



Children's Education Society (Regd.)

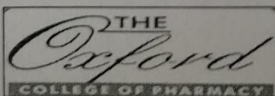
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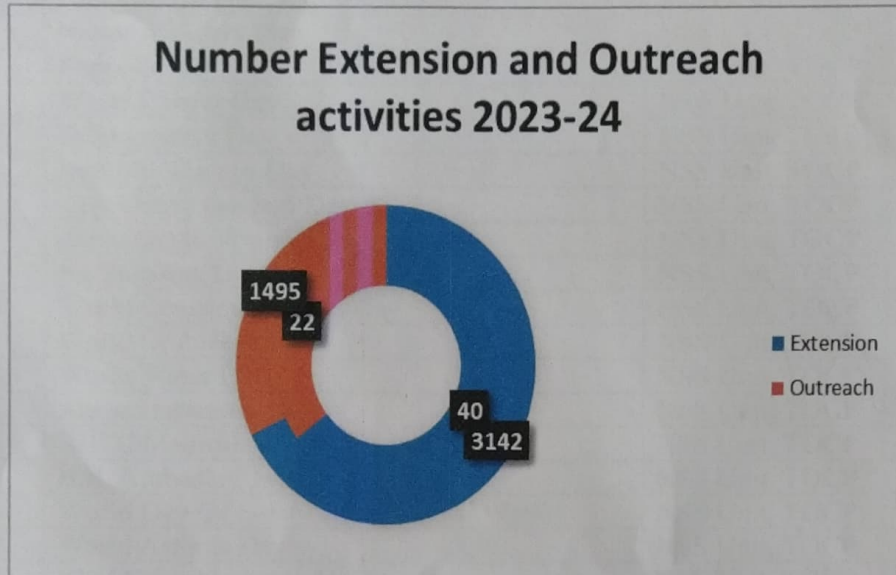
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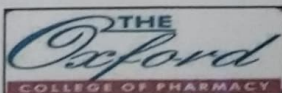
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Number of Extension and Outreach Programmes conducted by the Institution through NSS with involvement of community during 2023-2024



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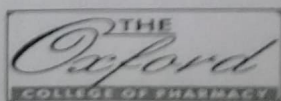
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Number of Extension and Outreach Programmes conducted by the Institution through NSS with involvement of community during 2023-2024

S.No	Name of the activity	Organising Unit	Year
1	National girl child day	NSS Unit, TOCP	2023-2024
2	National Voters Day	NSS Unit, TOCP	2023-2024
3	Republic day	NSS Unit, TOCP	2023-2024
4	World Cancer Day	NSS Unit, TOCP	2023-2024
5	Safer Internet Day	NSS Unit, TOCP	2023-2024
6	National Science Day	NSS Unit, TOCP	2023-2024
7	Zero Discrimination Day	NSS Unit, TOCP	2023-2024
8	International Women's Day	NSS Unit, TOCP	2023-2024
9	No Smoking Day	NSS Unit, TOCP	2023-2024
10	World Consumer Rights Day	NSS Unit, TOCP	2023-2024
11	World Oral Health Day	NSS Unit, TOCP	2023-2024
12	World Water Day	NSS Unit, TOCP	2023-2024
13	Autism awareness day	NSS Unit, TOCP	2023-2024
14	RHTC Medical camp	NSS Unit, TOCP	2023-2024
15	B.R. Ambedkar Jayanti	NSS Unit, TOCP	2023-2024
16	World Day for Safety and Health at Work	NSS Unit, TOCP	2023-2024
17	World Asthma Day	NSS Unit, TOCP	2023-2024
18	World Hand hygiene day	NSS Unit, TOCP	2023-2024
19	World Hypertension day	NSS Unit, TOCP	2023-2024
20	International Day of the Family	NSS Unit, TOCP	2023-2024
21	World Anti-tobacco Day	NSS Unit, TOCP	2023-2024
22	World Environment Day	NSS Unit, TOCP	2023-2024
23	World Food Safety Day	NSS Unit, TOCP	2023-2024
24	World Blood Donor Day	NSS Unit, TOCP	2023-2024
25	International Day of Yoga	NSS Unit, TOCP	2023-2024
26	Independence Day of India	NSS Unit, TOCP	2023-2024
27	Sadbhavana Diwas	NSS Unit, TOCP	2023-2024
28	National Sports Day	NSS Unit, TOCP	2023-2024
29	Teachers' Day	NSS Unit, TOCP	2023-2024
30	World Alzheimers day	NSS Unit, TOCP	2023-2024
31	Gandhi Jayanti	NSS Unit, TOCP	2023-2024
32	World Mental Health Day	NSS Unit, TOCP	2023-2024
33	World Food Day	NSS Unit, TOCP	2023-2024
34	Nutrition growth monitoring Program at Anganwadi	NSS Unit, TOCP	2023-2024

R. Padme
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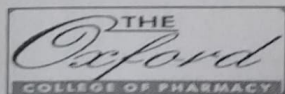
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35	Anemia mukt Bharat Medical camp at College campus	NSS Unit, TOCP	2023-2024
36	Environment Control program at Begur Panchayat	NSS Unit, TOCP	2023-2024
37	Swachhata hi seva at Begur lake	NSS Unit, TOCP	2023-2024
38	Swachhata Hi Seva at Government play ground	NSS Unit, TOCP	2023-2024
39	Swachhata hi seva at Mylasandra village	NSS Unit, TOCP	2023-2024
40	Swacchata hi seva at College campus	NSS Unit, TOCP	2023-2024

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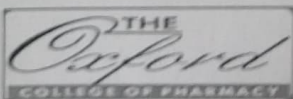
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Number of Outreach Programmes -2023-2024

S.No	Name of the activity	Organising Unit	Year
1	National girl child day/International Day of Education	NSS Unit, TOCP	2023-2024
2	World Cancer Day	NSS Unit, TOCP	2023-2024
3	No Smoking Day	NSS Unit, TOCP	2023-2024
4	World Water Day	NSS Unit, TOCP	2023-2024
5	World Asthma Day	NSS Unit, TOCP	2023-2024
6	World Hand hygiene day	NSS Unit, TOCP	2023-2024
7	World Hypertension day	NSS Unit, TOCP	2023-2024
8	World Anti-tobacco Day	NSS Unit, TOCP	2023-2024
9	World Environment Day	NSS Unit, TOCP	2023-2024
10	World Food Safety Day	NSS Unit, TOCP	2023-2024
11	World Blood Donor Day	NSS Unit, TOCP	2023-2024
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14	RHTC Medical camp	NSS Unit, TOCP	2023-2024
15	World Mental Health Day	NSS Unit, TOCP	2023-2024
16	Nutrition growth monitoring Program at Anganwadi	NSS Unit, TOCP	2023-2024
17	Anemia mukt Bharat medical camp at College campus	NSS Unit, TOCP	2023-2024
18	Environment Control program at Begur Panchayat	NSS Unit, TOCP	2023-2024
19	Swachhata hi seva at Begur lake	NSS Unit, TOCP	2023-2024
20	Swachhata Hi Seva at Government play ground	NSS Unit, TOCP	2023-2024
21	Swachhata hi seva at Mylasandra village	NSS Unit, TOCP	2023-2024
22	Swachhata hi seva at College campus	NSS Unit, TOCP	2023-2024

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DATE: 16/01/2024

CIRCULAR

All the students, teaching and non-teaching staff of The Oxford College of Pharmacy are hereby informed that program on “**NATIONAL GIRL CHILD DAY 2024**” for the Academic Year 2023-24 will be conducted on 25/01/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

Cc

1. Office

2. All department

P. Padure

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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



CORDIALLY INVITE YOU FOR THE AWARENESS PROGRAMME ON

"NATIONAL GIRL CHILD DAY"

"Digital Generation, Our Generation, Our Time is Now—Our Rights, Our Future"

Organized by

NSS Committee, TOCP, Bangalore

On

25TH JANUARY 2024, AT 10:00 AM.

National Girl Child Day



CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU

Chairman

The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH

Principal,

The Oxford College of Pharmacy

NSS CO-ORDINATOR

Mrs. NAGALAKSHMI R

Assistant Professor

The Oxford College of Pharmacy

BROCHURE



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PREAMBLE

The Department of Pharmaceutics under NSS Committee, The Oxford College of Pharmacy, Bangalore celebrated "National Girl Child Day" on 25th January 2024. Mrs R Nagalakshmi and Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were around 350 participants.

The content of the Session:

"National Girl Child Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 25th January 2024" with the theme "Digital Generation, Our Generation, Our Time is Now—Our Rights, Our Future". The program started with the welcoming of the audience and briefed about the history and significance of observing this day. Mrs R Nagalakshmi, Assistant Professor delivered speech regarding the importance of 'Beti Bachao Beti Padahao' and also informed about various schemes for welfare of girl child by the government. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day is to provide support and opportunities to girls, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2024 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2024 were also briefed by the speaker such as

- To create awareness among people to protect and raise girl child with equality in terms of education, health and other opportunities in life.
- To promote the idea of the elimination of any form of discrimination against the girl child at home or outside home.



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- To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.
- To educate people at large about the importance of girl children and the declining sex ratio in India and eventually to change their mindset.
- To create a safe environment for girls to live safely inside and outside their homes.

Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, started his speech with the quote "A girl with a dream can change the world. Let's support and uplift every girl's aspiration." He also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls. The students after the indoor session went to the nearby community to spread awareness regarding the Beti Bachhao, Beti Padhao scheme, students went in small group and interacted with the community people. They made them aware of different schemes also available for benefit of girl children in bank as well as education institutes like Sukanya samridhi plan etc.

No. of Participants: 350

Schedule: On 25^h Jan 2024

Time Schedule	Programme
10 AM	Speech-Theme: "Digital Generation, Our Generation, Our Time is Now— Our Rights, Our Future"

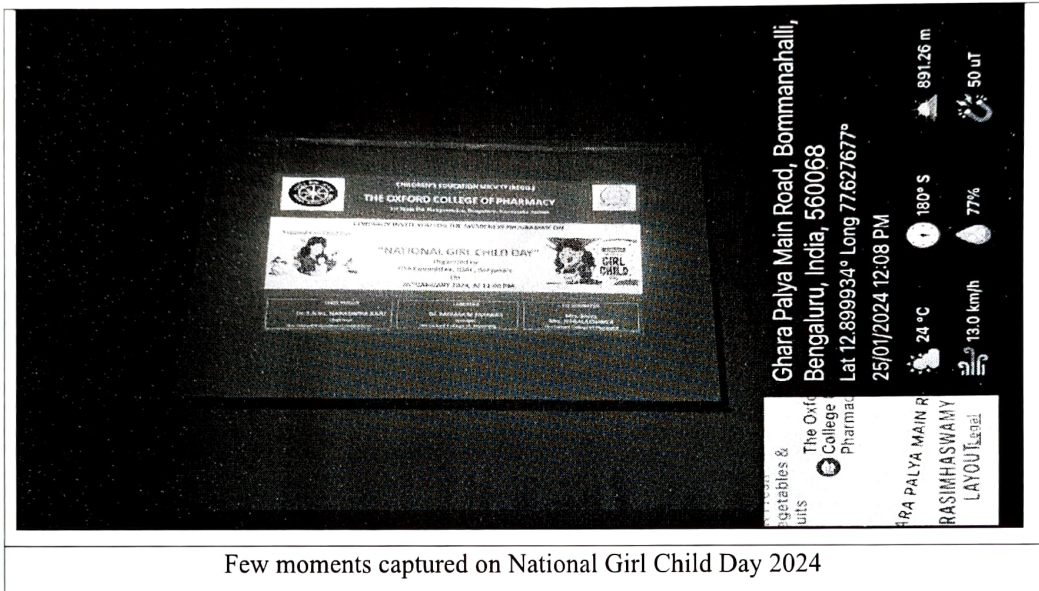


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Few moments captured on National Girl Child Day 2024

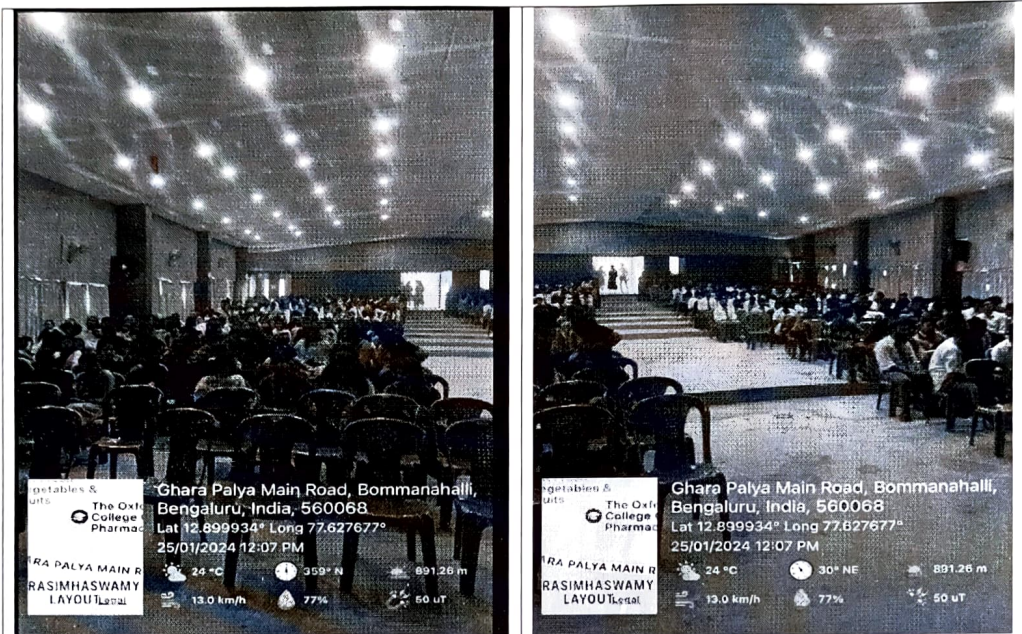


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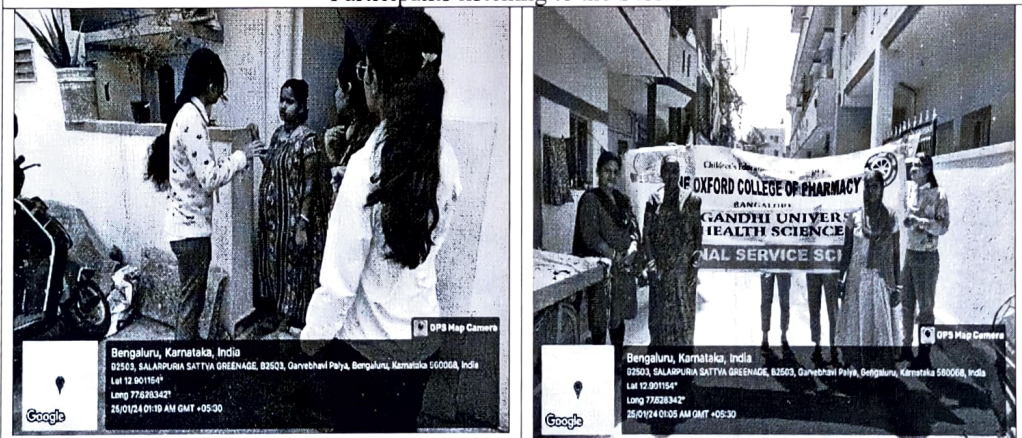


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Participants listening to the Session



Students Outreach to the Society -- Interacting with the community



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OUTCOME OF THE PROGRAM

The importance of celebrating National Girl Child Day and its significance of bringing equality, eliminating any kind of discrimination, and to provide a safe environment for their growth successfully reached the participants and increased the awareness about it in them. All the 350 participants in and out of the campus were benefitted as it gave a new insight regarding the ways to protect and safe guard the rights of girl child in the society. The equality and freedom start from the family and helps in building a better society. These guiding principles through initiatives like “Beti Bachao Beti Padhao” to effect behavioural change in society’s attitude towards girl child and inspire a collective effort towards their holistic development. The students who participated this program were keen to spread awareness to the society via their neighbours, community by passing this information gained. Few students got involved within their residential community and arranged awareness program as part of this program of spreading awareness.

END OF REPORT



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DATE: 20/01/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on "NATIONAL VOTERS DAY 2024" for the Academic Year 2023-2024 will be conducted on 25/01/2024. We look forward for the active participation for the same. All interested students are requested to give your names to the event co-ordinator.

Cc

1. Office

2. All Departments

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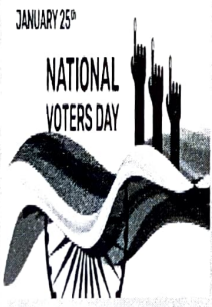


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THE OXFORD COLLEGE OF PHARMACY


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JANUARY 25th
NATIONAL
VOTERS DAY

**NSS Committee, TOCP &
Department of Pharmaceutics
ORGANIZE AWARENESS PROGRAMME ON
"NATIONAL VOTER'S DAY"
THEME: "Nothing Like Voting, I Vote For sure"
ON
25TH JANUARY 2024, AT 10:00 AM.**



NOTHING LIKE
VOTING
I VOTE FOR SURE
NVD 2024

CHIEF PATRON

Dr. S.N.V.L.NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

ORGANISERS

Mrs. NAGALAKSHMI R & DR. VIKRAM. T
Assistant Professor
The Oxford College of Pharmacy

Brochure of National Voter's Day



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore organized an awareness programme on "National voters Day" on 25th January 2024. Mrs R Nagalakshmi, Assistant Professor, Department of Pharmaceutics, initiated the program along with students. There were 350 participants and the programme was held at 7th Floor auditorium.

The content of the Session:

"National voters Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 25th January 2024" with the theme "Nothing like voting, I vote for sure". The program started with the welcoming of the audience and briefed about the history and significance of observing this day. The resource person Mrs. Leeky Mohanty delivered speech to encourage the youth to participate in the voting in the electoral process. It not only encourages the youth to participate in electoral process but also focuses on the fact that the right to vote is a basic right. Later, the participants were involved in a virtual interaction program with Honourable Prime Minister Narendra Modi as part of the programme organised by BJP Yuva Morcha.

The National Voters Day is celebrated every year as mark of the foundation day of Election Commission of India, i.e. 25th January 1950. The main objectives for observing this day was to encourage, facilitate, and maximize enrolment, especially for new voters. The day has been celebrated since 2011 across the country to mark the foundation of the Election Commission of India, i.e. 25th January 1950. It is celebrated every year with a particular theme. It not only encourages the youth to participate in the electoral process but also focuses on the Right to vote as the basic right. However, there are various factors that need to be taken into consideration which is being emphasized on National voters Day 2024 were also briefed by the speaker such to create awareness among young generation he or she has the right to select his leader to whomever they think is capable of leading the nation, solving the problems of common people, bringing about change, etc. Later PM Narendra Modi addressed nearly 50 lakh first-time



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voters virtually. In the session, students too actively shared their thoughts and taken the pledge to have a better society.

Schedule:

No. Of Participants-350

Timings	Event Schedule
10 Am	National Voters Day

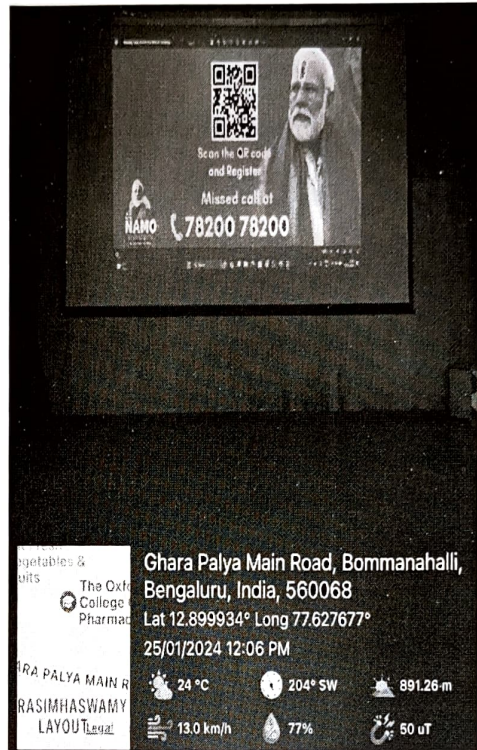
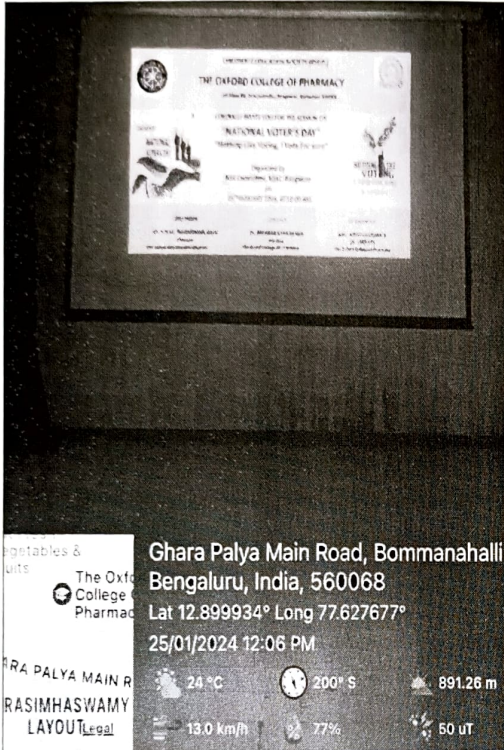


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Glimpses of the brochure of National Voter's Day and QR Scan code for registration on LED Screen



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Lat 12.899931°
Long 77.627753°
25/01/24 11:12 AM GMT +05:30

Participants listening to the virtual interaction of Honourable Prime Minister Narendra Modi



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Long 77.627753°
25/01/24 11:09 AM GMT +05:30



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Glimpses of the participants listening to the virtual interaction of Honourable Prime Minister Narendra Modi



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OUTCOME OF THE PROGRAM

There were 350 participants in the programme. The importance of celebrating National Voters Day and its significance of bringing awareness among younger generation regarding their rights in selecting a proper leader, and to provide a safe environment for their growth successfully reached the participants and increased the awareness about it in them. The students were keen to spread awareness to the society via their neighbor, community by passing this information gained during program. Few students got involved within their residential community and arranged awareness program as part of this program of spreading.

END OF REPORT



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DATE: 22/01/2024

CIRCULAR

REPUBLIC DAY CELEBRATIONS 2024

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that 75th Republic Day 2024 for the Academic Year 2023-24 will be celebrated on 26-01-2024 (Friday).

Republic Day holds immense significance in our Nation's history, symbolizing the adoption of the Constitution and marking the establishment of our democratic republic.

We encourage everyone to actively participate and contribute to making this event a memorable and meaningful experience for our college community. We look forward to your enthusiastic participation in the Republic Day celebrations.

Jai Hind!

P. Padma
PRINCIPAL

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Cc

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2. All Departments



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75
Azadi Ka
Amrit Mahotsav

CHILDREN'S EDUCATION SOCIETY ®
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REPUBLIC DAY 2024

JANUARY 26, 09.00 AM



CHAIRMAN

DR. S N V L NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. M PADMAA PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

BROCHURE



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PREAMBLE

Republic Day in India is celebrated every year on the 26th of January. It was on this day that the constitution of India came into being, replacing the Government of India Act 1935 and making India a Republic Nation. To commemorate this day, The Oxford College of Pharmacy, Bangalore, under NSS committee celebrated the 75th Republic Day on January 26, 2024. The programme started at 9.00 a.m.

It was the matter of great pride for all of us. The principal, teachers and the students didn't want to leave any stone unturned in making this monumental day a memorable one. Republic Day is always a proud moment for every Indian to celebrate, which is celebrated throughout India and every corner of the country on 26th January every year irrespective of caste, creed and religion. While India gained independence from the British Raj in 1947, it wasn't until January 26, 1950, that the Indian Constitution came into effect, and India became a sovereign state, declaring it a republic. Dr. BR Ambedkar headed the Drafting Committee of the Constitution. Additionally, Constitution Day is celebrated in India on November 26 every year, as on November 26, 1949, the Constituent Assembly of India adopted the Constitution of India.

The campus was beautifully decorated with flags and rangoli to commemorate the day. Our beloved principal Dr Padmaa Paarakh welcomed all the members present for the function. She requested Dr. Parthasarathy, Vice Principal & HOD, Department of Pharmacy Practice, The Oxford College of Pharmacy to do the flag hoisting ceremony, which was attended by students, faculty, and staff, creating a sense of unity and pride among everyone present.

Following the flag hoisting, the program continued with a variety of cultural performances showcasing the rich cultural heritage of our nation. Students presented traditional dances, patriotic songs, captivating the audience with their talent and creativity.

She extended her warm greetings on the occasion. After that our principal madam hoisted the Flag and we sang flag song and National Anthem together.

After that Dr. Jyoti Shrivastava, HOD, Professor, Department of Pharm Chemistry, The Oxford College of Pharmacy, gave an in-depth speech on how we got freedom.



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Dr. Noopur Srivasthava, Associate Professor, HOD (Incharge), Department of Pharmacology, The Oxford College of Pharmacy, also gave a speech on the importance of Republic Day to Indians. He talked about the date was specifically chosen as it marks the anniversary of Purna Swaraj Day, which was held on January 26, 1930. The Purna Swaraj resolution made on January 26, 1930, called for "complete freedom from the British rule".

Mrs. Suvarnalakshmi, Asst. Professor, Department of Pharmaceutical Chemistry, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by thanking teachers, students, and non-teaching staff.

The program ended with the message to create a great nation through collective efforts from all individual. Sweets were distributed amongst all.

No.of participants- 400 students

Schedule :

26th January 2024 :76th republic day celebration



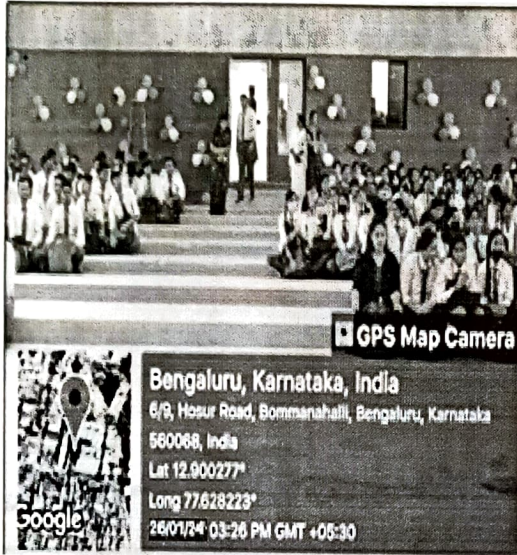
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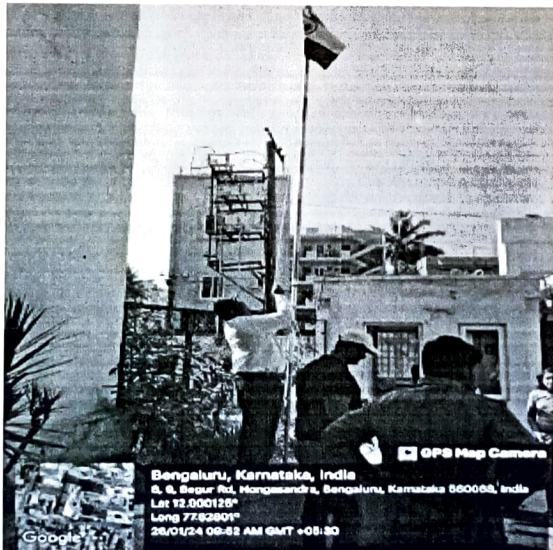
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GLIMPSE OF 75th REPUBLIC DAY on 26th January 2024.



Students participated in Republic Day

Dr. Noopur Srivasthava addressing participants



Dr. Parthasarathy proudly hoists the flag, symbolizing our unity and strength



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OUTCOME OF THE PROGRAM

The outcome of a Republic Day program was multifaceted, encompassing commemoration, education, and fostering national pride. Totally more than 400 students were participated in the program and through cultural performances and patriotic displays, participants reflected on the significance of the day and honour the founding principles of the republic. These celebrations served as an opportunity to educate the students, particularly youth, about the nation's constitution and its journey towards republicanism. Republic Day programs also emphasize unity in diversity, showcasing the nation's cultural richness and highlighting achievements across various fields. Furthermore, the event inspired citizens to contribute positively to the country's progress and uphold the values enshrined in the constitution. The Republic Day programs served as a platform to showcase the nation's achievements and cultural heritage, fostering diplomatic ties and showcasing national identity on the global stage.

-----END OF THE REPORT-----



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Date: 31/01/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Guest Lecture on '**WORLD CANCER DAY 2024**' for the Academic Year 2023-24 will be conducted on 03/02/2023 (Saturday). As we all know that World Cancer Day is observed on 4th February every year and the February 4th falls on Sunday, we have chosen the preceding Saturday February 3rd 2024 to ensure maximum participation and convenience for all. We request for the active participation for the same.

Note: We are excited to announce a Brochure-Making competition in conjunction with the Guest Lecture on the cancer awareness. Participants are encouraged to create visually appealing and informative brochures on or before 02/02/2024 to the event organizers without fail. Class coordinators are requested to inform to the students the same.

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

WORLD CANCER DAY

THEME: CLOSE THE CARE GAP



RESOURCE PERSON

Dr. Anand P

Associate Professor,

Department of Community Medicine,

The Oxford Medical College Hospital & Research

Centre Bengaluru.



