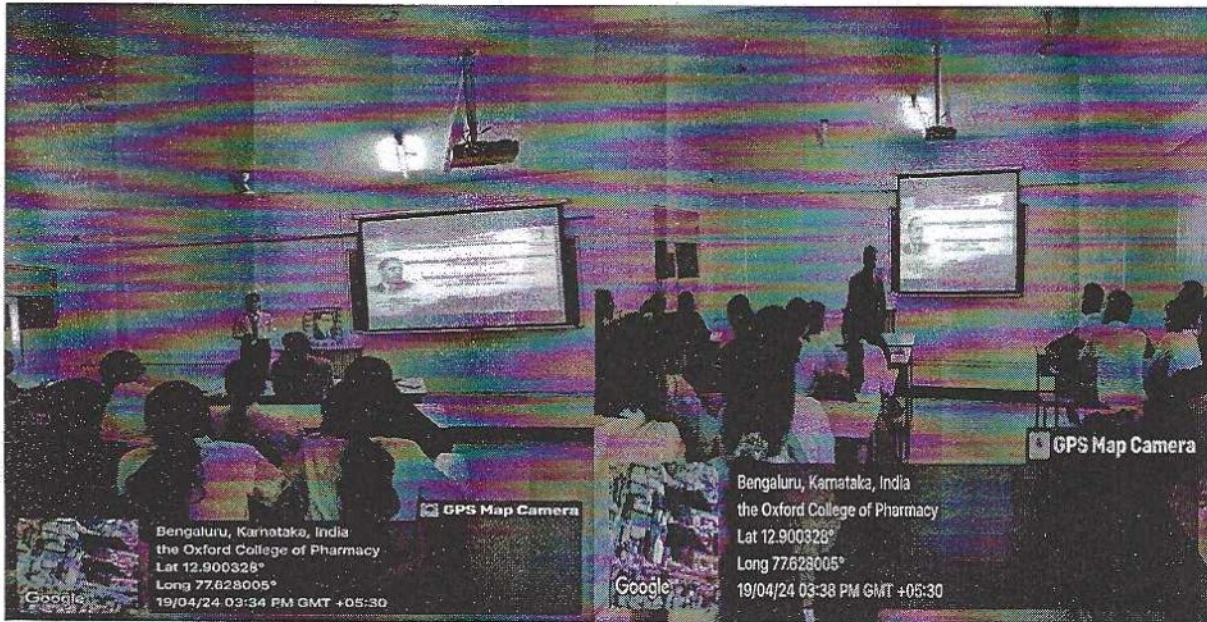
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No of participants: 16 participants
Schedule: On 19th April 2024

Time Schedule	Programme
2.00 PM	Dr B R Ambedkar Jayanti



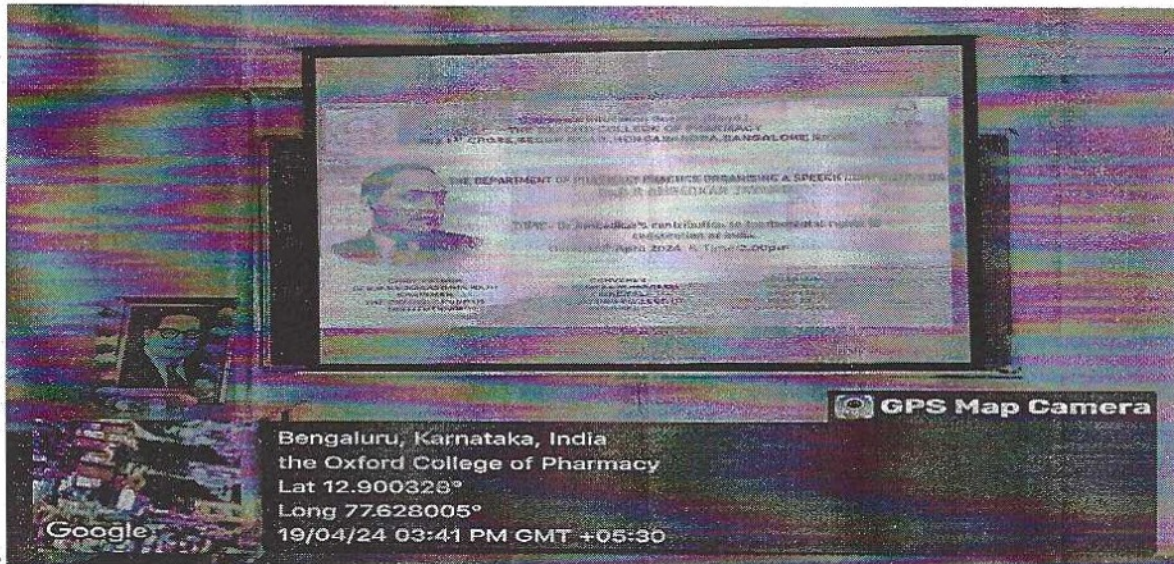
A glimpse from the speech competition. Dr Muthukumar revealing the results of the competition



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Honoring Dr B R Ambedkar.

OUTCOME OF THE PROGRAM

The program was conducted with aim to create an awareness to educate our staffs and students about the contributions of Dr B.R. Ambedkar to our nation. 13 students participated in the competition. Students understood his vision of an equitable society. By honoring Ambedkar's legacy, The historical and social background of their vocation was thoroughly understood by the students. Their commitment to moral and inclusive healthcare practices was strengthened by this program which also increased their cultural competency.

Upon completion of the program, the students departed with an enhanced understanding of socioeconomic disparities, which therefore stimulated a stronger sense of social accountability within the pharmaceutical care industry.

It is expected that this knowledge will have a beneficial effect on their future communications with various patient populations and help create a more sympathetic and healthcare environment.



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LIST OF PARTICIPANTS

SL.NO	PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	DR JENISHA	Jenisha
3.	DR JEENA	Jeena
4.	JAWAHAR MANIYA	J Maniya
5.	RANJITHA RAMESH	Ramesh
6.	MEGHANA S	Meghana S
7.	SHYLESH	Shylesh
8.	ARPANA LAL	Arpana Lal
9.	YASHWANTH M	Yashwanth M
10.	ABINAYA SANGAVI	Abinaya
11.	KRISHNAJITH	Krishnajith
12.	HASHUBA	Hashuba
13.	TINA LALLY	Tina Lally
14.	SYED ALSABA	Syed Alsaba
15.	SEEMA S L	Seema S L
16.	DHARUN	Dharun

P. Padma

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DATE: 25/04/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that Awareness session on "World Day for Safety and Health at Work" for the Academic Year 2023-24 will be conducted on 29/4/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

Cc

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2. All Departments

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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



"World Day for Safety and Health at Work"

"Organized by"
Department of Pharmaceutics
Speaker
DR. DIVITHA
Assistant Professor
The Oxford College of Physiotherapy
29th April 2024
Timings-11:00 AM onwards

CHIEFPATRON

Dr. S.N.V.L NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

CO-ORDINATOR

Ms. Uma Prabha
Ms. Adithi P
Department of
Pharmaceutics
The Oxford College of Pharmacy

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PREAMBLE

On the occasion of World Day for Safety and Health at Work, this day was dedicated to emphasize the importance of ensuring safe and healthy work environments for all. This occasion reminds us of our shared responsibility to protect workers from hazards and promote well-being at work. As we reflect on our achievements and challenges, let us renew our commitment to advancing safety standards and fostering a culture where every worker can perform their duties with confidence and security.

The content of the session

On 29/4/2024, The Oxford College of Pharmacy under NSS committee organized a awareness session on World Day for Safety and Health at Work which highlighted the importance of preventing workplace accidents and diseases through a range of activities, including keynote addresses by experts, panel discussions on safety standards and practices. 85 students took part in the program. The speaker delivered a brief explanation about the hazards in the workplace and how to overcome the issues related. The event also featured the presentation of awards to organizations demonstrating exceptional safety efforts, aiming to raise awareness, share effective strategies, and foster a culture of safety across various industries. The program was attended by 88 participants from B. Pharm and M. Pharm, along with staff. Mrs. Adithi, the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.

No. of participants: 88

Timings	Schedule
11 am	Speech :The speaker delivered a brief explanation on the hazards in the workplace



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Speaker Addressing the student

OUTCOME OF THE PROGRAM

The outcome of World Day for Safety and Health at Work program was resoundingly positive, with the active participation of 88 participants which highlighted the critical importance of fostering safe and healthy work environments. The students were benefitted with the integration of safety and health measures, when they are exposed to vulnerable conditions at the work place. Overall it was an interactive session where all the students actively participated in the session



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LIST OF PARTICIPANTS

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS ADITHI	Adithi
3.	MRS UMAPRABHA	Umaprabha
4.	ABHINAV ANAND	Abhinav
5.	ABHISHEK. H. PATIL	Abhishek
6.	ABISHEKA. M	Abisheka
7.	ADITYA '	Aditya
8.	AISHWARYA. S. P	Aishwarya
9.	AKASH. R	Akash
10.	AKSHITHA. A	Akshitha
11.	ALLURI YASWANTH	Alluri
12.	ANBALAGAN. R	Anbalagan
13.	ANUPRIYA. K	Anupriya
14.	ANUSHKA SINGH	Anushka
15.	ARYAN OTTA. P. K	Aryan
16.	ASHWINI. B. S	Ashwini
17.	BHAGYASHREE. B	Bhagya
18.	BHARATH. B	Bharath
19.	BHOOMIKA. T	Bhoomika
20.	DEEPIKA. V	Deepika
21.	DEVENDRA. D	Devendra
22.	DHANUSH. R. K	Dhanush
23.	DILLIPKUMAR. E	Dillip
24.	DIPANJANA NAYEK	Dipanjana
25.	GANESH KUMAR	Ganesh
26.	GEETHA. M	Geetha
27.	GOKILAN. N	Gokilan
28.	GOWTHAM. V	Gowtham
29.	GUNASHREE. M	Gunashree
30.	HARIHARAN. M	Harihara
31.	HARISH. G	Harish
32.	HARSHA. T	Harsha
33.	HEMASHREE. S	Hemashree
34.	JAI SURYA. S	Jai Surya
35.	JEEVA. B	Jeeva
36.	JOE LAMBOKLANG	Joe
37.	JOEL JOHN PHILIP	Joel
38.	JOSHITHA. K	Joshitha
39.	JOSHNI. D	Joshni



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40.	KALAVATHI. K	Ka
41.	KAVYA. K	Kav
42.	KRITHIKA. S. K	Krithika
43.	KUSHAL GOWDA. H. C	Kushal
44.	LAVANYA. R	Lava
45.	LIKHITH. M	Likhith
46.	MEGALA. S	Megala
47.	MEGHANA. R	Meghana
48.	MOHITH. B. D	Mohith
49.	MONIKA. B. M	Monika
50.	MONISH. S	Monish
51.	MONISHA. R	Monisha
52.	MURALI. P	Murali
53.	NANDHA KUMAR. S	Nandha
54.	NANDHISH KUMAR. P	Nandhish
55.	NIHIT KUMAR	Nihit
56.	NIKKI KUMARI	Nikki
57.	NITHYA. M	Nithya
58.	NITU KUMARI. P	Nitu
59.	PAVANA. M	Pavana
60.	PAVANI. B	Pavani
61.	PRAJWAL. L	Prajwal
62.	PRAVIN KUMAR. M	Pravin
63.	RAKSHITHA SHIVRAJ	Rakshitha
64.	RAKSHITHA. S	Rakshitha
65.	RASHMITHA. A. R	Rashmitha
66.	RAVI CHANDRA. V	Ravi
67.	RITESH KHEMKA	Ritesh
68.	ROHITH. V	Rohith
69.	SANGEETA. N	Sangeeta
70.	SARA ZAIBA	Sara
71.	SARAN. R	Saran
72.	SHAPTHAGIRI. J. M	Shapthagiri
73.	SHILPA DAKU	Shilpa
74.	SHIVAKUMAR. G	Shivakumar
75.	SIRISHA. M	Sirisha
76.	SIRISHA. S	Sirisha
77.	SNEHA. H	Sneha
78.	SRIE ARIA. V. R	Srie ARIA
79.	SUDHARSHAN. S	Sudharshan
80.	SUSHMITA RANJAN	Sushmita
81.	T. T. LALNUNPUIA	T. T. Lalnunpuia
82.	THANUSHREE. C	Thanushree
83.	YAMUNA. R	Yamuna



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84.	YESWANTH. A	
85.	KULSUM	
86.	NANDITHA	Nanditha.
87.	PRAVEEN. S	
88.	PAVITHRA	

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Date:26/4/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are here by informed that "WORLD ASTHMA DAY 2024" a workshop on INHALER TECHNIQUE, for the academic year 2023-24. The program is to educate our students, staffs and society about proper inhaler techniques to improve medication delivery and disease management. The program will be conducted on May 2nd 2024. We request your active participation for the same.

Cc

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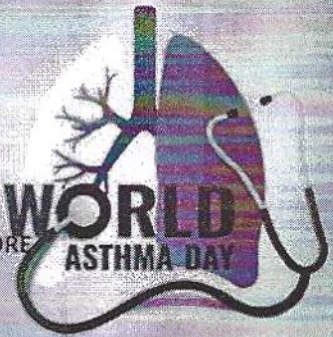
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The Department of
Pharmaceutical Chemistry
organizing NSS COMMITTEE, TOCP, BANGLORE




INHALER TECHNIQUE WORKSHOP



On **WORLD ASTHMA
DAY 2024**

Ground floor,
The Oxford college of
Pharmacy
On 02/05/2024
11am - 4pm



ASTHMA EDUCATION EMPOWERS

Information is Key

Brochure for ASTHMA Day-INHALER TECHNIQUE WORKSHOP



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PREAMBLE

The Department of Pharmaceutical chemistry, under NSS, organized "**WORLD ASTHMA DAY 2024 INHALER TECHNIQUE WORKSHOP**" with an aim to educate our staffs, students and public about the asthma condition, the medication and the use if inhaler. The program was conducted on May 2nd 2024.

GINA (global Initiative for asthma) a World Health Organization collaborative organization founded in 1993 has chosen "**Asthma Education Empowers**" as the theme for the 2024 World Asthma Day. Its global healthcare event which is observed on the first Tuesday in May every year in a bid to spread awareness about the chronic respiratory disease. This year, the day is being marked on May 2, 2024. The day was chosen to correspond with the summer seasons, when allergies and weather changes might aggravate asthma symptoms. If asthma is not adequately managed, it might result in numerous other health problems. Chronic asthma may lead to breathing issues, sleep disturbances, exhaustion and poor focus in the long run. **Asthma Education Empowers** message promotes the knowledge and education on the condition and proper use of the medicament for effective asthma management programs in all resource countries.

According to a study conducted by the Global Asthma Network (GAN), India is responsible for over 42% of the world asthma-related deaths. Asthma is a medical condition that causes the airways to narrow and become inflamed, leading to the accumulation of mucus, resulting in difficulty breathing. World Asthma Day is a significant occasion that seeks to increase awareness about asthma and its treatment.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Pradeepa Prasad, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Mrs. Chanda Ranjan, Program organizer, Department of Pharmaceutical chemistry, was invited to talk about the Asthma Day. She was delivered about the management of asthma and educate the participants- Proper technique is crucial where incorrect technique can lead to reduced medication delivery and poor asthma control.

The program has two different sessions which is delivered by students of final year. The first session was conducted in college for students and staffs which provides proper inhaler techniques to improve medication delivery and disease management. The second session was for the society, where it includes educating the public.



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Introduction to asthma and inhaler therapy, Demonstration of proper inhaler techniques for: Metered-dose inhalers (MDIs), Dry powder inhalers (DPIs), Soft mist inhalers (SMIs) Hands-on practice

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 29 participants including staffs and students of The Oxford College of Pharmacy and peoples from public were attended the program.

The organizer Mrs. Pradeepa Prasad concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event. And to all the other faculties and students who participated in the event and helped in its successful completion.

No of participants: 29 participants

Schedule: On 2nd May 2024

Time Schedule	Programme
11 am	"WORLD ASTHMA DAY 2024" -- INHALER TECHNIQUE WORKSHOP



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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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Bengaluru, Karnataka, India
6/9, Hosur Road, Bommanahalli, Bengaluru, Karnataka 560068, India
Lat 12.900483°
Long 77.628195°
02/05/24 02:37 PM GMT +05:30



Bengaluru, Karnataka, India
WJ2H+384, Salarpuria Greenage Internal Rd, Hongasandra, Bengaluru, Karnataka
560068, India
Lat 12.900259°
Long 77.628427°
02/05/24 02:41 PM GMT +05:30



Bengaluru, Karnataka, India
69a, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899725°
Long 77.627822°
02/05/24 02:44 PM GMT +05:30



Bengaluru, Karnataka, India
9, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899704°
Long 77.627702°
02/05/24 02:51 PM GMT +05:30

:Students and Staffs are participating in Inhaler Technique Workshop



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Bengaluru, Karnataka, India
4 4th Main Near MET College Hongasandra Begur Road, Vivekananda Nagar,
Bommanahalli, Bengaluru, Karnataka 560068, India
Lat 12.898966°
Long 77.625823°
02/05/24 03:00 PM GMT +05:30



Bengaluru, Karnataka, India
VJXG+H67, Begur Rd, Vivekananda Nagar, Hongasandra, Bengaluru, Karnataka 560068,
India
Lat 12.89889°
Long 77.625611°
02/05/24 03:04 PM GMT +05:30

:- Students at MET College and Vivekananda Nagar educating the public about Asthma and Inhaler Techique



Bengaluru, Karnataka, India
VJXG+H67, Begur Rd, Vivekananda Nagar, Hongasandra, Bengaluru, Karnataka 560068,
India
Lat 12.898962°
Long 77.625556°
02/05/24 03:05 PM GMT +05:30



Bengaluru, Karnataka, India
251, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899026°
Long 77.627301°
02/05/24 03:09 PM GMT +05:30

Students creating awareness in the local community



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Students holding NSS banner on WORLD ASTHMA DAY-202



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OUTCOME OF THE PROGRAMME

The program was conducted with an aim to educate about the asthma condition, the medication, and use of inhaler was successfully achieved. The program successfully created awareness by 29 participants including various people from the society -on proper inhaler techniques, highlighting the importance of device-specific education and patient engagement. The program's outcomes include:

1. Increased awareness of asthma triggers and prevention
2. Enhanced understanding of proper inhaler technique
3. Enhanced self-management skills for asthma control.
4. Increased confidence in managing asthma symptoms.

By improving inhaler technique, patients can optimize medication delivery, leading to better asthma control and overall health outcomes. The program was conducted for the benefit of society by creating an education on asthma and to impart the knowledge about the use of medication. The demonstration of medicated metered inhaler and the first aid session has created a good knowledge among the participants which can be performed on an emergency to save the society.



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LIST OF PARTICIPANTS

SL:NO	NAME OF PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS CHANDA RANJAN	Chandra
3.	MRS PRADEEPA PRASAD	Pradeepa
4.	SEEMA SL	Seema
5.	PRADEEP S	Pradeep
6.	NEETHU TP	Neethu
7.	FARHANA AA	Farhana
8.	HARSHITHA A	Harshitha
9.	B ARUN KUMAR	Arjun
10.	K M VARSHA PATEL	Varsha Patel
11.	JASIRA T S	Jasira
12.	MADHU R	Madhu
13.	MUNAVARA PARVEEN A	Munivara
14.	NANDISH S	Nandish
15.	NOOR AYESHA N	Noor
16.	SRI SANJANA S	Sri Sanjana
17.	SRIGOPALAN S	Srigopala
18.	SUSHMITHA S	Sushmitha
19.	PRADEEP CHOUDHARY	Pradeep
20.	PRASHANTH	Prashanth
21.	JEETHENDRA	Jeethendra
22.	RENUKHA	Renukha
23.	BHAVYA SHREE	Bhavya Shree
24.	DHANASEKHAR M K	Dhanasekar MK
25.	HEMANTH KUMAR E	Hemant
26.	NISHA S	Nisha
27.	PRATIK JAIN	Pratik
28.	SRI VIGNESH	Sri...
29.	GOKUL RAJ . M	Gokul Raj

P. Padma



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Date :25/04/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness session on "World Hand Hygiene Day" for Academic Year 2023-24 will be conducted on 07/05/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P. Padme
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Cc

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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

CELEBRATING WORLD HAND HYGIENE DAY-2024

"SAVE LIVES: Clean Your Hands"

Organized by NSS, The Oxford College of Pharmacy

Conducted On 07TH MAY 2024

**SPEAKER: D. CHITRA, PROFESSOR, DEPT OF NURSING, THE
OXFORD COLLEGE OF NURSING SCIENCES.**



PATRON

Dr. S. N. V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER

Dr. PADMAAM PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

Dr. G. NAGALAKSHMI,
Mr. AKSHAY,
THE OXFORD COLLEGE OF
PHARMACY

BROCHURE



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, NSS Committee, organized "WORLD HAND HYGIENE DAY" with an aim to raise an awareness program to educate our staffs and students about the critical role of hand hygiene in preventing infections and promoting health. The program was conducted on May 7th 2024. Around 105 participants including staffs and students of The Oxford College of Pharmacy were attended the program.

Hand Hygiene: A Global Health Priority," underscores the importance of effective hand hygiene practices in mitigating the spread of diseases. The day features a range of activities, including educational workshops for healthcare workers and the public, social media campaigns to spread information, community events to engage various groups, and initiatives within health facilities to enhance hygiene practices. Key messages emphasize that clean hands save lives, that hand hygiene is crucial on a global scale, and that everyone has a role in maintaining it.

World Hand Hygiene Day serves as a vital reminder of the significance of hand hygiene in safeguarding health, and its success relies on the collective efforts of individuals, organizations, and communities.

The Content of The Session:

The program was started with a welcome note by Dr. G. Nagalakshmi, Associate Professor followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Mrs. D. Chitra, Professor, Department of Nursing, was invited to talk about the hand hygiene day. She delivered an engaging and informative presentation on the science behind hand hygiene. She explained the transmission of germs through contaminated hands and the significance of proper handwashing techniques.

Students were shown step-by-step demonstrations of correct handwashing techniques, including the use of soap and water.



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All students took a pledge to practice good hand hygiene habits on a daily basis. This pledge served as a commitment to prioritize personal health and well-being. The event included interactive activities, such as handwashing competitions and quizzes, to reinforce the key messages about hand hygiene.