3rd February 2024, 10 AM

Chief Patron

Dr. S N V L Narasimha Raju
Chairman
The Oxford Educational Institutions

Convener

Dr. M Padmaa Paarakh
Principal
The Oxford College of Pharmacy

Organizing Committee

Mrs. G. Suvarna Lakshmi
Mrs. Vishnu Priya
Department of Pharmaceutical Chemistry
The Oxford College of Pharmacy

BROCHURE



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "**WORLD CANCER DAY 2024**". World Cancer Day is an international event observed on February 4th every year. It aims to raise awareness about cancer, encourage its prevention, detection, and treatment, as well as advocate for greater access to cancer care. The day was established by the Union for International Cancer Control (UICC) to support the goals of the World Cancer Declaration, which was adopted in 2008.

UICC (Union for International Cancer Control) declared the theme for World Cancer Day 2024 "**Close the Care Gap**".

Cancer is a second-leading cause of death across the world and 70% of cancer deaths occur in low-to-middle-income countries. Each year, millions of lives can be saved by implementing resource-appropriate strategies for prevention, early detection, and treatment. At the same time, make people aware of how to prevent, and also how to identify the symptoms of cancer, educate people, as well as to prepare government and non-governmental organizations to help in fighting this deadly disease all over the world.

THE PROGRAM AS FOLLOWS:

In honor of World Cancer Day on February 4th 2024, which fell on a Sunday, the Department of Pharmaceutical chemistry hosted a Guest Lecture on the preceding Saturday, February 3rd 2024.

The event commenced with a warm welcome and introduction of the guest speaker by Mrs. Vishnupriya. S. This was followed by the inaugural address delivered by Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy.

The Guest Lecture delivered by Dr. Anand P, was a profound exploration into cancer prevention interventions and the importance of adopting a cancer-preventive lifestyle. Dr. Anand shared valuable insights, drawing from his extensive expertise in the field, and emphasized the critical role of proactive measures in reducing the burden of cancer.



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During the lecture, Dr. Anand underscored the significance of raising awareness about cancer prevention strategies among communities. He emphasized that prevention is key and highlighted various lifestyle modifications that can significantly reduce the risk of developing cancer. From maintaining a healthy diet and regular exercise routine to avoiding tobacco and limiting alcohol consumption, Dr. Anand stressed the importance of making informed choices to safeguard one's health.

Moreover, Guest Speaker advocated for a collective effort in promoting cancer prevention. He emphasized the need for individuals to encourage others to prioritize their health and adopt cancer-preventive habits. By fostering a supportive environment and promoting healthy behaviours within communities, we can work towards reducing the incidence of cancer and improving overall well-being.

In alignment with the theme "Close the Care Gap," Dr. Anand addressed the need for better access to clinical evaluation and care for all individuals, regardless of their background or socioeconomic status. He emphasized the importance of bridging the gap in healthcare services to ensure that everyone has access to timely diagnosis, treatment, and support.

In conclusion, Dr. Anand's insightful lecture served as a catalyst for action, inspiring attendees to take proactive steps towards cancer prevention and advocating for equitable access to quality healthcare. By working together to raise awareness, promote healthy lifestyles, and address disparities in care, we can strive towards a future where cancer incidence is minimized, and every individual receives the care and support they deserve.

The students of The Oxford College of Pharmacy demonstrated active participation in the brochure-making competition, showcasing their creativity and commitment to raising awareness about cancer prevention. They produced a diverse range of brochures; each designed to inform and educate the community about the importance of adopting a healthy lifestyle to prevent cancer.

Not only did the students actively participate in creating the brochures, but they also took proactive steps to distribute them within the community. Through their efforts, valuable information regarding cancer prevention measures and support resources reached a wider audience, contributing to the overarching goal of spreading awareness and promoting health and well-being.



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The program organizer Mrs. G. Suvarna Lakshmi concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for giving opportunity for organizing such an event. She also expressed her gratitude to Dr. Anand P, Associate Professor, Department of Community Medicine, The Oxford Medical College Hospital & Research Centre, Dr. Jyoti Srivasthava, HOD, Department of Pharmaceutical Chemistry, and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

PROGRAM AGENDA & SCHEDULE:

Time	Event
10:00 am - 10:15 am	Inauguration
10:15 am – 10:30 am	Welcome Note
10:30 am – 12: 00 pm	Expert Talk
12:00 pm -12.30 pm	Vote of Thanks
12.30 pm- 1.30 pm	Community Outreach: Brochure Distribution



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GLIMPSE OF THE EVENT:



Dr. Anand addressing students on Cancer Awareness



Principal honors Dr. Anand, our esteemed Resource Person



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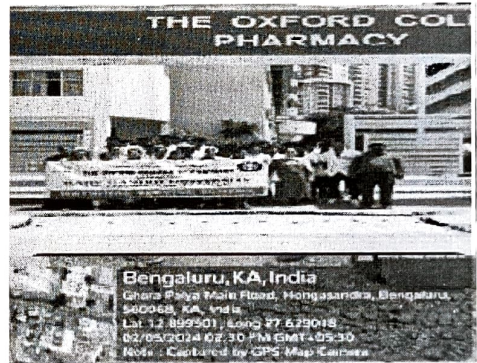
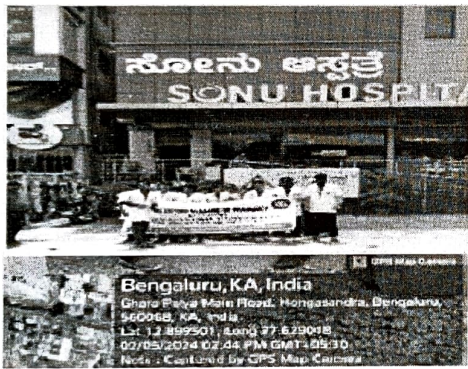


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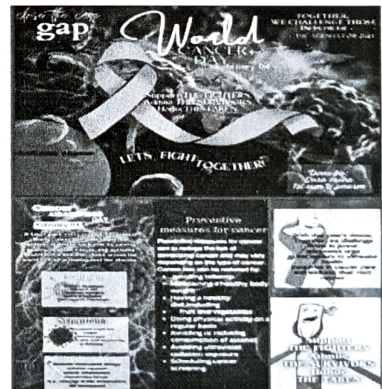
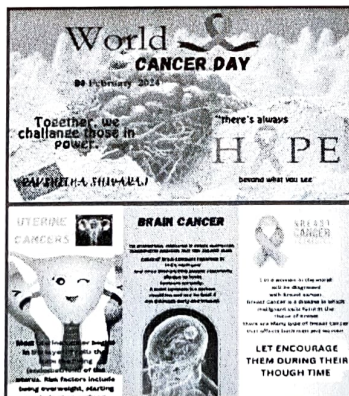
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Students sharing brochures with the community to spread awareness



Students leading awareness program under NSS, spreading the word to the community



Brochures prepared by students



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OUTCOME OF THE PROGRAMME:

The program successfully reached the individuals and significantly increased the awareness about cancer related issues. 60 students of B. Pharm and Pharm. D participated in the program and attendees gained valuable knowledge about healthy lifestyles, early detection, and the importance of screenings, potentially impacting preventive behaviors. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in cancer-related discussions. After the program, the participants were involved in spreading the knowledge on cancer to the local community, helping people learn more about cancer by distributing brochures to the community. To build on this success, future programs could focus on sustained educational campaigns, increased partnerships with healthcare institutions, and continued advocacy for improved policies and resources for cancer prevention and treatment.

-----**END OF REPORT**-----



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LIST OF PARTICIPANTS

S.NO	NAME OF THE STUDENT	SIGNATURE
1	A YESWANTHA	A-Yes
2	ABHINAV ANAND	AB
3	ABHISHEK H PATIL	ABH
4	ABISHEKA M	AB
5	ADITYA	AD
6	AKASH R	AK
7	AKSHITHA A	AK
8	ALLURI YASWANTH	AY
9	AMRIN A	AM
10	GEETHA M	GM
11	GOKILAN N	GN
12	GOWTHAM V	GV
13	GUNASHREE M	GM
14	HANUMANTARAYA GOUDA	HG
15	HARISH G	HG
16	HARSHA T	HT
17	HEMASHREE S	HS
18	JEEVA B	JB
19	JOEL JHON PHILIP	JJP
20	JOSHITHA K	JK
21	JOSHI D	JD
22	KALAVATHI K	KK
23	KAVYA K	KK
24	KHASHIMASAB	KS
25	KRITHIKA SK	KS
26	KULSUM	KS
27	KUSHAL GOWDA HC	KG
28	LAVANYA R	LR
29	LIKHITH M	LM
30	M HARIHARAN	MH
31	NITHYA M	NM
32	NITU KUMARI P	NKP
33	PAVANA M	PM
34	PAVANI B	PB
35	PAVITRA HIREMATH	PH
36	PK ARYAN OTTA	PO
37	PRAJWAL L	PL
38	PRAKRUTHI J	PJ
39	PRAVEEN SHANKRI	PS



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40	RAVI CHANDRA V	Ravi
41	RITESH KHEMKA	Ritesh
42	ROHITH V	Rohith
43	S NANDITHA	Nanditha
44	RAVI CHANDRA V	Ravi
45	ABIGAIL N MOZHUI	Abigail
46	ANIRBAN DEBNATH	Anirban
47	ASHISH ABHRAHAM	Ashish
48	DEBJIT BHAKAT	Debjit
49	DEEPTI CHOUDHARY	Deepti
50	DIMPLE G	Dimple
51	GANANESWAR RAO S	Ganan
52	HEMA NS	Hema
53	JEFFY Y	Jeffy
54	KEERTHANA C	Keerthana
55	PADMASHREE M	Padma
56	RANJITHA REDDY S	Ranjitha
57	SHASHIKALA DM	Shashika
58	SHERLIN HEPZIBAH S	Sherlin
59	SUBHASHINI N	Subhashini
60.	TINA LALLY	Tina

P. Padma
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Date:05/02/2024

The Oxford College of Pharmacy, is delighted to invite you all for a guest lecture on the topic –
“Together for a better internet and social media” by Dr R.Ch.A Naidu, Marking the occasion of “Safer
internet day” on 8/2/2024 at 10.30am in Room 505. We request your valuable presence.

Cc

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P. Padma
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SAFER INTERNET DAY 2024

GUEST LECTURE ON

TOGETHER FOR A BETTER INTERNET AND SOCIAL MEDIA

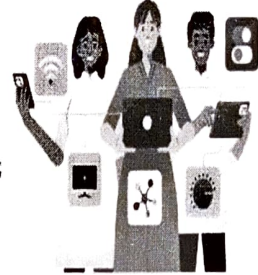
ORGANIZED BY THE DEPARTMENT OF PHARMACY PRACTICE



FEBRUARY 8, 2024
THURSDAY
FROM 10:30 AM

RESOURCE PERSON

DR. R. CH.A NAIDU
PROFESSOR AND HOD,
DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING
THE OXFORD COLLEGE OF ENGINEERING



CHIEF PATRON

DR.S N V L.NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING COMMITTEE

DR. PARTHASARATHY G
DR. JEENA SUSAN SAJI
DEPARTMENT OF PHARMACY PRACTICE
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Brochure



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PREAMBLE:

The Department of Pharmacy Practice, under NSS committee organized Safer Internet Day on 28th February at 10.30 am in Room 505, to raise awareness about the importance of online safety and to promote responsible and secure use of technology and the Internet. It encourages individuals, families, schools, and organisations to come together and play their part in improving online safety. 69 participants took part in the seminar.

As part of this annual celebration The Oxford college of Pharmacy encourages everyone including students and staffs and parents for safe surfing of internet and social media.

In honor of Safer Internet Day, the seminar "Together for a better internet and social media" seeks to improve and build a safer online space where kids and teens are empowered to use digital devices in an ethical, polite, and inspiring way. Young people can benefit greatly from playing games online in addition to finding it to be an enjoyable and captivating activity. Connecting with friends and other players through online gaming can improve one's digital abilities and inventiveness. Online game play can also foster the acquisition of new skills, pique interest in writing and reading, and inspire people to create their own video games.

Safer Internet Day stands as a vital reminder of the paramount importance of prioritising online safety and security. It offers an occasion for individuals to contemplate the potential hazards associated with internet usage and the imperative to safeguard oneself and others. The day is dedicated to raising awareness about emerging online challenges and existing issues, such as cyberbullying, online harassment, and digital identity theft. Additionally, it underscores the critical need for continual vigilance and the implementation of comprehensive protective measures to foster a safer and more secure internet environment, particularly for children and adolescents. Through the promotion of responsible online conduct and the advocacy for strengthened governance and legislation, Safer Internet Day plays a pivotal role in fostering a positive and protected online sphere.



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The theme for this year Safer Internet Day encapsulates the ever-evolving dynamics of online engagements and the necessity to adapt to these transformations. It underscores the potential for individuals to effect positive change, manage their online influence, and navigate the dynamic digital landscape. This theme underscores the importance of empowering young people to become responsible digital citizens, proficient in leveraging their online presence for constructive purposes while effectively managing the impact of online interactions on their lives. Furthermore, it underscores the significance of adjusting to the evolving online landscape and proactively confronting the challenges inherent in these shifts. In essence, the theme encourages contemplation on the role of individuals in shaping a constructive and influential online realm, while also acknowledging the imperative to navigate and control the impact of these digital transformations.

Dr. R.Ch.A. Naidu, who was the seminar speaker, spoke in-depth on the issue and provided a thorough introduction to internet usage. Data privacy, data mining, malware and virus attacks, legal issues, etc. were all covered in detail by him.

Additionally, he highlighted risks and challenges such as identity theft, romance scams, whistleblowers, cyberstalking, cyberbullying, and cyber terrorism.

A vote of gratitude was given by the program's organizer, Dr. G Parthasarathy. Thanking the Oxford Group of Institutions, its principal, Dr. Padmaa M Paarakh, and all the other faculty members and students who contributed to the event's successful conclusion, he expressed his gratitude to the chairman, Dr. S.N.V.L. Narasimha Raju.

No of participants: 69, Schedule: 10.30am

Time Schedule	Programme
10.30am	Welcome speech by Dr Parthasarathy G
11.00 am	Lecture by the guest Dr.R.CH.A.NAIDU Professor and HOD, Department of computer science and engineering, The oxford college of engineering, Bengaluru.
12.00 pm	Vote of thanks and felicitation.



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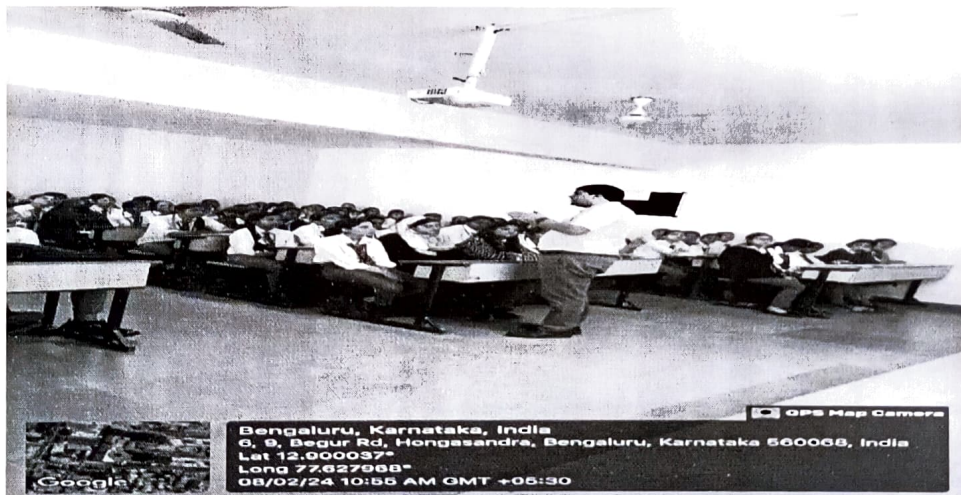
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Bengaluru, Karnataka, India
603 1st Main, 2nd, Cross, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.900194°
Long 77.628236°
08/02/24 10:40 AM GMT +05:30

Principal addressing students about seminar



Bengaluru, Karnataka, India
9, 9, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.900037°
Long 77.627968°
08/02/24 10:55 AM GMT +05:30

Speaker delivering speech

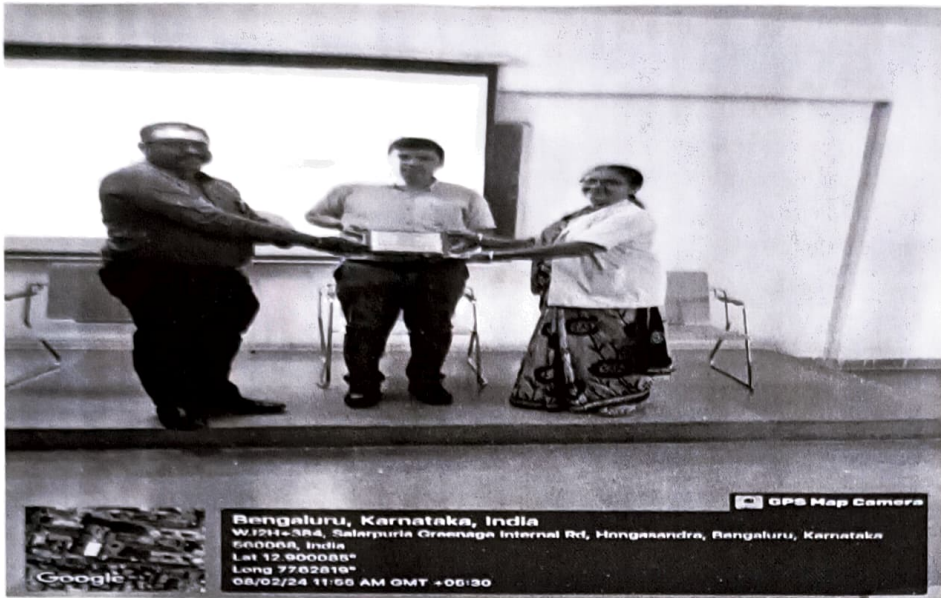


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A token of thanks presented to speaker

OUTCOME OF THE PROGRAMME

The program was conducted with an aim to educate the need for online safety and empowers individuals to navigate the digital world responsibly. 69 participants took part in the seminar. By promoting education, awareness, and responsible online behavior, we can create a safer and more inclusive internet for all. The seminar focused to embrace the opportunities that the internet offers while actively protecting ourselves and others from its potential dangers. After the seminar, the students were quite impressed and had numerous questions that were answered. Everyone was pleased with the discussion topic and anticipated more seminars of this nature.



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LIST OF PARTICIPANTS

SL NO	LIST OF PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P Padma
2.	DR JEENA	Jeena
3.	DR PARTHASARATHY	P Co
4.	VARSHA M	Varsha
5.	SOURASHISH BAIDYA	Sourashish
6.	ABHIRAMI P PILLAI	Abhirami
7.	AFRAH FATHIMA	Afrah
8.	AIJINGHUN UMSONG	Ajinhun
9.	AMIT KUMAR JENA	Amit
10.	ARUSHI NAIR	Arunshi
11.	BHAVANA M REDDY	Bhavana
12.	HARSHITHA G S	Harshitha
13.	HASHUBA N	Hashuba
14.	HEENA K	Heena
15.	KEERTHI REDDY M	Keerthi
16.	KIRUBA EVANJALIN M	Kiruba
17.	MOHAMMED SHADAAB	Mohammed
18.	MONISH T	Monish
19.	RAHIB S	Rahib
20.	RAKSHITHA K C	Rakshitha
21.	SRI NILASH KUMAR	Sri Nilash
22.	UTTARA S	Uttara
23.	VEDHA SHREE K S	Vedha
24.	VENCY V	Vency
25.	VISHWATHEJA B	Vishwatheja
26.	SWARUPAM SARKAR	Swarupam
27.	MOLUNGZANG AIER	Molungzang
28.	HARSHDEEP SARVA	Harshdeep
29.	KATHIRMANI RAJA S	Kathirmani
30.	ZOMBARKAR MUSKAN	Zombarkar
31.	ABIGAIL N MOZHUI	Abigail
32.	ANIRBAN DEBNATH	Anirban
33.	ASHISH ABHRAHAM	Ashish
34.	DEBJIT BHAKAT	Debjit
35.	DEEPTI CHOUDHARY	Deepthi
36.	DIMPLE G	Dimple



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37.	GANANESWAR RAO S	<i>Gan</i>
38.	HEMA NS	<i>Hema</i>
39.	KEERTHANA C	<i>Keer</i>
40.	PADMASHREE M	<i>Padma</i>
41.	RANJITHA REDDY S	<i>Ranjitha</i>
42.	SHASHIKALA D M	<i>Shashi</i>
43.	SHERLIN HEPZIBAH S	<i>Sherlin</i>
44.	SHUBHASHINI N	<i>Shubha</i>
45.	SYED ALSABA HUSSAINI	<i>Syed Alsaba</i>
46.	TINA LALLY	<i>Tina</i>
47.	VINISHA R	<i>Vinisha</i>
48.	SAURABH SINGH	<i>Saurabh</i>
49.	GIRISHADITHYA. A	<i>Girish</i>
50.	ADARSH S KUMAR	<i>Adarsh</i>
51.	DEEPAK CHOUDERY. S	<i>Deepak</i>
52.	SAFREEN. T.A	<i>Safreen</i>
53.	ARINDAM DEY	<i>Arindam</i>
54.	BABISHA R	<i>Babisha</i>
55.	BHAVYASHREE N	<i>Bhavya</i>
56.	DHARUN BALA. L	<i>Dharun</i>
57.	HARSHITHA. A	<i>Harshitha</i>
58.	LIKITHA CHANDRASHEKAR	<i>Likitha</i>
59.	NEETHU. T.P	<i>Neethu</i>
60.	NISHANTH. K.K	<i>Nishanth</i>
61.	NIZAMUDDIN	<i>Nizamuddin</i>
62.	NUNGSHICHILA A JAMIR	<i>Nungshichila</i>
63.	PRADEEP. S	<i>Pradeep</i>
64.	RISHIKA GUPTA	<i>Rishika</i>
65.	RUDRAMBIKA. M	<i>Rudrambika</i>
66.	SARAVANAGIRI. A	<i>Saravani</i>
67.	SARAVANAN. M	<i>Saravani</i>
68.	SEEMA. S.L	<i>Seema</i>
69.	SHREYAA DATTA	<i>Shreyaa</i>

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Date: 12/02/2024

CIRCULAR

All the teaching, non-teaching, and students of The Oxford College of Pharmacy are hereby informed that "National Science Day" for the academic year 2023-24 will be conducted on 28/02/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

CC

Office

All the Departments

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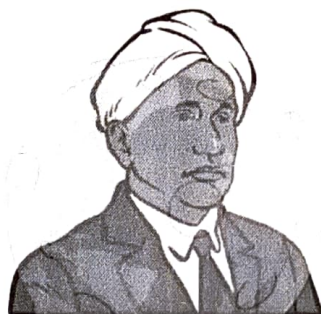


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CHILDREN'S EDUCATION SOCIETY (Regd.)

THE OXFORD COLLEGE OF PHARMACY
Department of Pharmacology



09.30 AM to 4.00PM

Venue: 3rd Floor, TOCP

on
28/02/2024

Chief Patron

Dr. S.N.V.L.Narasimha Raju
Chairman
The Oxford Educational Institutions

Convener

Dr. Padmaa M Paarakh
Principal
The Oxford College of Pharmacy

Organising Team

Dr. Noopur Srivastava
Dr. A.Muthukumar
Department of Pharmacology
The Oxford College of Pharmacy

BROCHURE FOR NATIONAL SCIENCE DAY



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PREAMBLE:

The NSS unit of the Department of Pharmacology at The Oxford College of Pharmacy in Bengaluru organized the "**National Science Day**" event to acknowledge and appreciate the contributions of scientists and researchers in the field of science. The event aimed to increase student's awareness of the importance of science and its applications in everyday life and foster interest in science and technology. The program took place on February 28th, 2024.

Since 1987, India has been celebrating National Science Day on February 28th to commemorate the discovery of the 'Raman Effect' by the renowned Indian physicist Sir C.V. Raman. This year's theme was 'Indigenous Technologies for Viksit Bharat.'

THE PROGRAM DELIVERED AS FOLLOWS:

The program started with a welcome note from Dr. Noopur Srivastava, the Program organizer, followed by the inaugural address from Dr Padmaa M Paarakh, Principal of The Oxford College of Pharmacy.

On the occasion, there was a Seminar, Poster-making competition, Quiz Competition, Working model-making competition, and a Science Model display in the community to raise awareness of the importance of Science and Technology in the Community. The students enthusiastically participated in all the competitions. Students from various undergraduate and postgraduate courses participated enthusiastically in the event. Students were shown their creative ideas and knowledge in posters and models.

Dr. A Muthu Kumar, Dean of Research & Associate Professor, Department of Pharmacology, formally welcomed our Eminent Speaker, Dr. Susil Kumar Sahoo, Prof. & HOD, Department of Computer Science & Applications, The Oxford College of Science, and all the 65 participants and staff gathered for the celebration. He spoke on the importance of National Science Day and the Internet of Things- Indigenous Technology. He emphasized the need to go beyond textbooks and imbibe knowledge from all the spheres for overall development. He also explained how Science and Technology should walk hand in hand to solve the current societal problems. Dr. Gururaj S Kulkarni, Prof. & HOD, Department of Pharmaceutics, was the judge for the quiz organized on National Science Day. Six teams of five students participated in the quiz, and Dr. Gururaj S Kulkarni announced the first two teams that scored highest as winners and runners-up.



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The Poster making competition and Working Models making competition were followed after the Quiz Competition,

The Judge for this event was Dr. Preetha Sharan, Professor & Dean (R & D), The Oxford College of Science. The Honorable Principal, HODs, and faculties appreciated the science projects exhibited by the students at the science fair. The students of M. Pharm (Pharmacology, Pharmaceutics), Pharm D, B Pharm, and D Pharm participated in the Programme. At the end of it, the result of the Working Science Model Competition and Poster Making Competition was announced by Dr. Noopur Srivastava, Associate Professor & HOD, Department of Pharmacology. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got the opportunity to win prizes on the occasion. The higher authority congratulated all the prize-winners. Finally, Dr. Muthu Kumar, Associate Professor and Dean of Research at Department of Pharmacology, concluded the program with a vote of thanks. He thanked Chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, for organizing such an event, and Dr. Noopur Srivastava, HOD, Department of Pharmacology and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 69 participants

Schedule: On 28th February, 2024

Time Schedule	Program
9.30 AM – 10.00 PM	Welcome address
10.00 AM -11.30 AM	Guest Lecture on “ The Internet of things- A Indigenous Technology for Viksit Bharat”
11:40 A.M -01.30 P.M	Quiz
2:30 P.M-3:45 P.M	Display of Models (Working models, Origami Models)
3:50P.M-4:00 P.M	Vote of Thanks



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The event started with a brief Introduction to National Science Day



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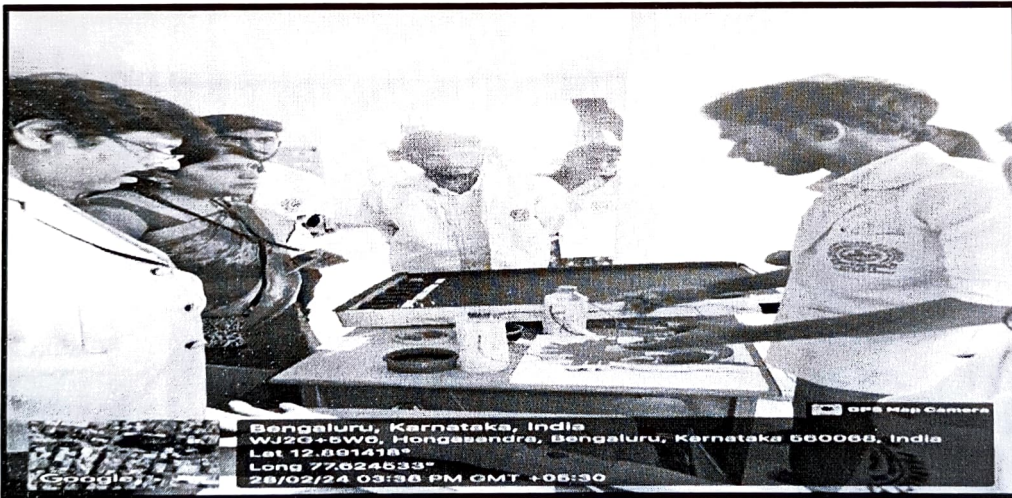
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Students explaining the Model prepared



Judges with Participants



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OUTCOME OF THE PROGRAM:

National Science Day was conducted to ignite interest among students, to perform new experiments, and to make them aware of the latest developments in science and technology. 69 Students and staff participated in the program. The event made the students understand revitalizing national and international commitments to use science for the benefit of society. It also helped students to understand the importance of science in our daily lives and to encourage the pursuit of scientific Knowledge.