The event was a resounding success, with enthusiastic participation from all students. The educational presentation and demonstrations helped students understand the importance of hand hygiene and the potential consequences of neglecting this essential practice. The pledge taken by the students reinforced their commitment to maintaining good hygiene habits.

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 105 participants including staffs and students of The Oxford College of Pharmacy were attended the program.

The organizer concluded the program with vote of thanks.

No of participants: 105 participants

Schedule: On 7th May 2024

Time Schedule	Programme
10.00 am	WORLD HAND HYGIENE DAY



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Speaker Delivering a Talk on “World Hand Hygiene Day”



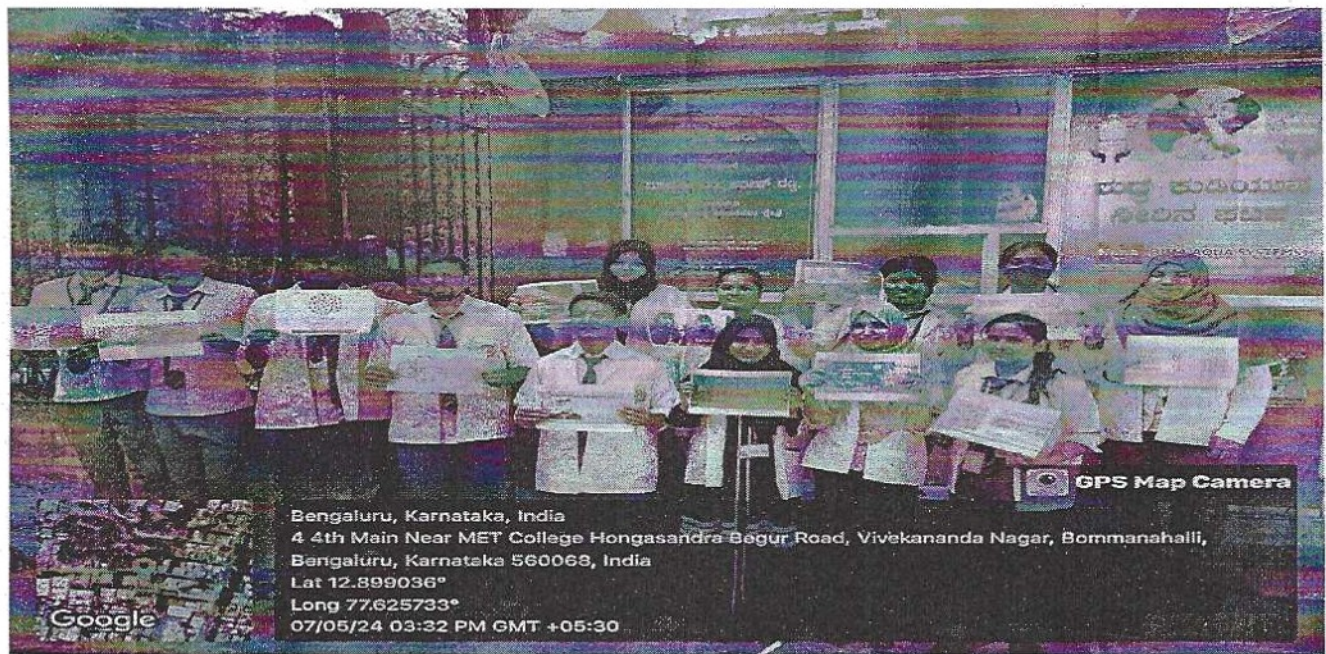
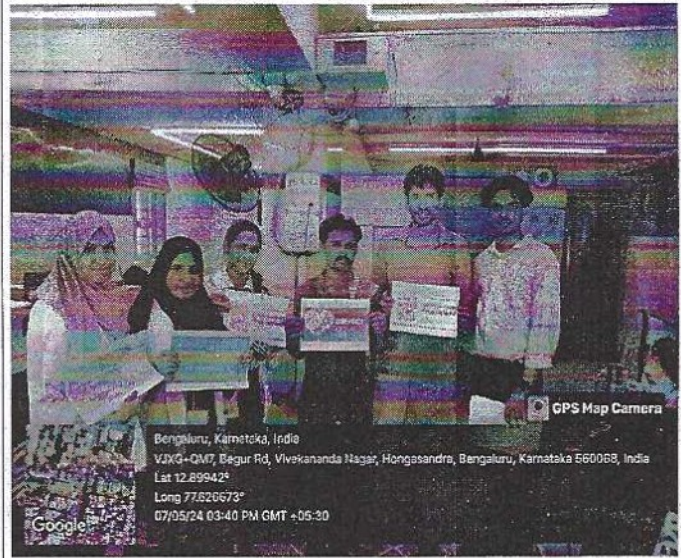
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Students Raising Public Awareness on “World Hand Hygiene Day”



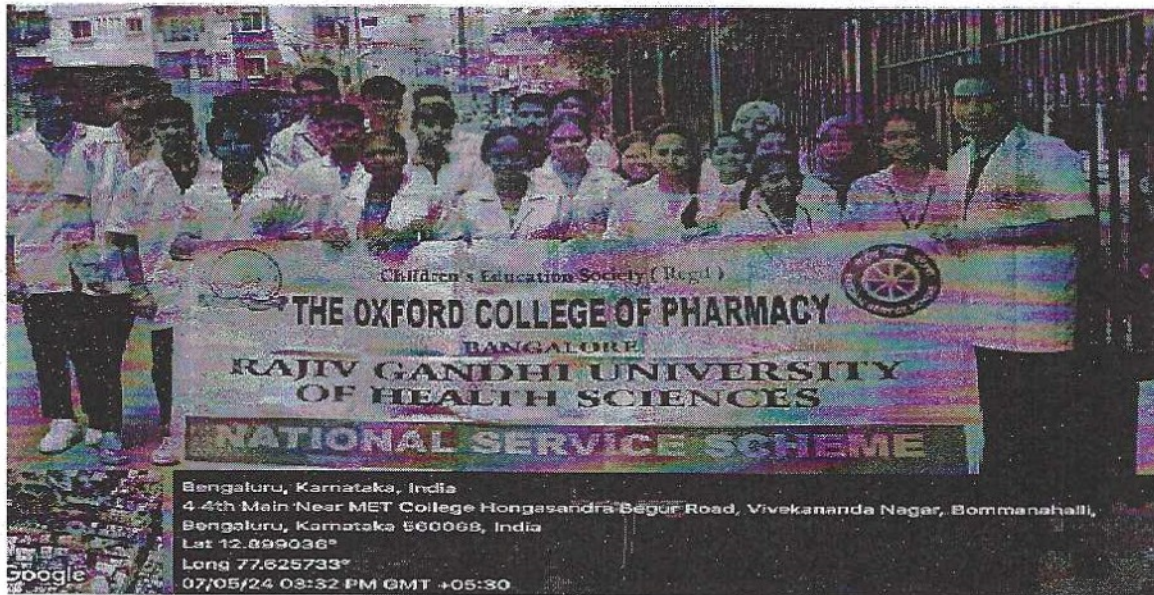
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Students participated in the program

OUTCOME OF THE PROGRAMME

The Hand Hygiene Day Awareness Program, successfully achieved its objectives of raising awareness and promoting proper hand hygiene practices. The program successfully created awareness for 105 participants including and students. Attendees gained information about the importance of washing hands properly and using hand sanitizers. Through various activities and engagement strategies, the program has made a positive impact on participants' knowledge and behaviors regarding hand hygiene.

END OF THE REPORT



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Date: 10/05/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy, Bangalore are hereby informed that "World Hypertension Day" for the Academic Year 2023-24 will be conducted on 17/05/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma
PRINCIPAL

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INVITES YOU TO CELEBRATE
WORLD HYPERTENSION DAY 2024

Date: 17th May 2024 & Time: 10:30 AM
Venue: 507 TOCP

Measure Your Blood Pressure Accurately, Control It,
Live Longer!

CHIEF PARTON
Dr. S.N.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTION

CONVENER
Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY
Dr. NOOPUR SRIVASTAVA &
Mrs. KESARLA BHAVANI
DEPARTMENT OF PHARMACOLOGY
THE OXFORD COLLEGE OF PHARMACY

Brochure



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PREAMBLE:

In order to create awareness about hypertension, a leading risk factor for death and disability, World Hypertension League initiated 17th May as World Hypertension Day worldwide. It aims to motivate global action to combat high blood pressure. This year, the theme is a call to "Measure Your Blood Pressure Accurately, Control It, and Live Longer." More than half of the people in the world living with hypertension are unaware of this condition which is a major cause of cardiovascular disease and premature deaths worldwide.

On May 17th 2024, Department of Pharmacology in association with NSS Unit, The Oxford College of Pharmacy, Bangalore, organized a Health Screening Program in Observe of **World Hypertension Day** at The Oxford College of Pharmacy, Bangalore There were 100 participants.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. Noopur Srivastava, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, Bangalore.

Mrs. Kesrala Bhavani formally welcomed our eminent speaker Dr. A Muthu Kumar, Dean Research & Associate Professor, Department of Pharmacology and all the participants gathered for the celebration on the occasion. He spoke on the role of Pharmacist towards the society and how by following lifestyle modification steps one can work on hypertension management and improve overall cardiovascular health. On this Occasion Blood Pressure Check-up and Screening Camp was organized for employees. The event aimed to raise awareness about hypertension and promote proactive health management among the employees. A total of 50 employees participated in the Health Screening Program. The turnout demonstrated the commitment of the The Oxford College of Pharmacy community to prioritize health and well-being. In this program, screening of BP was done for all participants. This helped identify individuals at risk of hypertension and provided valuable insights into their cardiovascular health.



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Mrs. Kesarla Bhavani concluded the program with vote of thanks. She thanked Chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology

and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 100 Participants

Schedule: On 17th May, 2024

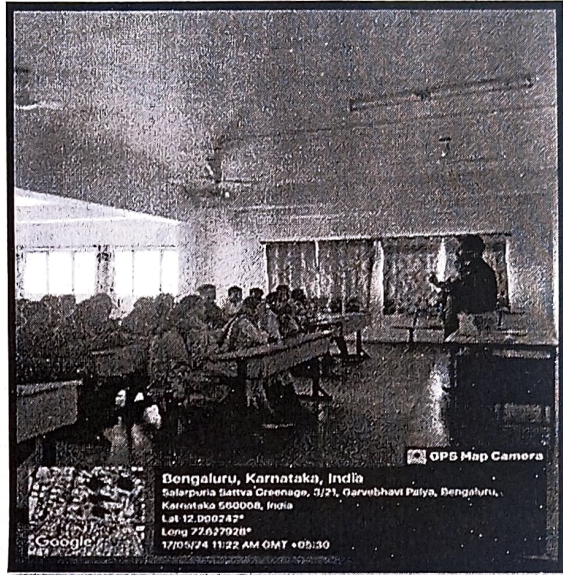
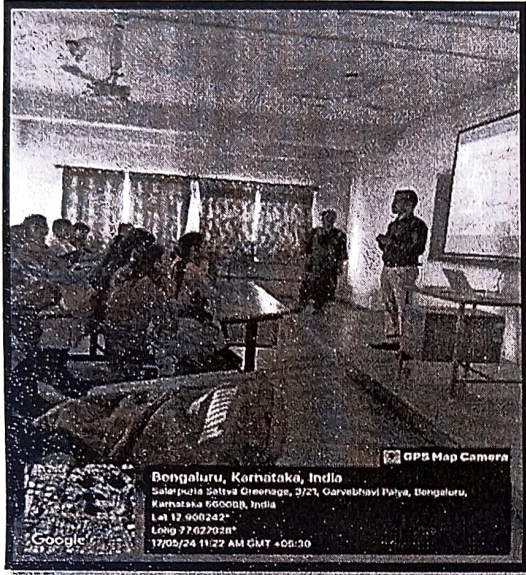
Time Schedule	Programme
10:30 A.M -11:30 A.M	Guest Lecture on "Risk Factors of Hypertension and Its Management"
12:00 P.M-2:00 P.M	Screening of BP



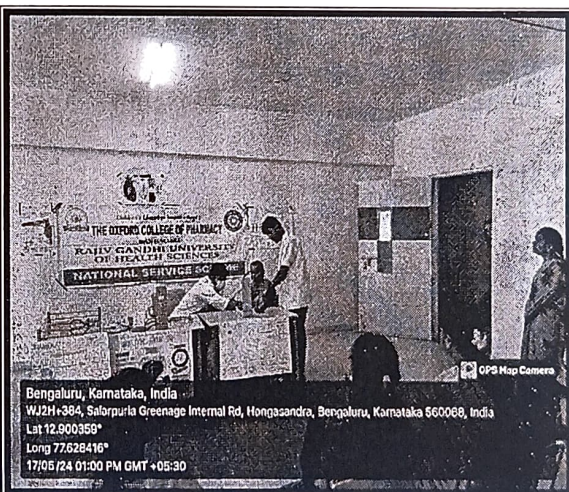
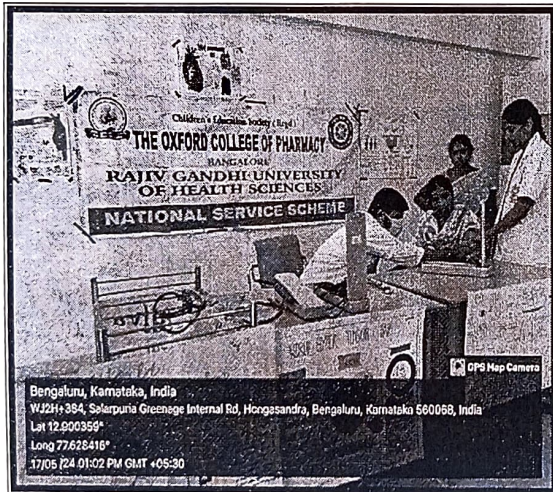
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Talk on Risk Factors of Hypertension and Its Management



Health Screening Program for Employees



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OUTCOME OF PROGRAM:

The Health Screening Program organized by The Oxford College of Pharmacy, Bangalore, on World Hypertension Day served as a significant initiative to promote preventive healthcare and raise awareness about hypertension among employees. By facilitating early detection, education, and community engagement, the event contributed to the overall well-being of the participants and reinforced the importance of prioritizing health in the workplace. Total 100 Participants joined the event in which 50 employees participated in the screening Program.



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Date: 10/05/2024

CIRCULAR

All the teaching and students of The Oxford College of Pharmacy are hereby informed that International Family Day for the academic year 2023-2024 will be conducted on 15/05/2024. We look forward for the active participation for the same. The students and faculty are requested to attend the celebration at 10 am in 501 room number.

P. Padma
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CHILDREN'S EDUCATION SOCIETY (REGD.)



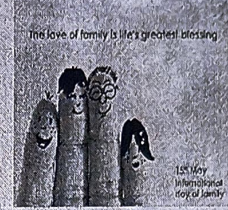
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CORDIALLY INVITE YOU FOR THE PROGRAMME ON



"International Family Day"
"Families and Climate Change"



Organized by
Department of Pharmaceutics
on
15th MAY 2024

CHIEF PATRON

Dr. S.N.V.L NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

CO-ORDINATOR

Mrs. Surinder Kaur
Assistant Professor
Department of Pharmaceutics
The Oxford College of Pharmacy

Brochure



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PREAMBLE

The Oxford College of Pharmacy, Bangalore under NSS committee celebrated "International Family Day" on 15th May 2024, Dr. Gururaj S Kulkarni HOD and Mrs. Surinder Kaur, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were 49 participants.

The "International Family Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 15th May 2024" with the theme, "Families and Climate Change". The goal is to increase awareness regarding the effects of climate change on families and encourage them to take action to mitigate these impacts. Family and community initiatives play a vital role in climate action by providing education, information access, training, and community participation

Empowering families is crucial for meaningful and effective climate action. By instilling sustainable habits and climate awareness in families, we can drive the transition to a circular economy. This year's observance aims to raise awareness of how climate change impacts families and emphasizes the role families can play in climate action. 52 participants took part in the event.

International Day of Families 2024: Origin and Significance

In 1983, the Economic and Social Council and the Commission for Social Development recommended that the United Nations focus on family issues. The UN recognised that changing economic and social structures were affecting family units worldwide. Therefore, in 1993, it officially declared May 15th as the International Day of Families.

The day aims to promote awareness of family issues, increase knowledge of the social, economic, and demographic processes affecting families, and celebrate all types of families while acknowledging their diversity and promoting inclusivity. It is also an opportunity to emphasise the importance of maintaining strong relationships with relatives, thereby benefiting both individual families and society as a whole.

International Day of Families 2024 binds us together the love that we receive from our family members helps us to grow as an individual and strength our emotional bonds. Family is the home that we grow up in and the home that we come back to when we stay far. Our family members hold us in love and affection till the end of time. They help us to grow up and become



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better individuals. The role of a family is very significant in personal development and promoting the sense of communities and social cohesion. Every year, International Day of Families is observed to raise awareness about the importance of a family.

The program started with welcoming of the audience and briefing about the significance of observing this day. The program organizer Dr. Gururaj S Kulkarni delivered speech regarding the importance of joint families and strengthening of the family bond.

Dr. Parathasarthy HOD Department of Pharmacy Practice, spoke about how the Climate change negatively affects family health and well-being through increased pollution, extreme weather events, disruptions to agriculture and food systems, and economic impacts. Families also significantly contribute to greenhouse gas emissions through electricity usage, transportation choices, food consumption, and overall consumption patterns. Urgent climate action by governments, businesses, and citizens is crucial to cut emissions and advance climate justice. Empowering families through education, changing consumption habits, and advocacy is essential for meaningful and effective climate action. Integrating circular economy principles into early childhood education can help build a sustainable economic model based on minimizing waste and regenerating natural resources. Dr. Jeena spoke about how she misses her family due to the stay in hostel. She also spoke that one must keep in touch with their family members.

The programme was concluded with a thank you note by Mrs Divya S K and she also emphasised about the importance of joint families over the nuclear families and how it could help in controlling the negative impact on the climate. The programme organiser, Mrs. Surinder Kaur, thanked the Principal, Dr. Padmaa M. Paarakh, The Oxford College of Pharmacy for giving an opportunity to conduct this programme.

Schedule:

No. of participants- 52

Timings	Event Schedule
10am	International family day



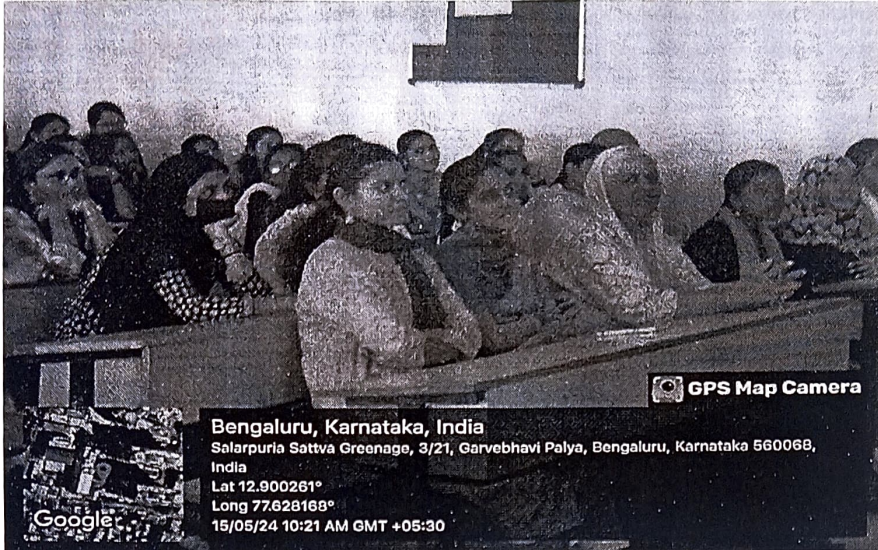
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Participants Listening to Speech

OUTCOME OF THE PROGRAMME.

The importance of celebrating the International Family Day was to bring awareness amongst the audience about the need to have joint families, which could build better ties between the members, reduce stress, improve communication, enhance cooperation and reduce expenses, sense of unity and happiness within the family. 52 participants took part in the event

The students were happy to learn these basics and got involved in spreading these concepts in the society. They were enthusiastic in making aware these concepts to the society and neighbours.



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LIST OF PARTICIPANTS

S. NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	DR GURURAJ KULKARNI	Gururaj
3.	MRS SURINDER KAUR	SRK
4.	ABARNA M	Abarna
5.	AISHWARYA B K	Aishwarya
6.	ALIYA	Aliya
7.	AMRUTHA R	Amrutha
8.	ANJUM SABA	Anjum Saba
9.	ARSHITHA L	Arshitha
10.	AZRA SULTANA	Azra
11.	CHEZHAN	Chethan
12.	CHHAGAN PATEL M	Chhagan
13.	HAMSA A S	Hamsa A.S
14.	HANUMANTHARAYAPPAGARI NEELAVATHI	Hanumanth
15.	KAREENA G	Kareena-G.
16.	KEERTHI PANDEY	Keerthi Pandey
17.	LALITHA KUMARI	Lalitha
18.	MAHESH BABU B R	Mahesh Babu B.R.
19.	MANISH J	Manish
20.	MANU KUMAR T D	Manu Kumar
21.	MS MONIKA	Ms Monika



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22.	NAYANA M E	Nayana M E
23.	PAWAN C	Pawan.C
24.	PHAMLARTIN CHARII MONSANG	Phamlartin -
25.	PRAKASH PATEL	Prakash
26.	PRASHANTH N	Prashanth.N
27.	PRIYANKA M HIPPARAGI	Prs. M
28.	PRIYANGSHU KASHYAP	Priyanshu. Kashyap
29.	RAJESH PATEL	Rajesh
30.	RAJPUROHIT MAHIPAL VASANT	Rajpurohit
31.	RAMESHKUMAR CHOUDRI	Ramesh
32.	ROHITH N	Rohith.N.
33.	SACHIN KUMAR	Sachin
34.	SANDHYA V	Sandhya
35.	SAQLANE SHARIFF	Saqlane
36.	SEMINA BEGUM	Semina
37.	SHRAVAN PATEL	Shravan
38.	SIVAKUMAR k	Sivakumar
39.	SNEHA S C	Sneha
40.	SONIYA KUMARI S	Soniya
41.	SONU MANDAL	Sonu
42.	SOUGRAKPAM GUNSON SINGH	Sougrakpam
43.	SOUNDHARYA M	Soundharya
44.	SUNITHA R	Sunitha.R



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45.	SURAJ J	<i>Suraj</i>
46.	TANAY DEY	<i>Tanay</i>
47.	USHMA GAMANGO	<i>Ushma</i>
48.	VARRA JHANSI	<i>Varra</i>
49.	VARUN SINGH	<i>Varun</i>
50.	VIKAS D	<i>Vikas</i>
51.	VINOD G	<i>Vinod</i>
52.	RAMESH ANDAPPA JAKKAL	<i>Ramesh</i>

P. Padma

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Date: 24/05/2024

CIRCULAR

All the students of The Oxford College of Pharmacy are hereby informed that The Oxford College of Pharmacy is organizing a "WORLD ANTITOBACCO DAY 2024" on 31/05/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator before 29/05/2024.

P. Padma

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Cc

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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, I CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068

DEPARTMENT OF PHARMACOLOGY

WORLD ANTI TOBACCO DAY

MAY 31ST 2024, 1:30PM-3:00PM

**THEME: PROTECTING CHILDREN FROM TOBACCO
INDUSTRY INTERFERENCE**

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs. Pallavi N,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy

“WORLD ANTITOBACCO DAY 2024” BROCHURE



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PREAMBLE:

The World Health Organization in 1987 adopted the resolution for the creation of a global observance day dedicated to the control of tobacco use. The first World No Tobacco Day was observed on May 31, 1988. The theme of the inaugural year was, "Tobacco or Health: Choose Health. World Anti-tobacco Day 2024 will give a platform to young people across the world, who are urging governments to shield them from predatory tobacco marketing tactics. The industry targets youth for a lifetime of profits, creating a new wave of addiction. Children are using e-cigarettes at rates higher than adults in all regions and globally an estimated 37 million youth aged 13–15 years use tobacco.

The content of the session

The Oxford College of Pharmacy, Bengaluru, under NSS committee organized "World Antitobacco Day 2024" on May 31st 2024 with an aim to educate our staffs and students about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The theme of the Programme was "Protecting Children from Tobacco Interference". There were 25 participants in the program.

The program was started with a welcome note by Dr. G. Venkata Kartheek Kumar Reddy, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy. Mrs. Bhavani K, Assistant Professor, Department of Pharmacology was invited to talk about the awareness of about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops and awareness of tobacco abuse and its effects to the society. II Year M. Pharm (Pharmacology), II Year M. Pharm (Pharmaceutics), II Pharm D and VI Sem B. Pharm students were participated in the Programme.

During the talk session Mrs. Bhavani K, has explained about

- ❖ Effective communication is also crucial in managing public expectations.
- ❖ Governments must convey that tax hikes are not one-off events but part of a sustained effort to keep tobacco prices increasing to motivate current smokers to quit and deter young people from starting.
- ❖ Simplifying tax rates and basing them on quantity rather than price can prevent tobacco users from switching to cheaper brands. Additionally, "soft earmarking" of tax revenues—linking increased taxes to increased health spending—can garner grassroots support for tax hikes.
- ❖ Regional collaboration can also enhance the impact of these measures, as seen in the European Union, by minimizing cross-border smuggling and fostering shared goals among countries.



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The session also involved the community engagement by conducting community event on the same day to provide supportive environment for individuals looking to quit and prepared Posters and spread awareness about quitting tobacco.

After the talk students went outside for creating awareness in public with NSS committee. The objective was to Educate the Public by Provide information on the health risks associated with tobacco use, including its impact on physical and mental health, Promoting Cessation Resources through Highlight available resources and support systems for those looking to quit smoking or using tobacco products, to advocate for stronger tobacco control policies and legislation, including restrictions on advertising and smoking in public places and raising awareness of alternatives which included the discussion on the risks of alternative tobacco products, like e-cigarettes, and promote healthier lifestyle choices.

No of participants: 25

SCHEDULE: 31st May 2024

Time Schedule	Programme
1:30 to 1:50 PM	Introduction about the topic.
1:50 to 2:10 PM	Effect of tobacco on 12-15 years children's is explained by resources person.
2:10 to 3:00 PM	Creating awareness in public with NSS committee.
3:00 to 3:15 PM	Vote of thanks

The organizer Mrs. Pallavi concluded the program with vote of thanks. She thanked Chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology and to all the other faculties and students who participated in the event and helped in its successful completion of the event.



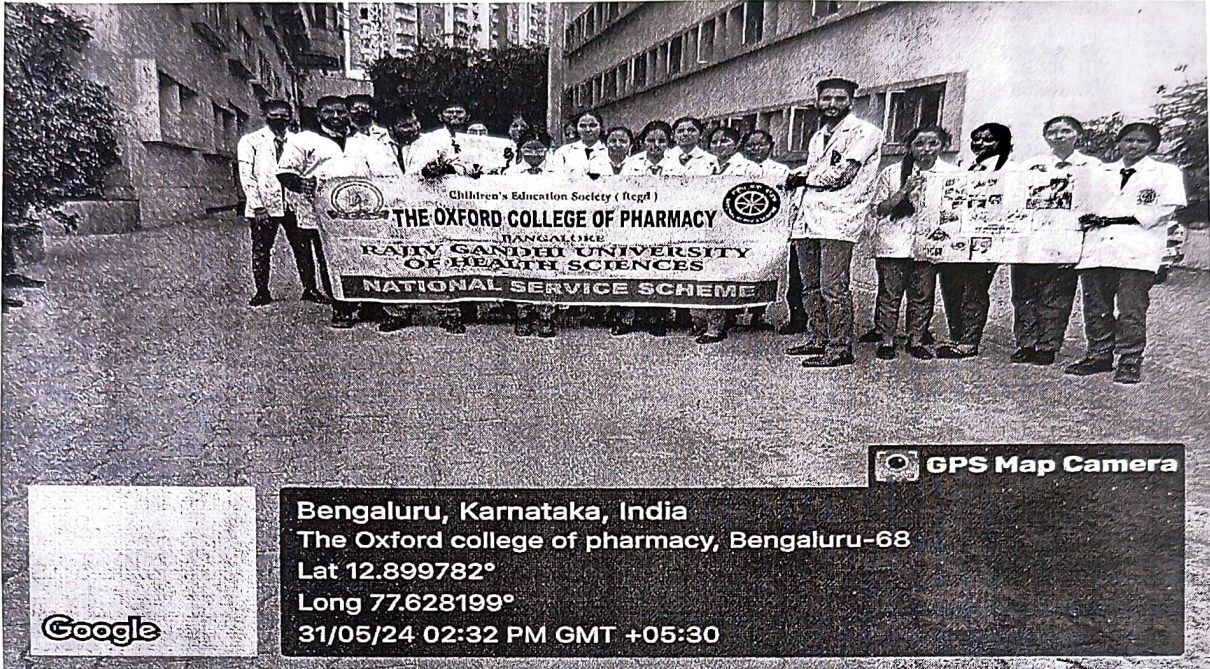
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B.PHARM STUDENTS CREATED AWARENESS IN SOCIETY



STUDENTS CREATING AWARENESS IN PUBLIC



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STUDENTS ARE EXPLAINED TO THE PUBLIC WHAT ARE THE ADVERSE EFFECT OF TOBACCO



MRS. BHAVANI K EXPLAINED ABOUT THE IMPORTANCE OF CREATING AWARENESS IN SOCIETY AND STUDENTS ARE ACTIVELY PARTICIPATED IN POSTER PRESENTATION



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OUTCOME OF THE PROGRAMME:

The World anti- tobacco Day awareness program, organized by The Oxford College of Pharmacy, achieved its objectives by educating students about the significance of adverse effect of tobacco. Students had understood the importance of no tobacco day and they have created awareness in public in the following aspects. Students Provided information on the health risks associated with tobacco use and available resources to quit smoking or using tobacco products, Explained the risks of alternative tobacco products, like e-cigarettes, and promote healthier lifestyle choices, Organized community event for individuals looking to quit and explained regarding how to utilise social media platforms that spread awareness and share personal stories about quitting tobacco.

The program's success was evident in the enthusiastic participation of 25 participants, who gained knowledge and became motivated to promote anti-tobacco awareness in the community. The positive public response and welcoming attitude towards the initiative underscore the program's impact and potential for future success.



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DATE: 01/06/2024

CIRCULAR

This is to inform all students, teaching, and non-teaching staff of The Oxford College of Pharmacy that program on “**WORLD FOOD SAFETY DAY 2024**” for the academic year 2023-2024 will be conducted on 07/06/2024. We request for the active participation for the same.

P. Padma

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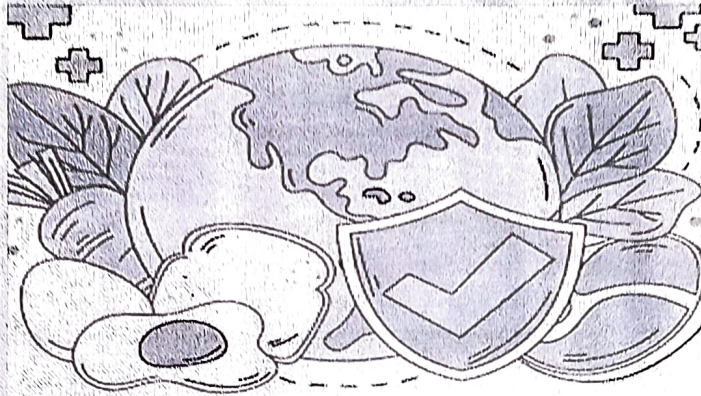
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THE OXFORD COLLEGE OF PHARMACY
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WORLD FOOD SAFETY DAY

7TH JUNE 2024

ORGANIZED UNDER NSS COMMITTEE, TOCP, BENGALURU

"PREPARE FOR THE UNEXPECTED"



Chief Patron
Dr. SNVL Narasimha Raju
Chairman,
The Oxford Educational Institutions

Convener
Dr. M Padmaa Paarakh
Principal,
The Oxford College of Pharmacy

Organizing co-ordinator
Dr Jenisha K & Dr Jeena susan saji
The Oxford College of Pharmacy



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PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated "WORLD FOOD SAFETY DAY" on 7TH June 2024, Dr Parthasarathy HOD, Dr Sri Priya C, Assistant Professor, Department of Pharmacy Practice, initiated the celebration of the program along with students. There were around 50 participants.

The content of the Session:

"World food safety day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 07th June 2024" with the theme "Prepare for the unexpected". The program started with the welcoming of the audience and briefed about the history and significance of observing this day. The program organizer Dr Parthasarathy, delivered speech regarding the importance of 'Food Safety'. The theme highlighted the importance of being prepared for food safety incidents, which will happen due to accidents, food fraud, or natural events.

The main objectives for observing this day are to spread awareness about the importance of food safety. This year's theme is 'Food safety: prepare for the unexpected.' Food safety incidents can range from minor events to major international crises, whether it is a power outage at home, a food poisoning at a local restaurant, a voluntary recall of contaminated products by a manufacturer, an outbreak from imported products, or a natural disaster. to revive the resolve to support and accept people with this condition.

The students of oxford college of pharmacy were emphasised to prepare different chart works to create awareness among the producers and food manufacturers in and around of the college campus by explaining them about the importance of food safety. Consumers needs to be empowered to practice safe food handling at home. The producers or food business operators are responsible for implementing and updating food safety management plans, including regular staff training and immediate action in cases of a food safety incident.



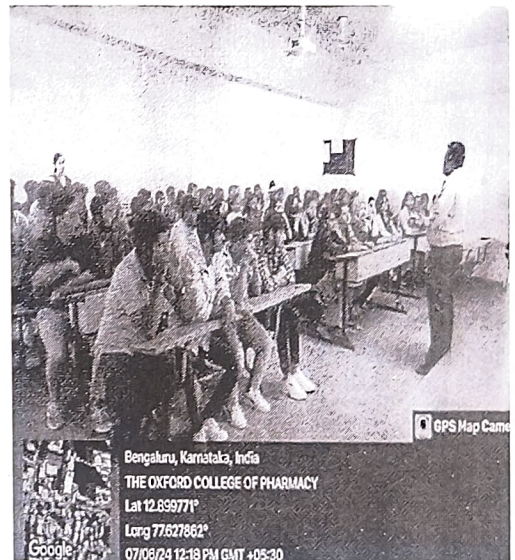
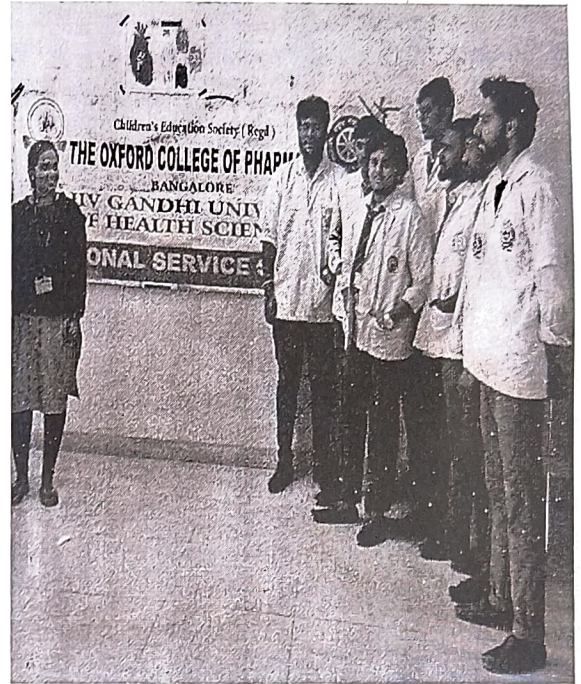
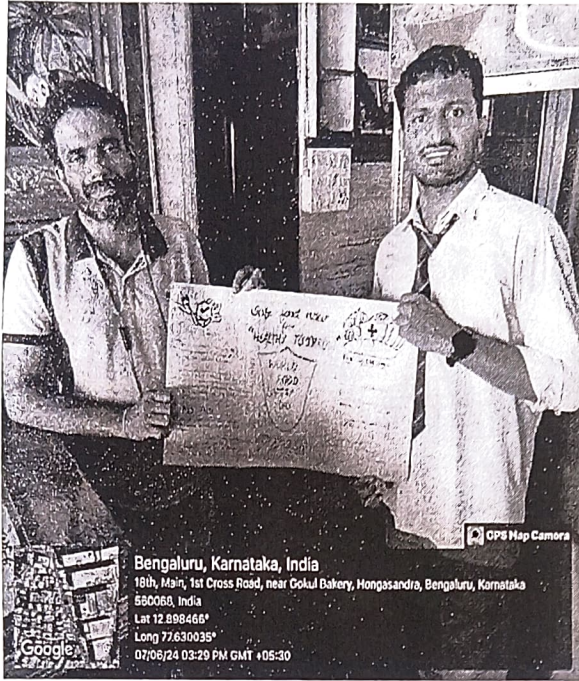
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Students creating awareness

Dr. Parthasarathy's speech about "Food Safety"



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Students creating awareness in the local community

OUTCOME OF THE PROGRAM

"Food safety is everyone's business" is the slogan of World Food Safety Day and urges the responsibility of each one of us to preserve safe food throughout the supply chain, from farm to fork. In every part of this chain, there are hazards that can cause contamination. The students were keen to spread awareness to the society via patients and public, community by passing this information gained during program. Few students got involved within their college community and arranged awareness program as part of this program of spreading. Over all 50 students participated in the Program.

END OF REPORT



Children's Education Society (Regd.)

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LIST OF PARTICIPANTS

SL.NO	NAME OF PARTICIPANT	SIGNATURE
1	MOLUNGZANG AIER	
2	HARSHDEEP SARVA	
3	KATHIRMANI RAJA S	
4	ZOMBARKAR MUSKAN	
5	ABIGAIL N MOZHUI	
6	ANIRBAN DEBNATH	
7	ASHISH ABHRAHAM	
8	DEBJIT BHAKAT	
9	DEEPTI CHOUDHARY	
10	DIMPLE G	
11	GANANESWAR RAO S	
12	HEMA NS	
13	KEERTHANA C	
14	PADMASHREE M	
15	RANJITHA REDDY S	
16	SHASHIKALA D M	
17	SHERLIN HEPZIBAH S	
18	SHUBHASHINI N	
19	SYED ALSABA HUSSAINI	
20	TINA LALLY	
21	VINISHA R	
22	DARPANA R	



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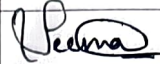
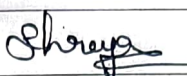
23	MHONLUMI T OVUNG	Mhonlum
24	EHTESHAM QURESHI	E
25	MANJUNATH T	M
26	CHAITHRA SHREE N	Chitra
27	CHEZHAN G K	Chethan G.K
28	DEEPAK DATTA B R	Deepak Datta B.R
29	MATHUMITHA	Mathu
30	PREMRAJ T	Premj
31	RAGAVI V	R.V
32	RAHUL V	Rahul.V
33	SAHANA K	Sahana
34	SHIVAKUMAR G	S
35	SINCHANA D P	Sinchana D.P
36	SUPRAJA R	Supraja
37	SURAKSHA R RAI	S
38	THARANISHREE K	Tharanishree K
39	VISHAL SASI KANNAN	Vishal
40	PRATHIBA V	Prathiba
41	BHUVENESHWARI R	Bhuvaneswari R
42	BINDU R	Bindu
43	CHRISTINA JAMES	C
44	RAJDEEP KAUR	Rajdeep
45	ARINDHAM DEY	Arindham
46	HARSHITHA	Harshitha
47	SARAVANAGIRI	Saravanagiri



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48	SARAVANAN	
49	SEEMA	
50	SHREYAA DATTA	



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Date: 12/06/2024

CIRCULAR

This is to inform all students and teaching faculty that the Department of Pharmacology is organizing a "WORLD BLOOD DONOR DAY 2024" at The Oxford College of Pharmacy on 14/06/2024. We are conducting an awareness program. So, we request the active participation of students and give your names before 13/06/2024.

P. Padma
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CHILDREN'S EDUCATION SOCIETY (Regd.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru-560068
Celebrates
WORLD BLOOD DONOR DAY 2024
Safe Blood Saves Lives
on
14.06.2024
Organized by
The Department of Pharmacology, TOCP
Venue: The Oxford Medical College Hospital & Research Centre, Bengaluru

Chief Patron Dr. S.N.V.L. Narasimha Raju Chairman The Oxford Educational Institutions	Convener Dr. Padmaa M. Paarakh Principal The Oxford College of Pharmacy	Organizing Team Dr. A. Muthukumar Mrs. Pallavi Department of Pharmacology The Oxford College of Pharmacy
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BROCHURE



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PREAMBLE:

World Blood Donor Day, observed annually on June 14th, the NSS Committee and the Department of Pharmacology at The Oxford College of Pharmacy endeavor to raise awareness about the critical importance of blood donation. We take this opportunity to express our sincere appreciation to voluntary blood donors for their invaluable contributions to saving countless lives. There were 26 participants.

Blood donation is a selfless and essential act that has a profound impact on public health. Despite its significance, many countries continue to experience blood supply shortages, highlighting the urgent need to promote regular blood donation. By fostering awareness, we can encourage more individuals to participate in this life-saving initiative.

The objective of World Blood Donor Day is to raise awareness about the vital importance of blood donation and its role in saving lives, encourage voluntary blood donations to increase the number of donors globally, acknowledge and express gratitude to those who donate, and foster a culture of regular blood donation as a habit. Additionally, the day aims to strengthen partnerships and collaborations among blood transfusion services, governments, and non-governmental organizations to promote the act of donating blood further.

Number of participants: 26

Schedule:

Time Schedule	Program
11:00 to 11:30 PM	Introduction / Welcome address
11:30 to 1:30 PM	Importance of Blood and Blood donation
2:00 to 3.20 PM	Creating awareness for blood donation to the community
3:20 to 3:30 PM	Vote of thanks



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The program commenced with a warm welcome address by Dr. Muthukumar A, Program Organizer, and an inaugural speech from Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy. Dr. Noopur Srivastava, Head of the Department of Pharmacology, delivered an informative presentation on the significance of blood donation. Dr. Naveen Kumar BJ, Professor and Head of the Department of Pathology at The Oxford Medical College Hospital and Research Centre, Attibele, Bangalore, explained the importance of unpaid blood donation in achieving universal access to safe blood transfusion. He also elaborated on the program's objectives, which include promoting a culture of regular blood donation among young people and the general public and increasing the diversity and sustainability of the blood donor pool.

Dr. Naveen Kumar BJ presented certificates to the individuals who donated blood at The Oxford Medical College Hospital and Research Centre, Bangalore. A significant number of Pharm.D students contributed to the blood bank.

The students actively participated in various disciplines, including Pharm.D and M.Pharm.