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LIST OF PARTICIPANTS

S.No	Name of the Participants	Signature
1.	Dr Padmaa M Paarakh	P Padma
2.	Dr Noopur Srivastava	Dr. Noopur Srivastava
3.	Dr. A Muthukumar	A. Muthukumar
4.	Ms Keserla Bhavani	Keserla Bhavani
5.	Ananya	Ananya
6.	Arroju Hrithik	Arroju Hrithik
7.	B G Shravanya	B G Shravanya
8.	Chethan Seshadri	Chethan Seshadri
9.	Kavya	Kavya
10.	Pallavi	Pallavi
11.	Sanjay	Sanjay
12.	Shaik Baji	Shaik Baji
13.	Soundarya	Soundarya
14.	Aniket Bipin Bellad	Aniket Bipin Bellad
15.	Balraj.M	Balraj.M
16.	Deepak.S	Deepak.S
17.	Dhushyanth. G	Dhushyanth. G
18.	Harish Kumar K	Harish Kumar K



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19.	Reeshita Jhanak	Reeshita
20.	Santhala Chaitanya Prasad	Santhala
21.	Sneha Suresh Salunkhe	Sneha
22.	Sourav Charan	Sourav
23.	Thejaswini. B	Thejaswini
24.	Priya Raj Kumar	Priya
25.	Karthik M	Karthik
26.	Rakesh A M	Rakesh
27.	Shivachavan HR	Shivachavan
28.	Anil Kumar R	Anil
29.	Ankitha Nidhi Reddy	Ankitha
30.	Bindu. K	Bindu
31.	C. Mohammed Yaseen	Yaseen
32.	Gowda Mahantesh	Gowda
33.	Hamsa C A	Hamsa
34.	Kushan Raj. P	Kushan
35.	Amit Singh	Amit
36.	Badepalli Reddaiah Reddy	Badepalli
37.	Benguluri Ramesh Tejaswini	Benguluri
38.	Harsha K M	Harsha
39.	Jawahar Maniya Rasan S	Maniya



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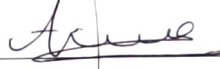



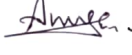
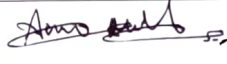


40.	Manoj	<i>Manoj</i>
41.	Mohammad Amin Yattoo	<i>Mohammad Amin Yattoo</i>
42.	Mulla Uzma Rivaz	<i>Mulla Uzma Rivaz</i>
43.	Nallagatla Sunanda	<i>Nallagatla Sunanda</i>
44.	R Navyasree	<i>R Navyasree</i>
45.	Ranjitha Ramesh Shetty	<i>Ranjitha Ramesh Shetty</i>
46.	Sneha M	<i>Sneha M</i>
47.	Sonali Milan Nalawade	<i>Sonali Milan Nalawade</i>
48.	Swetha Yoganandan	<i>Swetha Yoganandan</i>
49.	Vijay Kumar R	<i>Vijay Kumar R</i>
50.	Surya G	<i>Surya G</i>
51.	Priyanka G K	<i>Priyanka G K</i>
52.	Mithun N	<i>Mithun N</i>
53.	Monika S Reddy	<i>Monika S Reddy</i>
54.	Monika N	<i>Monika N</i>
55.	Nasiba N K	<i>Nasiba N K</i>
56.	Nidhishree S	<i>Nidhishree S</i>
57.	Nikshep N S	<i>Nikshep N S</i>
58.	P.Jeevitha	<i>P.Jeevitha</i>
59.	Pallavi S	<i>Pallavi S</i>
60.	Preethu K	<i>Preethu K</i>



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61.	Rakshitha S	
62.	Aarthi S	
63.	Aimen Bashir	
64.	Akila C	
65.	Anusha R S	
66.	Anusha T	
67.	Anwar Mulla	
68.	Arun Biradar	
69.	Arun C	

P. Padma

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DATE: 23/02/2024

CIRCULAR

All the students, teaching and non-teaching staff of The Oxford College of Pharmacy are hereby informed that program on “**ZERO DISCRIMINATION DAY 2024**” for the Academic Year 2023-24 will be conducted on 01/03/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma

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Cc

1. Office

2. All Departments



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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
A-9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068
DEPARTMENT OF PHARMACOLOGY



ZERO DISCRIMINATION DAY

MARCH 1ST 2024, 11:30AM-12:30PM

THEME: TO PROTECT EVERYONES HEALTH -
PROTECT EVERYONES RIGHTS

GUEST LECTURE BY

DR. NEERAJA
FACULTY,

DEPARTMENT OF PROSTHODONTICS,
THE OXFORD DENTAL COLLEGE



CHIEF PATRON

Shri. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

DR. VENKATA KARTHIK
KUMAR REDDY,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy

BROCHURE



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Children's Education Society (Regd.)

The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka;
Approved by Pharmacy Council of India, New Delhi)

PREAMBLE

The Oxford College Of Pharmacy, Bengaluru under NSS Committee organized Zero Discrimination Day On 1st March 2024. Zero Discrimination Day is an annual day celebrated on 1 March each year by the United Nations (UN) and other international organizations. The day aims to promote equality before the law and in practice throughout all of the member countries of the UN. It was first celebrated on March 1, 2024, and was launched by UNAIDS' executive director Michel Sidibé on 27 February that year with a major event in Beijing. In February 2017, UNAIDS called on people to "make some noise around zero discrimination, to speak up and prevent discrimination from standing in the way of achieving ambitions, goals and dreams. There were 68 participants.

Content of the Programme:

The program was started with a welcome note by Mrs Keserla Bhavani, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Dr. G Karthik Kumar Reddy, Assistant Professor, Department of Pharmacology formally welcomed our Eminent Speaker Dr. Neeraja. B, Professor, The Oxford Dental College and all the participants gathered for the celebration. She spoke on the importance of Zero discrimination day and regarding the theme Protect your health-Protect your rights. She also emphasized upon how discrimination creates barriers to access education, healthcare, and job opportunities, which eventually perpetuates poverty and inequality.

Dr. G. Venkata Karthik Kumar Reddy conducted the poster competition on the theme of Zero discrimination day and students were participated enthusiastically. Finally, Dr. G. Karthik Kumar Reddy, Assistant Professor, Department of Pharmacology concluded the program with vote of thanks. He thanked Chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of pharmacy for organizing such an event and organising team and to all the other faculties and students who participated in the event and helped in its successful completion of the event.



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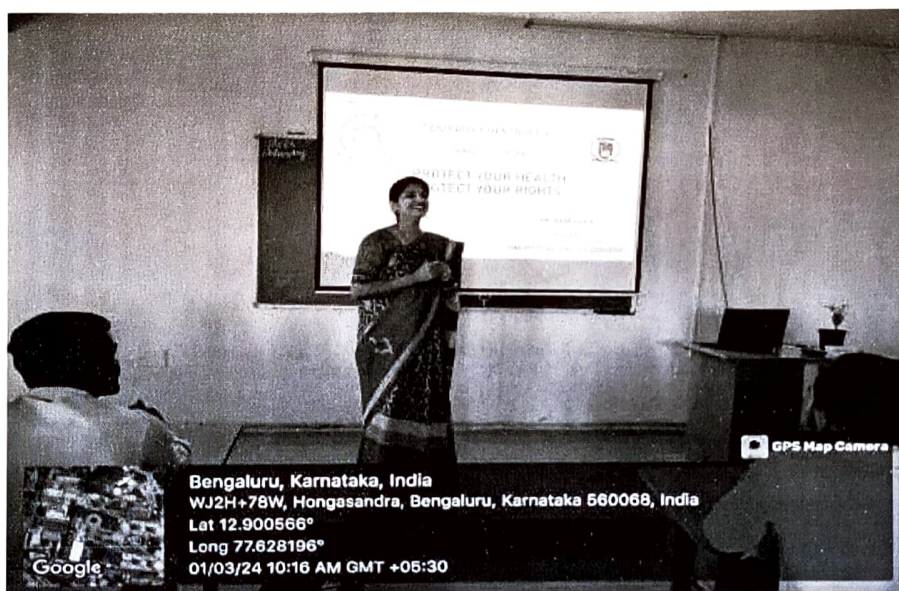
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No of participants: 68 Participants

Schedule: On 1st March 2024

Time Schedule	Programme
10: 00 am – 12 :00 pm	Guest Lecture on “Protect your health- Protect your rights”
3:00 P.M-3:30 P.M	Poster presentation by Students



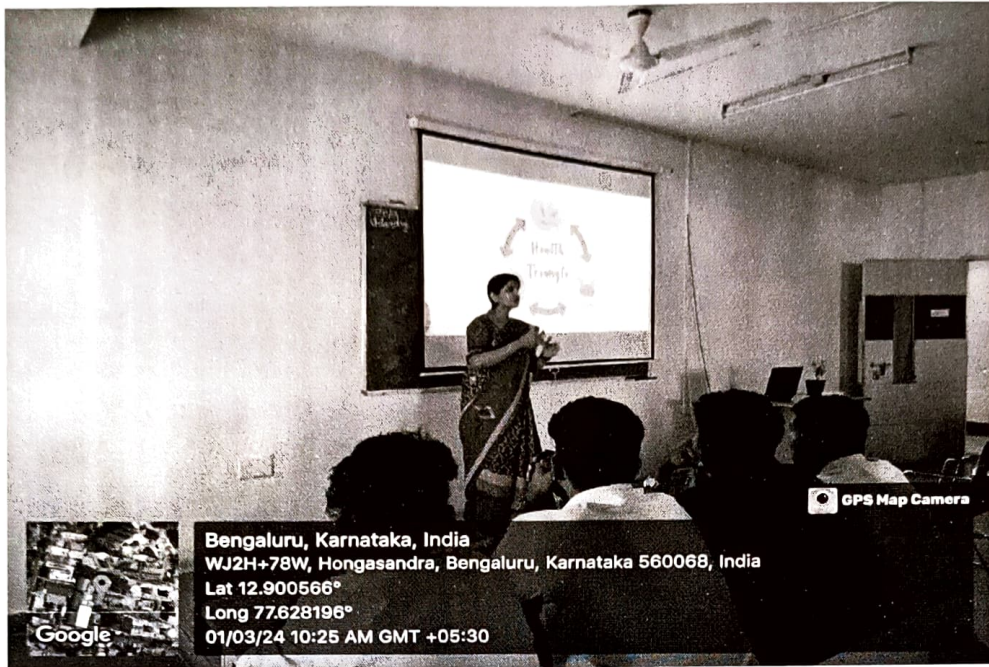
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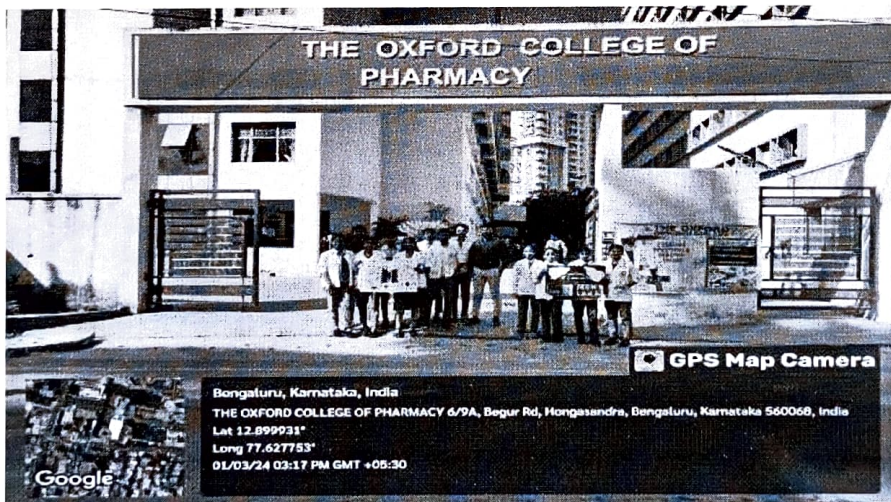
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Event started with brief introduction on Zero Discrimination Day



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OUTCOME OF REPORT:

The Zero discrimination was observed successfully. All the 68 Participants were benefited by the session organized by Department of Pharmacology, The Oxford College of pharmacy. The session facilitated students to learn about right of everyone to live a full and productive life as well as the importance of equality, inclusion, and tolerance across the globe. By the end of the session students were able to understand the impact of Discrimination in any form and how deeply it impacts an individual. Understanding the impact of discrimination.



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LIST OF PARTICIPANTS

SL.NO	NAME OF THE STUDENT	SIGNATURE
1.	DR. PADMAA M PAARAKH	P. Padma
2.	MRS. KESERLA BHAVANI	Keserla
3.	DR. G VENKATA KARTHIK KUMAR REDDY	Dr. Venkata Karthik
4.	ANANYA	Ananya
5.	AROJU HRITHIK	Aroju
6.	B G SHRAVANYA	B.G. Shrivanya
7.	CHETHAN SHESHADRI	Chethan
8.	PALLAVI	Pallavi
9.	KAVYA	Kavya
10.	SANJAY	Sanjay
11.	SHEIK BAJI	Sheik Baji
12.	SOUNDARYA	Soundarya
13.	MADHUSHREE	Madhushree
14.	MANOHAR K	Manohar
15.	MANOJ KUMAR M	Manoj
16.	MANSI BEN OZA	Mansi
17.	MEGHANA S	Meghana
18.	MEGHANA NADGIR	Meghana
19.	MITHUN N	Mithun
20.	MONIKA S REDDY	Monika
21.	MONIKA N	Monika.N
22.	NASIBA N K	Nasib
23.	NIDHISHREE S	Nidhi
24.	NIKSHEP N S	Nikshep
25.	P. JEEVITHA	Jeevitha
26.	PALLAVI S	Pallavi.S



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27.	PREETHU K	
28.	DIVYA C K	
29.	GAGAN SAGAR M	
30.	GAYATHRI. N. BIRADAR	
31.	GOWTHAM S	
32.	HARISH TK	
33.	HARSHITHA. P	
34.	R. HARSHITHA	
35.	M.HEMANTH	
36.	IQRA	
37.	PRAVIN J	
38.	JEEVAN.R	
39.	JEEVITHA S	
40.	K LAKSHMI	
41.	KUMARI MUSKAN	
42.	MADHURA R	
43.	ARYA KRISHNA	
44.	BANU PRIYA D	
45.	BHUVANESHWARI C	
46.	C POVINDHAR	
47.	CHAITHRA K	
48.	CHANDANA N	
49.	DEEPTHI R	
50.	DHRUVA R NADIG	
51.	GAGANA.K	
52.	GIRESHA NAIDU M	
53.	GOWTHAM GOWDA M R	
54.	ABINAYA SANGAVI	
55.	AISHWARYA K	





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56.	AJAY KUMAR N	
57.	ANU R	
58.	BARANIDHARAN G	
59.	HEMA S REDDY	
60.	IMLIBENBA OZUKUM	
61.	J. JEEVITHA	
62.	JYOTHIRMOY GHOSH	
63.	KRISHNAJITH S	
64.	LAKSHMI. P	
65.	MAIVANNAN K	
66.	MD. SAIF KHAZI	
67.	NAYANA RAI A	
68.	RAAFI JAMAL J	

P. Padma

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DATE: 5/03/2024

CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that programme on “**International Women’s Day 2024**” for the Academic Year 2023-24 will be celebrated on the 9th of March 2024. All are requested to assemble in the room number 501 at 12:00 PM. We look forward for the active participation for the same.

P. Padma

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Cc

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2.All Departments



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PREAMBLE

On 9th March, 2024, The Oxford College of Pharmacy, Bengaluru, under NSS committee organized International Women's Day with the theme "Invest in women: Accelerate progress". There were 87 participants in the program. On International Women's Day 2024, we stand united to celebrate the remarkable achievements of women around the globe and reaffirm our commitment to gender equality. This year's theme, "Invest in Women: Accelerate Progress," underscores the urgent need to prioritize investments in women's empowerment, education, and opportunities. By unlocking the full potential of women and girls, we can accelerate progress towards a more just, equitable, and prosperous world for all. Today, we honour the trailblazers who have shattered barriers and paved the way for future generations, while also recognizing the ongoing challenges that women continue to face. Together, let us recommit to building a future where every woman and girl can thrive, contribute, and lead with dignity and equality.

The Content Of The Session

The program commenced with welcoming the audience and a speaker delivering remarks on the significance of the day. Dr. Padmaa M Paarakh, the Principal, addressed the students, emphasizing the importance of International Women's Day and their societal responsibilities. A photobooth competition was held, with active participation from students, and winners were announced. The dress code of pink or purple added to the event's charm. The program was attended by 83 students from B. Pharm and M. Pharm, along with staff. Mrs. Adithi, the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.



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No.of participants- 87

Timings	Schedule of events
12.00pm	Speaker delivering speech on women's day
12.15pm	Photobooth competition

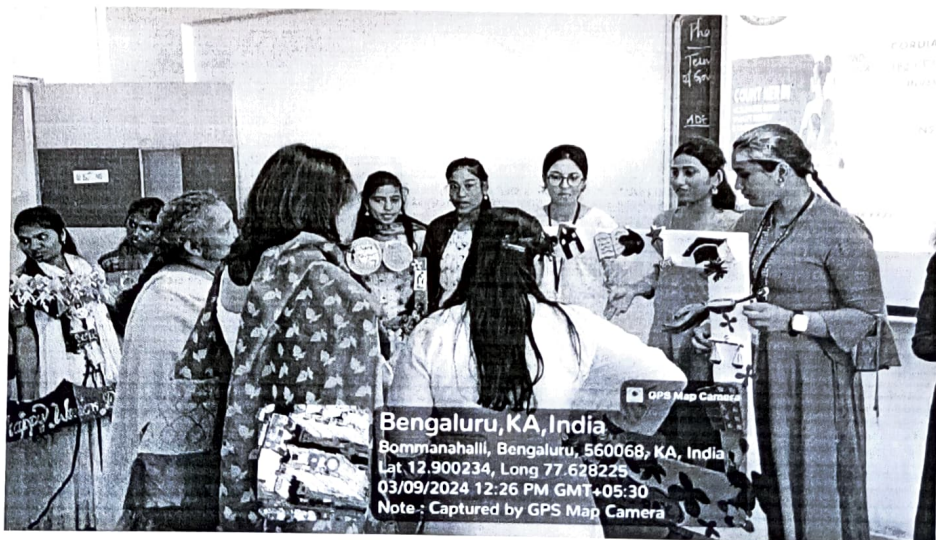
WINNERS LIST:

FIRST PRIZE: Dhanshekar M K , Nisha S , Pratik Jain (7th Sem B.Pharm)

SECOND PRIZE: Abhinaya, Lakshmi, Weizel (II Pharm D)

THIRD PRIZE: Anitha M, Swathi S, Sasipriya P (II D Pharm)

Shreya, Fathima, Sannidhi (III Sem B.Pharm)



Judgement of the Photobooth competition



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Students participated in the Photobooth Competition



Women's day celebration with Faculties



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OUTCOME OF THE PROGRAM

The outcome of International Women's Day program was resoundingly positive, with the active participation of 87 participants as it succeeded in inspiring and encouraging women across community. The Photobooth competition, a highlight of the event, ignited enthusiasm among all our students and staff, fostering a sense of unity and celebration of women's achievements.



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S.NO.	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS ADITI	Aditi.
3.	MRS SURINDER KAUR	Surinder
4.	MRS NAGALAKSHMI	Nagalakshmi
5.	A D NANDINI	Ad
6.	AMULYA R	Amulya
7.	APOORVA N	Apoorva.
8.	ARCHANA S	Archana
9.	CETHAN M	Cethan.
10.	DHARSHINI J	Dharshini
11.	DIVYA C K	Divya
12.	GAYATHRI N BIRADAR	Gayathri
13.	HARSHITHA P	Harshitha
14.	HARSHITHA R	Harshitha.
15.	IQRA	Iqra
16.	JEEVITHA S	Jeevitha
17.	K LAKSHMI	Lakshmi
18.	KUMARI MUSKAN	Muskan
19.	MADHURA R	Madhura
20.	MANASA S	Manasa
21.	MONISHA M	Monisha
22.	NOOR AYESHA L	Noor Ayesha
23.	RESHMA J	Reshma
24.	ROHAN B	Rohan
25.	ROOPA SHREE N	Roopa S
26.	S G SHREYA SHREE	Shreya
27.	SANNIDHI J KULKARNI	Sannidhi
28.	SHABARI B E	Shabari
29.	SHAIK BRIZEES FATHIMA	Shaike
30.	SHOBHA	Shobha
31.	SNEHA BISWAS	Sneha
32.	SONIYA PATEL	Soniya
33.	SOWJANYA M	Sowjanya
34.	VEENA S	Veena
35.	VINUTHA K	Vinutha
36.	CHANDANA SIRIPUREDDY	Chandana Siripureddy
37.	ANITHA M	Anitha



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38.	ANUSHREE M	<i>A</i>
39.	AYESHA SIDDIQUA	<i>Aysha</i>
40.	BIBI ASIYA	<i>Bibi</i>
41.	CHANDANA RAJ N	<i>Chandana</i>
42.	HEMASHREE Y	<i>Hem</i>
43.	JASIRA T S	<i>Jasira T S</i>
44.	KEERTHI GOWDA M	<i>Keerthi</i>
45.	K M VARSHA PATEL	<i>K.M. Varsha</i>
46.	LAKSHMI D	<i>Lakshmi</i>
47.	LAVANYA D	<i>Lavanya</i>
48.	MUNAVARA PARVEEN A	<i>Munavara</i>
49.	NOOR AYESHA N	<i>Noor</i>
50.	SASIPRIYA P	<i>Sasi</i>
51.	SHER BANU	<i>Sher</i>
52.	SNEHA M	<i>Sanjana</i>
53.	SRI SANJANA S	<i>Sri</i>
54.	SRIVIDHYA M	<i>Sri</i>
55.	SWATHI S	<i>Swathi</i>
56.	SUSHMITHA S	<i>Sushma</i>
57.	RENUKHA	<i>Renuka</i>
58.	ZOMBARKAR MUSKAN	<i>Zombarkar</i>
59.	ABIGAIL N MOZHUI	<i>Abigail</i>
60.	DEEPTI CHOUDHARY	<i>Deep</i>
61.	DIMPLE G	<i>Dimple</i>
62.	HEMA N S	<i>Hema</i>
63.	KEERTHANA C	<i>Keerthana</i>
64.	PADMASHREE M	<i>Padma</i>
65.	RANJITHA REDDY S	<i>Ranjitha</i>
66.	SHASHIKALA D M	<i>Shashi</i>
67.	SHERLIN HEPZIBAH S	<i>Sherlin</i>
68.	SHUBHASHINI N	<i>Shubha</i>
69.	TINA LALLY	<i>Tina</i>
70.	VINISHA R	<i>Vinisha</i>
71.	DARPANA R	<i>Darpana</i>
72.	MHONLUMI T OVUNG	<i>Mhonlumi</i>
73.	VARSHA M	<i>Varsha</i>
74.	ABHIRAMI P PILLAI	<i>Abhirami</i>
75.	AFRAH FATHIMA	<i>Afra</i>
76.	AIJINGHUN UMSONG	<i>Aijinghun</i>
77.	ARUSHI NAIR	<i>Arushi</i>
78.	BHAVANA M REDDY	<i>Bhavana</i>
79.	HARSHITHA G S	<i>Harshitha</i>
80.	HASHUBA N	<i>Hashuba</i>
81.	HEENA K	<i>Heena</i>



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82.	KEERTHI REDDY M	<i>Keerthi M</i>
83.	KIRUBA EVANJALIN M	<i>Kiruba</i>
84.	RAKSHITHA K C	<i>Rakshitha</i>
85.	UTTARA S	<i>Uttara</i>
86.	VEDHA SHREE K S	<i>Vedha</i>
87.	VENCY V	<i>Vency</i>

END OF REPORT

P. Padma
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Date: 05/03/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on "NO SMOKING DAY" for the Academic Year 2023-2024 will be conducted on 09/03/2024. We look forward for the active participation for the same. All interested students are requested to give your names to the event co-ordinator.

Cc

1. Office

2. All department HOD's

P. Padma

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



NSS Committee, TOCP &
Department of Pharmaceutics
ORGANIZE AWARENESS PROGRAMME ON
"NO SMOKING DAY"
THEME: "Protecting children from tobacco industry interference"

on
9th MARCH 2024, AT 10:00 AM.

Resource Person:

Mr. Thirumala Rao

Lecturer

The Oxford College of Physiotherapy, Bangalore

CHIEF PATRON

Dr. S.N.V. LNARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

ORGANISERS

Mrs. UMAPRABHA. R & DR. VIKRAM. T
Assistant Professor
The Oxford College of Pharmacy

No Smoking Day- Brochure

PREAMBLE

Department of Pharmaceutics, under NSS Committee The Oxford College of Pharmacy, Bengaluru organized "NO SMOKING DAY 2024" with an aim to spread awareness about the harmful health effects of tobacco consumption through cigarette and other modes. Mrs. Umprabha. R and Dr. Vikram.T, Assistant Professor, Department of Pharmaceutics initiated



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the programme along with students. The utmost intention of the program is to help smokers to get rid from the habit of smoking. The programme was conducted on 9th March 2024. There were 63 participants in the event.

The history of No Smoking Day dates back to the early 1980s when a small group of individuals in the United Kingdom decided to launch a campaign to raise awareness about the harmful effects of smoking. The first No Smoking Day was observed in the UK in 1984, and since then, it has been observed annually on the second Wednesday in March.

The idea behind No Smoking Day was to encourage smokers to quit smoking by creating awareness about the risks associated with smoking. The campaign aimed to provide smokers with the support they need to quit smoking and to create a smoke-free environment for non-smokers.

The content of the session

No Smoking Day 2024 was organized by The Oxford College of Pharmacy, Bengaluru on 9th March 2024 with the **theme "Protecting children from tobacco industry interference"**. The programme started with the welcoming of the audience and introduction of the speaker of the day Mr. Thirumala Rao, Lecturer, The Oxford College of Physiotherapy, Bengaluru. The resource person stresses on theme with the protection of younger generation from the numerous tactics used by the tobacco industries. In particular, young teenagers are largely susceptible towards tobacco marketing as well as advertising.

No. of Participants: 63

Schedule: On 9th March 2024

Time Schedule	Programme
10 AM-12 PM	NO SMOKING DAY 2024



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Mr. Thirumala Rao addressed the students about sources of tobacco, consequences and harmful effects of tobacco to students through video. The programme was attended by students of B.Pharm. Around 60 participants including staffs and students of The Oxford College of Pharmacy attended the programme. The organizer Dr. Vikram concluded the programme with vote of thanks. He thanked Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for encouraging to organize the event. After the inside campus program students went outside the campus along with faculties and aware the public about the risks associated with smoking.



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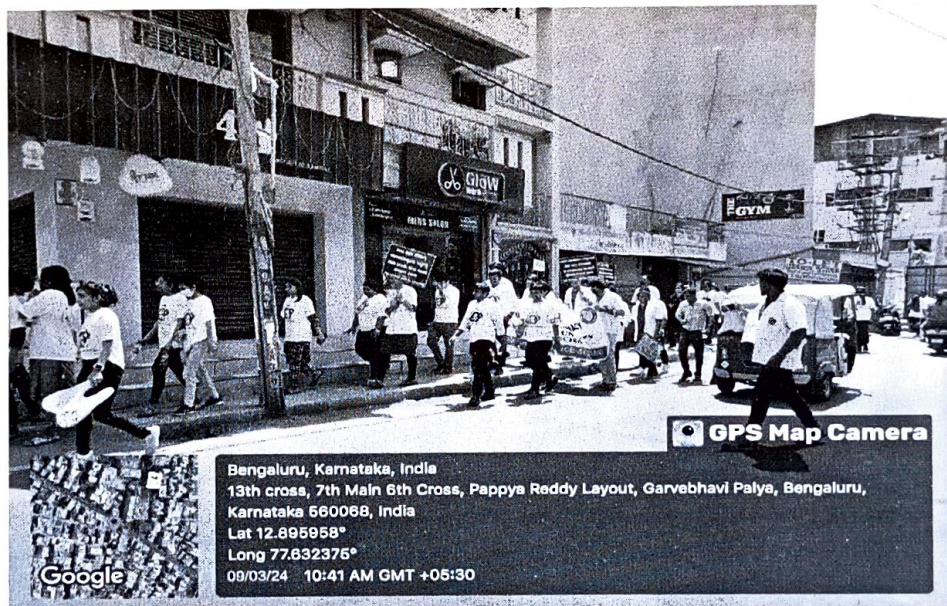
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Participants with the NSS Banner- No smoking day



Rally carried out by students to create awareness in society- No smoking day



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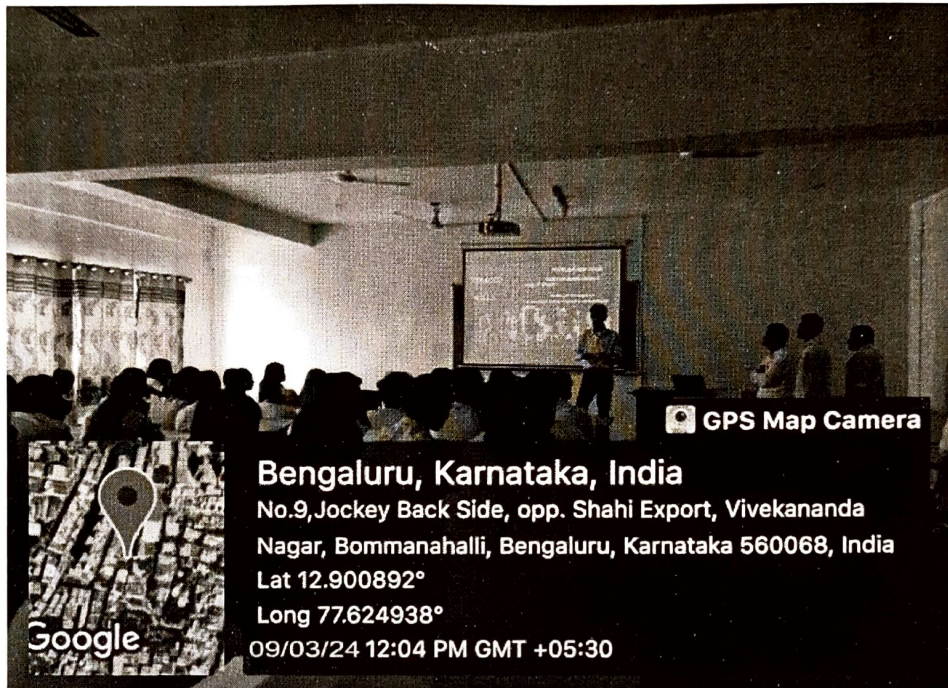


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Resource person addressing the participants about harmful effects of smoking in the campus



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OUTCOME

There were 63 participants in the programme. The Oxford College of Pharmacy created awareness on "No Smoking Day" within its campus among the students and staff about the harmful effects of smoking. At the same time, faculty and students went out in the streets to create awareness in the community. They promoted awareness among vendors and shopkeepers about the harmful effects of smoking and tobacco consumption and encouraged people to quit smoking. They also oriented individuals and different groups of people in the society about the benefits of quitting smoking such as good health, reduced healthcare cost, a clean environment, improvement in academic performance, and improves social behaviour etc. The efforts of The Oxford College of Pharmacy in creating awareness regarding the fatal effects on health etc. received much appreciation from the local people.