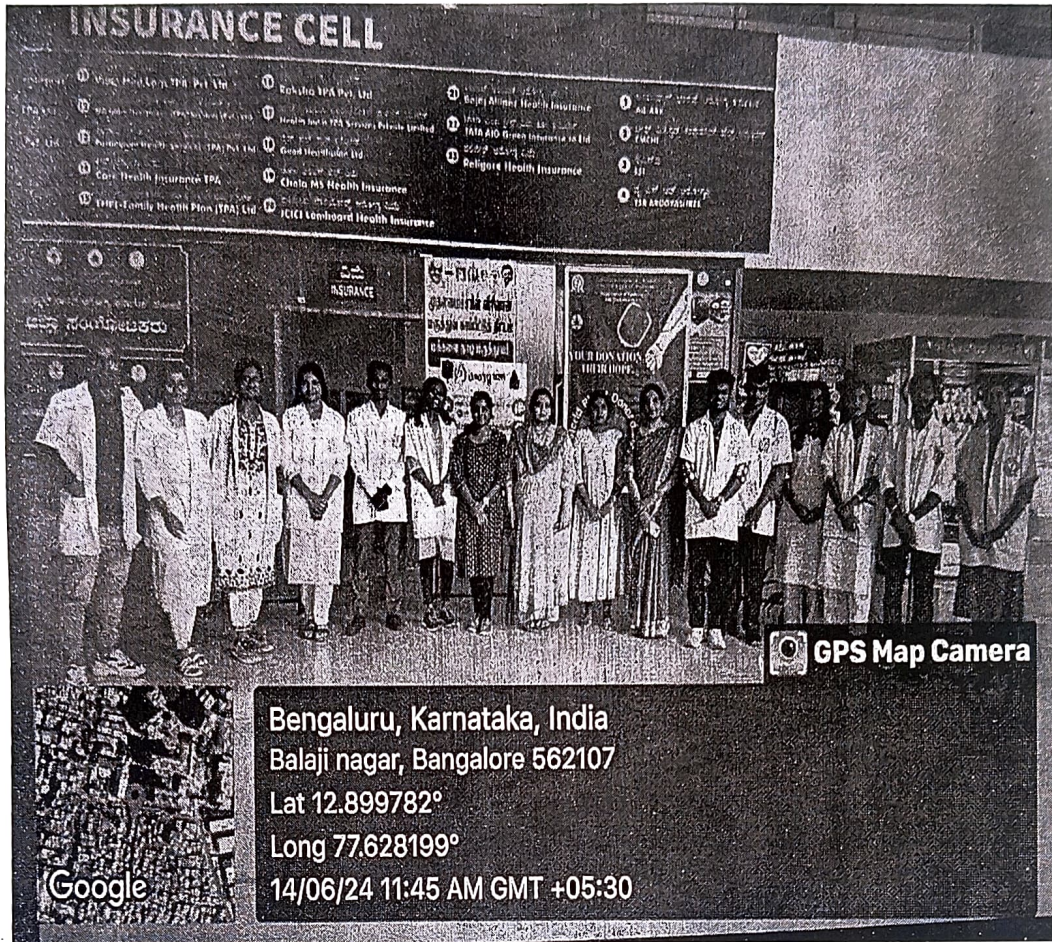
Mrs. Pallavi N, the organizer, concluded the program with a vote of thanks. She expressed gratitude to Chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, Dr. Noopur Srivastava, Head of the Department of Pharmacology, and all the faculty members and students who contributed to the program's success.



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Blood donors and organizing team



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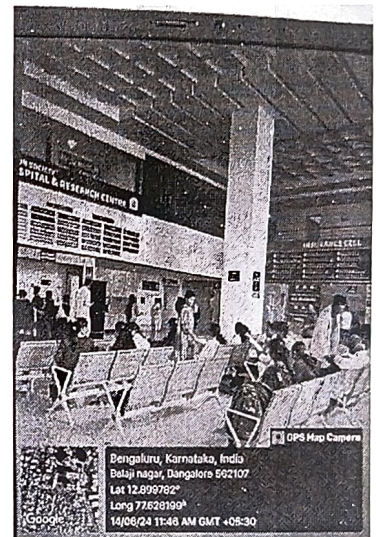
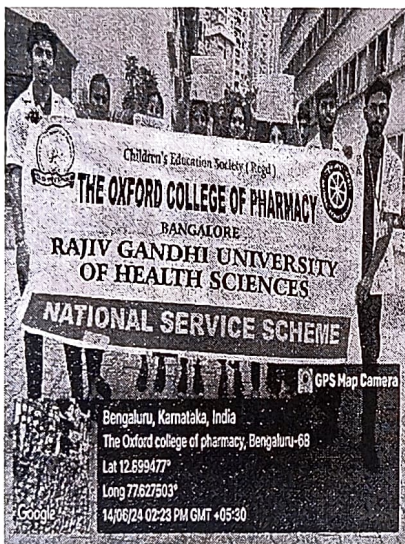
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Dr. Naveen Kumar BJ presented certificates to the Donors.



Students' active participation

Student interaction with the community



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OUTCOME OF THE PROGRAM

The World Blood Donor Day awareness program organized by the NSS unit, the Department of Pharmacology, The Oxford College of Pharmacy effectively achieved its objectives by educating students on the critical importance of blood donation, its benefits, and the necessity of regular contributions. The initiative successfully raised awareness within both the student body and the wider community, fostering a sense of social responsibility and inspiring students to become ambassadors for blood donation awareness. With enthusiastic participation from 26 students and staff, the program provided an invaluable platform for community engagement and education. The overwhelmingly positive public response underscores the program's impact and highlights its potential for continued success in future endeavors.



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LIST OF PARTICIPANTS

SL.NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR. PADMAA M PAARAKH	P. Padma
2.	DR. A. MUTHUKUMAR	A. Muthu
3.	MRS. PALLAVI	Pallavi
4.	SAURABH SINGH	Saurabh Singh
5.	GIRISHADITHYA. A	G.R.A.
6.	ADARSH S KUMAR	Adharsh Kumar
7.	DEEPAK CHOUDERY. S	Deepak S.
8.	SAFREEN. T.A	Safreena.
9.	ARINDAM DEY	Arindam Dey.
10.	BABISHA R	Babisha R
11.	BHAVYASHREE N	Bhavya
12.	DHARUN BALA. L	DharBalal.
13.	FARHANA. A.A	Farhana.
14.	HARSHITHA. A	Harsh
15.	LIKITHA CHANDRASHEKAR	Likitha
16.	NEETHU. T.P	Neethu T.P
17.	NISHANTH. K.K	Nishanth K.K
18.	NIZAMUDDIN	Nizamuddin
19.	NUNGSHICHILA A JAMIR	Nungsh
20.	PRADEEP. S	Pradeep
21.	RISHIKA GUPTA	Rishika Gupta.
22.	RUDRAMBIKA. M	Rudrambika
23.	SARAVANAGIRI. A	Saravani
24.	SARAVANAN. M	Saravanan M
25.	SEEMA. S.L	Seema.
26.	SHREYAA DATTA	Shreyaa

P. Padma

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DATE: 12/06/2024

CIRCULAR

All the students, teaching and non-teaching staff of The Oxford College of Pharmacy are hereby informed that program on “INTERNATIONAL YOGA DAY 2024” for the Academic Year 2023-24 will be conducted on 21/06/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

CORDIALLY INVITES YOU FOR
"INTERNATIONAL YOGA DAY 2024"
Organized by
Department of Pharmaceutics
on
21/06/2024
SPEAKER: Dr Manjunath, Professor
THE OXFORD COLLEGE OF ENGINEERING
Time :11.00-1.00PM

CHIEF PATRON

Dr. S.N.VL NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

CO-ORDINATOR

MRS NAGALAKSHMI R, Asst. Professor
MRS DIVYA S KUMAR, Asst. Professor
Department of Pharmaceutics
The Oxford College of Pharmacy



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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore observed "International Yoga Day" on 21st June 2024, Mrs R Nagalakshmi, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 112 participants in total.

The content of the Session:

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "INTERNATIONAL YOGA DAY 2024". The theme for this year was "Yoga for Self and Society". For this program, our college students as well as our sister concern college students also participated the event with full enthusiasm. The session started with the addressing of participants by our beloved Principal Dr Padmaa M Paarakh, who briefed the participants with the importance of practicing yoga every day for better health and mind well-being on this occasion of International Yoga Day and its importance in students' life. The session was then followed by the addressing by Dr Manjunath, Professor, The Oxford College of Engineering, regarding the benefits of Yoga in boosting the mental and physical well-being with different Yogas. He also emphasized how the daily practice of yoga by individuals will foster the societal harmony.

The event continued with the demonstration of few asanas of yoga and its benefits by the student volunteers from The Oxford College of Physiotherapy and Mr Rajamouli M, PT Teacher. The benefits of yoga like reduction of stress, mental clarity, overall physical fitness etc. The participants showed great enthusiasm in performing the different asanas. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. Few charts were also displayed showcasing the benefits of yoga, steps of Surya-namaskar etc.

The program further continued by visiting near residential areas to spread the awareness about Yoga and its benefits to the society by our college students. Few students volunteer briefed the elders regarding the importance of yoga and its benefits for the overall well-being.

No. of participants:112

Schedule

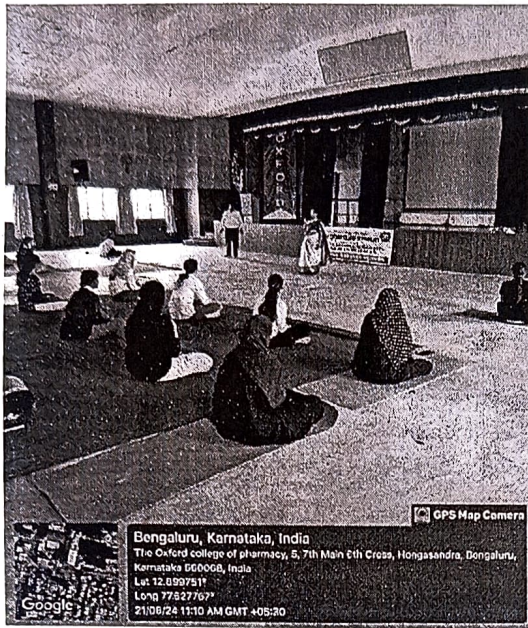
Timings	Event Schedule
11.00 am	International Yoga Day



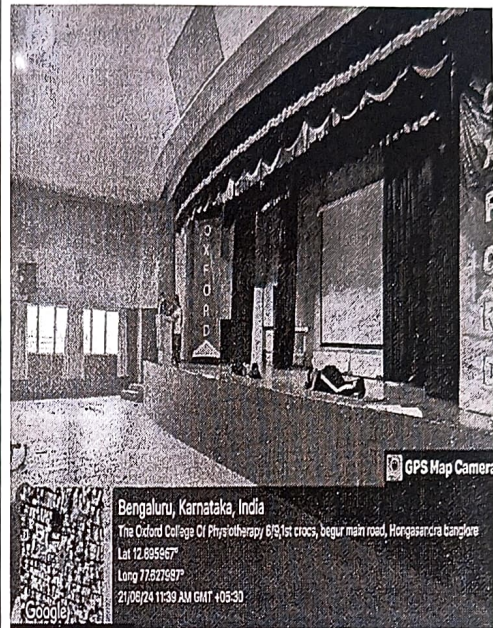
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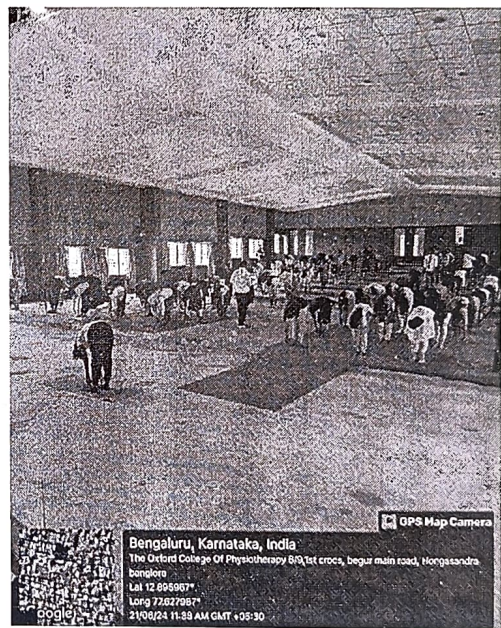
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Speakers of the Session



Volunteers Demonstrating Yoga



Participants enthusiastically performing Asanas



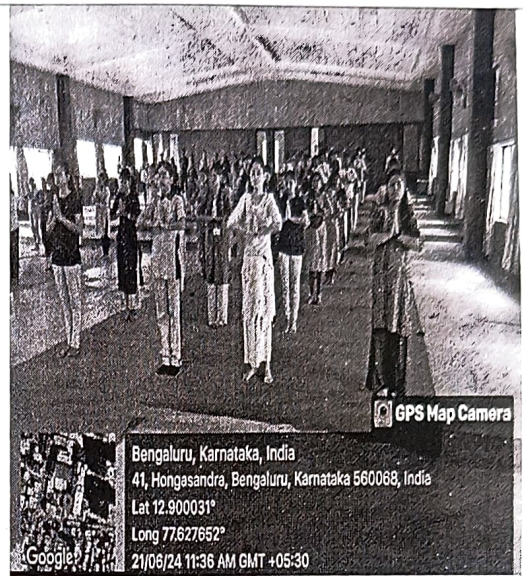
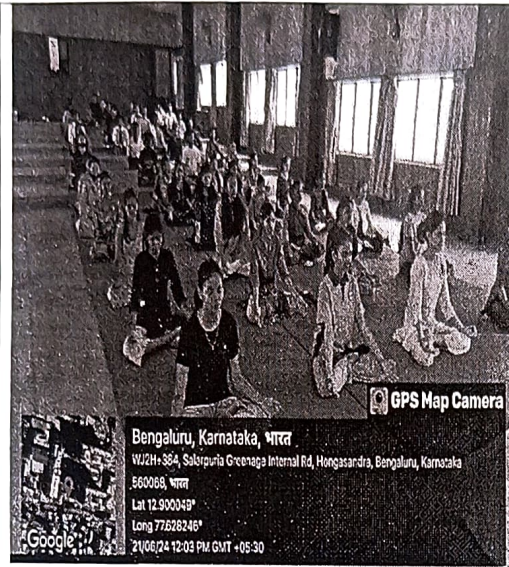
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Participants performing Asanas



Organizing team and few participants



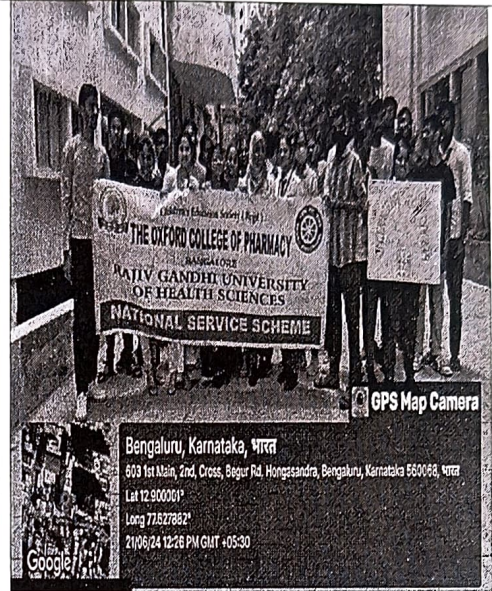
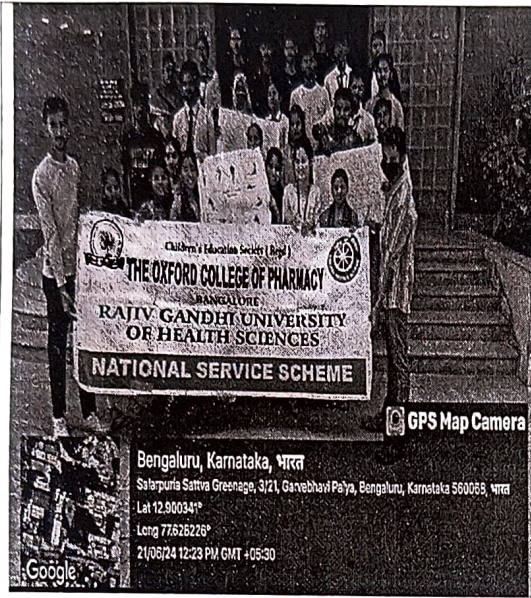
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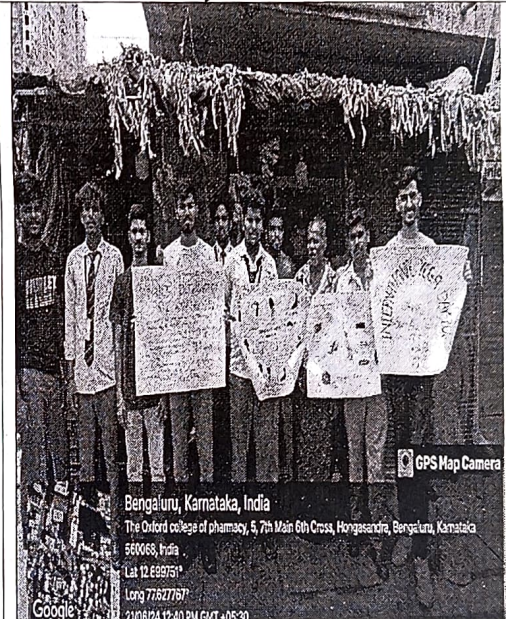
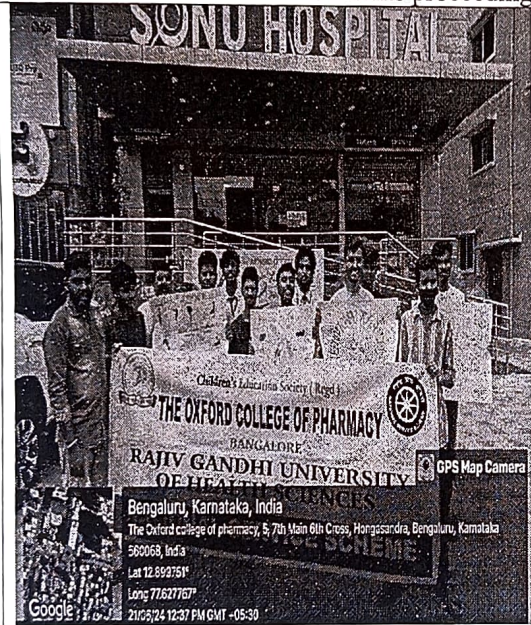
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Students proceeding to outreach the society



Students spreading awareness



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OUTCOME OF THE PROGRAM

The International Yoga Day was observed successfully. All the 112 participants, were benefitted by the session organized by the NSS committee, The Oxford College of Pharmacy. The session facilitated awareness regarding the benefits of yoga in the total well-being of individual and creating societal harmony. It also helped in fostering the sense of unity as participants came from different background. The participants knowledge and awareness were raised about the physical, mental and spiritual benefits of yoga. The participants also shown keen interest in taking forward the spreading of awareness to the near neighbourhood so that this holistic approach of balanced life style can reach to every nook and corner for creating an overall societal harmony.

END OF REPORT



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Date: 20/03/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness session on 'WORLD WATER DAY-2024' for the Academic Year 2023-24 will be conducted on 22/03/2024. We look forward for the active participation for the same. All interested students are requested to give your names to the event co-ordinator.

P. Padma
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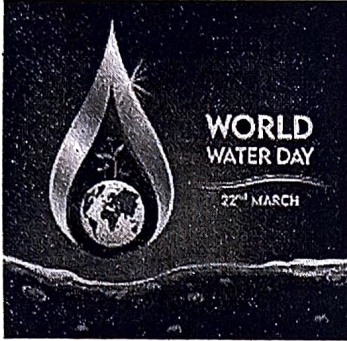
CELEBRATING WORLD WATER DAY-2024

"Leveraging Water for Peace"

Organized Under NSS, The Oxford College of Pharmacy

Conducted On 22ND MARCH 2024

SPEAKER: Dr. SHAMLIQ AHAMMED, DEPT OF
ORTHODONTICS, THE OXFORD DENTAL COLLEGE.



PAIRON

Dr. S. N. V. L. NARASIMHARAJU
CHAIRMAN,
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER

Dr. PADMA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

Dr. G. NAGALAKSHMI,
Mr. AKSHAY,
THE OXFORD COLLEGE OF
PHARMACY

Brochure



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, under NSS committee observed "World Water Day-2024" on 22nd March 2024, with the aim to emphasizing the necessity of taking stern action to address the global water crisis. Dr. G. Nagalakshmi, Associate Professor and Mr. Akshay, Assistant Professor, Department of Pharmaceutical Chemistry, initiated the celebration of the program along with students. There were around 109 participants.

The content of the Session:

"World Water Day-2024" celebration was organized by The Oxford College of Pharmacy, Bangalore on 22nd March 2024 with the theme "Leveraging Water for Peace". The program started with the welcoming of the audience and introduction of the Speaker of the day Dr. Shamliq Ahammed, Assistant Professor, Department of Orthodontics, The Oxford Dental College. The speaker briefed about the history and significance of observing this day. The main objective of World Water Day is to inspire people to sustainably manage the freshwater resources and learn more about water-related issues. The UN said, "Billions of people and countless schools, businesses, healthcare centers, farms and factories don't have the safe water and toilets they need. There is an urgent need to accelerate change-to go beyond business as usual". To highlight the importance of water and raise awareness about the global water crisis, World Water Day is being observed on March 22 every year. According to the United Nations website, the idea behind celebrating the day is to "support the achievement of sustainable development goal (SDG) 6: water and sanitation for all by 2030.". According to UN, at present, one in four people (two billion people worldwide)-lack safe drinking water. Around 1.4 million people die annually and 74 million will have their lives shortened by diseases related to poor water, sanitation and hygiene. However, there are various factors that need to be taken into consideration which is being emphasized on World Water Day-2024 were also briefed by the speaker such as

- Take shorter showers and don't let the tap run when brushing my teeth, doing dishes and preparing food.
- Share water fetching between women and men, girls and boys.



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- Fix leaking water and waste pipes, empty full septic tanks and report dumping of sludge.
- Don't put food waste, oils, medicines and chemicals down my toilet or drains.
- Buy local, seasonal food and look for products made with less water.
- Find out where my water comes from and how it is shared, and visit a treatment plant to see how my waste is managed.
- Plant a tree or create a raingarden-use natural solutions to reduce the risk of flooding and store water.
- Take part in clean-ups of my local rivers, lakes, wetlands or beaches.
- In the session, students too actively shared their thoughts and taken the pledge to conserve water.

No of participants: 105 participants

Schedule: On 22nd March 2024.