END OF REPORT



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LIST OF PARTICIPANTS

S NO	PARTICIPANTS NAME	SIGNATURE
1	BHAVYA SRI S	
2	DHANASEKHAR M K	
3	HEMANTH KUMAR E	
4	NISHA S	
5	PRATIK JAIN	
6	SRI VIGNESH	
7	GOKUL RAJ . M	
8	HALASWAMY.D.B	
9	HARIPRASAD	
10	INDUSHREE.G.L	
11	INITHA.V	
12	JEEVAN.U.H	
13	KHALEEL.E	
14	KISHAN K	
15	LIKITHA GOWDA	
16	PAVAN KUMAR K	
17	RAJESHWARI.B	
18	SARANYA.R	
19	SOMASHEKAR.G	
20	SUJAN KUMAR	
21	SWETHA P	
22	VIGNESH.C	
23	AARTHI	
24	AIMEN BASHIR	
25	AKHILA	
26	ANUSHA R S	
27	ANUSHA T	
28	ANWAR MULLA	
29	ARUN BIRADAR	
30	ARUN C	
31	ARYA KRISHNA	
32	BANU PRIYA.D	
33	BHUVANESHWARI	
34	POVINDHAR	
35	CHAITHRA .K	
36	CHANDANA .N	
37	DEEPTHI R	



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38	DHRUVA.R	Dheer.
39	GAGANA K	Gagan
40	GIRESHA NAIDU	Giresha
41	GOWTHAM GOWDA	Gowtham. G
42	HARI KISHOR	Harish
43	HARITHA R	Haritha
44	HRUTHIKA B	Hruthika
45	IYSWARYA. G. M	Ishwari
46	KARTHIK	Karthik
47	KAVYA P REDDY	Kavya
48	KIRAN G M	Kiran
49	KRUTHIC REVANTH	Kruthika
50	KRUTHIKA S.G	Kruthika
51	MADHU SHREE R	Madhu
52	MANOHAR K	Manohar
53	MANOJ KUMAR	Manoj
54	MANSI BEN MAHESH	Mansi. Ben.
55	MEGHANA.S	Megha
56	MEGHANA.S.NADGIR	Meghana. S.
57	MITHUN.N	Mithun
58	MONIKA.S.REDDY	Monika
59	MONIKA.N	Monika
60	NASIBA	Nasiba
61	NIDHISHREE S	Nidhi
62	NIKSHEP	Niksh
63	P.JEEVITHA	Jeeva

P. Padma

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DATE: 07/03/2024

CIRCULAR

All the students, teaching and non-teaching staff of The Oxford College of Pharmacy are hereby informed that an awareness program on "WORLD CONSUMER RIGHTS DAY" for the Academic Year 2023-24 will be conducted on 15/03/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

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Cc

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2. All Departments



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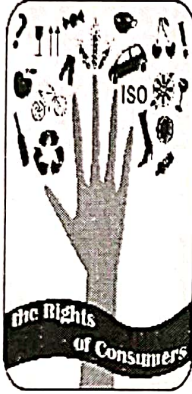


CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

#6/9, 1st Cross, Begur Main Road, Hongasandra, Bengaluru, Karnataka 560068

CORDIALLY INVITE YOU FOR THE AWARENESS PROGRAMME ON



"WORLD CONSUMER RIGHTS DAY"

"Fair and responsible AI for consumers"

Organized by

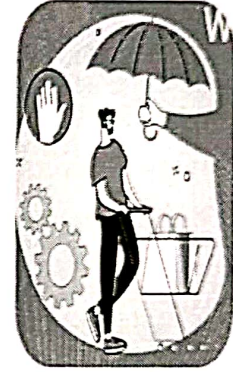
TOCP, Bangalore

On

15TH MARCH 2024, AT 10:00 AM

Resource Person: Dr R V Vijay Kumar, Professor

The Oxford College of Physiotherapy



CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal
The Oxford College of Pharmacy

ORGANIZING TEAM

Dr GURURAJ S KULKARNI
Mrs DIVYA S KUMAR
The Oxford College of Pharmacy

Brochure



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PREAMBLE

The Oxford College of Pharmacy, Bangalore conducted awareness program on "World Consumer Rights Day" on 15th March 2024 by NSS committee along with Department of Pharmaceutics. Mrs R Nagalakshmi, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 104 participants in total.

The content of the Session:

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "World Consumer Rights Day". The theme for this year was "Fair and responsible AI for consumer". The session started with the addressing of participants by our beloved Principal Dr Padmaa M Paarakh, who briefed the participants with the importance of this program and its need in this hour of time, where AI became so known technology with its own benefits along with few disadvantages where the chances of occurring of frauds can be minimized by this AI. The session was then followed by the addressing of participants by Dr R V Vijay Kumar, Professor, The Oxford College of Physiotherapy. Dr R V Vijay Kumar started the session with the need of celebrating world consumer rights day, so as to make aware about the fundamental rights of all consumers, to respect their need and to protect or conserve them. As a known fact digitalization has made the work easy at the same time occurrence of fraud also increased with the aid of AI by mimicking voice etc. He also made the participants aware of Consumer guide and gave gist of it which contains advice and tips on how to deal with them or how to avoid them. He also suggested for further reference. The Ministry of Industry and Trade, Government of India has been involved in the issue of fraud in online space, with an emphasis on consumer protection.

Schedule:

No. Of Participants- 104

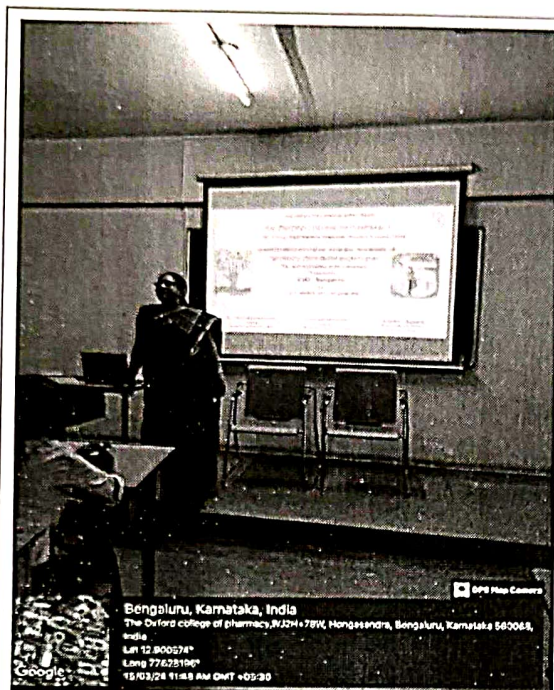
Timings	Event Schedule
10 AM	World Consumer Rights Day



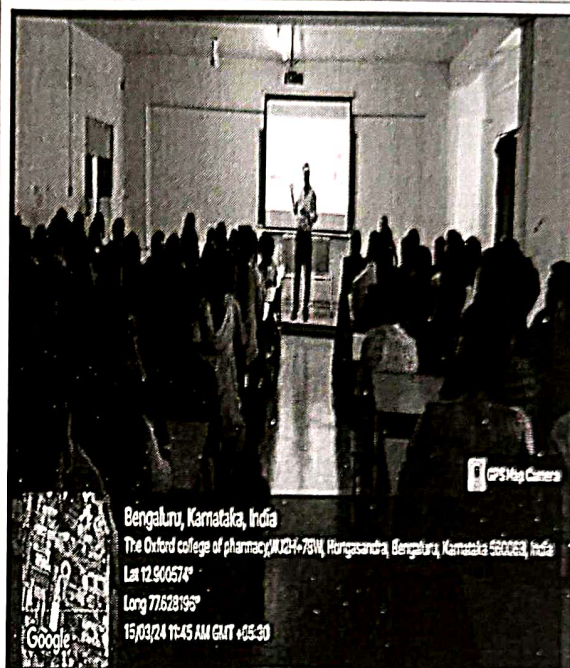
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Principal addressing the participants

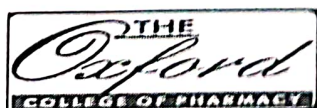


Speaker of the Session

OUTCOME OF THE PROGRAM

The awareness session on "World Consumer Rights Day" was conducted successfully. All the 104 participants were benefitted by the session organized by the NSS committee, The Oxford College of Pharmacy. The session facilitated awareness regarding the consumer rights, such as to be updated regarding rights, be cautious online etc. while purchasing so as to avoid any kind of cheating or fraud. The speaker also emphasized on referring the Consumer Guide published by The Ministry of Industry and Trade, Government of India for the protection of fundamental rights of the consumer. The participants have got an information about the consumer rights and using the consumer guide published by The Ministry of Industry and Trade, Government of India for the protection of fundamental rights of the consumer.

END OF REPORT



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Date: 18/03/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a program on "WORLD ORAL HEALTH DAY" for the academic year 2023-2024 will be conducted on 22/03/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

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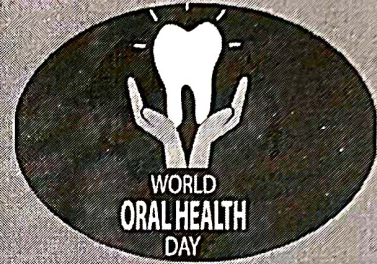
CELEBRATING WORLD ORAL HEALTH DAY-2024

The Oxford College of Pharmacy

Conducted On 22ND MARCH 2024



Dr. Shamliq Ahammed
*Dept. of Orthodontics,
The Oxford Dental College
Time: 10:30Am
Venue: Room No 501, Fifth Floor*



Chief Patron
Dr. S.N.V.L. Narasimha Raju
Chairman,
The Oxford Educational Institutions

Convener
Dr. M. Padmaa Paarakh
Principal,
The Oxford College of Pharmacy

Organizing Team
Chaithra K.
Pavithra Devi R.
The Oxford College of Pharmacy

Brochure for World Oral Health Day



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PREAMBLE

The Oxford College of Pharmacy, under NSS committee celebrated “World Oral Health Day” on 22nd march 2024 at 10.30 am. There were 100 participants in the program. The Oral Health is the condition of the mouth, teeth and orofacial structures that enable individuals to perform essential functions such as speaking, breathing and eating. Various modifiable risk factors, such as food consumption rich in sugar, poor oral hygiene, tobacco and alcohol use, lead to oral disorders. Pregnant women's gums are more prone to plaque due to hormonal shifts.

Among the various oral diseases, dental caries (tooth decay) is the most common. In addition, other oral diseases include and are not limited to the following.

- Dental cancer (uncontrollable cell growth in the buccal cavity)
- Tooth loss (unnatural falling of teeth)
- Oro- dental trauma (Pain due to injury in the teeth, mouth and oral cavity)
- Periodontal disease (Infection and inflammation of the gum tissues)

Background

World Oral Health Day was first celebrated September 12, 2007, on the birthday of FDI founder Dr Charles Godon. It was organised by the FDI World Dental Federation to raise global awareness around importance of oral health and hygiene. However, in 2013, the FDI decided to move the date to March 20 in order to avoid conflict with other events and to align with the international calendar. For the past decade, the day is being celebrated on March 20 to promote oral health education, prevention, and advocacy worldwide.

OBJECTIVES OF THE ACTIVITY

- The objective of celebrating World Oral Health Day is to Adopt health-promoting behaviours– use of fluoride toothpaste, brush at least twice daily, decrease sugar intake, prophylaxis, and visit dental clinic twice yearly. Provide Curative Treatment of Caries – ART, Amalgam and Composite fillings, etc.
- Students will be able to interpret and apply nutrition concepts to evaluate and improve the nutritional health of communities. Students will be able to integrate knowledge and skills in food and nutrition with professional issues affecting the nutrition and/or dietetics fields.



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- The program was attended by 100 participants which includes students and faculty of The Oxford College of Pharmacy.

No.of participants- 100

Schedule: 22nd March 2024

Time Schedule	Programme
11:00-11:10 AM	Introduction about the World Oral Health Day
11:10-11:20 AM	Addressing the gathering by Principal
11.20-11.45 AM	What does World Oral Health Day? --- interactive session with the participants by Dr. Shamliq Ahammed and Team
11.45-12.00 PM	Conclusion, feedback and vote of thanks

CONCLUSION, FEEDBACK AND VOTE OF THANKS

The Oral Health Day is used as an opportunity to raise awareness about the importance of good oral health. Oral diseases are often neglected but are one of the major health concerns in several parts of the world. However, most dental issues can be prevented and treated with the right medical assistance.

Mrs. Chaithra, ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh and the speakers Dr. Shamliq Ahammed and Team for wonderful speech and demonstration, and fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



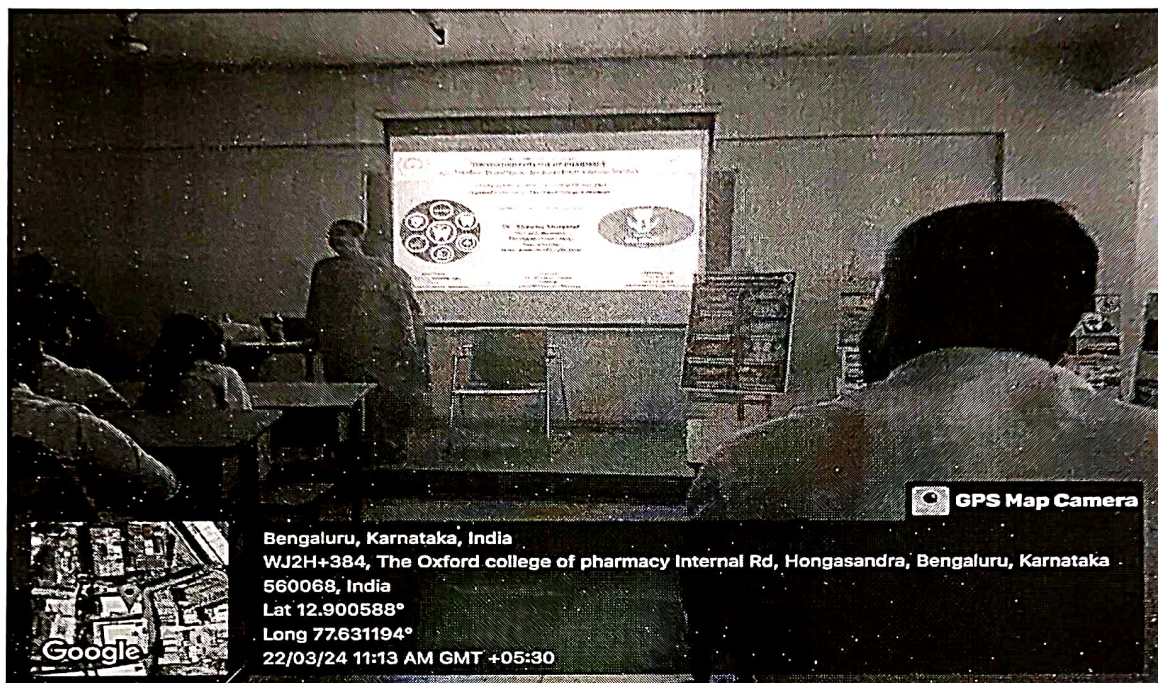
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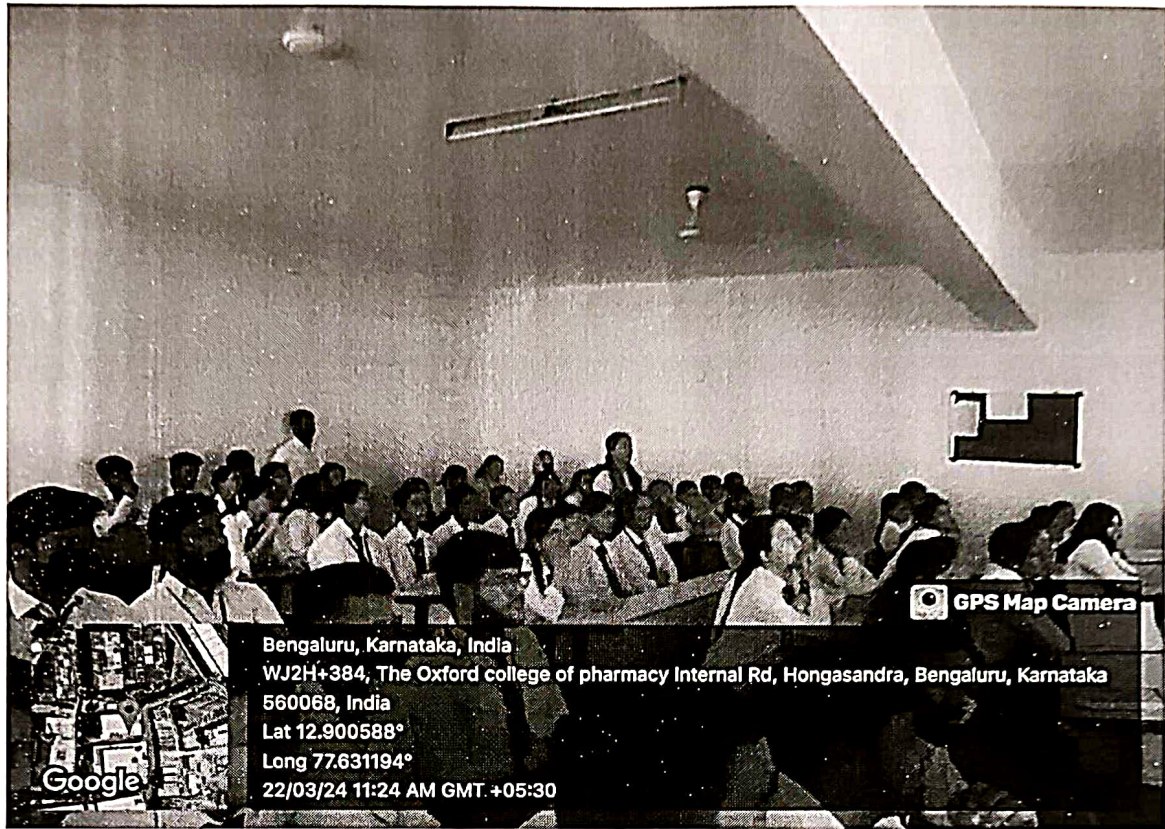
Principal addressing students on the event



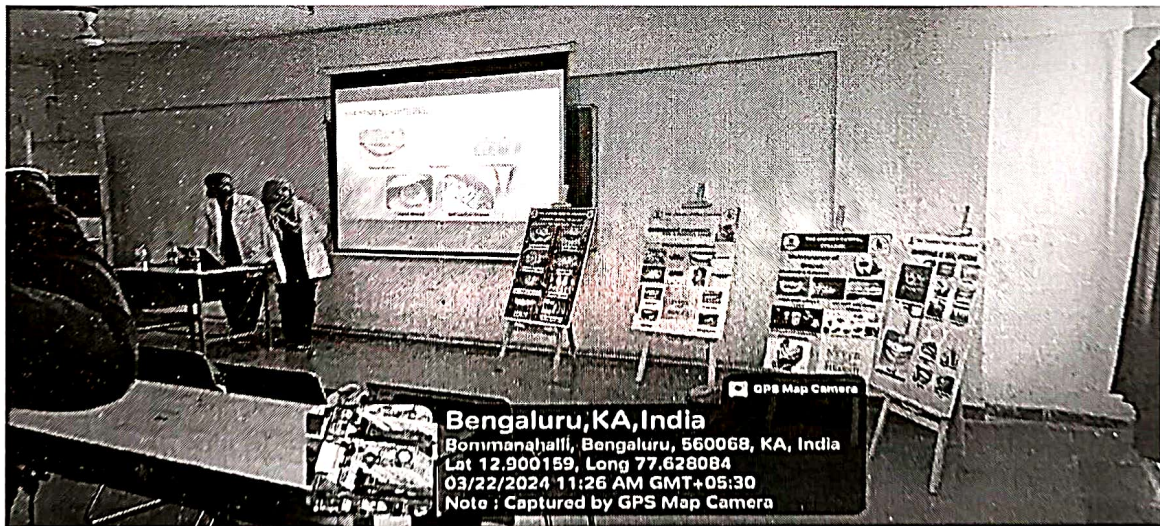
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Students listening to the speech



Students Presenting About Oral Hygiene



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OUTCOME OF THE ACTIVITY

There were 100 participants in the program. The objective of organising the Oral Health Day is to encourage participants "As mouth is the mirror of human body". The session was planned to give the awareness to Adopt health promoting behaviours use of fluoride toothpaste, brush at least twice daily, decrease sugar intake, prophylaxis, and visit dental clinic twice yearly. By the interaction with the speaker students gained knowledge regarding Oral health. Session was benefitted by students and the staff.

END OF REPORT



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List of Participants

S.No	PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS PAVITHRA	Pavithra
3.	MRS CHAITHRA	Chaithra
4.	HARSHATH S	Harshath S
5.	SILAMBARASAN R	Silambarasan R
6.	BHARATHVAJI	Bharathvaaji
7.	HEMANTH D R	Hemant H
8.	SWAPNA V	Swapna V
9.	YASHASWINI S M	Yashaswini S M
10.	AMULYA S	Amulya S
11.	ANAND	Anand
12.	ANUSHA V	Anusha V
13.	KRISHNA R	Krishna R
14.	MOHAMMAD SHAFIQ N	Mohammad Shafiq N
15.	SHARAVANTH KUMAR N	Sharavanth Kumar N
16.	SRI ABHINAYA S	Sri Abhinaya S
17.	LAL REMRUATHI	Lal Remruathi
18.	SANI SAZIINI	Sani Saziini
19.	YASHWANTH K	Yashwanth K
20.	AKISHITHA Y	Akshitha Y
21.	AMRIN M	Amrin M
22.	BISHAL KUMAR DEY	Bishal Kumar Dey
23.	CHANDRAKANTH G	Chandrakanth G
24.	DEEPIKA B R	Deepika B R
25.	DHANESHWARI.C.C	Dhaneshwari C.C
26.	DHANYATHA S GUPTA	Dhanyatha S Gupta
27.	DIVYA.A	Divya A
28.	DRUTHI C	Druthi C
29.	GNANAVI H R	Gnanavi H R



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30	HARSHITHA K	<i>Harshitha</i>
31	HILAL AHMAD DAS	<i>Hilal</i>
32	JAYANTI MANDAL	<i>Jayanti</i>
33	JHANAVI L REDDY	<i>Jhanavi</i>
34	KAMALI R	<i>Kamali</i>
35	KEERTHANA K	<i>Keerthana</i>
36	KEERTHI	<i>Keerthi</i>
37	KEERTHIVASAN A S	<i>Keerthi</i>
38	KIRAN A	<i>Kiran</i>
39	KOKILA SHREE P	<i>Kokila</i>
40	KRUTHIK R M	<i>Kruthik</i>
41	LAKSHMI T	<i>Lakshmi</i>
42	LALITH KISHORE	<i>Lalith Kishore</i>
43	LAVANYA M	<i>Lavanya</i>
44	LAVANYA.S	<i>Lavanya</i>
45	MADHUDHARSHINI R	<i>Madhu</i>
46	MAGESH S	<i>Magesh</i>
47	MANASH PRATIM TAID	<i>Manash</i>
48	MANOJ A N	<i>Manoj</i>
49	MEGHNA	<i>Meghna</i>
50	MOHAMED ASHWAQ S	<i>Ashwaq</i>
51	MOHAMMED SAMEER H	<i>Sameer</i>
52	MOUNESHWAR V	<i>Mouneshwar</i>
53	MOUNIKA R	<i>Mounika</i>
54	MURALIDHARAN C	<i>Murali</i>
55	N JEEVITHA	<i>Neevitha</i>
56	N NANDHI SHRI	<i>Nandhi</i>
57	NAMITHA	<i>Namitha</i>
58	NANDHINI R	<i>Nandhini R</i>
59	NANDITHA R	<i>Nanditha R</i>
60	NAVYA R REDDY	<i>Navya</i>
61	NEELAKANTA	<i>Neelakanta</i>



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62	NISARGA S T	Nisarga
63	OJASWITHA K	Ojaswitha
64	OWAIS NAZEER	Owall
65	PRINCE KUSHWAHA	Prince
66	RAJANYA ADHIKARY	Rajanya
67	RAMASWAMY SATHEESH	Rameswamy
68	RAMYA S	Ramya
69	RANJITH KUMAR P	Ranjith
70	RISHIKA H MENON	Rishi Menon
71	S VIDHYA SREE	Shraddha
72	SACHIN G	Sachin
73	SAHALA K	Sahala
74	SAI SRAVAN P	Sarwan
75	SAKSHI YOGESH KORGANOKAR	Sakshi
76	SANGEETHA R	Sangeetha
77	SHETTY MEGHANA DINKAR	Shetty
78	SHILPA N	Shilpa
79	SHILPA S	Shilpa
80	SIDDHANAGOUDA G HALLUR	Siddhanagouda
81	SINDHU S	Sindhu
82	SONALI H B	Sonali
83	SOURAB CHOUDARI A	Sourab
84	SUSHMA V	Sushma
85	SWATHI S	Swathi
86	TEJAS CHITTAPPA C T	Tejasa
87	TEJASWINI V	Tejaswini
88	THARUN B V	Tharun
89	UDHAYA KUMAR M	Udhaya
90	VASUNDHARADEVI A	Vasundharadevi
91	VINAYAK BARAL	Vinayak
92	YASHASWINI S	Yashaswini
93	YASHASWINI S M	Yashaswini



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94	KIRANA	<i>Kirana</i>
95	MANISHA S GOWDA	<i>Manisa</i>
96	MD MUFID ANSARI	<i>Ansari</i>
97	NAVYA KA	<i>Navya KA</i>
98	SOUMYA S. HARSOOR	<i>Harsoor</i>
99	SOUNDARYA . HM	<i>Soundarya</i>
100	SRINIVAS. K	<i>Srinivas</i>

P. Padma

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Date: 20/03/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness session on 'WORLD WATER DAY-2024' for the Academic Year 2023-24 will be conducted on 22/03/2024. We look forward for the active participation for the same. All interested students are requested to give your names to the event co-ordinator.

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Cc

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CHILDREN'S EDUCATION SOCIETY (REGD.)

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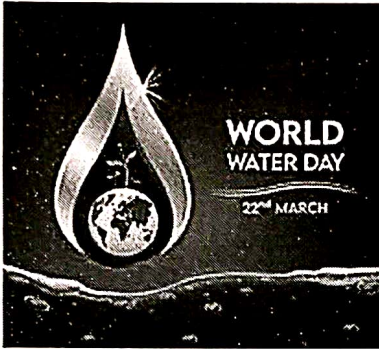
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CELEBRATING WORLD WATER DAY-2024

"Leveraging Water for Peace"

Organized Under NSS, The Oxford College of Pharmacy

Conducted On 22ND MARCH 2024



SPEAKER: Dr. SHAMLIQ AHAMMED, DEPT OF
ORTHODONTICS, THE OXFORD DENTAL COLLEGE.

PATRON

Dr. S. N. V. L. NARASIMHARAJU
CHAIRMAN,
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER

Dr. PADMA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

Dr. G. NAGALAKSHMI,
Mr. AKSHAY,
THE OXFORD COLLEGE OF
PHARMACY

Brochure



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, under NSS committee observed "World Water Day-2024" on 22nd March 2024, with the aim to emphasizing the necessity of taking stern action to address the global water crisis. Dr. G. Nagalakshmi, Associate Professor and Mr. Akshay, Assistant Professor, Department of Pharmaceutical Chemistry, initiated the celebration of the program along with students. There were around 105 participants.