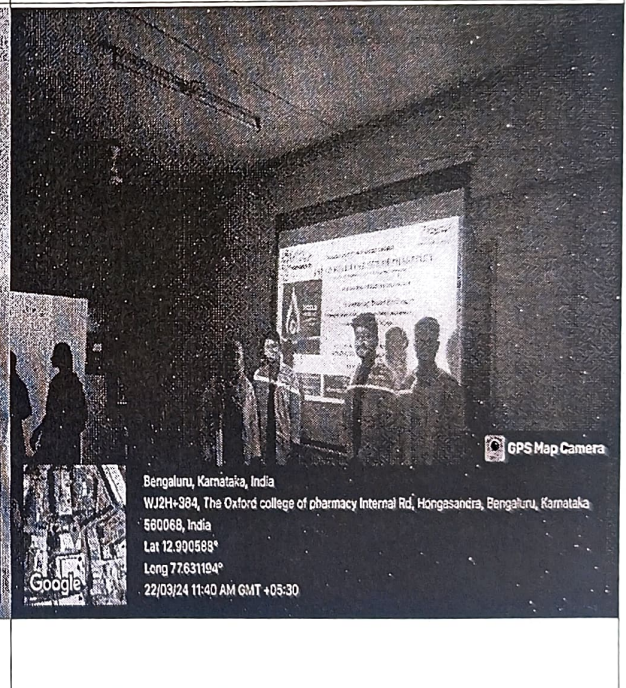
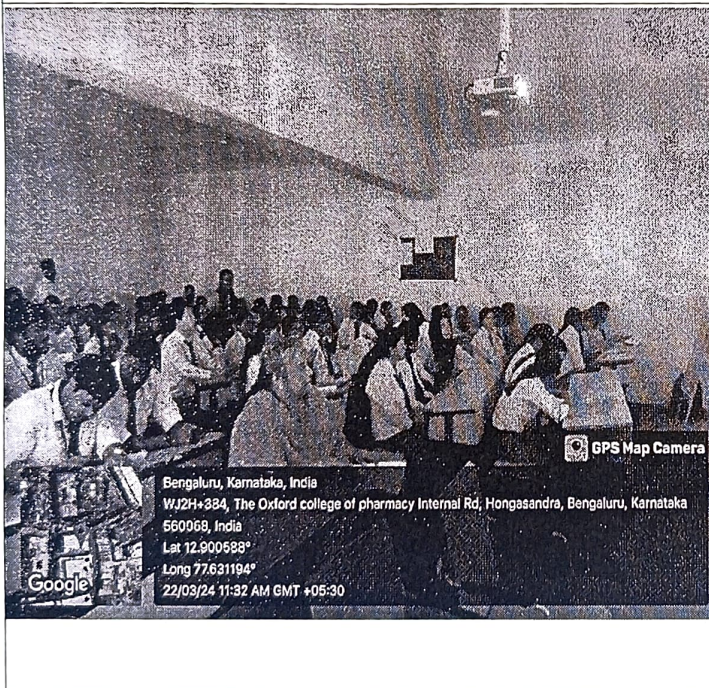
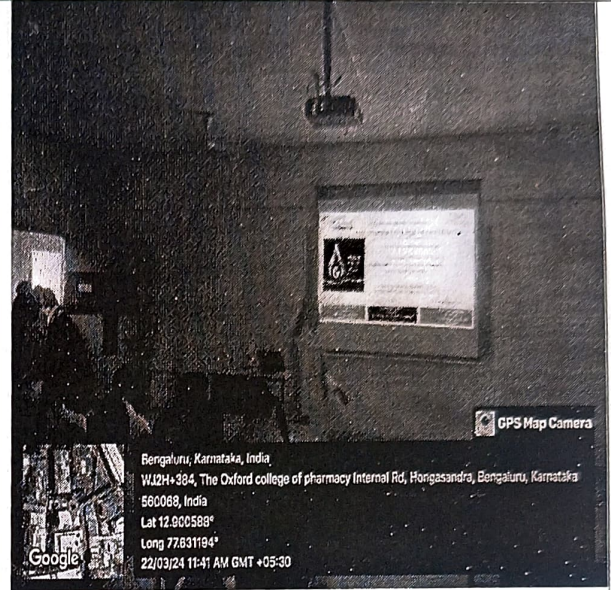
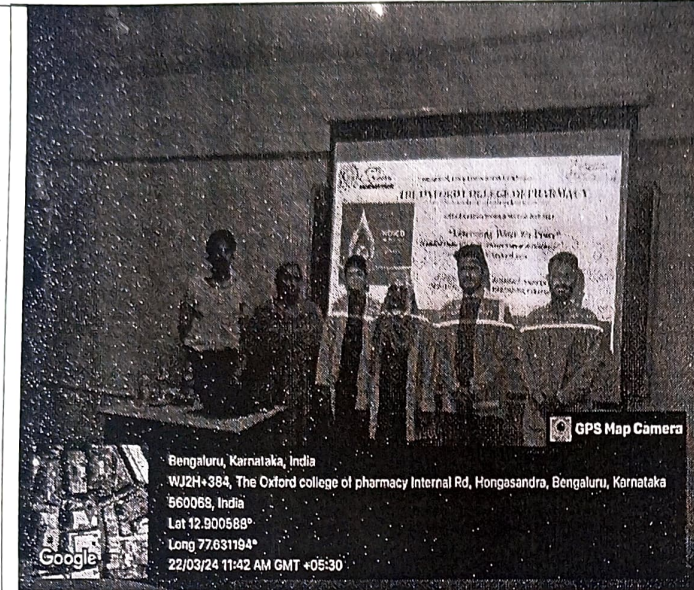
Time Schedule	Programme
10:00 am	"WORLD WATER DAY-2024"



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Speaker Delivering a Talk on “World Water Day”



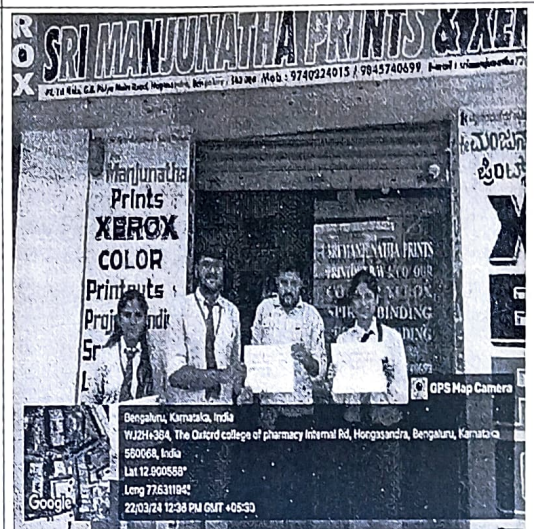
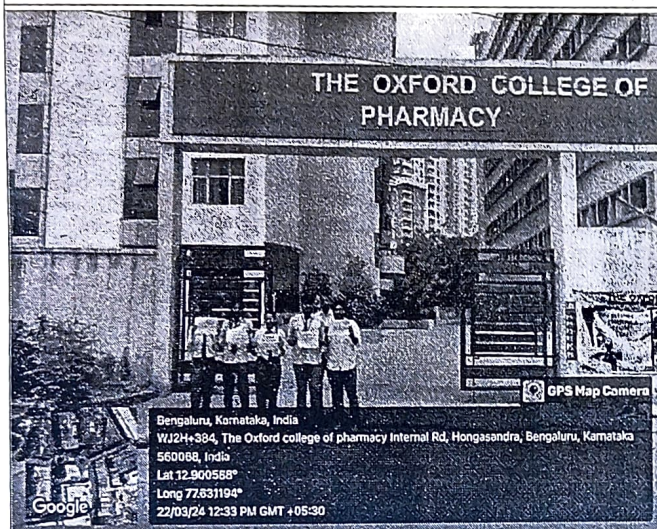
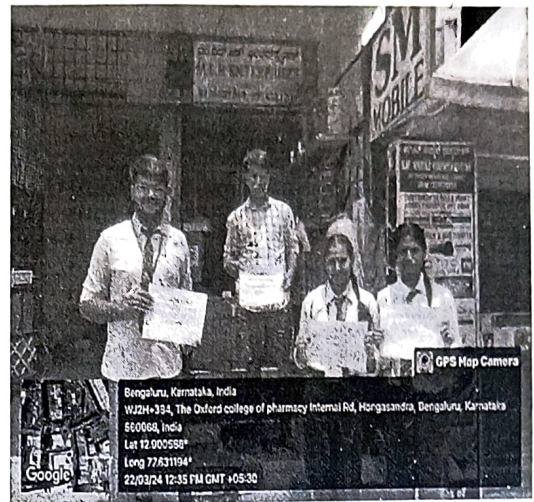
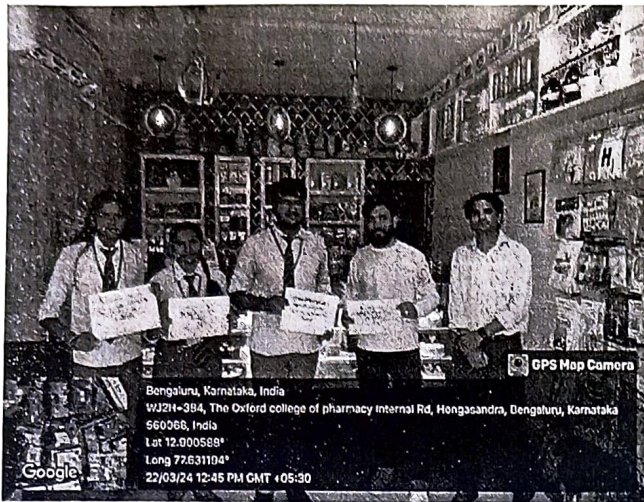
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Students Raising Public Awareness on World Water Day



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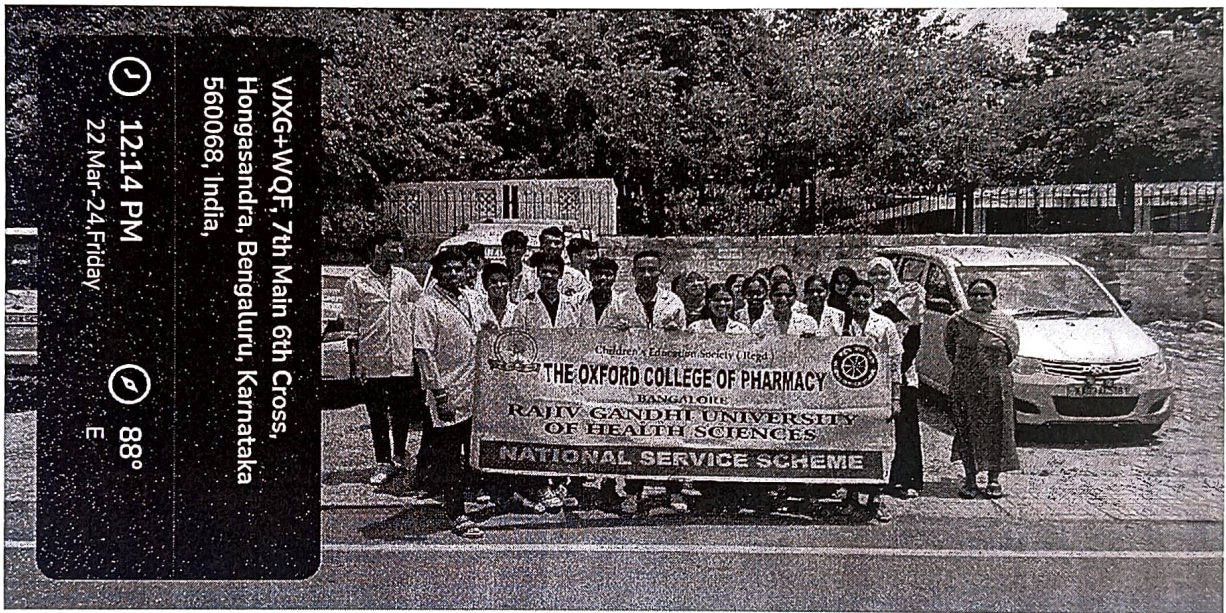
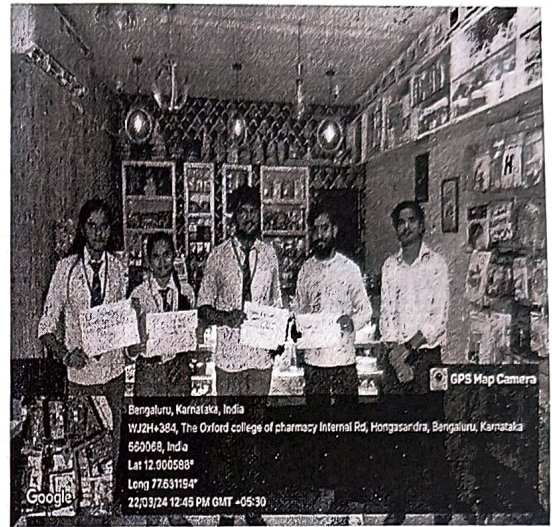
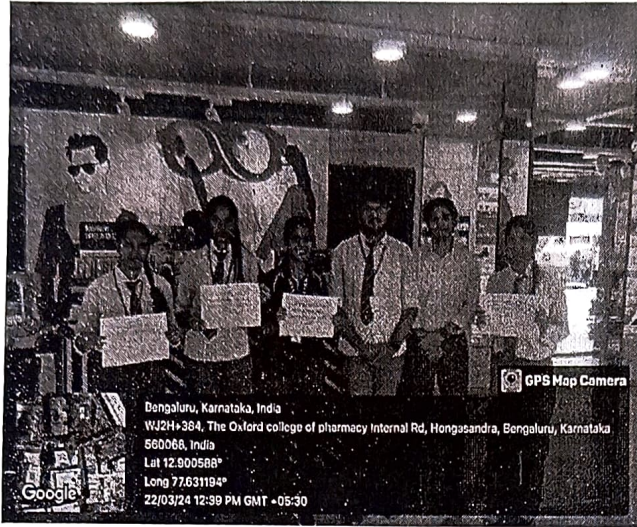


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Students Raising Public Awareness on World Water Day



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OUTCOME OF THE PROGRAMME

The program successfully reached the individuals and significantly increased the awareness about global water crisis. Totally 105 participants attended the session. Attendees gained valuable knowledge about to maintain the freshwater resources and learn more about water-related issues. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in water-related discussions. To build on this success, students too actively shared their thoughts and taken the pledge to conserve water. Students along with the faculties created awareness in the local community which was highly appreciated by the public.

END OF REPORT



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DATE: 5/03/2024

CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that programme on “**International Women’s Day 2024**” for the Academic Year 2023-24 will be celebrated on the 9th of March 2024. All are requested to assemble in the room number 501 at 12:00 PM. We look forward for the active participation for the same.

P. Padma
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The Oxford College Of Pharmacy
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Bangalore - 560 068

Cc

1. Office

2. All Departments



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PREAMBLE

On 9th March, 2024, The Oxford College of Pharmacy, Bengaluru, under NSS committee organized International Women's Day with the theme "Invest in women: Accelerate progress". There were 87 participants in the program. On International Women's Day 2024, we stand united to celebrate the remarkable achievements of women around the globe and reaffirm our commitment to gender equality. This year's theme, "Invest in Women: Accelerate Progress," underscores the urgent need to prioritize investments in women's empowerment, education, and opportunities. By unlocking the full potential of women and girls, we can accelerate progress towards a more just, equitable, and prosperous world for all. Today, we honour the trailblazers who have shattered barriers and paved the way for future generations, while also recognizing the ongoing challenges that women continue to face. Together, let us recommit to building a future where every woman and girl can thrive, contribute, and lead with dignity and equality.

The Content Of The Session

The program commenced with welcoming the audience and a speaker delivering remarks on the significance of the day. Dr. Padmaa M Paarakh, the Principal, addressed the students, emphasizing the importance of International Women's Day and their societal responsibilities. A photobooth competition was held, with active participation from students, and winners were announced. The dress code of pink or purple added to the event's charm. The program was attended by 83 students from B. Pharm and M. Pharm, along with staff. Mrs. Adithi, the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.



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No. of participants- 87

Timings	Schedule of events
12.00pm	Speaker delivering speech on women's day
12.15pm	Photobooth competition

WINNERS LIST:

FIRST PRIZE: Dhanshekar M K , Nisha S , Pratik Jain (7th Sem B.Pharm)

SECOND PRIZE: Abhinaya, Lakshmi, Weizel (II Pharm D)

THIRD PRIZE: Anitha M, Swathi S, Sasipriya P (II D Pharm)

Shreya, Fathima, Sannidhi (III Sem B.Pharm)



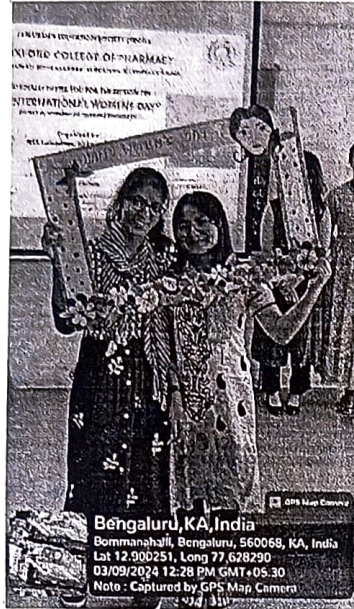
Judgement of the Photobooth competition



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Students participated in the Photobooth Competition



Women's day celebration with Faculties



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OUTCOME OF THE PROGRAM

The outcome of International Women's Day program was resoundingly positive, with the active participation of 87 participants as it succeeded in inspiring and encouraging women across community. The Photobooth competition, a highlight of the event, ignited enthusiasm among all our students and staff, fostering a sense of unity and celebration of women's achievements.



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LIST OF PARTICIPANTS

S.NO.	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS ADITI	Aditi.
3.	MRS SURINDER KAUR	S.K.
4.	MRS NAGALAKSHMI	Nagalakshmi
5.	A D NANDINI	Ad
6.	AMULYA R	Amulya
7.	APOORVA N	Apoorva.
8.	ARCHANA S	Archana
9.	CHETHAN M	Chethan.
10.	DHARSHINI J	Dharshini
11.	DIVYA C K	Divya
12.	GAYATHRI N BIRADAR	Gayathri
13.	HARSHITHA P	Harshitha
14.	HARSHITHA R	Harshitha.
15.	IQRA	Iqra
16.	JEEVITHA S	Jeevitha
17.	K LAKSHMI	Lakshmi
18.	KUMARI MUSKAN	Muskan
19.	MADHURA R	Madhura
20.	MANASA S	Manasa
21.	MONISHA M	Monisha
22.	NOOR AYESHA L	Noor Ayesha
23.	RESHMA J	Reshma
24.	ROHAN B	Rohan
25.	ROOPA SHREE N	Roopa S
26.	S G SHREYA SHREE	Shreya
27.	SANNIDHI J KULKARNI	Sannidhi
28.	SHABARI B E	Shabari
29.	SHAIK BRIZEES FATHIMA	Shaikees
30.	SHOBHA	Shobha
31.	SNEHA BISWAS	Sneha
32.	SONIYA PATEL	Soniya
33.	SOWJANYA M	Sowjanya
34.	VEENA S	Veena
35.	VINUTHA K	Vinutha
36.	CHANDANA SIRIPUREDDY	Chandana Siripureddy
37.	ANITHA M	Anitha



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38.	ANUSHREE M	<i>A</i>
39.	AYESHA SIDDIQUA	<i>Ayesha</i>
40.	BIBI ASIYA	<i>Bibi</i>
41.	CHANDANA RAJ N	<i>Chandana</i>
42.	HEMASHREE Y	<i>Hem</i>
43.	JASIRA T S	<i>Jasira T.S</i>
44.	KEERTHI GOWDA M	<i>Keerthi</i>
45.	K M VARSHA PATEL	<i>k.M.Varsh.</i>
46.	LAKSHMI D	<i>Lakshmi</i>
47.	LAVANYA D	<i>Lp</i>
48.	MUNAVARA PARVEEN A	<i>Munava</i>
49.	NOOR AYESHA N	<i>Noor</i>
50.	SASIPRIYA P	<i>Sasi</i>
51.	SHER BANU	<i>Sher</i>
52.	SNEHA M	<i>Sanyane</i>
53.	SRI SANJANA S	<i>Sri</i>
54.	SRIVIDHYA M	<i>Sri</i>
55.	SWATHI S	<i>Swathi</i>
56.	SUSHMITHA S	<i>Sushma</i>
57.	RENUKHA	<i>Renuka</i>
58.	ZOMBARKAR MUSKAN	<i>Zombarkar</i>
59.	ABIGAIL N MOZHUI	<i>Abigail</i>
60.	DEEPTI CHOUDHARY	<i>Deepti</i>
61.	DIMPLE G	<i>Dimple</i>
62.	HEMA N S	<i>Hema</i>
63.	KEERTHANA C	<i>Keerthana</i>
64.	PADMASHREE M	<i>Padmashree</i>
65.	RANJITHA REDDY S	<i>Ranjitha</i>
66.	SHASHIKALA D M	<i>Shashikala</i>
67.	SHERLIN HEPZIBAH S	<i>Sherlin</i>
68.	SHUBHASHINI N	<i>Shubhashini</i>
69.	TINA LALLY	<i>Tina</i>
70.	VINISHA R	<i>Vinisha</i>
71.	DARPANA R	<i>Darpana</i>
72.	MHONLUMI T OVUNG	<i>Mhonlumi</i>
73.	VARSHA M	<i>Varsha</i>
74.	ABHIRAMI P PILLAI	<i>Abhirami</i>
75.	AFRAH FATHIMA	<i>Afrah</i>
76.	AIJINGHUN UMSONG	<i>Aijinghun</i>
77.	ARUSHI NAIR	<i>Arushi</i>
78.	BHAVANA M REDDY	<i>Bhavana</i>
79.	HARSHITHA G S	<i>Harshitha</i>
80.	HASHUBA N	<i>Hashuba</i>
81.	HEENA K	<i>Heena</i>



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82.	KEERTHI REDDY M	<i>Keerthi M</i>
83.	KIRUBA EVANJALIN M	<i>Kiruba</i>
84.	RAKSHITHA K C	<i>Rakshitha K C</i>
85.	UTTARA S	<i>Uttara S</i>
86.	VEDHA SHREE K S	<i>Vedha</i>
87.	VENCY V	<i>Vency V</i>

END OF REPORT

P. Padma
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Bangalore - 560 068



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Date: 30/11/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on "OBSERVANCE OF WORLD AIDS DAY" will be conducted on 01/12/2023. We look forward for the active participation for the same.

P. Padma
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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED PROGRAMME**

ON

“OBSERVANCE OF WORLD AIDS DAY”

ON

FRIDAY 1ST DECEMBER 23

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "OBSERVANCE OF WORLD AIDS DAY" for the students and teaching faculties. As offline session became a part of the process, the event was organized in 5th floor 501.

The content delivered in the session is as follows:

The event started with a awareness session by Dr. Muthu Kumar and the pledge regarding the same was taken, later the event was followed by poster presentation. The theme for the year was "LET COMMUNITIES LEAD". The entire program was coordinated by Assistant professor Mrs. R. Nagalakshmi gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to fight against AIDS. There were around 60 participants.



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



CORDIALLY INVITE YOU ON OBSERVANCE OF

"WORLD AIDS DAY"

Theme

"LET COMMUNITIES LEAD"

Organized by

NSS Committee, Bangalore

on

01st December 2023, at 02:20 PM.



CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENES

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

NSS CO-ORDINATOR

Mrs. NAGALAKSHMI R
Assistant Professor
The Oxford College of Pharmacy



CHILDREN'S EDUCATION SOCIETY (REGD.)

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1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



PLEDGE

("I pledge to stop HIV stigma by learning more about HIV and sharing that knowledge with others. If we all do our part, we can stop HIV together")



CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

NSS CO-ORDINATOR

Mrs. NAGALAKSHMI R
Assistant Professor
The Oxford College of Pharmacy

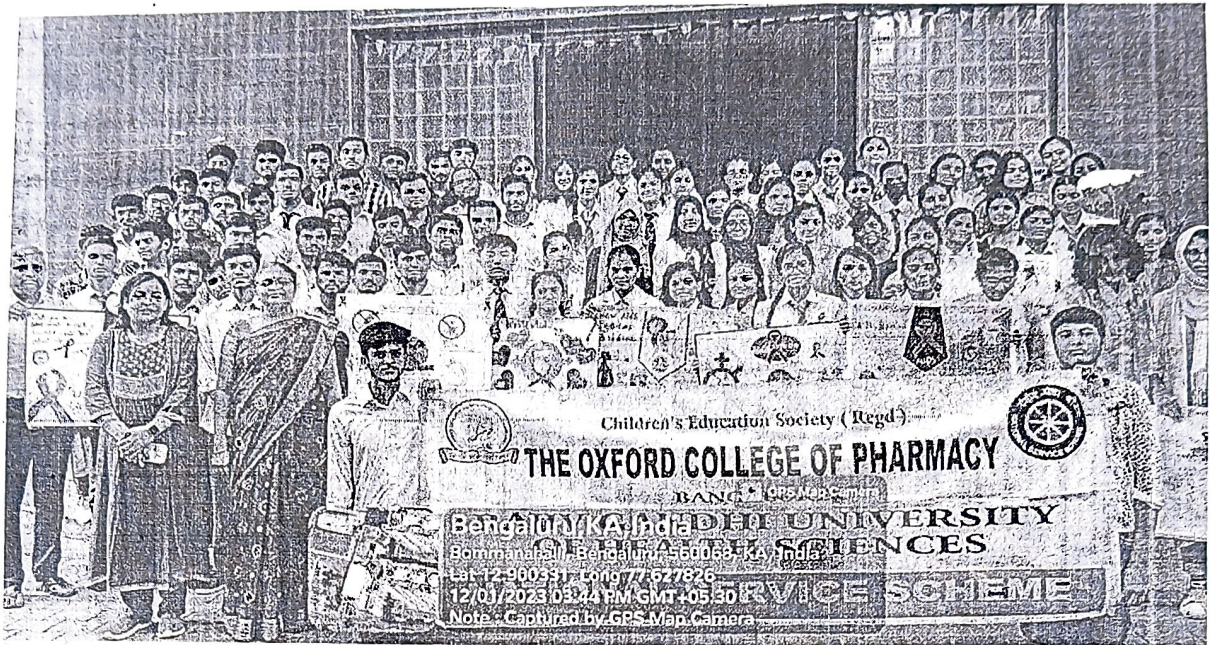


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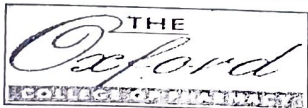
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NSS volunteers involved in – World Aids Day



World Aids Day program at the college



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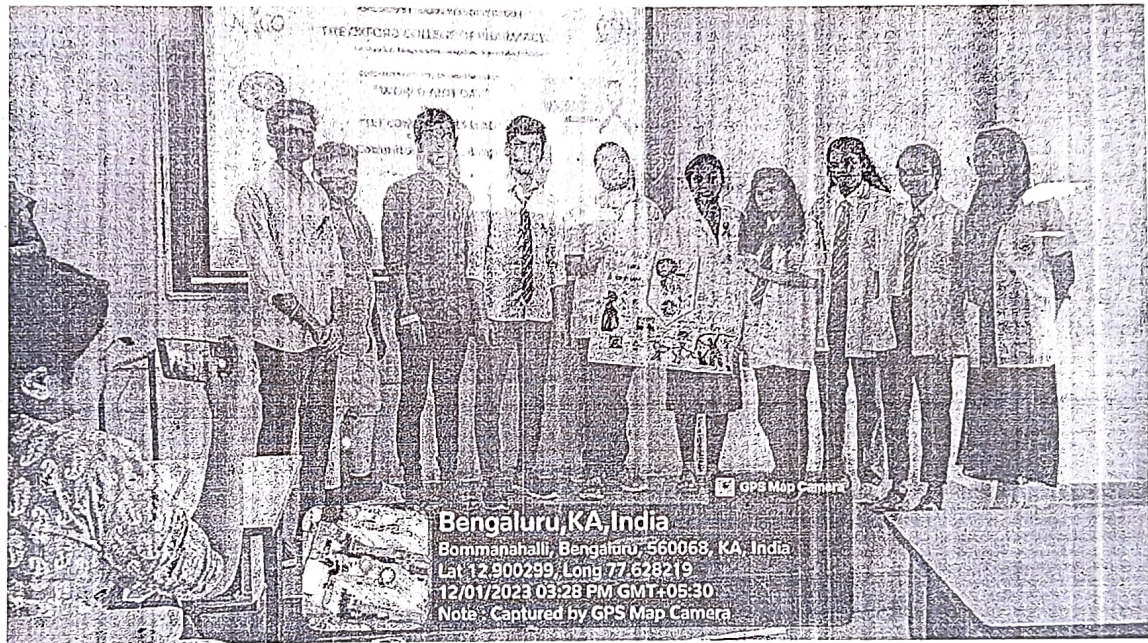
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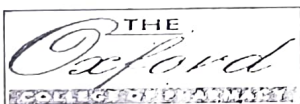
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Different posters presented on World Aids Day program



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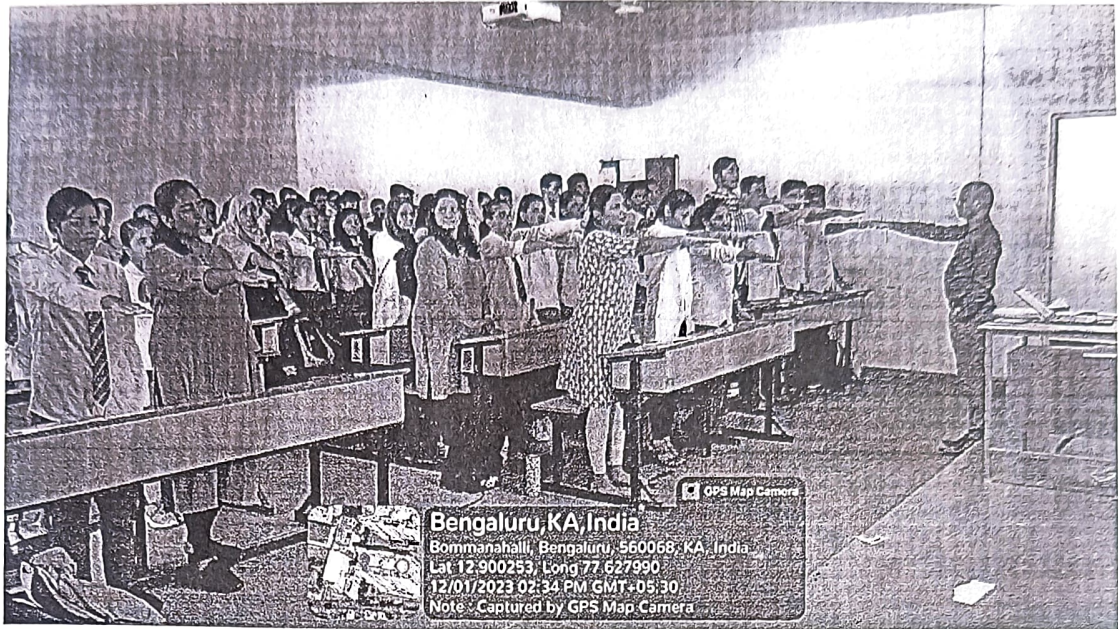
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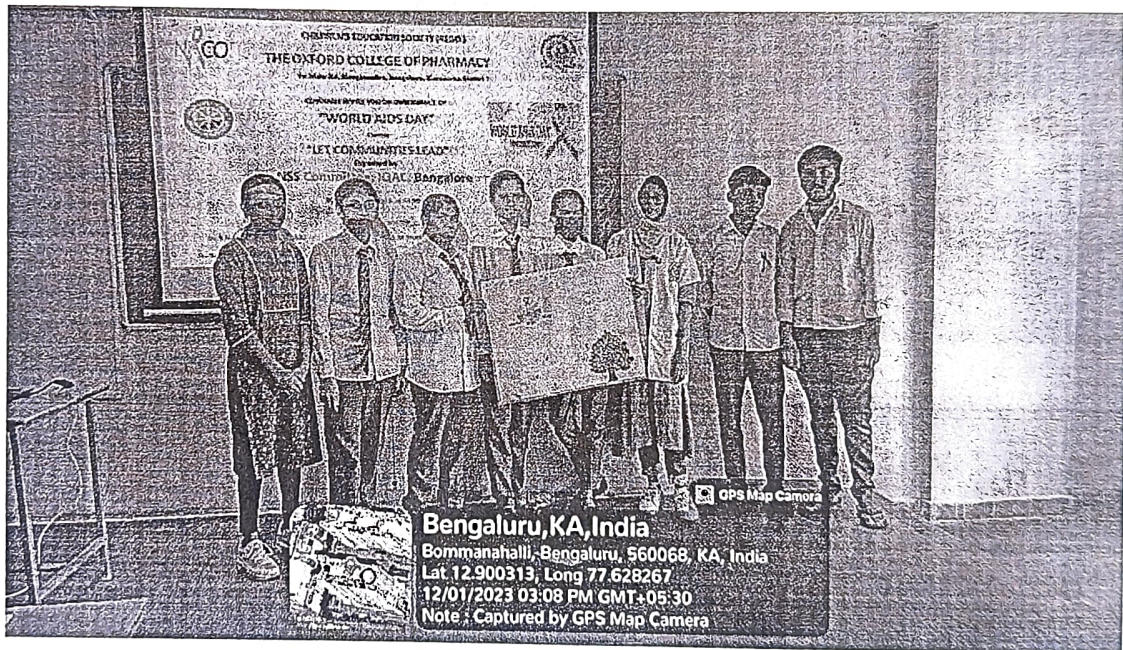
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Students taking the pledge along with faculty



Students prepared posters on the day of program



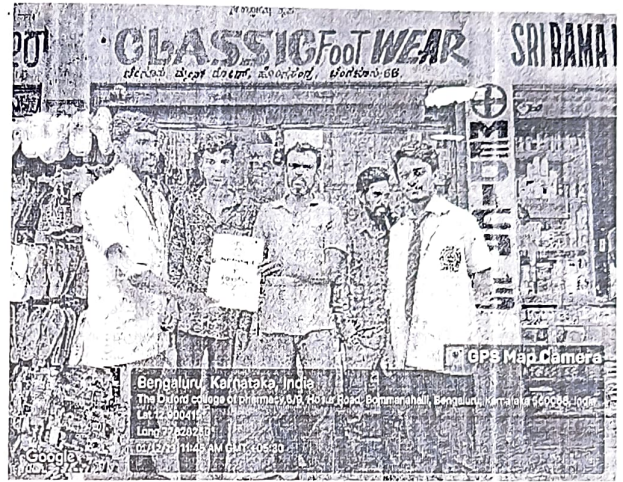
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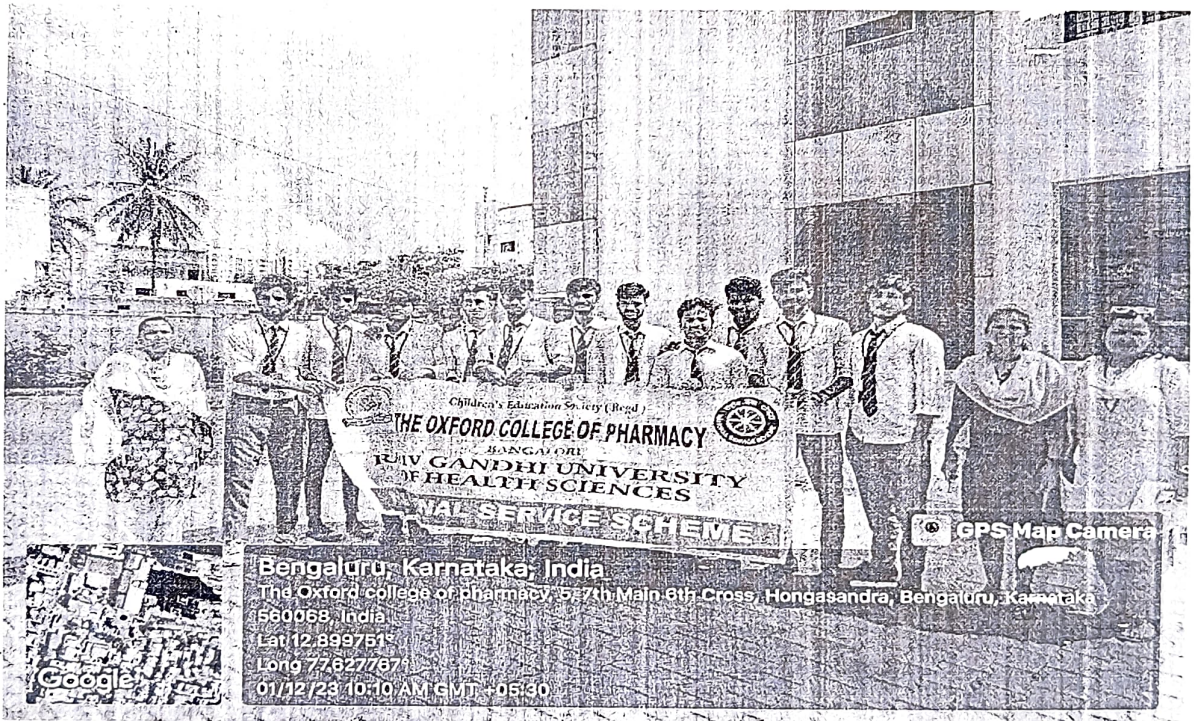
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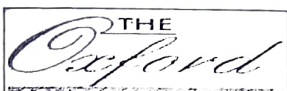
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Students creating awareness in society – Take control and stop HIV



Student Volunteers involved in World Aids day Programme



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OUTCOME

The program was observed to create awareness on AIDS and the session successfully delivered the message through poster presentation. The session emphasized on promoting awareness, misconceptions in public regarding AIDS. The participants understood the importance, measures to avoid unwanted stigma relating to HIV/AIDS. At the same time student and faculty went around in the different communities creating awareness about the AIDS and stigma associated with it, its fatal consequences on health and family as well as how people can safeguard their health. There were around 60 participants.

END OF REPORT



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DATE:02/05/23

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program titled "Awareness programme on antibiotics usage" will be conducted on 08/05/23. We request for the active participation for the same.

P. Padma

PRINCIPAL

The Oxford College of Pharmacy
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Bangalore - 560 068



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DEPARTMENT OF PHARMACOLOGY

ORGANISED

"AWARENESS PROGRAMME ON ANTIBIOTICS USAGE"

ON

MONDAY 8TH MAY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAXMI

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACOLOGY



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PREAMBLE

Antibiotics are essential medicines that fight infections caused by bacteria in humans and animals by either killing the bacteria or making it difficult for them to grow and multiply. However, their misuse and unnecessary prescription can lead to side effects and contribute to antibiotic resistance, which is a significant threat to public health.

CONTENT

An awareness program was held on 8/05/2023 at The Oxford College of Pharmacy, organised by Ms. Nagalakshmi, dept of pharmacology and speech delivered by Dr. Noopur Srivastava, HOD Pharmacology, discussed in depth about awareness on antibiotic usage and explained thoroughly regarding antibiotic resistance and its effects. There were 50 Participants.

Antibiotics are potent drugs that cure certain illnesses and, when taken correctly, may save lives. They either prevent germs from multiplying or kill them. Bacteria are normally killed by the immune system before they grow and produce symptoms. White blood cells (WBCs) destroy dangerous germs; even if symptoms appear, the immune system is normally able to manage and fight off the illness. However, there are occasions when the quantity of hazardous germs is enormous, and the immune system is unable to eliminate them all. Antibiotics can in handy in this situation.

Penicillin was the first antibiotic. Penicillin-based medicines, such as ampicillin, amoxicillin, and penicillin G, are still accessible and have been used for many years to treat a range of illnesses.

As well as they discussed about the side effects of antibiotic usage. The amount of antibiotics to which our planet's microbes have been exposed over the previous half-century might be in the millions of metric tons. Antibiotic overuse has resulted in selection pressure and the evolution of multidrug resistant superbugs. In India, the situation is considerably worse because antibiotics may be acquired over the counter and, more recently, through internet shopping without a legitimate doctor's prescription.

You may need to take antibiotics for some bacterial infections. For example, you might not need them for many sinus infections. Taking antibiotics when they're not needed won't help you, and they can have side effects.



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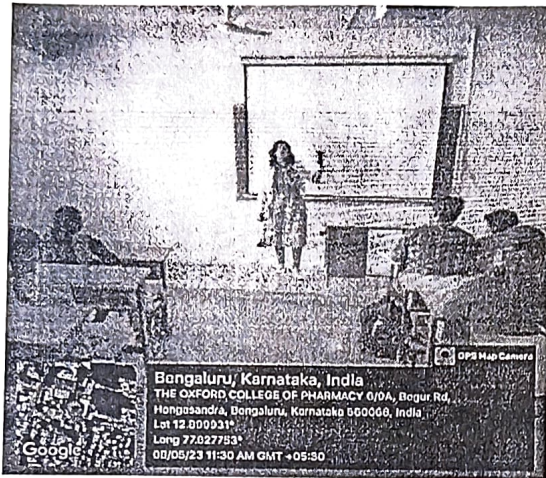
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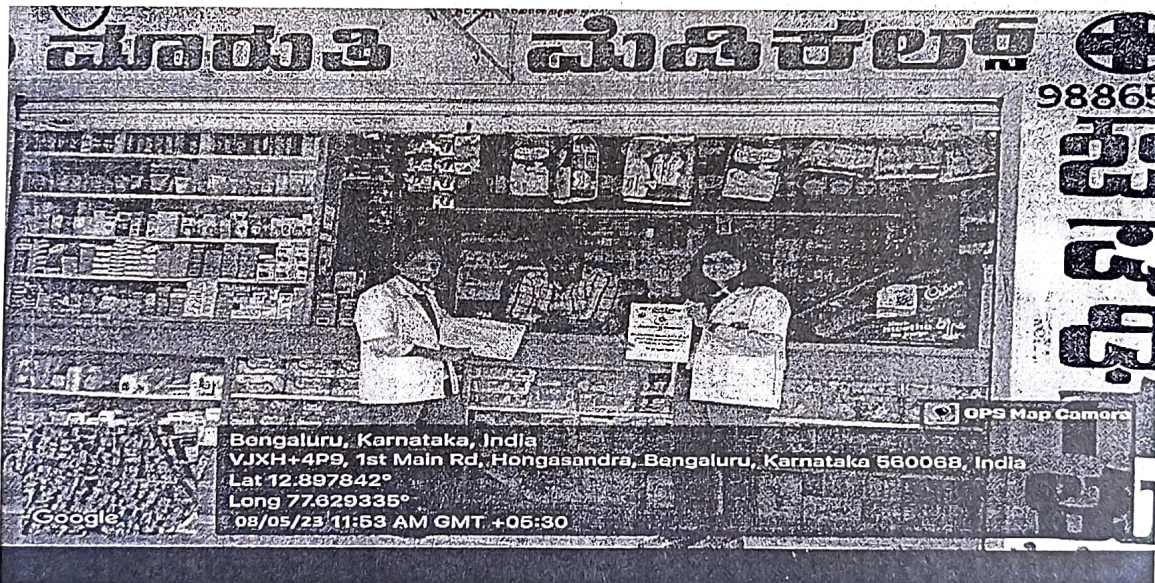
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Strategies to limit the development of resistance are urgently needed, and one of them is educating the general public about prudent antibiotic use. People who are aware of antibiotic resistance concerns will put less pressure on doctors to use medicines. After the program students went out to create awareness in the society.



Speaker giving awareness to students about antibiotics



Students giving awareness about antibiotics to the medical shop keeper



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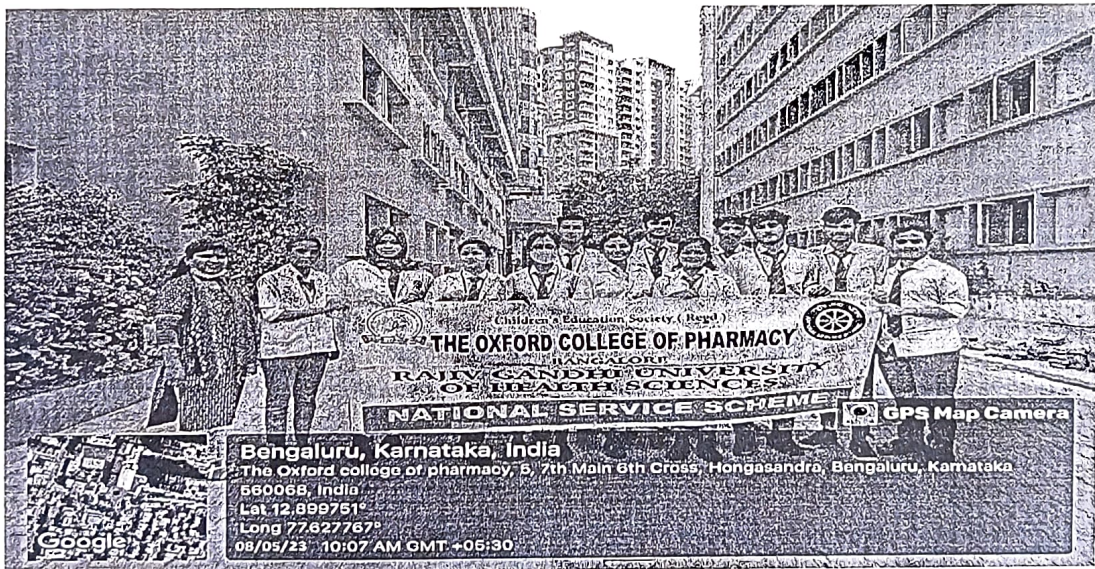
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Students giving awareness about antibiotics to the medical shop keeper



NSS volunteers involved in antibiotic awareness program



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OUTCOME

The outcome of this program is the student's got knowledge about, the antibiotic usage includes treating infections, preventing the spread of diseases, and reducing the burden of out-of-pocket expenses. Also overuse or misuse of antibiotics can lead to antibiotic-resistance and side effects. Therefore, it is crucial to use antibiotics rationally to maximize their benefits and prevent risks. From this program the students were educated about the importance of antibiotics in treating infectious diseases provided they use it properly under the observation of doctor with prescription. If the same medicine misused, the patients may get resistance to the antibiotic and may lead to further complications to the patients. Thereafter, college has taken initiative to send students and faculty in the local community to spread awareness of the same. The students visited voluntarily to some of the pharmacies to educate and sensitize pharmacist and people working in the pharmacy shop, not to dispense antibiotics without prescription and half dosage regimen. From this discussion the pharmacists expressed their happiness for students concern towards people and society. The community pharmacists assured students that they don't dispense antibiotics without proper prescription and incomplete regimen. Additionally, the students learned the scientific management of inventories, documentation practices to be adopted in line with rational use of antibiotics as per Drugs Control Department. There were around 50 participants in this program.