The content of the Session:

"World Water Day-2024" celebration was organized by The Oxford College of Pharmacy, Bangalore on 22nd March 2024 with the theme "Leveraging Water for Peace". The program started with the welcoming of the audience and introduction of the Speaker of the day Dr. Shamliq Ahammed, Assistant Professor, Department of Orthodontics, The Oxford Dental College. The speaker briefed about the history and significance of observing this day. The main objective of World Water Day is to inspire people to sustainably manage the freshwater resources and learn more about water-related issues. The UN said, "Billions of people and countless schools, businesses, healthcare centers, farms and factories don't have the safe water and toilets they need. There is an urgent need to accelerate change-to go beyond business as usual". To highlight the importance of water and raise awareness about the global water crisis, World Water Day is being observed on March 22 every year. According to the United Nations website, the idea behind celebrating the day is to "support the achievement of sustainable development goal (SDG) 6: water and sanitation for all by 2030.". According to UN, at present, one in four people (two billion people worldwide)-lack safe drinking water. Around 1.4 million people die annually and 74 million will have their lives shortened by diseases related to poor water, sanitation and hygiene. However, there are various factors that need to be taken into consideration which is being emphasized on World Water Day-2024 were also briefed by the speaker such as

- Take shorter showers and don't let the tap run when brushing my teeth, doing dishes and preparing food.
- Share water fetching between women and men, girls and boys.



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- Fix leaking water and waste pipes, empty full septic tanks and report dumping of sludge.
- Don't put food waste, oils, medicines and chemicals down my toilet or drains.
- Buy local, seasonal food and look for products made with less water.
- Find out where my water comes from and how it is shared, and visit a treatment plant to see how my waste is managed.
- Plant a tree or create a raingarden-use natural solutions to reduce the risk of flooding and store water.
- Take part in clean-ups of my local rivers, lakes, wetlands or beaches.
- In the session, students too actively shared their thoughts and taken the pledge to conserve water.

No of participants: 105 participants

Schedule: On 22nd March 2024

Time Schedule	Programme
10:00 am	"WORLD WATER DAY-2024"

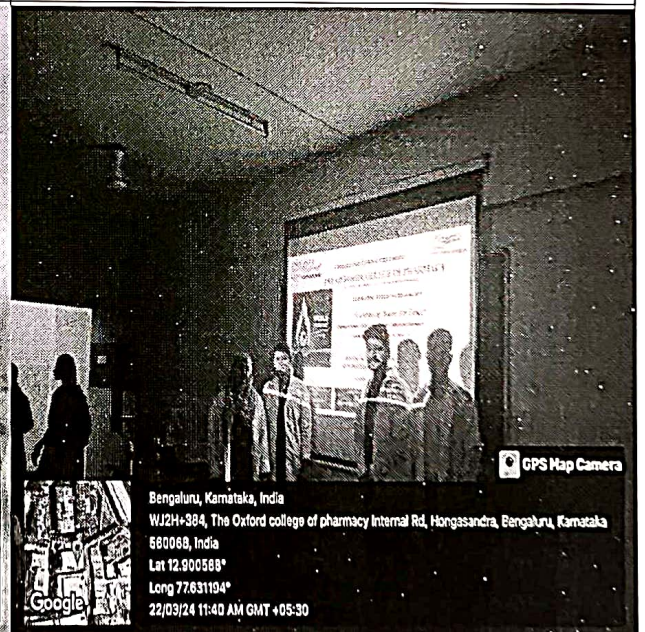
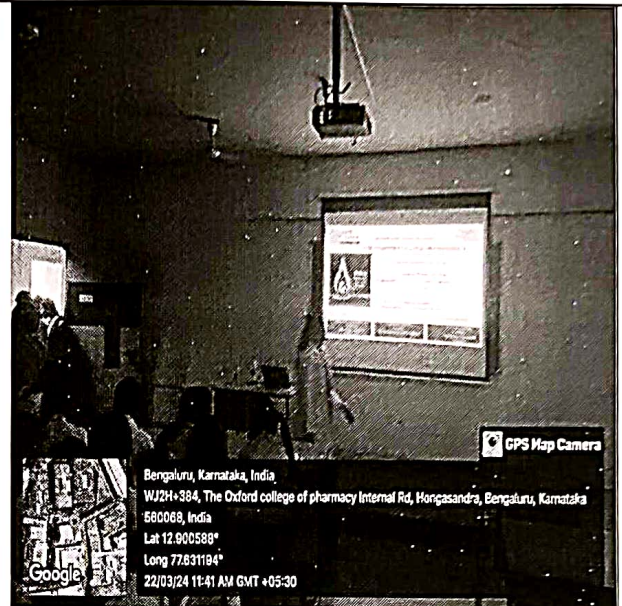
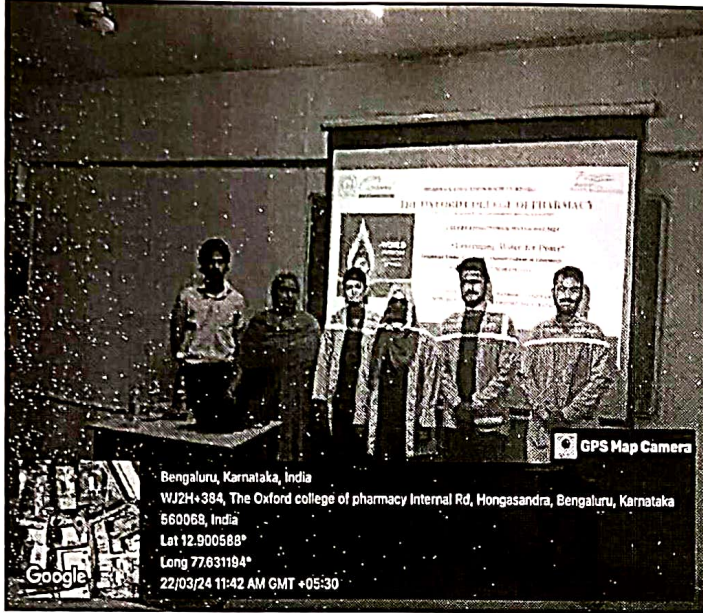


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Speaker Delivering a Talk on "World Water Day"



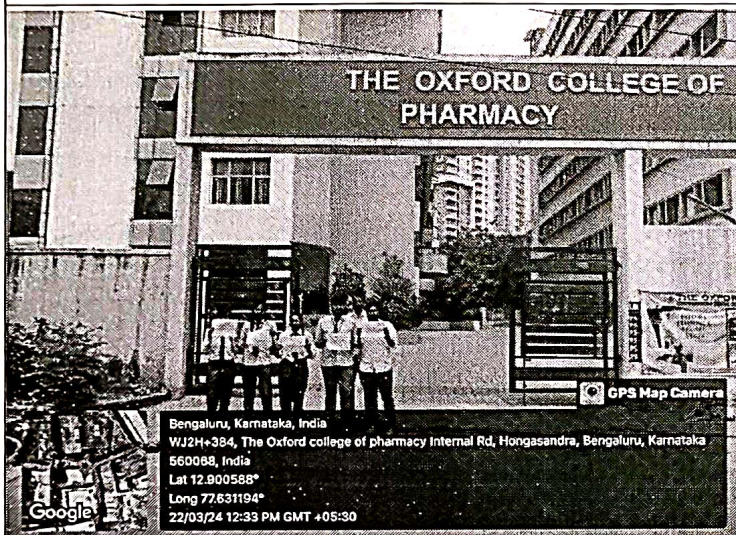
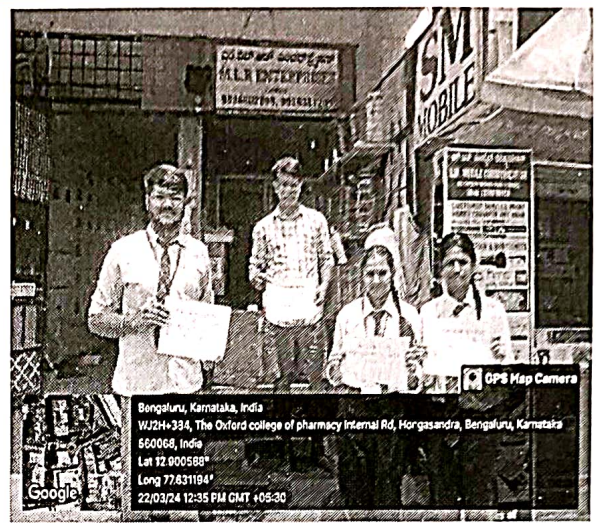
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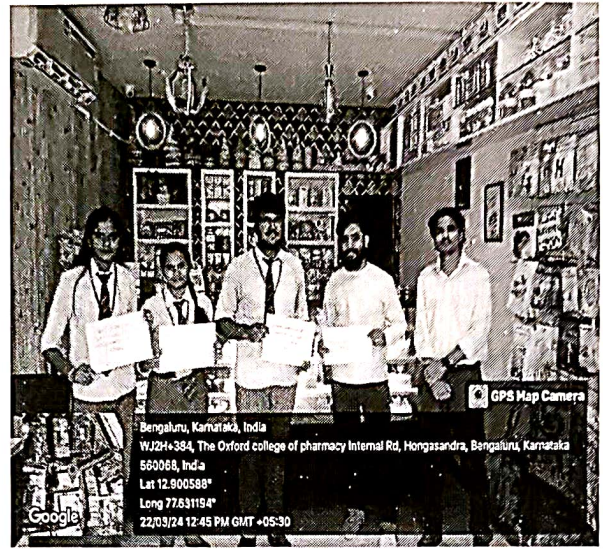
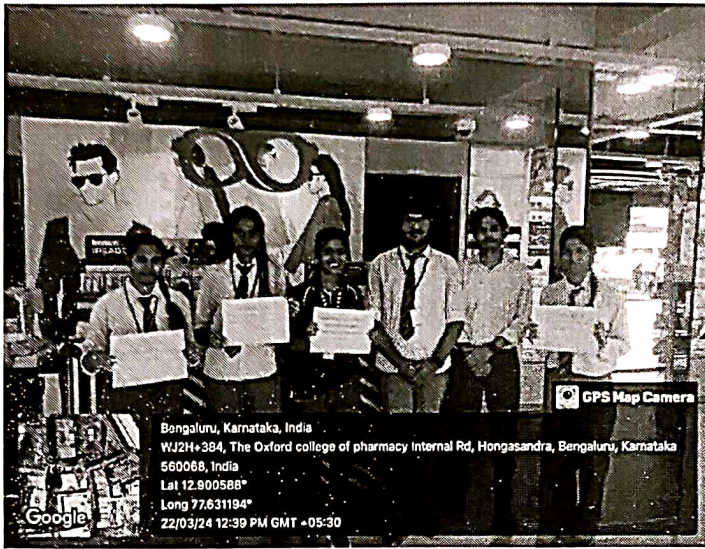
Students Raising Public Awareness on World Water Day



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OUTCOME OF THE PROGRAMME

The program successfully reached the individuals and significantly increased the awareness about global water crisis. Totally 105 participants attended the session. Attendees gained valuable knowledge about to maintain the freshwater resources and learn more about water-related issues. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in water-related discussions. To build on this success, students too actively shared their thoughts and taken the pledge to conserve water. Students along with the faculties created awareness in the local community which was highly appreciated by the public.

END OF REPORT



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DATE: 27/03/2024

CIRCULAR

This is to inform all students, teaching, and non-teaching staff of The Oxford College of Pharmacy that program on “**AUTISM AWARENESS PROGRAM 2024**” for the academic year 2023-2024 will be conducted on 02/04/2024. We request for the active participation for the same.

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AUTISM AWARENESS PROGRAM

2ND APRIL 2024

Organized NSS COMMITTEE, TOCP, BANGLORE

"Empowering Austistic Voice"



Chief Patron
Dr. S N V L Narasimha Raju
Chairman,
The Oxford Educational Institutions

Convener
Dr. M Padmaa Paarakh
Principal,
The Oxford College of Pharmacy

Organizing co-ordinator
Dr. Jenisha K & Dr Sripriya C
The Oxford College of Pharmacy

BROCHURE



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PREAMBLE

The Oxford College of Pharmacy, Bangalore under NSS committee celebrated "Autism Awareness Program" on 2nd April 2024, Dr Jenisha k, Assistant Professor, Department of Pharmacy Practice, initiated the celebration of the program along with students. There were around 53 participants.

The content of the Session:

"Autism Awareness program" celebration was organized by The Oxford College of Pharmacy, Bangalore on 2nd April 2024" with the theme "Empowering Autistic Voices". The program started with the welcoming of the audience and briefed about the history and significance of observing this day. The first autism awareness day was observed on 2nd April 2008 to raise awareness about autism spectrum disorder. The main objectives for observing this day are to spread awareness about the disorder and support people who are suffering from it. This day marks a global event which is about the acceptance, support and inclusion of autistic people and the advocacy of their rights. Theme of World Autism Awareness Day 2024

The theme of World Autism Awareness Day this year is '**Empowering Autistic Voices**' which aims at providing more support and power to the individuals with this condition, to ensure they lead a meaningful life and even pursue successful careers. The theme is decided annually to revive the resolve to support and accept people with this condition.

An important observation the day provides an opportunity to dispel myths surrounding the disorder and make people aware about it. Educating people about how autism impacts people can also help resolve stigma around it. This will help people with autism to feel included and supported by rest of the world. With more knowledge about autism, parents can avail of the new and emerging therapies that can help children with autism learn new skills and make use of their talents.

Dr Neelam, Associate professor, Department of general medicine, The Oxford medical College and research centre, started her speech with the quote "Acceptance of the diagnosis of autism can be a huge relief, and can be the beginning of a positive journey." she also shared her views regarding the role of



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medical professionals in spreading awareness and achieve the goal of celebrating the autism awareness program. After the session, students and interns actively participated in creating awareness about autism among the patients.

Schedule:

No. Of Participants- 53

Timings	Event Schedule
10.30 Am	World Autism Awareness Day



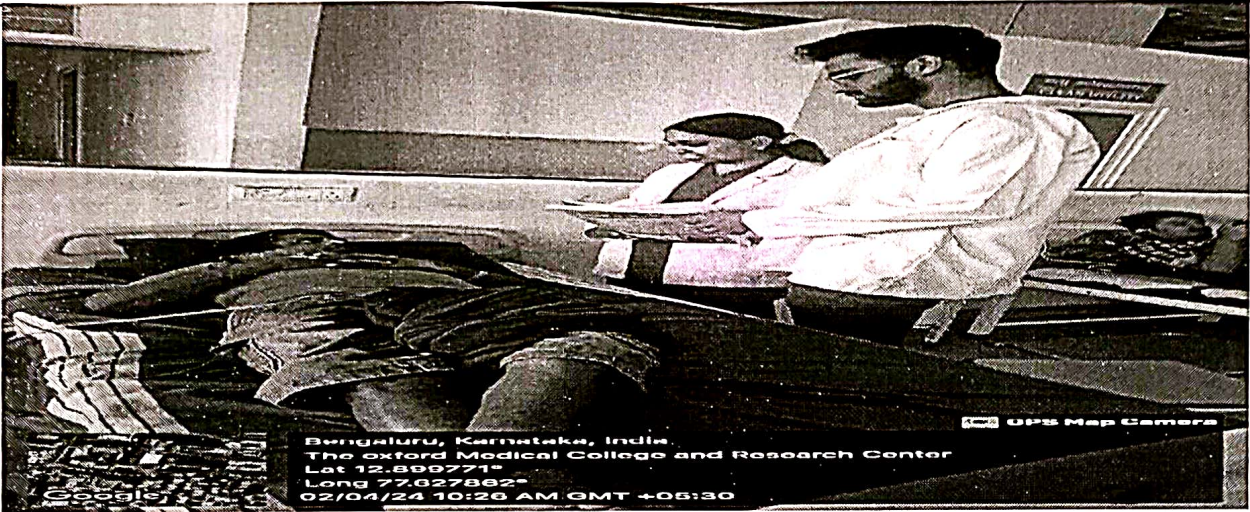
Students creating awareness about autism among the patients.



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Interns creating awareness about autism among the patients.



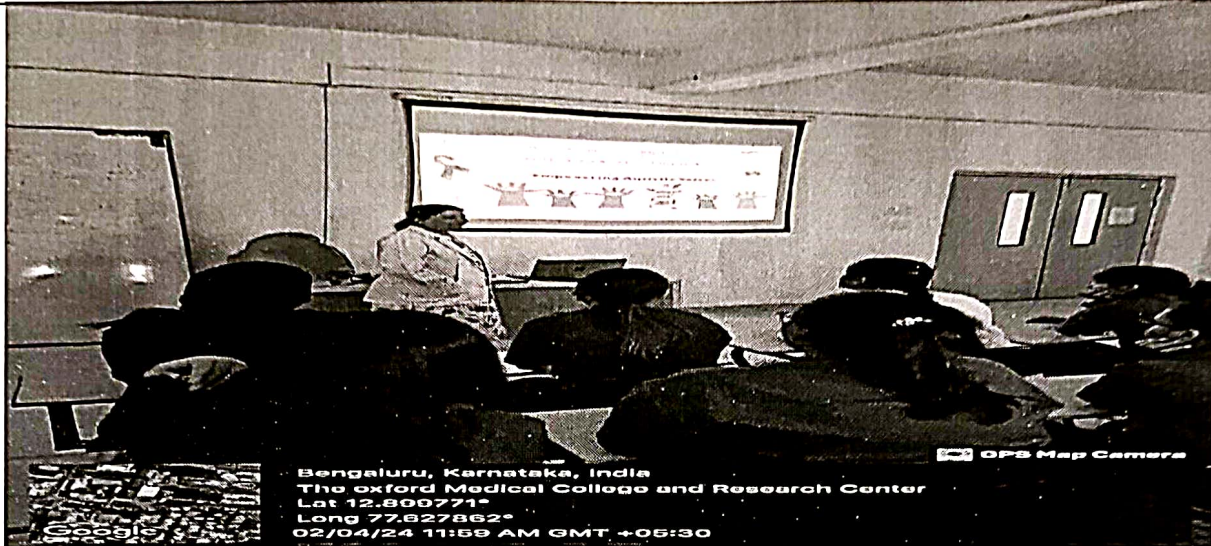
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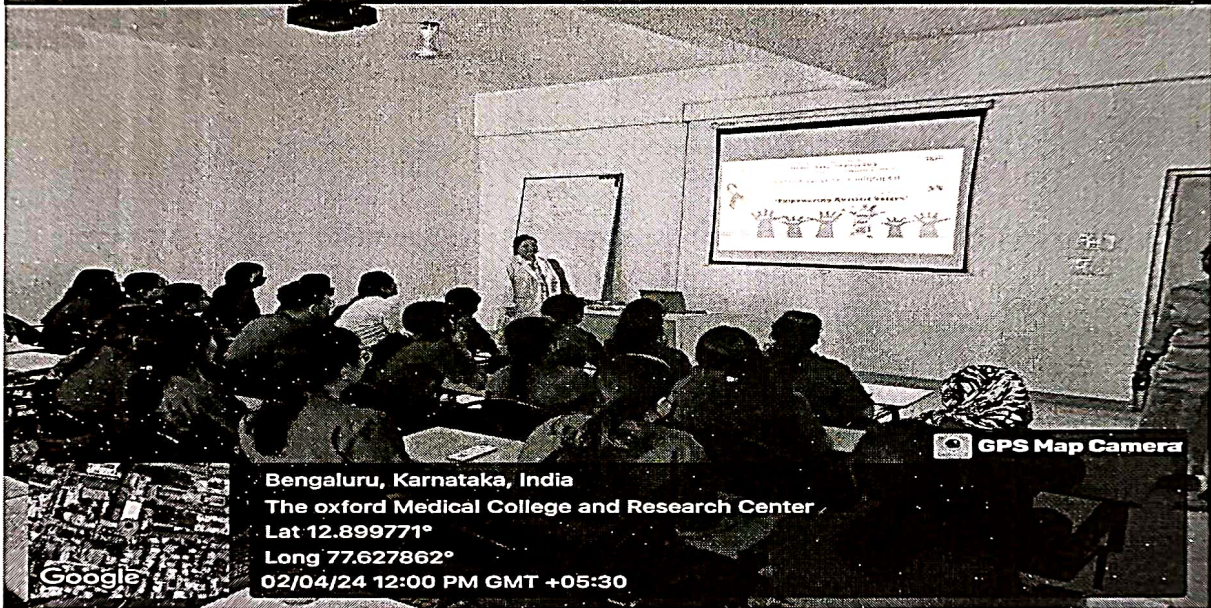
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Bengaluru, Karnataka, India
The Oxford Medical College and Research Center
Lat 12.899771°
Long 77.627862°
02/04/24 11:59 AM GMT +05:30



Bengaluru, Karnataka, India
The Oxford Medical College and Research Center
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Dr Neelam's speech about autism and "Empowering Autistic Voices"



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OUTCOME OF THE PROGRAM

The importance of celebrating autism awareness program and its significance of bringing equality, eliminating any kind of discrimination, and to provide a safe environment for their growth successfully reached the participants and increased the awareness about it in them. There were 53 participants in the program. The equality and freedom start from the family and helps in building a better society. These guiding principles through initiatives like "Autism isn't a problem, it's a different way of viewing the world." to effect behavioural change in society's attitude towards autism child and inspire a collective effort towards their holistic development. The students were keen to spread awareness to the society via patients and public, community by passing this information gained during program. Students involved within their hospital community and arranged awareness program as part of this program of spreading.

END OF REPORT



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LIST OF PARTICIPANTS

SL.NO	NAME OF PARTICIPANT	SIGNATURE
1.	DR. PADMAA M PAARAKH	P. Padma
2.	DR JENISHA	Jenisha
3.	DR JEENA SUSAN	Jeena
4.	MOLUNGZANG AIER	Molungzang Aier
5.	HARSHDEEP SARVA	Harshdeep
6.	KATHIRMANI RAJA S	Kathirmani
7.	ZOMBARKAR MUSKAN	Zombarkar
8.	ABIGAIL N MOZHUI	Abigail
9.	ANIRBAN DEBNATH	Anirban
10.	ASHISH ABHRAHAM	Ashish
11.	DEBJIT BHAKAT	Debjit
12.	DEEPTI CHOUDHARY	Deepti
13.	DIMPLE G	Dimple G
14.	GANANESWAR RAO S	Gananesar
15.	HEMA NS	Hema NS
16.	KEERTHANA C	Keertana
17.	PADMASHREE M	Padmashree
18.	RANJITHA REDDY S	Ranjitha
19.	SHASHIKALA D M	Shashikala
20.	SHERLIN HEPZIBAH S	Sherlin
21.	SHUBHASHINI N	Shubhashini
22.	SYED ALSABA HUSSAINI	Syed



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23.	TINA LALLY	Tina Lally
24.	VINISHA R	Vinisha R
25.	DARPANA R	Darpana R
26.	MHONLUMI T OVUNG	Mhonlumi T Ovung
27.	EHTESHAM QURESHI	Ehtesham Qureshi
28.	MANJUNATH T	Manjunath T
29.	CHAITHRA SHREE N	Chaithra Shree N
30.	CHETHAN G K	Chethan G K
31.	DEEPAK DATTA B R	Deepak Datta B R
32.	MATHUMITHA	Mathumitha
33.	PREMRAJ T	Premraj T
34.	RAGAVI V	Ragavi V
35.	RAHUL V	Rahul V
36.	SAHANA K	Sahana K
37.	SHIVAKUMAR G	Shivakumar G
38.	SINCHANA D P	Sinchana D P
39.	SUPRAJA R	Supraja R
40.	SURAKSHA R RAI	Suraksha R Rai
41.	THARANISHREE K	Tharanishree K
42.	VISHAL SASI KANNAN	Vishal Sasi Kannan
43.	PRATHIBA V	Prathiba V
44.	BHUVENESHWARI R	Bhuvaneswari R
45.	BINDU R	Bindu R
46.	CHRISTINA JAMES	Christina James
47.	RAJDEEP KAUR	Rajdeep Kaur



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48.	ARINDHAM DEY	<i>Arindham Dey</i>
49.	HARSHITHA	<i>Harshitha</i>
50.	SARAVANAGIRI	<i>Saravani</i>
51.	SARAVANAN	<i>Saravanan</i>
52.	SEEMA	<i>Seema</i>
53.	SHREYAA DATTA	<i>Shreyaa Datta</i>

P. Padma

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Date: 11/04/2024

CIRCULAR

All the VI Pharm D and III PharmD PB Internship students of The Oxford College of Pharmacy are here by informed that "RURAL HEALTH TRAINING CENTRE (RHTC) MEDICAL CAMPS", for the academic year 2023-24 is scheduled from 18-4-2024 to 7-5-2024. The program is to educate public, general health checkup and screening in rural areas in and around The Oxford Medical college Hospital and Research centre, attibele. The program will be conducted by NSS committee in tie-up with the community medicine department, The Oxford Medical college Hospital and Research centre. We request your active participation for the same.

P. Radu

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
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**“RURAL HEALTH TRAINING
CENTRE (RHTC) MEDICAL CAMPS”**

**MARCH 18-04 2024 to 07-05-2024
10:00AM-3:00PM**

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

DR PARTHASDARATHY G
Professor, HOD
Department of Practice
The Oxford college of Pharmacy



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, NSS, organized "RURAL HEALTH TRAINING CENTRE (RHTC) MEDICAL CAMPS" with an aim to educate public, general health checkup and screening in rural areas in and around the The Oxford Medical College Hospital and Research Centre, Attibele. The program was conducted from 18-4-2024 to 7-5-2024 10AM-3PM daily.

A team of doctors and paramedical staff visits the rural areas, which is usually in and around the Oxford medical college hospital. The Oxford Medical College Hospital and Research Centre, Attibele. The village public are screened for any morbidity by verbal screening of symptoms, physical examination and through basic laboratory investigations such as random blood sugar, BP and hemoglobin estimations. The needy patients are provided with free medicines and if required, are referred to the tertiary hospital for further management.

The surrounding environment also inspected and suggestions to have healthy living atmosphere with emphasis on usage of appropriate personal protective measures will be advised. The whole gamut of managing camp activities at the rural village being done in collaboration with the Physicians from community medicine department of The Oxford Medical College Hospital and Research Centre, Attibele and Department of Pharmacy Practice and NSS of The Oxford College of Pharmacy, Bengaluru.

THE AWARENESS PROGRAM AND MEDICAL CAMP DELIVERED AS FOLLOWS:

The program was started with a welcome note by, convener, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, Program organizer followed by the inaugural address from The Chairman Dr SNVL Narasimha Raju. Organizing secretary, Dr Lalitha, Department of Community Medicine, was invited to talk about the public health management. She was delivered about the management of personal hygiene and educate the participants. Program co-organizer Dr Parthasarathy G Head, Department of Pharmacy Practice, TOCOP delivered public about Proper management of surrounding and adverse effect of self-medication.

The program was attended by students of 19 Pharm D, 4 PharmD PB students. Average of 100 participates per day including staffs and students of The Oxford College of Pharmacy and peoples from public were attended the program.



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Time Schedule	Programme
10AM-3PM	" HEALTH TRAINING CENTRE (RHTC) MEDICAL CAMPS"

The program coordinator Dr Jeena Susana concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy, and Dr Lalitha Head of Community medicine department, TOMC&RC for organizing such an event. And also thanked all the other faculties and students who participated and helped in its successful completion of the event.

RHTC Camp Place: Bikkanahalli Village, Sarjapur hobli, Anekal Taluk.Bengaluru, Thyavakanahalli, Bengaluru, Dommasandra, Bengaluru, and Kallahalli, Bengaluru.