END OF THE REPORT



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DATE: 06/10/2022

CIRCULAR

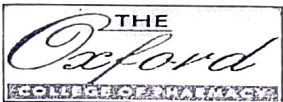
All the teaching and students of The Oxford College of Pharmacy are hereby informed that programme on "WORLD MENTAL HEALTH DAY" will be conducted on 10/10/2022. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACY PRACTICE

ORGANISED

PROGRAMME ON

“WORLD MENTAL HEALTH DAY”

ON

MONDAY 10TH OCTOBER 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MS. MERIN SUSAN

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, Bangalore organized World Mental Health Day on 10th October 2022.

World Mental Health Day 2023 "Our mind our rights" is an opportunity for people and communities to unite behind the theme "Mental Health is a Universal human right" to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Jenisha. K, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr.Parthasarathy G , HOD, Department of Pharmacy practice, was invited to talk about the mental health . The day is dedicated to create awareness about the importance of good mental health, and measures to protect and take better care of mental well-being. The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

The event was started by the Department Of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. A Presentation was taken by Dr Jenisha k explaining the importance of the day and the history of creating awareness about world mental health day. Around 40 students were participated in this session.

The organizer Dr Jenisha K concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event, Dr. Parthasarathy G HOD, Department of Pharmacy practice and to all the other faculties





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and students who participated in the event and helped in its successful completion of the event.

The objectives of world mental health day to the students which was framed by World Health Organization. The objectives are stated as

- To create awareness among people about different mental health conditions and their management.
- To reduce the stigma, myths, and misconceptions that are associated with mental health.
- To encourage people about seeking help for their mental health issues, instead of feeling anxious and nervous.
- To educate people about different ways to protect the mental health. People must know that mental health is as important as the overall physical health. Mental health issues should not be neglected due to any reason.
- To promote inclusion and protect the rights of people with mental illness.
- To encourage people with mental health problems to seek help from mental health professionals, family, friends, or anyone without any fear or shame.
- To encourage mental health advocates, policy makers, and stakeholders to allocate resources to improve mental health services and support networks.
- To address mental health issues on a global level through international collaborations.
- To foster a culture where mental health is taken as serious as any other physical health condition.



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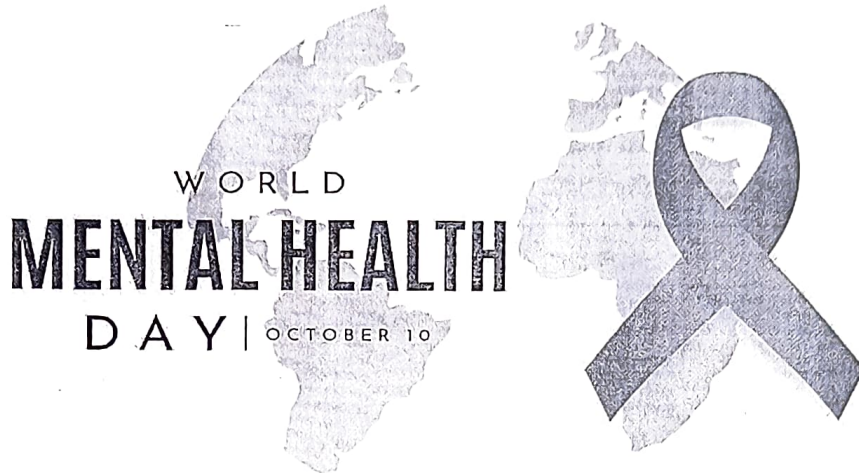
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Student sharing her opinion on mental health day with the audience



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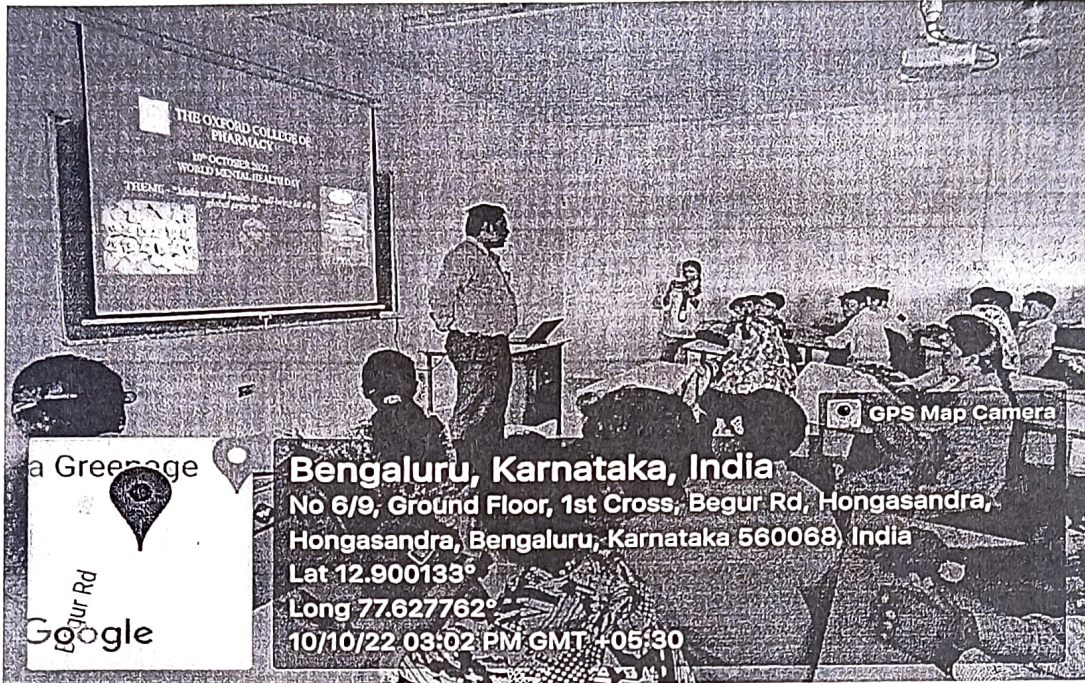
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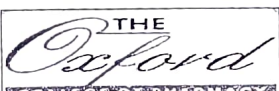


Dr. Parthasarathy addressing the participants

OUTCOME

On the event of World Mental Health Day, the institution has organized a sensitization program on mental health well-being, increasing awareness, reducing stigma, and enhancing access to mental health resources. Participants have gained from improved support systems, educational initiatives, and a cultural shift towards openness and acceptance regarding mental health issues. The efforts have paved a way for the participants to understand the need of having healthier, more resilient workforce, potential long-term benefits, including more robust social cohesion. There were around 40 students participated.

END OF REPORT



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Date: 17/11/2023

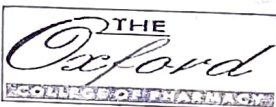
CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an extension activity on "NATIONAL INTEGRATION DAY -2023" for the academic year 2023-2024 will be conducted on 20/11/2023. We look forward for the active participation for the same.

P. Padma

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DEPARTMENT OF PHARMACOGNOSY

ORGANISED PROGRAM

ON

“NATIONAL INTEGRATION DAY”

CHIEF PATRON

DR. S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

G. SUARNALAKSHMI

ASSISTANT PROFESSOR

DEPARTMENT OF

PHARMACEUTICAL CHEMISTRY

RESOURCE PERSON

MS. DHANALAKSHMI

LECTURER

MENTAL HEALTH NURSING DEPARTMENT

THE OXFORD COLLEGE OF NURSING SCIENCES

DATE: 20TH NOVEMBER 2023

TIME: 11.00 AM



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INTRODUCTION

National Integration Day is celebrated to commemorate the birthday of the country's first-ever female Prime Minister, Indira Gandhi. It is celebrated every year on November 19. The main aim behind celebrating the day is to encourage people about unity, peace, love, and brotherhood among them.

National Integration Day on November 19 is also known as Quami Ekta Divas and is an Indian celebration that commemorates the birthday of the country's first-ever female Prime Minister, Indira Gandhi. Schools, colleges, and universities across India remember her leadership and the ways in which she changed the country. The day's underlying message is one of unity and the importance of integration, regardless of race or religion.

National Integration Day is also known as "Quami Ekta Divas ". The day is celebrated all across India to promote harmony.

Since India is diverse in terms of culture, multiple languages, religions, geographical diversity and ethnicity, it is important for all to respect all the cultures and religions and mix together with each other to keep the unity intact.

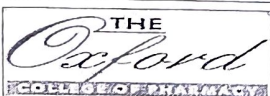
Therefore, the day is important to strengthen unity and to develop a better understanding of society.

HISTORY OF NATIONAL INTEGRATION DAY

National Integration Day is a day for promoting peace, unity, and integration between all of the different segments of society living in India. Indira Gandhi's birthday was chosen as a day to celebrate as she is seen as somebody who embodies the good intentions of the holiday.

Gandhi became India's first female Prime Minister in 1966 and stayed in the role for 11 years. She played a major role in strengthening democratic structure and tradition in the country. She won the war with Pakistan in 1971 and signed a subsequent peace treaty.

After losing her battle for re-election in 1977 she was ousted from her role as Prime Minister, only to be voted back in again in 1980. Gandhi was assassinated in 1984 by two of her own bodyguards at her home in New Delhi.



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National Integration Day was created in her honour as a way to encourage all Indians to integrate, regardless of race or religion.

Significance of National Integration Day

National integration means coming together of people and having **universal acceptance, brotherhood, harmony and unity** amongst various factors like historical and political background, social and economic differences, linguistic variations and cultural ethnicities.

The day is used to **dissuade the youth of our country to engage with anti-social elements** and other anti-national activities which may threaten the unity of the nation.

The day is celebrated to pay **tribute to Indira Gandhi**, who while serving as the first woman Prime Minister, made several reforms in the country.

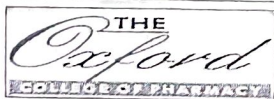
On this day every year, many **events and programmes** are held in schools and universities, across the country like Inter State Youth Exchange Programme (ISYEP), National Integration Camp (NIC), National Youth Festival and National Youth Award.

THE PROGRAM DELIVERED AS FOLLOWS:

On the occasion of National Integration Day on 20th November 2023, an awareness program was conducted by Department of Pharmaceutical chemistry.

The program was started with a welcome note and Guest speaker's introduction by Mrs. G. Suvarna Lakshmi, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

The first guest lecture was by **Ms. Dhanalakshmi. C**, Lecturer, Mental Health Nursing Department, The oxford college of nursing sciences. She focused on the points like feeling of oneness, brotherhood and social unity under communities and society in a country. National Integration helps to keep the country unified and strong from within despite the diversities.



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She also mentioned that This day is a reminder of the strength that comes from diversity and the importance of unity in a nation as diverse as India.

OBJECTIVES OF THE ACTIVITY

- The objective of celebrating Encouraging citizens to embrace the diversity of India and promoting a sense of unity among people belonging to different regions, cultures, languages, and religions.
- Educating people about the importance of national integration and the role it plays in maintaining harmony and stability in the country.
- National Integration Day is a day dedicated to promoting unity, diversity, and solidarity among the citizens of a nation.

CONCLUSION, FEEDBACK AND VOTE OF THANKS

The objective of the organising the National Integration Day was achieved and Feedback was taken from the participants which helps to improve the quality of the activities conducted in future.

Mrs. G. Suvarnalakshmi ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh, Ms. Dhanalkshmi.C Guest Speaker and the entire fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



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CHILDREN'S EDUCATION SOCIETY
THE OXFORD COLLEGE OF PHARMACY
69, 1st CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

NATIONAL INTEGRATION DAY



20th NOVEMBER 2023
11 AM

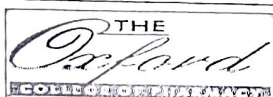
Chief Patron Dr. S.N.V.L. Narasimha Raju Chairman The Oxford Educational Institutions	Convener Dr. M.Padmaa Paarakh Principal The Oxford College of Pharmacy	Guest speaker Ms. Dhanalakshmi C. Lecturer Mental health nursing department The oxford college of nursing sciences	Organizing Secretary Mrs G. Suvarna Lakshmi, Asst Professor The Oxford College of Pharmacy
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Speaker Ms. Dhanalakshmi addressing the gathering



Participants with the speaker



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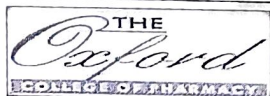
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OUTCOME OF THE ACTIVITY:

- The objective of celebrating Encouraging citizens to embrace the diversity of India and promoting a sense of unity among people belonging to different regions, cultures, languages, and religions.
- It aims to foster a sense of unity among citizens, transcending differences and promoting the idea that India is one nation with one people and one destiny.
- The intention is to establish a peaceful community where people have a sense of national identity and shared values.

The program was attended by around 100 participants which includes students and faculty of The Oxford College of Pharmacy.

END OF REPORT



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Date: 27/11/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Session on “**OBSERVANCE OF KARNATAKA RAJYOTSAVA**” for the academic year 2022-2023 will be conducted on 29/11/2023. We look forward for the active participation for the same.


PRINCIPAL



Children's Education Society (Regd.)

The Oxford College of Pharmacy

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Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAMME

ON

“OBSERVANCE OF KARNATAKA RAJYOTSAVA”

ON

WEDNESDAY 29 NOVEMBER 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY



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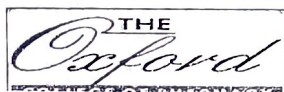
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PREAMBLE

The Rajyotsava Day is the state festival of Karnataka and is observed on November 1st every year. Today marks the 67th year since this beautiful land emerged as one state for all Kannada-speaking people. On November 1, 1956, several regions merged to form the state, which was originally called Mysore. Kannada Day has been celebrated on November 1 every year since 1956 to commemorate the formation of the state. The state was renamed Karnataka on November 1, 1973. The day is celebrated to commemorate the birthday of Karnataka as the state was formed on this day. The Rajyotsava day is celebrated with great joy and vigor all over the state of Karnataka. The state government asserts Rajyotsava awards on this day, which are awarded to people responsible for great contributions in the development of Karnataka. The Oxford College of Pharmacy, NSS Committee, Bangalore organized the Kannada Rajyotsava celebration event on 29 November 2023. The Event commenced with preparation of rangoli by students, and then the staff, students, Physical educator and non-teaching staff participated in flag hosting. Later importance of the event was spoken by Dr. Padmaa M Paarakh and the management staff which included the importance of Karnataka state, language, culture, people, etc., and she has informed everyone to protect our mother tongue and teach others as well. The Cultural activities like singing Kannada songs from students and staff members which were entertained the crowd. There were around 50 participants.

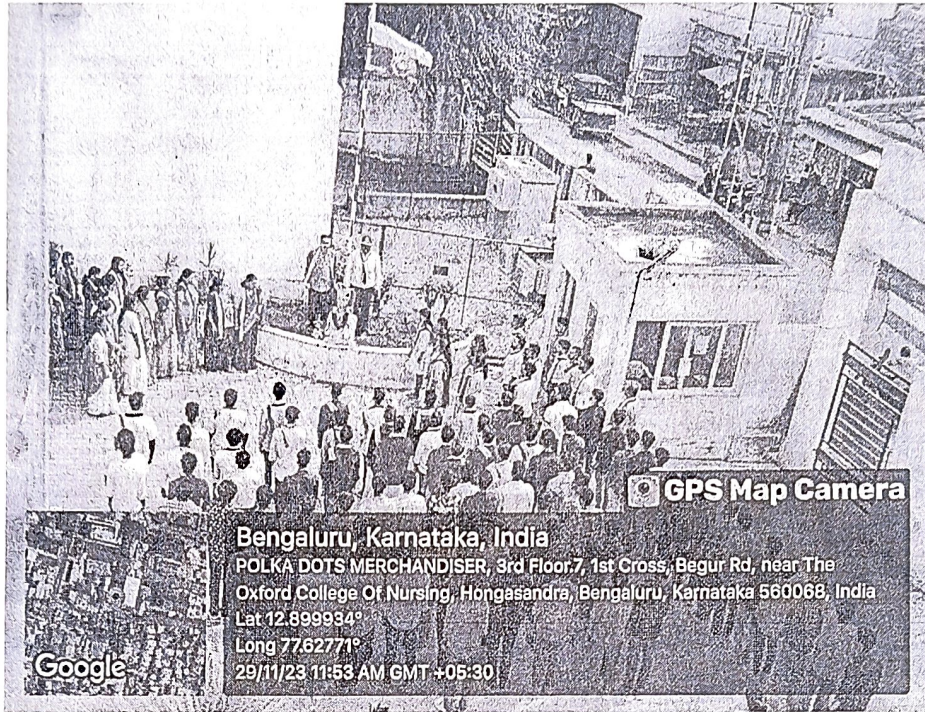




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Karnataka Rajyotsava Celebration at the College



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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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Karnataka Rajyotsava Celebration at the College



Karnataka Rajyotsava Celebration at the College



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Karnataka Rajyotsava Celebration at the College



NSS volunteers involved in – Karnataka Rajyotsava



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OUTCOME OF THE PROGRAMME

Kannada Rajyotsava is an annual celebration on 1st November to commemorate the formation of the state of Karnataka in India. The day is celebrated with great enthusiasm and pride by the people of Karnataka, with cultural events, sports competitions, food stalls, and awards ceremonies. It promotes social cohesion and inclusiveness, showcasing the state's traditions, culture, and achievements. The Oxford College of Pharmacy celebrated the Rajyotsava festival by hosting the Karnataka flag in the college campus. After flag hosting ceremony, the cultural committee members have visited local community and nearby schools to create awareness, sensitization as well as to remind the community on the importance of Rajyotsava and conveyed Karnataka's tradition, culture, values to the participants. There were around 50 participants.

END OF REPORT



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Date: 30/09/2023

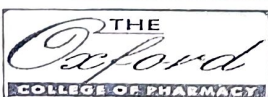
CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'GANDHI JAYANTI 2023' for the academic year 2022-2023 will be conducted on 03/10/2023. We look forward for the active participation for the same. All interested students are requested to get your name to the event co-ordinator.

P. Padma

PRINCIPAL

PRINCIPAL
The Oxford College of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED PROGRAMME

ON

MAHATMA GANDHI JAYANTI

ON

TUESDAY, 03RD OCTOBER 2023

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Department of Pharmacy Practice, Bangalore celebrated "Gandhi Jayanti" on 03rd October 2023. There were around 50 participants from different classes.

Dr. Sripriya C, Assistant Professor, Department of Pharmacy Practice organized the celebration on the occasion of "Gandhi Jayanti" and Dr. G Parthasarathy, Professor and head of the Department of Pharmacy Practice gave a talk about Mahatma Gandhi Jayanti.

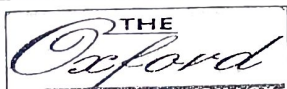
Gandhi Jayanti, celebrated annually on 2nd October, marks the birthday of Mohandas Karamchand Gandhi, revered as Mahatma Gandhi. He is considered an eminent leader in India's struggle for independence against British colonial rule. This day holds profound historical significance and serves as a tribute to the man who championed non-violence, civil disobedience, and truth as powerful means for social and political transformation.

THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy practice, was invited to talk about the Gandhi Jayanti. It holds a great importance as it reminds us of the extraordinary contributions of Mahatma Gandhi Ji. The significance of Gandhi Jayanti lies not only in commemorating his birthday but also in recognizing his indomitable spirit, leadership, and unwavering commitment to social justice and peace.

The event was started by the Department of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The Oxford College of pharmacy. A Presentation was taken by Dr Sripriya C explaining the importance of the day and the history of birth anniversary of Mahatma Gandhi. A total of 50 students from both B Pharm and Pharm D were participated in this session.