No of participants: Average 100 participants per day

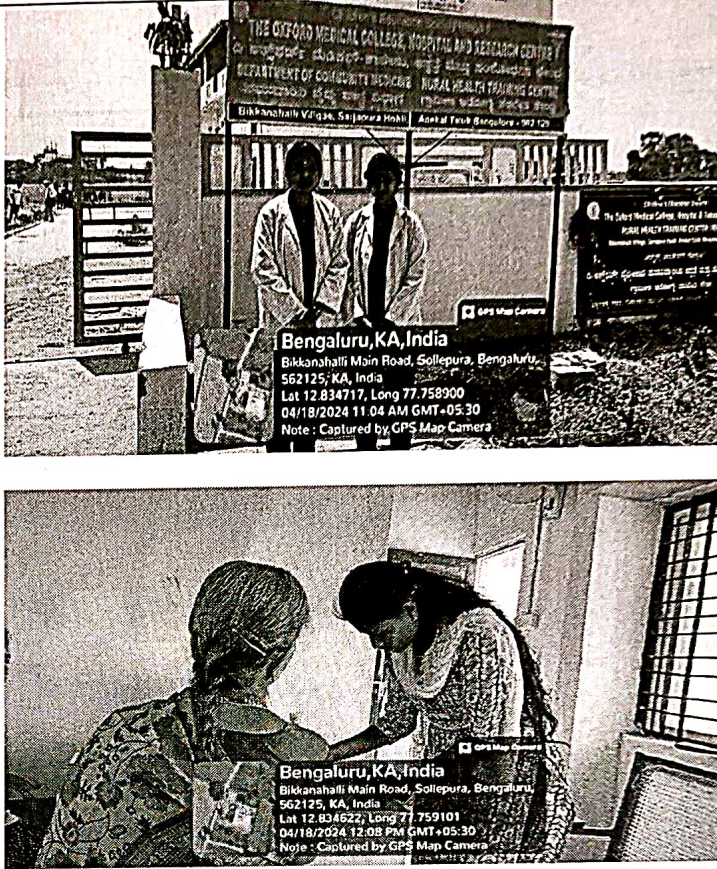
Schedule: from 18-4-2024 to 7-5-2024 10AM-3 PM



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Date	Participants and place	Photos
18/4/2024	RHTC medical camp at Bikkanahalli Village, Sarjapur hobli, Anckal Taluk. Bengaluru	 <p>Bengaluru, KA, India Bikkanahalli Main Road, Sollepura, Bengaluru, 562125, KA, India Lat 12.834717, Long 77.758900 04/18/2024 11:04 AM GMT+05:30 Note: Captured by GPS Map Camera</p> <p>Bengaluru, KA, India Bikkanahalli Main Road, Sollepura, Bengaluru, 562125, KA, India Lat 12.834622, Long 77.759101 04/18/2024 12:08 PM GMT+05:30 Note: Captured by GPS Map Camera</p>



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<p>19/04/2024</p> <p>Medical camp place: Thyavakanahalli</p> <p>Name of participants: vishal ,prathibha ,Christina</p>	<p>S. Medihalli, Karnataka, India RQHM+8XF, Thyavakanahally, S. Medihalli, Karnataka 562125, India Lat 12.827983° Long 77.785428° 19/04/24 10:32 AM GMT +05:30</p> <p>S. Medihalli, Karnataka, India RQHM+8XF, Thyavakanahally, S. Medihalli, Karnataka 562125, India Lat 12.827977° Long 77.785384° 19/04/24 10:50 AM GMT +05:30</p> <p>S. Medihalli, Karnataka, India RQHM+8XF, Thyavakanahally, S. Medihalli, Karnataka 562125, India Lat 12.827977° Long 77.785384° 19/04/24 10:50 AM GMT +05:30</p>
<p>23/4/2024</p> <p>RHTC Camp place: Bikanahalli</p> <p>Name of participants: Sahana K Suparja R Tharanishree K PharmD</p>	<p>Bengaluru, KA, India Bikanahalli, Bengaluru, 562125, KA, India Lat 12.837519, Long 77.759691 04/23/2024 10:20 AM GMT+05:30 Note : Captured by GPS Map Camera</p>



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<p>24/4/2024</p> <p>RHTC Camp place: Dommasandra</p> <p>Name of participants: Chaithra Shree N Mathumitha Rajmohan</p>	
<p>25/4/2024</p> <p>RHTC Camp place: Bikanahalli</p> <p>Name of participants: Ragavi V Suraksha R Rai</p>	
<p>30/4/2024</p> <p>RHTC Camp place: Bikanahalli</p> <p>Name of participants: Chethan GK Deepak Datta BR</p>	



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<p>02/05/2024</p> <p>RHTC Camp place: Bikanahalli</p> <p>Name of participants: RAHUL V PREM RAJ T</p>		<p>Bengaluru Urban, Karnataka, India RQM5+QM, Bikanahalli, Karnataka 562125, India Lat 12.834683° Long 77.758904° 02/05/24 12:54 PM GMT +05:30</p>
<p>03/05/2024</p> <p>RHTC Camp place: Bikanahalli</p> <p>Name of participants: MANJUNATH T SINCHANA D P</p>		<p>Bengaluru Urban, Karnataka, India RQM5+QM, Bikanahalli, Karnataka 562125, India Lat 12.834744° Long 77.758942° 03/05/24 01:21 PM GMT +05:30</p>
<p>06/05/2024</p> <p>RHTC Camp place: Bikanahalli</p> <p>Name of participants Quershi Shiva kumar</p>		<p>Bengaluru Urban, Karnataka, India RQM5+QM, Bikanahalli, Karnataka 562125, India Lat 12.834683° Long 77.758904° 06/05/24 12:04 PM GMT +05:30</p> <p>Bengaluru Urban, Karnataka, India RQM5+QM, Bikanahalli, Karnataka 562125, India Lat 12.834683° Long 77.758904° 06/05/24 12:04 PM GMT +05:30</p>



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07/05/2024	RHTC Camp place: Kallahalli Name of participants Bhuvaneshwari R Bindu R Rajdeep Kour	 <p>Dangaluru, Karnataka, India RRG2+4VW, Adigara Kallahalli, Byafahalli, Karnataka 562125, India Lat 12.82607° Long 77.802702° 07/05/24 11:27 AM GMT +05:30</p>
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OUTCOME OF THE PROGRAMME

The program was conducted with an aim to educate public, general health checkup and screening in rural areas in and around the The Oxford Medical College Hospital and Research Centre, Attibele, was successfully achieved. The program successfully educated average of 100 people per day from the society on proper management of personal hygiene and educate the participants- Proper management of surrounding and adverse effect of self medication., leading to better disease control and overall health outcomes. The program was conducted for the benefit of society by creating an education on public health and to impart the knowledge about the use of nearby healthcare facilities. The demonstration of hygienic practices created a good knowledge among the participants which can be performed on a daily life to keep the society healthy.

END OF THE REPORT



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Date: 15/04/2024

CIRCULAR

The Oxford college of Pharmacy is organizing a Speech competition on Dr.B R Ambedkar Jayanti for the academic year 2023-24 on 19/04/2024 at 2.00PM. We request the active participation of the staff and students for the same.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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Cc

1. Office

2. All Departments



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THE OXFORD COLLEGE OF PHARMACY
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THE DEPARTMENT OF PHARMACY PRACTICE ORGANISING A SPEECH COMPETITION ON
Dr. B R AMBEDKAR JAYANTI

TOPIC- Dr. Ambedkar's contribution to fundamental rights in
constitution of India.

Date: 19th April 2024 & Time: 2.00pm

CHIEF PATRON
Dr S.N.V.L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER
Dr PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF
PHARMACY

ORGANISING SECRETARY
Dr JEENA & Dr JENISHA
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY

BROCHURE



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PREAMBLE:

The Oxford College of Pharmacy under NSS committee organized a speech competition on "Dr B R AMBEDKAR JAYANTI" on 19/04/2024 at 2.00PM ,to commemorate the life and contributions of Dr.B.R.Ambedkar, a visionary leader and social reformer who played a pivotal role in shaping modern India. Ambedkar's tireless efforts for social justice, equality, and the empowerment of marginalized communities have left an indelible mark on the nation. There were 16 participants in the program

One of Ambedkar's most significant contributions was his role in drafting the Indian Constitution. As the chairman of the Constituent Assembly, he ensured that the Constitution enshrined fundamental rights, including equality, liberty, and fraternity. His vision of a secular and democratic India was reflected in the document.

Ambedkar also championed the cause of social justice and equality for women. He advocated for women's education, employment opportunities, and political representation. His efforts led to the inclusion of provisions in the Constitution that protected women's rights. His experiences of marginalization fueled his determination to fight for the rights of the oppressed

Moreover, Ambedkar was a vocal critic of caste-based discrimination and untouchability. He fought tirelessly to eradicate these practices and empower the Dalit community. His work inspired countless individuals to challenge social hierarchies and demand equality.

Ambedkar's legacy extends beyond India. His ideas and principles have influenced social movements and human rights activism around the world. His commitment to social justice and equality continues to inspire people to strive for a more equitable and inclusive society.

PROGRAM DELIVERED AS FOLLOWS:

The program started with a welcome note by Dr Jeena susan saji,Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal,The Oxford College of pharmacy.The speech competition was on the topic Dr.Ambedkar's contribution to fundamental rights in constitution of india.

A total of 16 students from B.Pharm,PharmD and M pharm participated in the speech competition.The judges were Dr.Muthukumar and Mrs.Nagalakshmi Reddy.Tina lally from 4th PharmD won the first prize



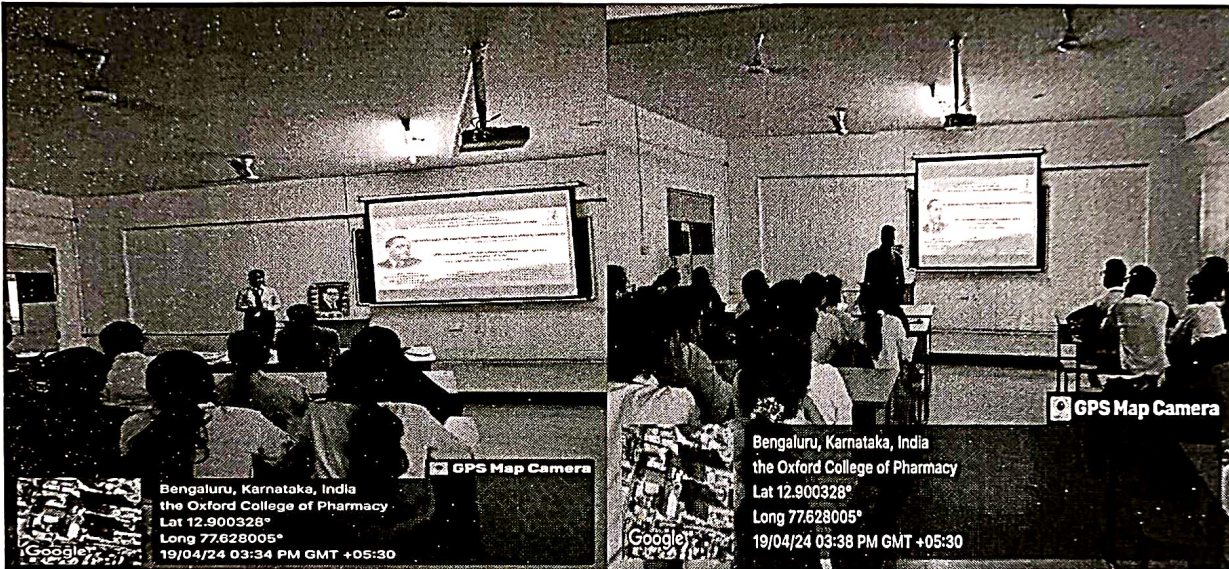
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No of participants: 16 participants
Schedule: On 19th April 2024

Time Schedule	Programme
2.00 PM	Dr B R Ambedkar Jayanti



A glimpse from the speech competition.

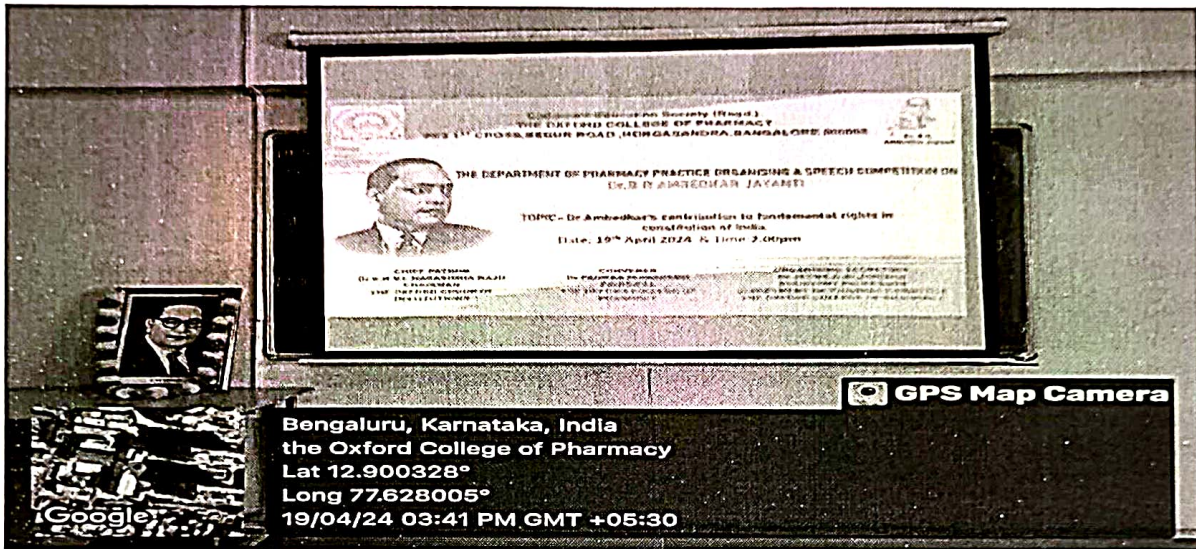
Dr Muthukumar revealing the results of the competition



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Honoring Dr B R Ambedkar.

OUTCOME OF THE PROGRAM

The program was conducted with aim to create an awareness to educate our staffs and students about the contributions of Dr B.R. Ambedkar to our nation. 13 students participated in the competition. Students understood his vision of an equitable society. By honoring Ambedkar's legacy, The historical and social background of their vocation was thoroughly understood by the students. Their commitment to moral and inclusive healthcare practices was strengthened by this program which also increased their cultural competency.

Upon completion of the program, the students departed with an enhanced understanding of socioeconomic disparities, which therefore stimulated a stronger sense of social accountability within the pharmaceutical care industry.

It is expected that this knowledge will have a beneficial effect on their future communications with various patient populations and help create a more sympathetic and healthcare environment.



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LIST OF PARTICIPANTS

SL.NO	PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	DR JENISHA	Jenisha
3.	DR JEENA	Jeena
4.	JAWAHAR MANIYA	Jawahar
5.	RANJITHA RAMESH	Ramesh
6.	MEGHANA S	Meghana
7.	SHYLESH	Shylesh
8.	ARPANA LAL	Arpana
9.	YASHWANTH M	Yashwanth
10.	ABINAYA SANGAVI	Abinaya
11.	KRISHNAJITH	Krishnajith
12.	HASHUBA	Hashuba
13.	TINA LALLY	Tina Lally
14.	SYED ALSABA	Syed Alsaba
15.	SEEMA S L	Seema
16.	DHARUN	Dharun

P. Padma

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DATE: 25/04/2024

CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that Awareness session on “World Day for Safety and Health at Work” for the Academic Year 2023-24 will be conducted on 29/4/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

Cc

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2.All Departments

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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



"World Day for Safety and Health at Work"

"Organized by"
Department of Pharmaceutics
Speaker
DR. DIVITHA
Assistant Professor
The Oxford College of Physiotherapy
29th April 2024
Timings-11:00 AM onwards

CHIEFPATRON

Dr. S.N.V.L NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

CO-ORDINATOR

Ms. Uma Prabha
Ms. Adithi P
Department of
Pharmaceutics
The Oxford College of Pharmacy

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PREAMBLE

On the occasion of World Day for Safety and Health at Work, this day was dedicated to emphasize the importance of ensuring safe and healthy work environments for all. This occasion reminds us of our shared responsibility to protect workers from hazards and promote well-being at work. As we reflect on our achievements and challenges, let us renew our commitment to advancing safety standards and fostering a culture where every worker can perform their duties with confidence and security.

The content of the session

On 29/4/2024, The Oxford College of Pharmacy under NSS committee organized a awareness session on World Day for Safety and Health at Work which highlighted the importance of preventing workplace accidents and diseases through a range of activities, including keynote addresses by experts, panel discussions on safety standards and practices. 85 students took part in the program. The speaker delivered a brief explanation about the hazards in the workplace and how to overcome the issues related. The event also featured the presentation of awards to organizations demonstrating exceptional safety efforts, aiming to raise awareness, share effective strategies, and foster a culture of safety across various industries. The program was attended by 88 participants from B. Pharm and M. Pharm, along with staff. Mrs. Adithi, the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.

No. of participants: 88

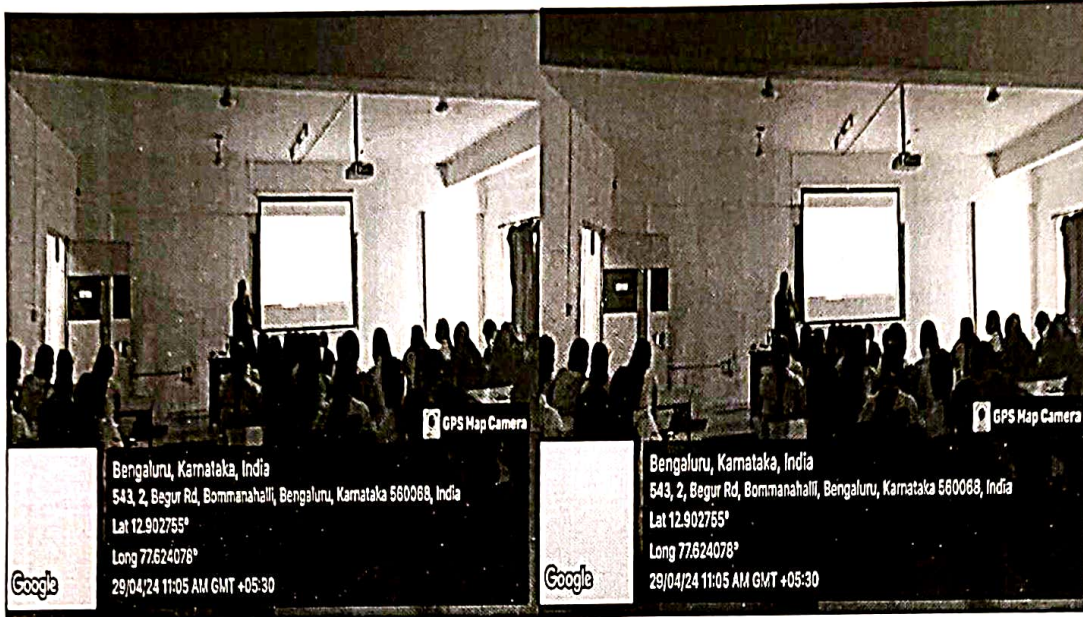
Timings	Schedule
11am	Speech :The speaker delivered a brief explanation on the hazards in the workplace



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Speaker Addressing the student

OUTCOME OF THE PROGRAM

The outcome of World Day for Safety and Health at Work program was resoundingly positive, with the active participation of 88 participants which highlighted the critical importance of fostering safe and healthy work environments. The students were benefitted with the integration of safety and health measures, when they are exposed to vulnerable conditions at the work place. Overall it was an interactive session where all the students actively participated in the session



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LIST OF PARTICIPANTS

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS ADITHI	Adithi
3.	MRS UMAPRABHA	Umaprabha
4.	ABHINAV ANAND	Abhinav
5.	ABHISHEK. H. PATIL	Abhishek
6.	ABISHEKA. M	Abhisheka
7.	ADITYA '	Aditya
8.	AISHWARYA. S. P	Aishwarya
9.	AKASH. R	Akash
10.	AKSHITHA. A	Akshitha
11.	ALLURI YASWANTH	Alluri
12.	ANBALAGAN. R	Anbalagan
13.	ANUPRIYA. K	Anupriya
14.	ANUSHKA SINGH	Anushka
15.	ARYAN OTTA. P. K	Aryan
16.	ASHWINI. B. S	Ashwini
17.	BHAGYASHREE. B	Bhagya
18.	BHARATH. B	Bharath
19.	BHOOMIKA. T	Bhoomika
20.	DEEPIKA. V	Deepika
21.	DEVENDRA. D	Devendra
22.	DHANUSH. R. K	Dhanush
23.	DILLIPKUMAR. E	Dillip
24.	DIPANJANA NAYEK	Dipanjana
25.	GANESH KUMAR	Ganesh
26.	GEETHA. M	Geetha
27.	GOKILAN. N	Gokilan
28.	GOWTHAM. V	Gowtham
29.	GUNASHREE. M	Gunashree
30.	HARIHARAN. M	Harihara
31.	HARISH. G	Harish
32.	HARSHA. T	Harsha
33.	HEMASHREE. S	Hemashree
34.	JAI SURYA. S	Jai Surya
35.	JEEVA. B	Jeeva
36.	JOE LAMBOKLANG	Joe
37.	JOEL JOHN PHILIP	Joel
38.	JOSHITHA. K	Joshitha
39.	JOSHNI. D	Joshni



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40.	KALAVATHI. K	Ka
41.	KAVYA. K	Kavya
42.	KRITHIKA. S. K	Krithika
43.	KUSHAL GOWDA. H. C	Kushal
44.	LAVANYA. R	Lavanya
45.	LIKHITH. M	Likhitha
46.	MEGALA. S	Megala S.
47.	MEGHANA. R	Meghana
48.	MOHITH. B. D	Mohith B D
49.	MONIKA. B. M	Monika
50.	MONISH. S	Monish
51.	MONISHA. R	Monisha
52.	MURALI. P	Murali
53.	NANDHA KUMAR. S	Nandha
54.	NANDHISH KUMAR. P	Nandhish
55.	NIHIT KUMAR	Nihit
56.	NIKKI KUMARI	Nikki
57.	NITHYA. M	Nithya
58.	NITU KUMARI. P	Nitu
59.	PAVANA. M	Pavana
60.	PAVANI. B	Pavani
61.	PRAJWAL. L	Prajwal
62.	PRAVIN KUMAR. M	Pravin
63.	RAKSHITHA SHIVRAJ	Rakshitha
64.	RAKSHITHA. S	Rakshitha
65.	RASHMITHA. A. R	Rashmita
66.	RAVI CHANDRA. V	Ravi
67.	RITESH KHEMKA	Ritesh
68.	ROHITH. V	Rohith
69.	SANGEETA. N	Sangeeta
70.	SARA ZAIBA	Sara
71.	SARAN. R	Saran
72.	SHAPTHAGIRI. J. M	Shapthagiri
73.	SHILPA DAKU	Shilpa
74.	SHIVAKUMAR. G	Shivakumar
75.	SIRISHA. M	Sirisha
76.	SIRISHA. S	Sirisha
77.	SNEHA. H	Sneha
78.	SRIE ARIA. V. R	Srie Aria
79.	SUDHARSHAN. S	Sudharshan
80.	SUSHMITA RANJAN	Sushmita
81.	T. T. LALNUNPUIA	T. T. Lalnunpuia
82.	THANUSHREE. C	Thanushree
83.	YAMUNA. R	Yamuna



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84.	YESWANTH. A	
85.	KULSUM	
86.	NANDITHA	Nanditha.
87.	PRAVEEN. S	
88.	PAVITHRA	

P. Padma
PRINCIPAL
The Oxford College Of Pharmacy,
No 6/9, 1st Cross, Begur Road, Hongasandra,
Bangalore - 560 068



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Date:26/4/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are here by informed that "WORLD ASTHMA DAY 2024" a workshop on INHALER TECHNIQUE, for the academic year 2023-24. The program is to educate our students, staffs and society about proper inhaler techniques to improve medication delivery and disease management. The program will be conducted on May 2nd 2024. We request your active participation for the same.

Cc

1. Office

2. All department

P. Padwe
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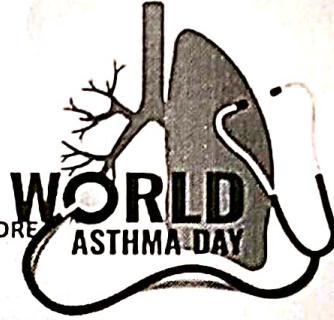
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**The Department of
Pharmaceutical Chemistry**

organizing NSS COMMITTEE, TOCP, BANGLORE



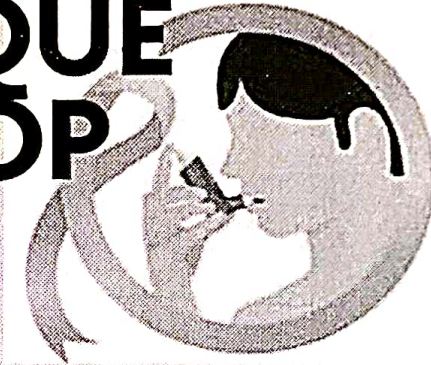
INHALER TECHNIQUE WORKSHOP

On **WORLD ASTHMA
DAY 2024**

Ground floor,
The Oxford college of
Pharmacy

On 02/05/2024

11am - 4pm



**ASTHMA
EDUCATION
EMPOWERS**

Information is Key

Brochure for ASTHMA Day-INHALER TECHNIQUE WORKSHOP



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PREAMBLE

The Department of Pharmaceutical chemistry, under NSS, organized "WORLD ASTHMA DAY 2024 INHALER TECHNIQUE WORKSHOP with an aim to educate our staffs, students and public about the asthma condition, the medication and the use if inhaler. The program was conducted on May 2nd 2024.

GINA (global Initiative for asthma) a World Health Organization collaborative organization founded in 1993 has chosen "Asthma Education Empowers" as the theme for the 2024 World Asthma Day. Its global healthcare event which is observed on the first Tuesday in May every year in a bid to spread awareness about the chronic respiratory disease. This year, the day is being marked on May 2, 2024. The day was chosen to correspond with the summer seasons, when allergies and weather changes might aggravate asthma symptoms. If asthma is not adequately managed, it might result in numerous other health problems. Chronic asthma may lead to breathing issues, sleep disturbances, exhaustion and poor focus in the long run. **Asthma Education Empowers** message promotes the knowledge and education on the condition and proper use of the medicament for effective asthma management programs in all resource countries.

According to a study conducted by the Global Asthma Network (GAN), India is responsible for over 42% of the world asthma-related deaths. Asthma is a medical condition that causes the airways to narrow and become inflamed, leading to the accumulation of mucus, resulting in difficulty breathing. World Asthma Day is a significant occasion that seeks to increase awareness about asthma and its treatment.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Pradeepa Prasad, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Mrs. Chanda Ranjan, Program organizer, Department of Pharmaceutical chemistry, was invited to talk about the Asthma Day. She was delivered about the management of asthma and educate the participants- Proper technique is crucial where incorrect technique can lead to reduced medication delivery and poor asthma control.

The program has two different sessions which is delivered by students of final year. The first session was conducted in college for students and staffs which provides proper inhaler techniques to improve medication delivery and disease management. The second session was for the society, where it includes educating the public.



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Introduction to asthma and inhaler therapy, Demonstration of proper inhaler techniques for: Metered-dose inhalers (MDIs), Dry powder inhalers (DPIs), Soft mist inhalers (SMIs) Hands-on practice

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 29 participants including staffs and students of The Oxford College of Pharmacy and peoples from public were attended the program.

The organizer Mrs. Pradeepa Prasad concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event. And to all the other faculties and students who participated in the event and helped in its successful completion.

No of participants: 29 participants

Schedule: On 2nd May 2024

Time Schedule	Programme
11 am	"WORLD ASTHMA DAY 2024" — INHALER TECHNIQUE WORKSHOP



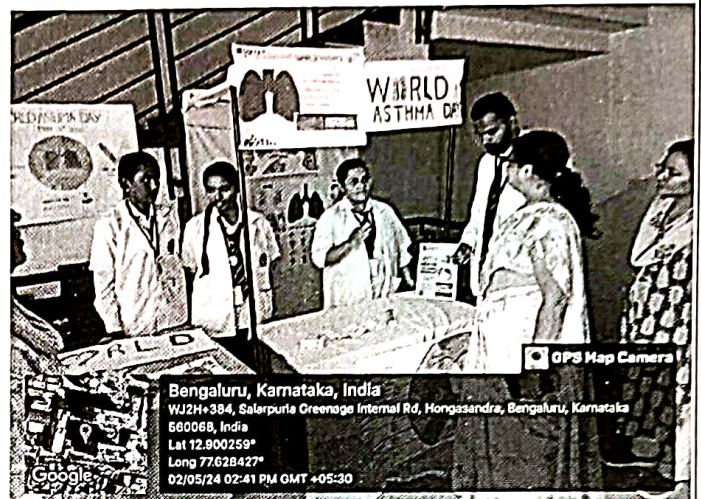
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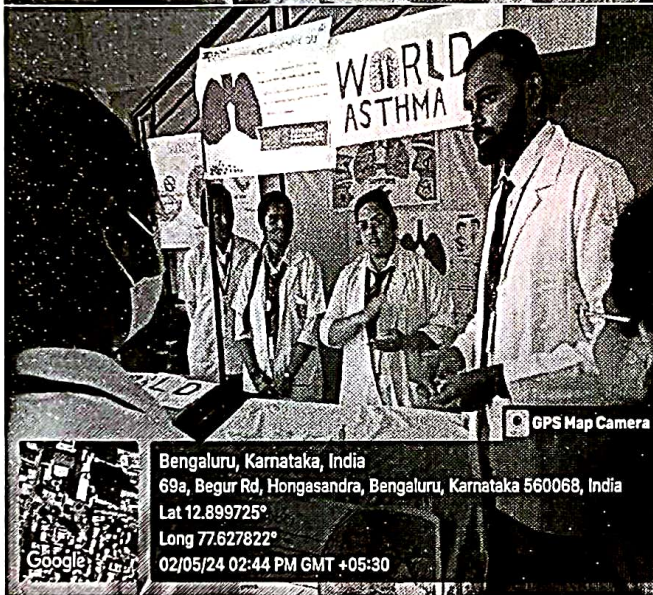
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Bengaluru, Karnataka, India
6/9, Hosur Road, Bommanahalli, Bengaluru, Karnataka 560068, India
Lat 12.900463°
Long 77.628195°
02/05/24 02:37 PM GMT +05:30



Bengaluru, Karnataka, India
WJ2H+384, Salarpuria Greenaga Internal Rd, Hongasandra, Bengaluru, Karnataka
560068, India
Lat 12.900259°
Long 77.628427°
02/05/24 02:41 PM GMT +05:30



Bengaluru, Karnataka, India
69a, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899725°
Long 77.627822°
02/05/24 02:44 PM GMT +05:30



Bengaluru, Karnataka, India
9, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899704°
Long 77.627702°
02/05/24 02:51 PM GMT +05:30

:Students and Staffs are participating in Inhaler Technique Workshop



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Bengaluru, Karnataka, India
4 4th Main Near MET College Hongasandra Begur Road, Vivekananda Nagar,
Bommanahalli, Bengaluru, Karnataka 560068, India
Lat 12.898866°
Long 77.625823°
02/05/24 03:00 PM GMT +05:30

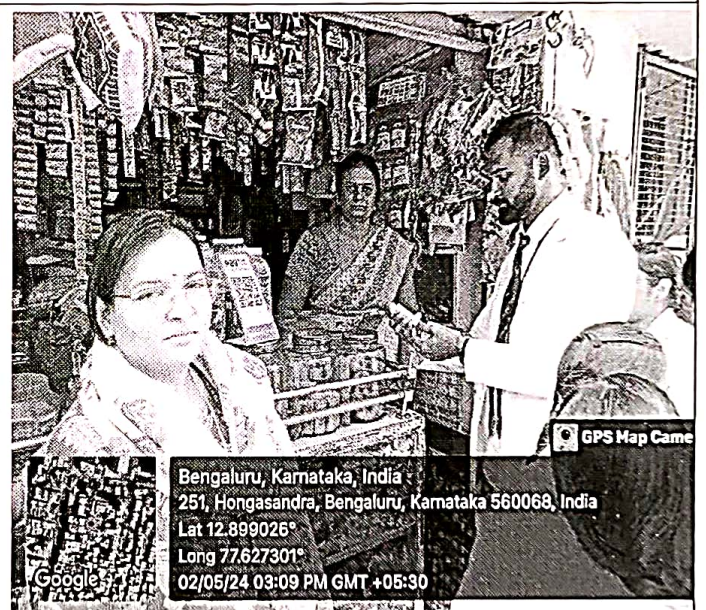


Bengaluru, Karnataka, India
VJXG+H67, Begur Rd, Vivekananda Nagar, Hongasandra, Bengaluru, Karnataka 560068,
India
Lat 12.898859°
Long 77.625811°
02/05/24 03:04 PM GMT +05:30

:- Students at MET College and Vivekananda Nagar educating the public about Asthma and Inhaler Techique



Bengaluru, Karnataka, India
VJXG+H67, Begur Rd, Vivekananda Nagar, Hongasandra, Bengaluru, Karnataka 560068,
India
Lat 12.898862°
Long 77.625556°
02/05/24 03:05 PM GMT +05:30



Bengaluru, Karnataka, India
251, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899026°
Long 77.627301°
02/05/24 03:09 PM GMT +05:30

Students creating awareness in the local community

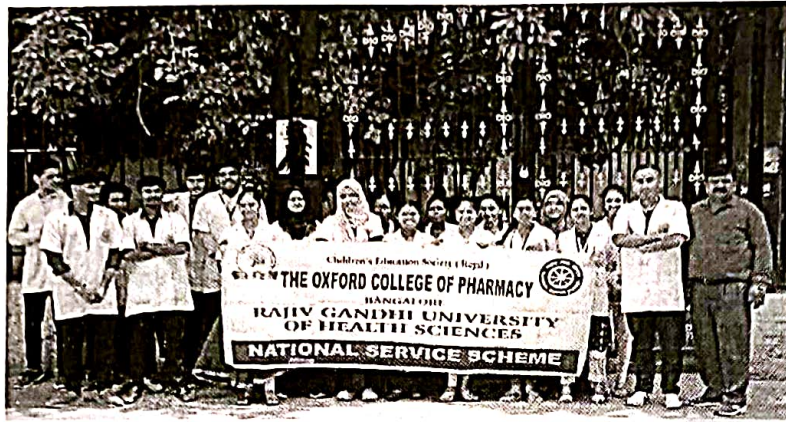


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VJXG+WQF, 7th Main 6th Cross,
Hongasandra, Bengaluru, Karnataka
560068, India,



03:16 PM
02 May-24, Thursday



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Students holding NSS banner on WORLD ASTHMA DAY-202



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OUTCOME OF THE PROGRAMME

The program was conducted with an aim to educate about the asthma condition, the medication, and use of inhaler was successfully achieved. The program successfully created awareness by 29 participants including various people from the society -on proper inhaler techniques, highlighting the importance of device-specific education and patient engagement. The program's outcomes include:

1. Increased awareness of asthma triggers and prevention
2. Enhanced understanding of proper inhaler technique
3. Enhanced self-management skills for asthma control.
4. Increased confidence in managing asthma symptoms.

By improving inhaler technique, patients can optimize medication delivery, leading to better asthma control and overall health outcomes. The program was conducted for the benefit of society by creating an education on asthma and to impart the knowledge about the use of medication. The demonstration of medicated metered inhaler and the first aid session has created a good knowledge among the participants which can be performed on an emergency to save the society.



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LIST OF PARTICIPANTS

SL:NO	NAME OF PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS CHANDA RANJAN	Chandra
3.	MRS PRADEEPA PRASAD	Pradeepa
4.	SEEMA SL	Seema
5.	PRADEEP S	Pradeep
6.	NEETHU TP	Neethu
7.	FARHANA AA	Farhana
8.	HARSHITHA A	Harshitha
9.	B ARUN KUMAR	Arun
10.	K M VARSHA PATEL	Varsha Patel
11.	JASIRA T S	Jasira
12.	MADHU R	Madhu
13.	MUNAVARA PARVEEN A	Munavara
14.	NANDISH S	Nandish
15.	NOOR AYESHA N	Noor
16.	SRI SANJANA S	Sri Sanjana
17.	SRIGOPALAN S	Srigopalan
18.	SUSHMITHA S	Sushmitha
19.	PRADEEP CHOUDHARY	Pradeep
20.	PRASHANTH	Prashanth
21.	JEETHENDRA	Jeethendra
22.	RENUKHA	Renukha
23.	BHAVYA SHREE	Bhavya Shree
24.	DHANASEKHAR M K	Dhanasekar MK
25.	HEMANTH KUMAR E	Hemant
26.	NISHA S	Nisha
27.	PRATIK JAIN	Pratik
28.	SRI VIGNESH	Sri
29.	GOKUL RAJ . M	Gokul Raj

P. Padma



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Date :25/04/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness session on "**World Hand Hygiene Day**" for Academic Year 2023-24 will be conducted on 07/05/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

Cc

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2. All Departments

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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

CELEBRATING WORLD HAND HYGIENE DAY-2024

“SAVE LIVES: Clean Your Hands”

Organized by NSS, The Oxford College of Pharmacy

Conducted On 07TH MAY 2024

SPEAKER: D. CHITRA, PROFESSOR, DEPT OF NURSING, THE
OXFORD COLLEGE OF NURSING SCIENCES.



PATRON

Dr. S. N. V. L. NARASIMHARAJU
CHAIRMAN,
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

Dr. G. NAGALAKSHMI,
Mr. AKSHAY,
THE OXFORD COLLEGE OF
PHARMACY

BROCHURE



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, NSS Committee, organized "WORLD HAND HYGIENE DAY" with an aim to raise an awareness program to educate our staffs and students about the critical role of hand hygiene in preventing infections and promoting health. The program was conducted on May 7th 2024. Around 105 participants including staffs and students of The Oxford College of Pharmacy were attended the program.

Hand Hygiene: A Global Health Priority," underscores the importance of effective hand hygiene practices in mitigating the spread of diseases. The day features a range of activities, including educational workshops for healthcare workers and the public, social media campaigns to spread information, community events to engage various groups, and initiatives within health facilities to enhance hygiene practices. Key messages emphasize that clean hands save lives, that hand hygiene is crucial on a global scale, and that everyone has a role in maintaining it.

World Hand Hygiene Day serves as a vital reminder of the significance of hand hygiene in safeguarding health, and its success relies on the collective efforts of individuals, organizations, and communities.

The Content of The Session:

The program was started with a welcome note by Dr. G. Nagalakshmi, Associate Professor followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Mrs. D. Chitra, Professor, Department of Nursing, was invited to talk about the hand hygiene day. She delivered an engaging and informative presentation on the science behind hand hygiene. She explained the transmission of germs through contaminated hands and the significance of proper handwashing techniques.

Students were shown step-by-step demonstrations of correct handwashing techniques, including the use of soap and water.



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All students took a pledge to practice good hand hygiene habits on a daily basis. This pledge served as a commitment to prioritize personal health and well-being. The event included interactive activities, such as handwashing competitions and quizzes, to reinforce the key messages about hand hygiene.

The event was a resounding success, with enthusiastic participation from all students. The educational presentation and demonstrations helped students understand the importance of hand hygiene and the potential consequences of neglecting this essential practice. The pledge taken by the students reinforced their commitment to maintaining good hygiene habits.

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 105 participants including staffs and students of The Oxford College of Pharmacy were attended the program.

The organizer concluded the program with vote of thanks.

No of participants: 105 participants

Schedule: On 7th May 2024

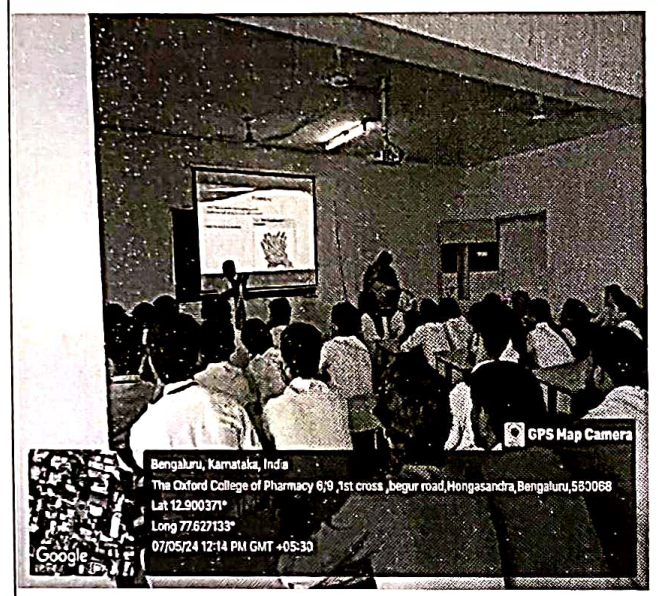
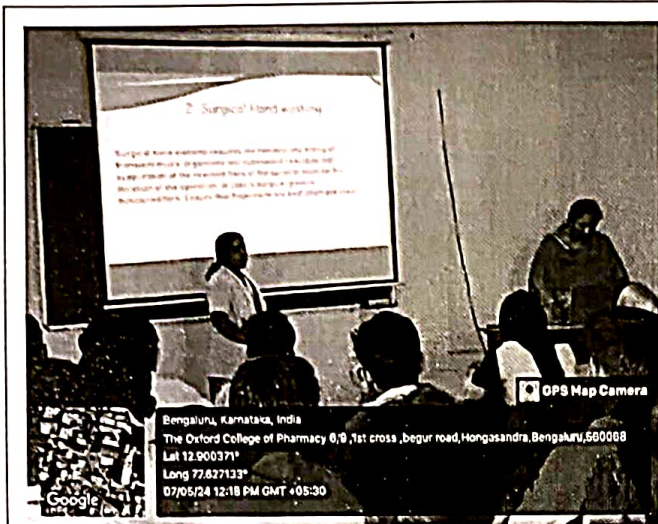
Time Schedule	Programme
10.00 am	WORLD HAND HYGIENE DAY



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Speaker Delivering a Talk on “World Hand Hygiene Day”



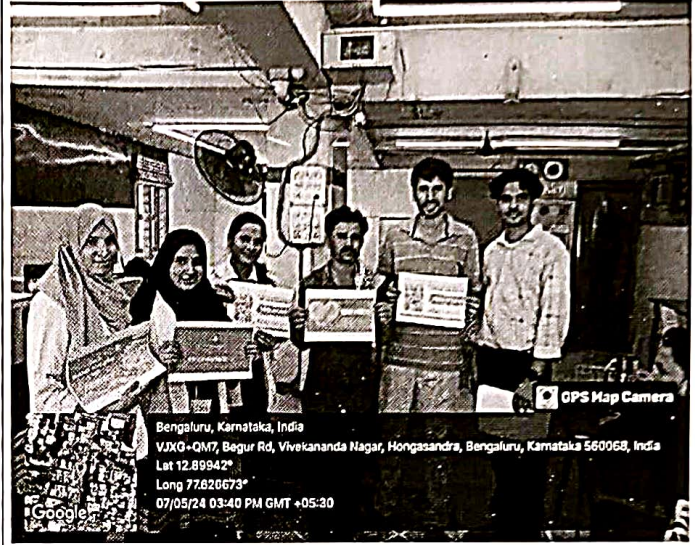
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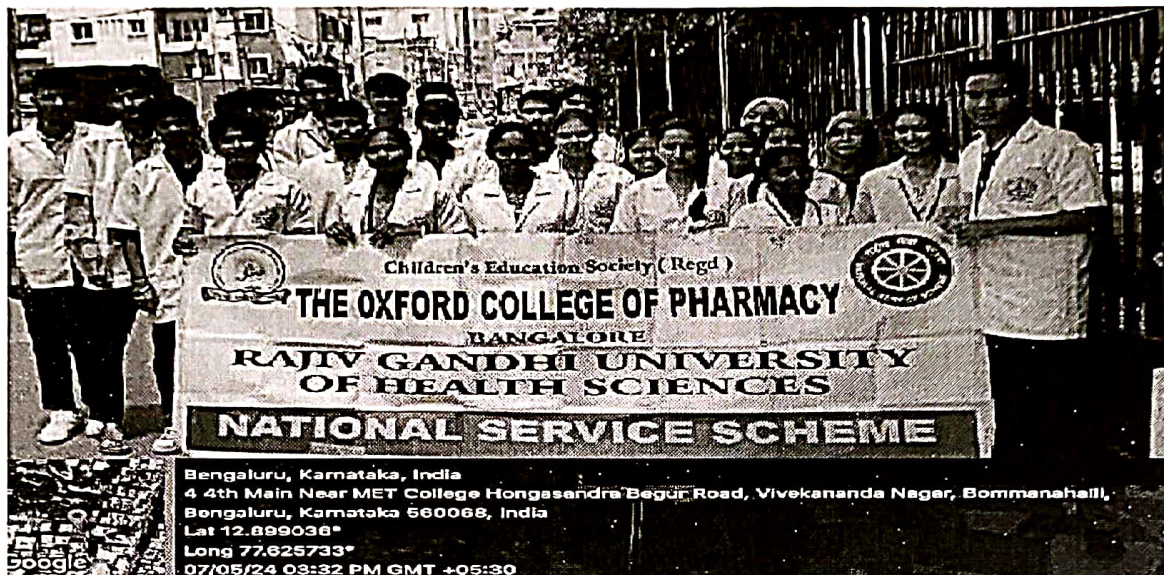
Students Raising Public Awareness on “World Hand Hygiene Day”



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Students participated in the program

OUTCOME OF THE PROGRAMME

The Hand Hygiene Day Awareness Program, successfully achieved its objectives of raising awareness and promoting proper hand hygiene practices. The program successfully created awareness for 105 participants including and students. Attendees gained information about the importance of washing hands properly and using hand sanitizers. Through various activities and engagement strategies, the program has made a positive impact on participants' knowledge and behaviors regarding hand hygiene.

END OF THE REPORT



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Date: 10/05/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy, Bangalore are hereby informed that "World Hypertension Day" for the Academic Year 2023-24 will be conducted on 17/05/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

Cc

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2. All Departments

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INVITES YOU TO CELEBRATE WORLD HYPERTENSION DAY 2024

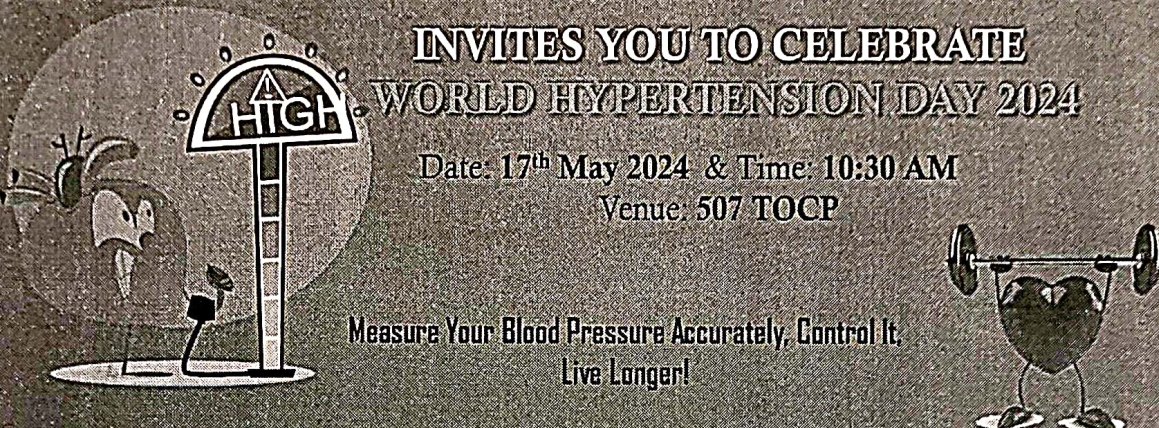
Date: 17th May 2024 & Time: 10:30 AM
Venue: 507 TOCP

Measure Your Blood Pressure Accurately, Control It.
Live Longer!

CHIEF PARTON
Dr. S.N.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTION

CONVENER
Dr. PADMAA M. PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETORY
Dr. NOOPUR SRIVASTAVA &
Mrs. KESARLA BHAVANI
DEPARTMENT OF PHARMACOLOGY
THE OXFORD COLLEGE OF PHARMACY



Brochure



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PREAMBLE:

In order to create awareness about hypertension, a leading risk factor for death and disability, World Hypertension League initiated 17th May as World Hypertension Day worldwide. It aims to motivate global action to combat high blood pressure. This year, the theme is a call to "Measure Your Blood Pressure Accurately, Control It, and Live Longer." More than half of the people in the world living with hypertension are unaware of this condition which is a major cause of cardiovascular disease and premature deaths worldwide.

On May 17th, 2024, Department of Pharmacology in association with NSS Unit, The Oxford College of Pharmacy, Bangalore, organized a Health Screening Program in Observe of **World Hypertension Day** at The Oxford College of Pharmacy, Bangalore There were 100 participants.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. Noopur Srivastava, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, Bangalore.

Mrs. Kesrala Bhavani formally welcomed our eminent speaker Dr. A Muthu Kumar, Dean Research & Associate Professor, Department of Pharmacology and all the participants gathered for the celebration on the occasion. He spoke on the role of Pharmacist towards the society and how by following lifestyle modification steps one can work on hypertension management and improve overall cardiovascular health. On this Occasion Blood Pressure Check-up and Screening Camp was organized for employees. The event aimed to raise awareness about hypertension and promote proactive health management among the employees. A total of 50 employees participated in the Health Screening Program. The turnout demonstrated the commitment of the The Oxford College of Pharmacy community to prioritize health and well-being. In this program, screening of BP was done for all participants. This helped identify individuals at risk of hypertension and provided valuable insights into their cardiovascular health.



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Mrs. Kesarla Bhavani concluded the program with vote of thanks. She thanked Chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology

and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

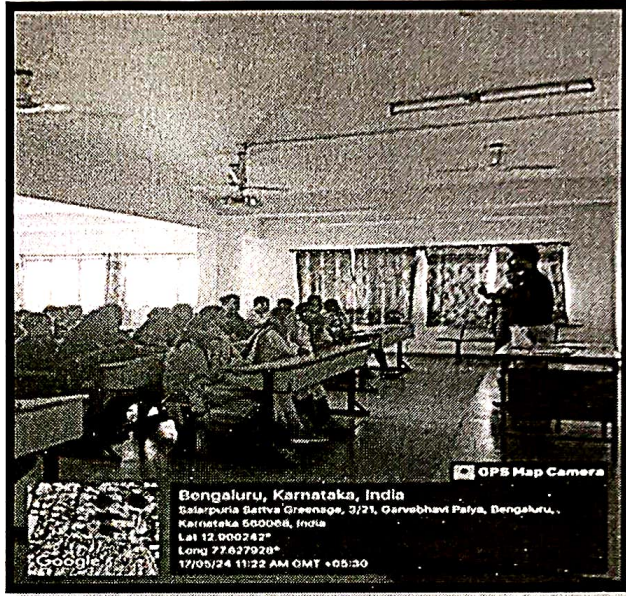
No of participants: 100 Participants

Schedule: On 17th May, 2024

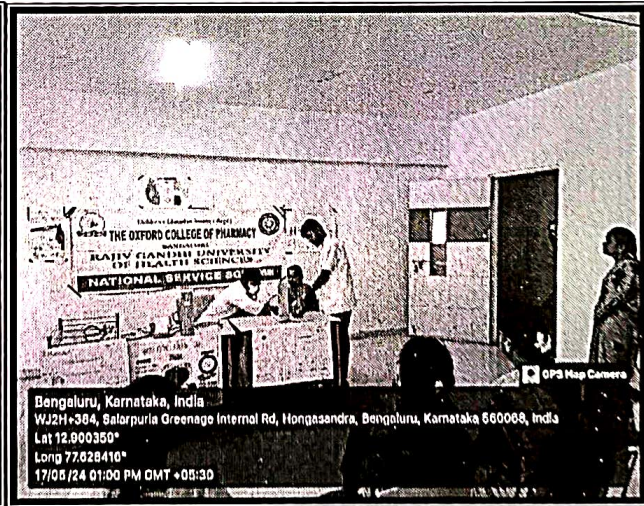
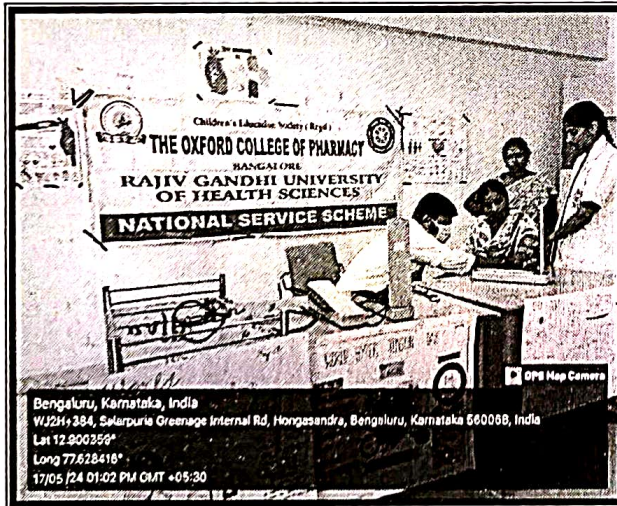
Time Schedule	Programme
10:30 A.M -11:30 A.M	Guest Lecture on "Risk Factors of Hypertension and Its Management"
12:00 P.M-2:00 P.M	Screening of BP



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Talk on Risk Factors of Hypertension and Its Management



Health Screening Program for Employees



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OUTCOME OF PROGRAM:

The Health Screening Program organized by The Oxford College of Pharmacy, Bangalore, on World Hypertension Day served as a significant initiative to promote preventive healthcare and raise awareness about hypertension among employees. By facilitating early detection, education, and community engagement, the event contributed to the overall well-being of the participants and reinforced the importance of prioritizing health in the workplace. Total 100 Participants joined the event in which 50 employees participated in the screening Program.



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Date: 10/05/2024

CIRCULAR

All the teaching and students of The Oxford College of Pharmacy are hereby informed that International Family Day for the academic year 2023-2024 will be conducted on 15/05/2024. We look forward for the active participation for the same. The students and faculty are requested to attend the celebration at 10 am in 501 room number.

P. Padma
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CHILDREN'S EDUCATION SOCIETY (REGD.)

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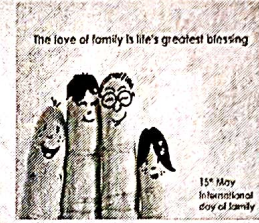


CORDIALLY INVITE YOU FOR THE PROGRAMME ON



"International Family Day"

"Families and Climate Change"



Organized by
Department of Pharmaceutics
on
15th MAY 2024

CHIEF PATRON

Dr. S.N.V.L NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

CO-ORDINATOR

Mrs. Surinder Kaur
Assistant Professor
Department of Pharmaceutics
The Oxford College of Pharmacy

Brochure



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PREAMBLE

The Oxford College of Pharmacy, Bangalore under NSS committee celebrated “International Family Day” on 15th May 2024, Dr. Gururaj S Kulkarni HOD and Mrs. Surinder Kaur, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were 52 participants.

The “International Family Day” celebration was organized by The Oxford College of Pharmacy, Bangalore on 15th May 2024” with the theme, “Families and Climate Change”. The goal is to increase awareness regarding the effects of climate change on families and encourage them to take action to mitigate these impacts. Family and community initiatives play a vital role in climate action by providing education, information access, training, and community participation

Empowering families is crucial for meaningful and effective climate action. By instilling sustainable habits and climate awareness in families, we can drive the transition to a circular economy. This year’s observance aims to raise awareness of how climate change impacts families and emphasizes the role families can play in climate action. 52 participants took part in the event.

International Day of Families 2024: Origin and Significance

In 1983, the Economic and Social Council and the Commission for Social Development recommended that the United Nations focus on family issues. The UN recognised that changing economic and social structures were affecting family units worldwide. Therefore, in 1993, it officially declared May 15th as the International Day of Families.

The day aims to promote awareness of family issues, increase knowledge of the social, economic, and demographic processes affecting families, and celebrate all types of families while acknowledging their diversity and promoting inclusivity. It is also an opportunity to emphasise the importance of maintaining strong relationships with relatives, thereby benefiting both individual families and society as a whole.

International Day of Families 2024 binds us together the love that we receive from our family members helps us to grow as an individual and strength our emotional bonds. Family is the home that we grow up in and the home that we come back to when we stay far. Our family members hold us in love and affection till the end of time. They help us to grow up and become



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better individuals. The role of a family is very significant in personal development and promoting the sense of communities and social cohesion. Every year, International Day of Families is observed to raise awareness about the importance of a family.

The program started with welcoming of the audience and briefing about the significance of observing this day. The program organizer Dr. Gururaj S Kulkarni delivered speech regarding the importance of joint families and strengthening of the family bond.

Dr. Parathasarthy HOD Department of Pharmacy Practice, spoke about how the Climate change negatively affects family health and well-being through increased pollution, extreme weather events, disruptions to agriculture and food systems, and economic impacts. Families also significantly contribute to greenhouse gas emissions through electricity usage, transportation choices, food consumption, and overall consumption patterns. Urgent climate action by governments, businesses, and citizens is crucial to cut emissions and advance climate justice. Empowering families through education, changing consumption habits, and advocacy is essential for meaningful and effective climate action. Integrating circular economy principles into early childhood education can help build a sustainable economic model based on minimizing waste and regenerating natural resources. Dr. Jeena spoke about how she misses her family due to the stay in hostel. She also spoke that one must keep in touch with their family members.

The programme was concluded with a thank you note by Mrs Divya S K and she also emphasised about the importance of joint families over the nuclear families and how it could help in controlling the negative impact on the climate. The programme organiser, Mrs. Surinder Kaur, thanked the Principal, Dr. Padmaa M. Paarakh, The Oxford College of Pharmacy for giving an opportunity to conduct this programme.

Schedule:

No. of participants- 52

Timings	Event Schedule
10am	International family day



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Participants Listening to Speech

OUTCOME OF THE PROGRAMME.

The importance of celebrating the International Family Day was to bring awareness amongst the audience about the need to have joint families, which could build better ties between the members, reduce stress, improve communication, enhance cooperation and reduce expenses, sense of unity and happiness within the family. 52 participants took part in the event

The students were happy to learn these basics and got involved in spreading these concepts in the society. They were enthusiastic in making aware these concepts to the society and neighbours.



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LIST OF PARTICIPANTS

S. NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	DR GURURAJ KULKARNI	Gururaj
3.	MRS SURINDER KAUR	S.K.
4.	ABARNA M	Abarna
5.	AISHWARYA B K	Aishwarya
6.	ALIYA	Aliya
7.	AMRUTHA R	Amrutha
8.	ANJUM SABA	Anjum Saba
9.	ARSHITHA L	Arshitha
10.	AZRA SULTANA	Azra
11.	CHETHAN	Chethan
12.	CHHAGAN PATEL M	Chhagan
13.	HAMSA A S	Hamsa A.S
14.	HANUMANTHARA YAPPAGARI NEELAVATHI	Hanumanthara
15.	KAREENA G	Kareena G.
16.	KEERTHI PANDEY	Keerthi Pandey
17.	LALITHA KUMARI	Lalitha
18.	MAHESH BABU B R	Mahesh Babu B.R.
19.	MANISH J	Manish
20.	MANU KUMAR T D	Manu Kumar
21.	MS MONIKA	Ms Monika



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22.	NAYANA M E	Nayana M E
23.	PAWAN C	Pawan C
24.	PHAMLARTIN CHARII MONSANG	Phamlartin -
25.	PRAKASH PATEL	Prakash
26.	PRASHANTH N	Prashanth N
27.	PRIYANKA M HIPPARAGI	Priyanka M
28.	PRIYANGSHU KASHYAP	Priyanshu Kashyap
29.	RAJESH PATEL	Rajesh
30.	RAJPUROHIT MAHIPAL VASANT	Rajpurohit
31.	RAMESHKUMAR CHOUDRI	Ramesh
32.	ROHITH N	Rohith N
33.	SACHIN KUMAR	Sachin
34.	SANDHYA V	Sandhya
35.	SAQLANE SHARIFF	Saqlane
36.	SEMINA BEGUM	Semina
37.	SHRAVAN PATEL	Shravan
38.	SIVAKUMAR k	Sivakumar
39.	SNEHA S C	Sneha S C
40.	SONIYA KUMARI S	Soniya Kumari S
41.	SONU MANDAL	Sonu
42.	SOUGRAKPAM GUNSON SINGH	Sougrakpam
43.	SOUNDHARYA M	Soundharya M
44.	SUNITHA R	Sunitha R



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45.	SURAJ J	<i>Suraj</i>
46.	TANAY DEY	<i>Tanay</i>
47.	USHMA GAMANGO	<i>Ushma</i>
48.	VARRA JHANSI	<i>Varra</i>
49.	VARUN SINGH	<i>Varun</i>
50.	VIKAS D	<i>Vikas</i>
51.	VINOD G	<i>Vinod</i>
52.	RAMESH ANDAPPA JAKKAL	<i>Ramesh</i>

P. Padma

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Date: 24/05/2024

CIRCULAR

All the students of The Oxford College of Pharmacy are hereby informed that The Oxford College of Pharmacy is organizing a "WORLD ANTITOBACCO DAY 2024" on 31/05/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator before 29/05/2024.