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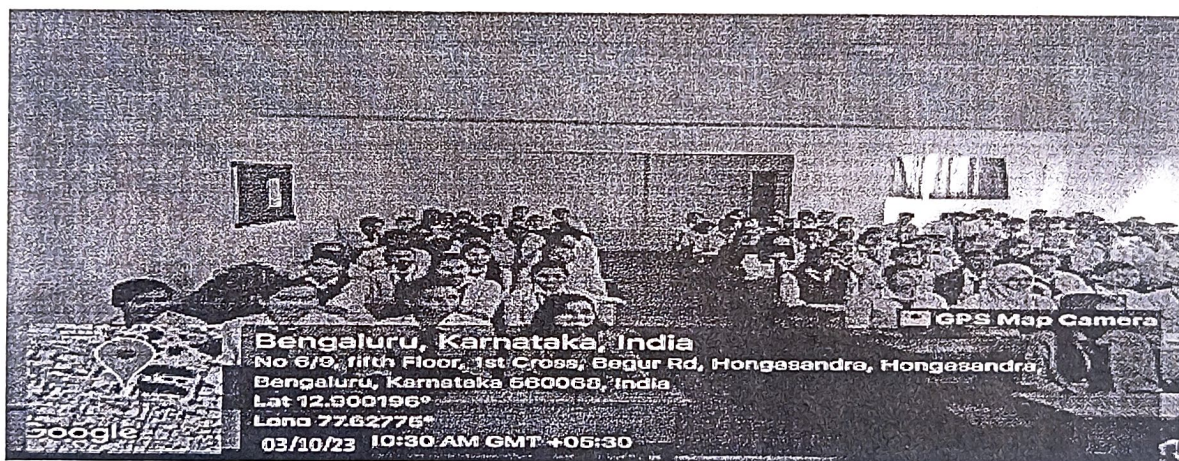
The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

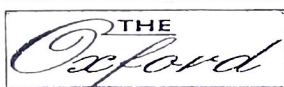
Schedule: On 3rd Oct 2023

Time Schedule	Programme
03:30-04:00PM	"Mahatma Gandhi Jayanti 2023"

Principal



Students participated in the program



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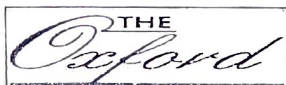
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OUTCOME

The celebration of Mahatma Gandhi Jayanti serves as a dual-purpose initiative, enriching students with Gandhi's teachings on non-violence, peace, and civic responsibility while inspiring broader societal benefits. Students gain invaluable insights into moral integrity and the power of peaceful activism, which fosters character development and a strong sense of global citizenship. Society, in turn, benefits from a rejuvenated commitment to unity, cultural preservation, and social welfare. This program deepens the collective understanding of Gandhi's legacy and encourages a hands-on approach to community service and environmental sustainability, echoing Gandhi's vision of a harmonious and inclusive society. There were around 50 participants in this program.

END OF REPORT



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Date: 02/09/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that the Teacher's Day for the academic year 2022-2023 will be celebrated on the 5th of September 2023. All are requested to assemble in the Auditorium by 3pm. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Degur Road, Hongasandra
Bangalore - 560 068



Bengaluru -560 068

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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“TEACHER’S DAY CELEBRATION 2023”

5TH OF SEPTEMBER 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

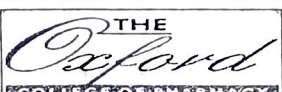
ORGANIZING SECRETARY

MRS. SURINDER KAUR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

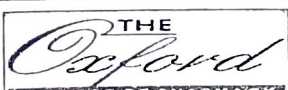
The Oxford College of Pharmacy, Cultural Committee, Bangalore celebrated "Teachers Day" on 5th September 2023. Mrs. Surinder Kaur, Assistant Professor, Department of Pharmaceutics. Initiated the celebration of the program along with students.

The content of the Session:

"Teacher's Day 2022" celebration was organized by The Oxford College of Pharmacy, Bangalore on 5th September 2023. On this day, students around the country pay their respects and express gratitude, love and respect to their teachers and professors. Many cultural events are also organized by the students to entertain and give their teachers a day to remember. Speeches on why we celebrate Teachers' Day and how Dr. Sarvepalli Radhakrishnan contributed to society was given by UG and PG students belonging to department of pharmacy.

The teacher's day celebration started with inviting the Principal and the teachers for the function through an invitation card. The function started with a welcome speech by Mr.Kushan Raj P the class representative of final B Pharm. It was followed by a devotional song sung by Padmashree of 2ND year Pharm D and Yeshashwani of 2nd year B Pharm. The students of different classes spoke in the appreciation of their teachers. The teachers also spoke about their experiences during their teaching tenure and remembered many students for their good behavior, naughtiness, being in good positions, etc.IT was followed by a group activities for the teachers which was filled with enthusiasm. Principal including the other teachers spoke about the co-faculty members about their work ethics, etc. Few students from the PG spoke about their teachers and the HODs Dr. Guru S Raj Kulkarni, Dr. G Parthasarathy also took the initiative to appreciate their teachers and thank the students for conducting the function.

Convener, Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy, spoke about her teachers, the good qualities she observed in the teachers and appreciated all the students for taking the initiative in celebrating and remembering their teachers on the Teacher's Day. She thanked all the teachers for being a wonder full team and inculcating overall discipline in the students and for giving their 100% in the academics. Dr. Noopur Srivastava, HOD of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by giving gifts to the teachers as a token of appreciation and thankfulness. There were around 50 participants.





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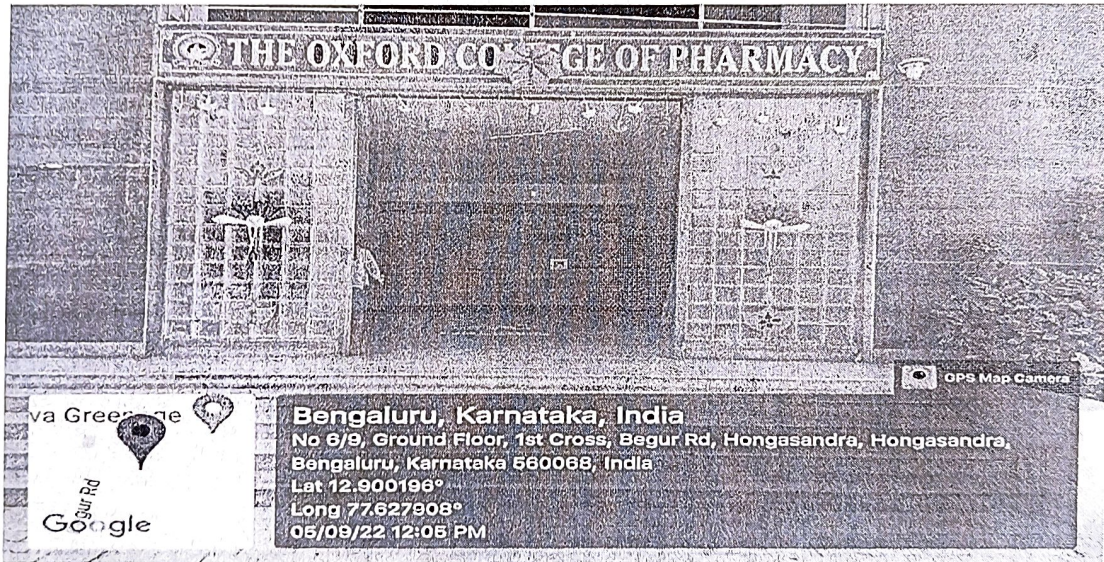
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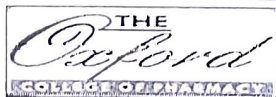
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Warm Welcome to the Teaching Faculty



Main entry Decoration by students



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Interaction between Principal and the Students



Views of Dr. Noopur S Madam on Teaching as a profession



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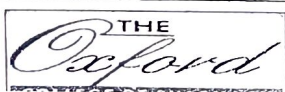


Memories of the Teacher's Day Celebrations

OUTCOME

The day was marked for the celebration as Teachers' Day since 1962 in respect and in memory of Dr. Sarvepalli Radhakrishnan who was born on 5th September, 1888. The day is celebrated as a tribute to the dedication and commitment of the teachers who play a pivotal role in imparting education and social values to the students. Additionally, it stresses on the need for providing quality education to the students. The celebration started with devotional song (Vandana) followed by the speech from the students. An inspirational lecture on the topic Priority management for individual (to become a better teacher), was given by the Principal, and followed by this exciting games and group activities were organized for both the Teaching & Non-Teaching Staff and gifts were distributed for the teachers. There were around 50 participants in this program.

END OF THE REPORT



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DATE: 11/01/2024

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that "Swachh Bharat- Cleaning College Premises" program will be organized on 18/01/2024 for the academic year 2023-2024. We request for the active participation for the same.

P. Padure
PRINCIPAL

PRINCIPAL

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Bangalore - 560 068



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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, I CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068



Programme on
"SWACHH BHARAT- Cleaning College Premises"

Organized under NSS Committee

DATE: 18th JANUARY 2024

TIME : 10:00AM-11:00AM



Swachh
Bharat
Abhiyan

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of Pharmacy

ORGANIZING SECRETARY

Mrs Uma Prabha,
Assistant Professor,
Department of Pharmaceutics,
The Oxford college of Pharmacy



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PREAMBLE

The Oxford College of Pharmacy, Bengaluru under NSS committee organized "Swachh Bharat" program to clean the college premises on 18th January 2024. Ms. R. Uma Prabha, Assistant Professor, Department of Pharmacology, initiated the program. There were around 70 participants who took part in the programme.

THE CONTENT OF THE SESSION:

"Swachh Bharat" campaign to clean the college premises was organized by The Oxford College of Pharmacy, Bengaluru on 18th January 2024. This Program was organized to implement a clean, healthy and sustainable environment within our campus. The college recognizes that cleanliness is not only a reflection of personal and institutional pride but also a vital step towards creating a sustainable future for all. Ms. R. Uma Prabha, Assistant Professor emphasized about the objective of this program is to instill a sense of responsibility and active participation among students, faculty, and staff and to encourage eco-friendly practices, proper waste management, and conscious efforts to maintain our campus and surrounding areas. Through this initiative, she made the participants to take a pledge to uphold the principles of Swachh Bharat and inspired every member of our college community to contribute to a cleaner, greener India.

Ms. R. Uma Prabha educated about the importance of sanitation and responsible waste disposal. She also told to reduce waste, especially plastic, and promote sustainable practices.

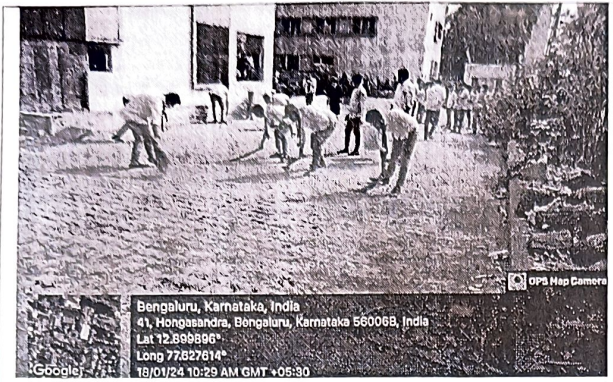
Students actively took part in the session and showed keen interest in keeping surroundings clean by cleaning their corridors doors, windows, desks, benches and grills in the verandah. Students enthusiastically participated in cleaning up the various parts of college premises like parking area, corridor and also removed the unwanted plants in and around the campus. This program also highlighted about providing sanitation facilities at work, education and other public spaces are important. This Program created awareness about the impact of health, behavior and our mental status against our surrounding environment. It created enthusiasm to the students to clean and keep clean of our surroundings where a small initiative brings a huger impact to a future India.



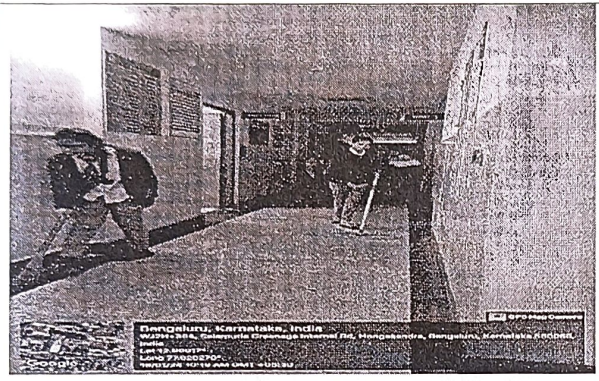
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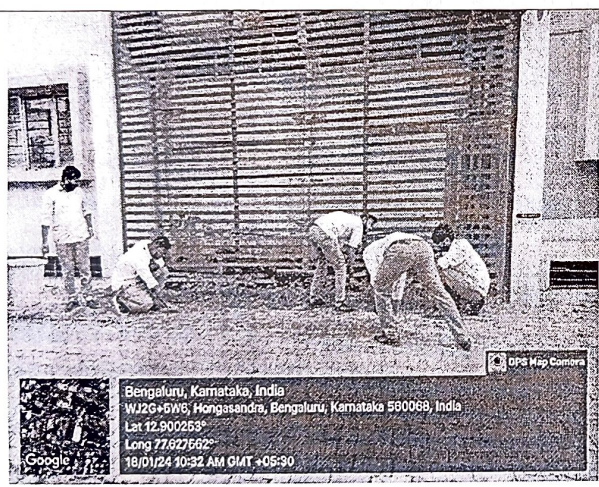


Students cleaning around the campus



Students cleaning the corridor

Students team for cleaning



Students removing weeds

Students cleaning the basement



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OUTCOME OF THE PROGRAM

The program made the students to understand the importance of cleanliness and hygiene, not just within the college but also in their personal lives. It instilled a sense of responsibility towards their environment and motivates them to act as role models. They came to know that clean surroundings reduce the chances of diseases and infections, which can lead to improved health outcomes. Cleaner college premises mean fewer pests, cleaner air, and overall better sanitary conditions for students, faculty, and staff. Around 70 participants enthusiastically took part in the program and all of them were happy and excited to clean our college premises. They also decided to clean the premises regularly and promised that they will maintain their surroundings clean by following the proper waste disposal methods. The program nurtured a sense of ownership, making students feel connected to their college environment. Students took pride in their institution's tidiness. The mission continues to be a symbol of national rejuvenation and progress toward a cleaner India.

END OF REPORT

P. Padma

PRINCIPAL

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Bangalore - 560 068



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DATE: 12/08/2023

CIRCULAR

India celebrating their 77th Independence Day on August 15, 2023. The theme for this year's celebration is "Nation First, Always First". In line with the government's focus on national unity & development. The Oxford College of Pharmacy invites all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group. The platform of creativity can be shown by any means such as a skit video, Paintings, Rangoli, etc. All are requested to participate actively.

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANISED PROGRAMME

ON

“INDEPENDENCE DAY 2023”

ON

15th AUGUST 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SHRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

Independence Day is one of the proudest and prestigious day for every Indian and it is celebrated throughout India in every corner of the country on 15th August every year. The theme for this year's celebration is "Nation First, Always First". This theme is in line with the government's focus on national unity and development. Independence Day is celebrated by every citizen of India irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 77th Independence Day, which is themed "Nation First, Always First" with great enthusiasm on 15th August 2023.

In line with the government's focus on national unity & development. The Oxford College of Pharmacy invited all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group.

All the faculty members and the students uploaded the selfies and photographs with their family while hoisting the flag and celebrating the Independence Day.

Our Principal Dr Padmaa M Paarakh appreciated the effort of making "Har Ghar Tiranga" concept and congratulated the faculty members for uploading the photos and enjoying the Independence Day with the family and cheering for India in the Photos. There were 42 participants.

Dr Jyoti Shrivastava, Head of the Department from Pharmaceutical Chemistry also appreciated the effort taken by the faculty members in celebrating the Independence Day in the Tiranga theme.

Dr Noopur Srivastava also motivated by uploading the selfies with the flag to celebrate the Independence Day with full enthusiasm and Josh to make India Proud.



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Dr Gururaj Kulkarni, Head of the Department, Department of Pharmaceutics, wished everyone Independence Day and shared the Flag hoisting from his Residence and motivated others also to go and celebrate the Independence Day in public gathering.

Many students also uploaded the Posters in the group.

Some Photos from the celebration of 77th Independence Day on 15th August 2023.



Students actively celebrated Independence day



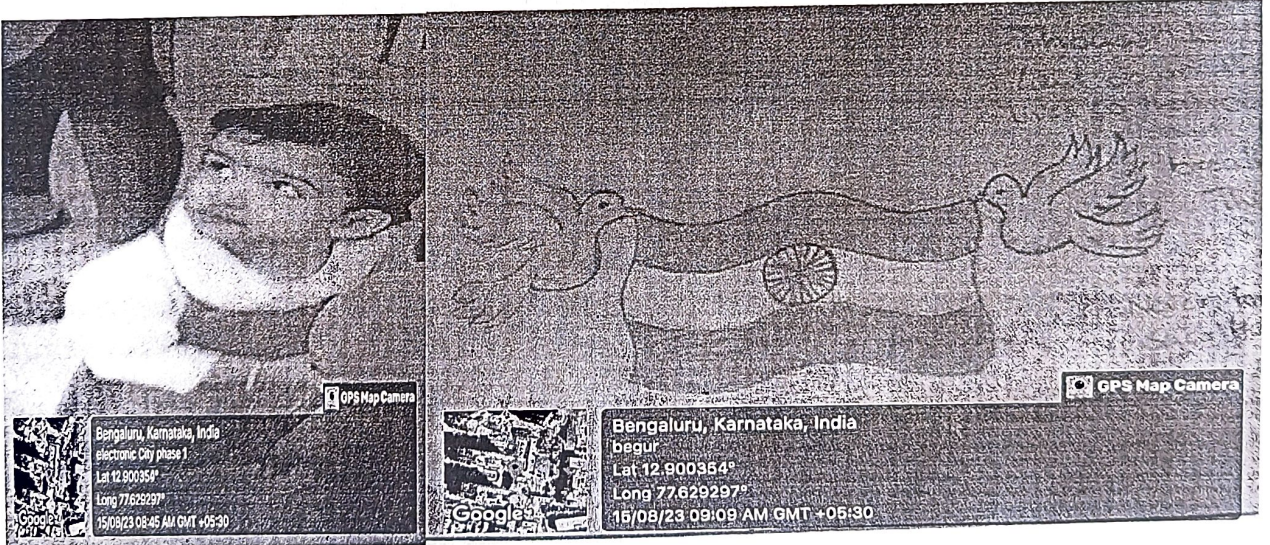
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Teachers celebrated Independence Day with family



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OUTCOME

India's 77th Independence Day celebration on August 15, 2023, themed "Nation First, Always First," is set to bolster patriotism, unity, and progress across the nation. The event reflects the government's commitment to national unity and development, encouraging collective efforts towards sustainable growth. For students, it instills national pride, broadens their educational horizons, fosters community connection, and inspires innovation for future contributions. The celebration aligns with the government's developmental goals, promoting unity, enhancing India's global image, and engaging the youth ready to innovate for India's future. It is a poignant reminder of India's journey, values, and collective responsibility toward forging a prosperous tomorrow. There were around 72 participants.

END OF THE REPORT



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DATE: 25/08/23

CIRCULAR

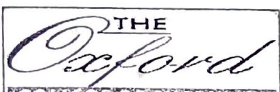
This is to inform all the students and teaching staff of The Oxford College of Pharmacy that 'National Sports Day' will be conducted on 29/08/23. We request for the active participation for the same.

P. Padma

PRINCIPAL

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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAM

ON

NATIONAL SPORTS DAY 2023

CHIEF PATRON

SHRI S.N.V. L NARASIMHARAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR.PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. VIKRAM.T

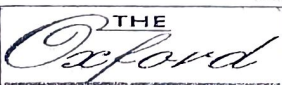
ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

DATE: 29th AUGUST 2023

TIME: 9:00 AM ONWARDS



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PREAMBLE

The Oxford College of Pharmacy, Bangalore organised "National Sports Day" on 29th August 2023 with the theme "Sports are an enabler to an inclusive and fit society". National Sports Day is observed on 29th August every year to commemorate the birthday of Indian hockey legend Major Dhyan Chand. Sports are important for the physical and mental well-being of humans. This year, the theme of the day is "Sports are an enabler to an inclusive and fit society" a process that takes self-awareness. Always keep in mind the time and energy you put into your workouts. Have a vision of what you want to physically change.

It encourages people of all ages to take up seriously about physical fitness. It highlights about regular exercise and leading a healthy lifestyle. It encourages people of all age groups to actively participate in various kinds of sports and games for their personal overall growth. Sports possess that unique ability to bring people together irrespective of background, language or beliefs. Hence, National Sports Day displays unity.

There were around a total of 150 participants. The Oxford College of Pharmacy organized the following events as a part of the National Sports Day. The outdoor games were conducted at The Oxford College ground.

Indoor Games- Carrom and Chess.

Outdoor games- Volleyball, Kabaddi, Cricket.



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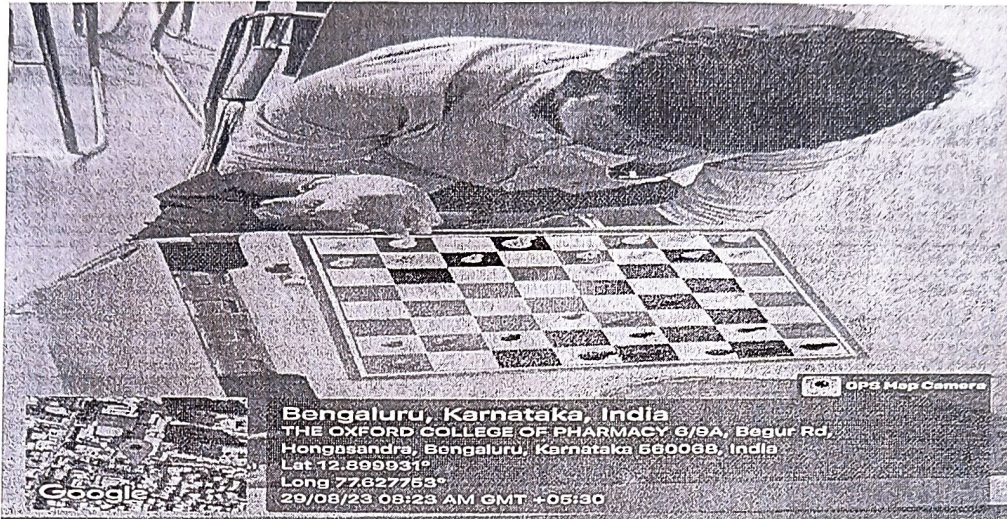
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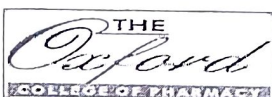
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Students participated in chess



Students Playing carrom



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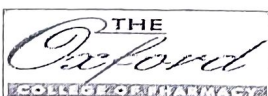
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Students playing Cricket



Students enjoying sports event



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Students playing Kabaddi



Few Glimpses of the National Sports Day



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OUTCOME

On the eve of National Sports Day, institution organised a programme emphasizing the critical role of sports in fostering physical health, teamwork, and holistic development among students. The event also focused on promoting a healthy lifestyle across the youth population, encouraging social cohesion. Overall, the event underscored the importance of sports and cultural activities in personal development, laying a foundation for a healthier, more unified society in line with Khelo India, an initiative of Government of India. There were around 150 participants participated in overall games.

END OF THE REPORT