P. Padma

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, I CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068
DEPARTMENT OF PHARMACOLOGY

WORLD ANTI TOBACCO DAY

MAY 31ST 2024, 1:30PM-3:00PM

**THEME: PROTECTING CHILDREN FROM TOBACCO
INDUSTRY INTERFERENCE**

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs. Pallavi N,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy

“WORLD ANTITOBACCO DAY 2024” BROCHURE



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PREAMBLE:

The World Health Organization in 1987 adopted the resolution for the creation of a global observance day dedicated to the control of tobacco use. The first World No Tobacco Day was observed on May 31, 1988. The theme of the inaugural year was, "Tobacco or Health: Choose Health. World Anti-tobacco Day 2024 will give a platform to young people across the world, who are urging governments to shield them from predatory tobacco marketing tactics. The industry targets youth for a lifetime of profits, creating a new wave of addiction. Children are using e-cigarettes at rates higher than adults in all regions and globally an estimated 37 million youth aged 13–15 years use tobacco.

The content of the session

The Oxford College of Pharmacy, Bengaluru, under NSS committee organized "World Antitobacco Day 2024" on May 31st 2024 with an aim to educate our staffs and students about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The theme of the Programme was "Protecting Children from Tobacco Interference". There were 25 participants in the program.

The program was started with a welcome note by Dr. G. Venkata Kartheek Kumar Reddy, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy. Mrs. Bhavani K, Assistant Professor, Department of Pharmacology was invited to talk about the awareness of about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops and awareness of tobacco abuse and its effects to the society. II Year M. Pharm (Pharmacology), II Year M. Pharm (Pharmaceutics), II Pharm D and VI Sem B. Pharm students were participated in the Programme.

During the talk session Mrs. Bhavani K, has explained about

- ❖ Effective communication is also crucial in managing public expectations.
- ❖ Governments must convey that tax hikes are not one-off events but part of a sustained effort to keep tobacco prices increasing to motivate current smokers to quit and deter young people from starting.
- ❖ Simplifying tax rates and basing them on quantity rather than price can prevent tobacco users from switching to cheaper brands. Additionally, "soft earmarking" of tax revenues—linking increased taxes to increased health spending—can garner grassroots support for tax hikes.
- ❖ Regional collaboration can also enhance the impact of these measures, as seen in the European Union, by minimizing cross-border smuggling and fostering shared goals among countries.



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The session also involved the community engagement by conducting community event on the same day to provide supportive environment for individuals looking to quit and prepared Posters and spread awareness about quitting tobacco.

After the talk students went outside for creating awareness in public with NSS committee. The objective was to Educate the Public by Provide information on the health risks associated with tobacco use, including its impact on physical and mental health, Promoting Cessation Resources through Highlight available resources and support systems for those looking to quit smoking or using tobacco products, to advocate for stronger tobacco control policies and legislation, including restrictions on advertising and smoking in public places and raising awareness of alternatives which included the discussion on the risks of alternative tobacco products, like e-cigarettes, and promote healthier lifestyle choices.

No of participants: 25

SCHEDULE: 31st May 2024

Time Schedule	Programme
1:30 to 1:50 PM	Introduction about the topic.
1:50 to 2:10 PM	Effect of tobacco on 12-15 years children's is explained by resources person.
2:10 to 3:00 PM	Creating awareness in public with NSS committee.
3:00 to 3:15 PM	Vote of thanks

The organizer Mrs. Pallavi concluded the program with vote of thanks. She thanked Chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

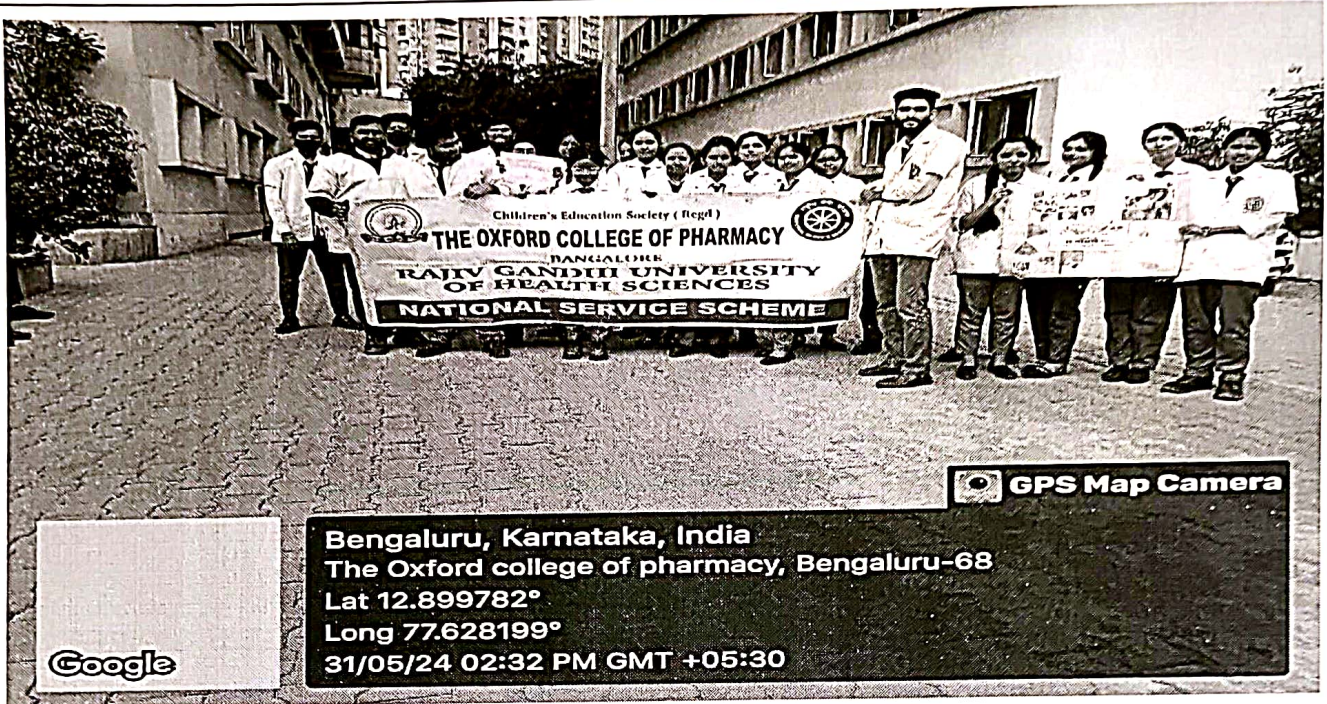


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B.PHARM STUDENTS CREATED AWARENESS IN SOCIETY



STUDENTS CREATING AWARENESS IN PUBLIC



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STUDENTS ARE EXPLAINED TO THE PUBLIC WHAT ARE THE ADVERSE EFFECT OF TOBACCO



MRS. BHAVANI K EXPLAINED ABOUT THE IMPORTANCE OF CREATING AWARENESS IN SOCIETY AND STUDENTS ARE ACTIVELY PARTICIPATED IN POSTER PRESENTATION



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OUTCOME OF THE PROGRAMME:

The World anti- tobacco Day awareness program, organized by The Oxford College of Pharmacy, achieved its objectives by educating students about the significance of adverse effect of tobacco. Students had understood the importance of no tobacco day and they have created awareness in public in the following aspects. Students Provided information on the health risks associated with tobacco use and available resources to quit smoking or using tobacco products, Explained the risks of alternative tobacco products, like e-cigarettes, and promote healthier lifestyle choices, Organized community event for individuals looking to quit and explained regarding how to utilise social media platforms that spread awareness and share personal stories about quitting tobacco.

The program's success was evident in the enthusiastic participation of 25 participants, who gained knowledge and became motivated to promote anti-tobacco awareness in the community. The positive public response and welcoming attitude towards the initiative underscore the program's impact and potential for future success.



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SL.NO	PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	DR. VENKATAKARTHIK REDDY	D. Venkatarthik
3.	MRS PALLAVI	Pallavi
4.	ABINAYA SANGAVI A	Abinaya
5.	AISHWARYA K	Aishwarya
6.	AJAY KUMAR N	AJAY
7.	ANU R	Anu
8.	BARANIDHARAN G	Baranidharan
9.	HEMA S REDDY	Hema S Reddy
10.	IMLIBENBA OZUKUM	Imlibenba
11.	J.JEEVITHA	Jeevitha
12.	JYOTHIRMOY GHOSH	Jyothirmoy
13.	KRISHNAJITH S	Laksh.P
14.	LAKSHMI . P	Lakshmi
15.	MAIVANNAN K	Maivannan
16.	MOHAMMED SAIF KHAZI	Mohammed
17.	NAYANA RAI A	Nayana
18.	RAAFI JAMAL J	Rafi
19.	RUPKUMAR DAS	RUPKUMAR DAS
20.	SAM SHERMAN S	Sam Sherman
21.	SAVITHA T V	Savitha
22.	SHREE DEVIKA RANI	Devika
23.	UDAY SAHA	Uday
24.	UDDIPAN ROY	Uddipan
25.	WEIZEL PEARL	Weizel

P. Padma
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01/06/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that pot-painting-plantation and awareness programme on “WORLD ENVIRONMENT DAY 2024” for the academic year 2023-2024 will be organised on 05/06/2024. We request the active participation for the same.

P. Padma
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Children's Education Society (Regd.)

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**CHILDREN'S EDUCATIONAL SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY**

DEAR OXFORDITES,
WE ARE HAPPY TO INVITE EVERYONE FOR THE

**An Awareness campaign and
a talk on Environment Day**

by

Dr Anuradha Pai

Prof, The Oxford Dental College, bangalore

ON

WORLD ENVIRONMENT DAY

5th JUNE

"Our Land, Our Future. We are
#GenerationRestoration"

Venue: Ground Floor, The oxford college of pharmacy

Time: 2-3 Pm

Organized by: NSS Committee

Brochure



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, under NSS committee organized "WORLD ENVIRONMENTAL DAY 2024" on the theme "Our Land, Our Future we are #Generation Restoration" that emphasizes the importance of restoring land, combating desertification, and enhancing resilience to drought with an aim to raise an awareness program to educate our students about the protection and preservation of the environment. The program was conducted on June 5th 2024. 26 participants in the program.

The history of world environment day can be tracked back to 1972 when the United Nations Conference on the Human Environment was held in Stockholm, Sweden. As a result of this conference, the United Nations Environment Programme (UNEP) was established on June 15, 1972. The UNEP proposed a special day for the environment. In 1972, the UN General Assembly designated June 5 as World Environment Day (WED). The first World Environment Day was observed on June 5, 1973, with the slogan "Only One Earth." The environment has suffered a lot due to industrialization. World Environment Day encourages people to adopt eco-friendly practices to have a greener and clear environment and then focused on solutions to plastic pollution under the campaign. The condition of our environment is getting declined day by day because of the pollution and global warming. We should celebrate and promote eco-friendly development in our country in order to save the environment for better future.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

World Environment Day is the one of the most important opportunities when we can make people aware of the issues that everyone is facing and how everyone can contribute to saving it. Thus, it is quite important in its own way.

The program was started with a welcome note by Ms. Nagalakshmi R, NSS coordinator, The Oxford College of Pharmacy. To create the awareness among the students one guest lecture by Dr Anuradha pai, Professor, The Oxford Dental College was organized. She interacted with the students for the spread awareness about the environment and the need to conserve it. She explained why it is essential to have a greener environment and conservation of nature so that our future generation will be able to lead a healthier life. She emphasized that we cannot be so selfish and use up all the resources for ourselves and



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do not leave anything for our future generation. She took promise from all the students that they will strive towards making our environment a better and healthy place to live in.

It is a day that reminds everyone on the planet to get involved in environment friendly activities. Keeping this aim in view, The Oxford College of Pharmacy organized a pot-painting-plantation competition. Students of various branches from department participated and celebrated world environmental day enthusiastically. All the participants were asked to paint a pot and plant a sapling from their home to create a green corner in their home gardens due to RGUHS Examination. A lot of enthusiasm was seen in the students. The photo of the pot was collected from all the class teacher by the cultural committee and the winner was decided. The first place was secured by Ms Rakshitha from III Pharm D, second position by Ms. Soniya Kumari from I D. Pharm and third position by Ms Varra Jhansi from I D.Pharm.

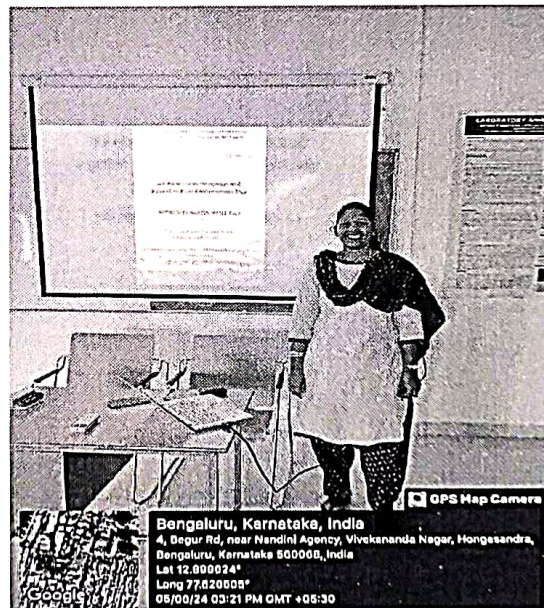


Fig1: Guest Lecture by Dr Anuradha pai, Professor, The Oxford Dental College, Bangalore.



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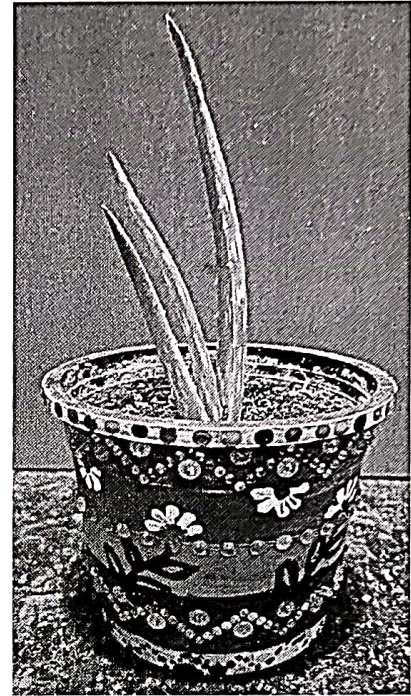
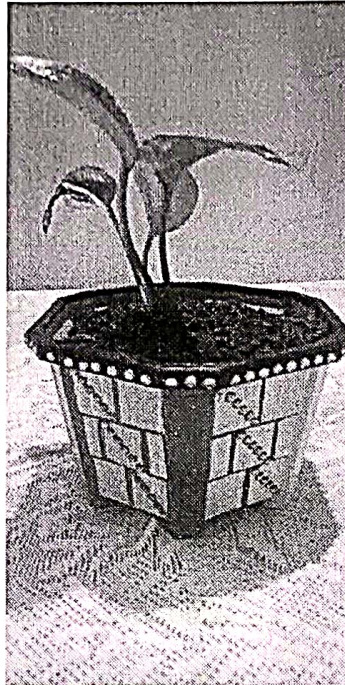
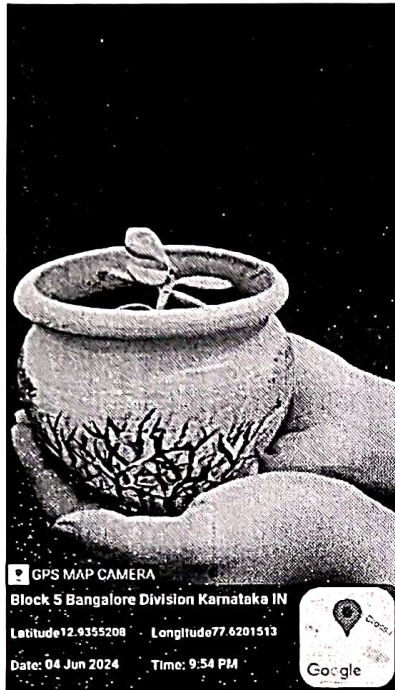


Fig2. Pot painted by Ms Rakshitha from III Pharm D (first left), Ms. Soniya Kumari from I D. Pharm (centre) and by Ms Varra Jhansi from I D. Pharm (right) for the pot-painting-plantation competition.

Under the supervision of Mr Rajamouli, physical trainee teacher, and Ms nagalakshmi R, NSS coordinator, the students under NSS organized an awareness rally near the Begur Road to create an awareness for combating the use of plastics and ways by which the pollution can be reduced by making the people aware about the current situation of the environment. They talked with the people to make them understand the importance of environment for the future generation.





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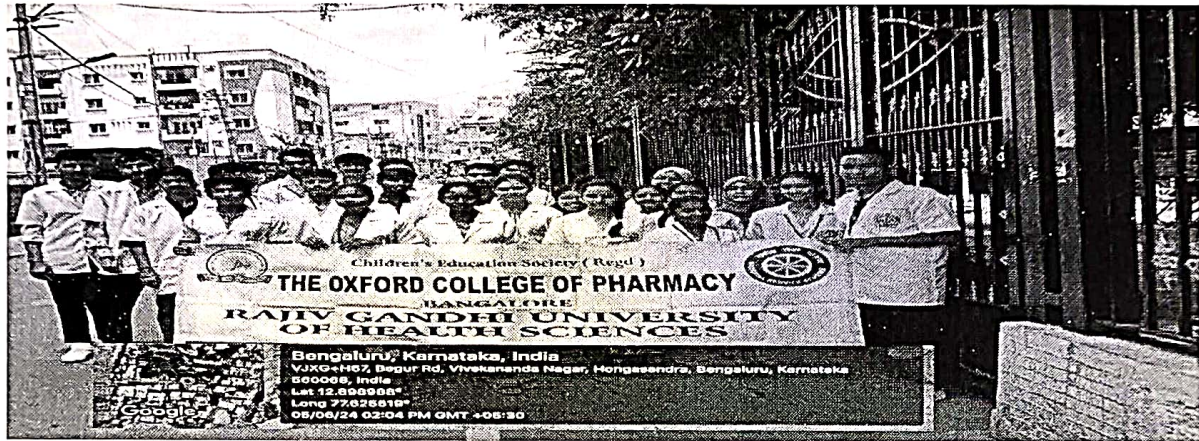


Fig 3: Students during the World Environment Day awareness NSS program.

The organizer Mrs. Chanda Ranjan concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 26 participants

Schedule: On 5th June 2024

Time Schedule	Programme
2-3 pm	"WORLD ENVIRONMENT DAY 2024"



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OUTCOME OF THE PROGRAMME

The program successfully reached the individuals and significantly increased the awareness about the environmental related issues. 26 Students participated in the program. The attendees gained knowledge about how the natural world works, how humans interact with environment and to find the ways to deal with environmental problems and live more sustainably. To build on this success, it is important to every individual to save and protect our environment to grow in the upcoming decades. After creating the awareness, the planting has done in college surrounding areas and followed by students has done plantings in their homes.



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LIST OF THE PARTICIPANTS

S.NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS CHANDA RANJAN	CR
3.	MRS VISHNU PRIYA	Vishnu Priya
4.	SOUNDHARYA M	Soundharya M
5.	SUNITHA R	Sunitha R
6.	SURAJ J	Suraj J
7.	TANAY DEY	Tanay Dey
8.	USHMA GAMANGO	Ushma Gamango
9.	VARRA JHANSI	Varra Jhansi
10.	PHAMLARTIN CHARII MONSANG	Phamlartin Charii Monsang
11.	PRAKASH PATEL	Prakash Patel
12.	PRASHANTH N	Prashanth N
13.	PRI YANKAMHIPPARAGI	Pri Yankamhipparagi
14.	PRIYANGSHU KASHYAP	Priyangshu Kashyap
15.	ARSHITHA L	Arshitha L
16.	AZRA SULTANA	Azra Sultana
17.	CHETHAN	Chethan
18.	CHHAGAN PATEL M	Chhagan Patel M
19.	HAMSA A S	Hansa A S
20.	HANUMANTHARAYAPPA GARI NEELAVATHI	Hanumantharayappa Gari Neelavathi
21.	MAHESH	Mahesh
22.	ROHIT	Rohit
23.	VIKAS	Vikas
24.	MANISH	Manish
25.	SHIVKUMAR	Shivkumar
26.	ALIYA	Aliya

P. Padma
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DATE: 01/06/2024

CIRCULAR

This is to inform all students, teaching, and non-teaching staff of The Oxford College of Pharmacy that program on “**WORLD FOOD SAFETY DAY 2024**” for the academic year 2023-2024 will be conducted on 07/06/2024. We request for the active participation for the same.

P. Padma

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WORLD FOOD SAFETY DAY

7TH JUNE 2024

ORGANIZED UNDER NSS COMMITTEE, TOCP, BENGALURU
"PREPARE FOR THE UNEXPECTED"



Chief Patron
Dr. S N V L Narasimha Raju
Chairman,
The Oxford Educational Institutions

Convener
Dr. M Padmaa Paarakh
Principal,
The Oxford College of Pharmacy

Organizing co-ordinator
Dr Jenisha K & Dr Jeena susan saji
The Oxford College of Pharmacy



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PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated "WORLD FOOD SAFETY DAY" on 7TH June 2024, Dr Parthasarathy HOD, Dr Sri Priya C, Assistant Professor, Department of Pharmacy Practice, initiated the celebration of the program along with students. There were around 50 participants.

The content of the Session:

"World food safety day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 07th June 2024" with the theme "Prepare for the unexpected". The program started with the welcoming of the audience and briefed about the history and significance of observing this day. The program organizer Dr Parthasarathy, delivered speech regarding the importance of 'Food Safety'. The theme highlighted the importance of being prepared for food safety incidents, which will happen due to accidents, food fraud, or natural events.

The main objectives for observing this day are to spread awareness about the importance of food safety. This year's theme is 'Food safety: prepare for the unexpected.' Food safety incidents can range from minor events to major international crises, whether it is a power outage at home, a food poisoning at a local restaurant, a voluntary recall of contaminated products by a manufacturer, an outbreak from imported products, or a natural disaster. to revive the resolve to support and accept people with this condition.

The students of oxford college of pharmacy were emphasised to prepare different chart works to create awareness among the producers and food manufacturers in and around of the college campus by explaining them about the importance of food safety. Consumers needs to be empowered to practice safe food handling at home. The producers or food business operators are responsible for implementing and updating food safety management plans, including regular staff training and immediate action in cases of a food safety incident.



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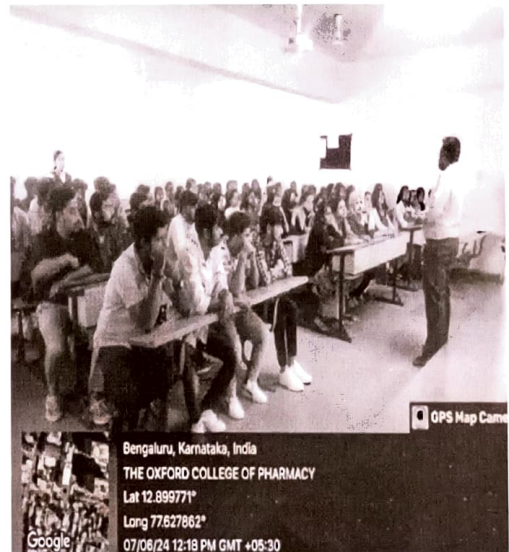
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Students creating awareness

Dr. Parthasarathy's speech about "Food Safety"



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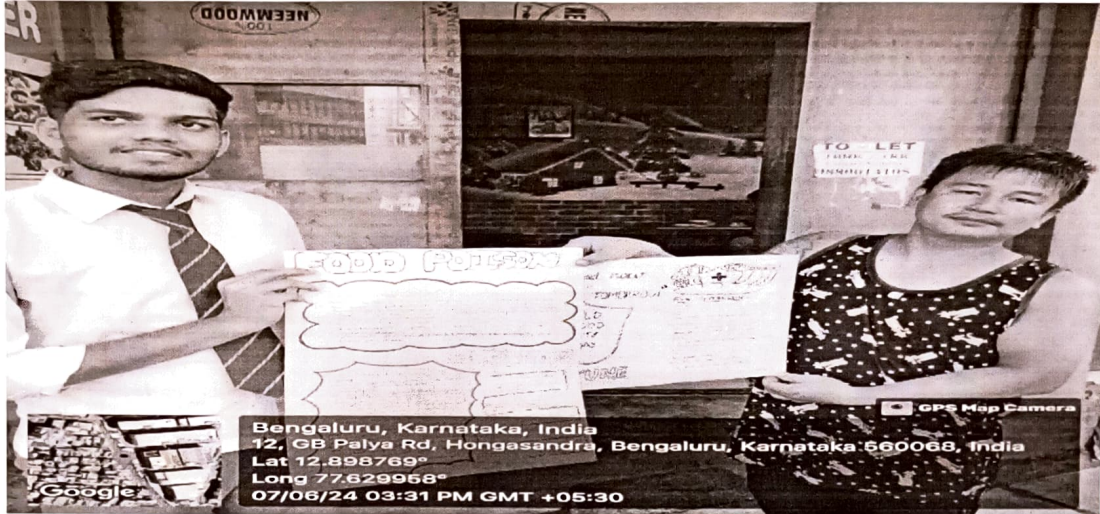


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Students creating awareness in the local community

OUTCOME OF THE PROGRAM

"Food safety is everyone's business" is the slogan of World Food Safety Day and urges the responsibility of each one of us to preserve safe food throughout the supply chain, from farm to fork. In every part of this chain, there are hazards that can cause contamination. The students were keen to spread awareness to the society via patients and public, community by passing this information gained during program. Few students got involved within their college community and arranged awareness program as part of this program of spreading. Over all 50 students participated in the Program.

END OF REPORT



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LIST OF PARTICIPANTS

SL.NO	NAME OF PARTICIPANT	SIGNATURE
1	MOLUNGZANG AIER	
2	HARSHDEEP SARVA	
3	KATHIRMANI RAJA S	
4	ZOMBARKAR MUSKAN	
5	ABIGAIL N MOZHUI	
6	ANIRBAN DEBNATH	
7	ASHISH ABHRAHAM	
8	DEBJIT BHAKAT	
9	DEEPTI CHOUDHARY	
10	DIMPLE G	
11	GANANESWAR RAO S	
12	HEMA NS	
13	KEERTHANA C	
14	PADMASHREE M	
15	RANJITHA REDDY S	
16	SHASHIKALA D M	
17	SHERLIN HEPZIBAH S	
18	SHUBHASHINI N	
19	SYED ALSABA HUSSAINI	
20	TINA LALLY	
21	VINISHA R	
22	DARPANA R	



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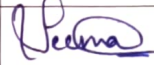
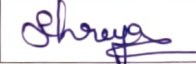
23	MHONLUMI T OVUNG	Mhonlum
24	EHTESHAM QURESHI	Ehtesham
25	MANJUNATH T	Manjunath
26	CHAITHRA SHREE N	Chitra
27	CHEZHAN G K	Chethan G.K
28	DEEPAK DATTA B R	Deepak Datta B.R
29	MATHUMITHA	Mathu
30	PREMRAJ T	Premj
31	RAGAVI V	R.V
32	RAHUL V	Rahul.V
33	SAHANA K	Sahana
34	SHIVAKUMAR G	Shivakumar
35	SINCHANA D P	Sinchana D.P
36	SUPRAJA R	Supriya
37	SURAKSHA R RAI	Suraksha
38	THARANISHREE K	Tharanishree K
39	VISHAL SASI KANNAN	Vishal
40	PRATHIBA V	Prathiba
41	BHUVENESHWARI R	Bhuvaneswari R
42	BINDU R	Bindu
43	CHRISTINA JAMES	Christina
44	RAJDEEP KAUR	Rajdeep
45	ARINDHAM DEY	Arindham
46	HARSHITHA	Harshitha
47	SARAVANAGIRI	Saravanagiri



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48	SARAVANAN	
49	SEEMA	
50	SHREYAA DATTA	

P. Padma

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Date: 12/06/2024

CIRCULAR

This is to inform all students and teaching faculty that the Department of Pharmacology is organizing a "WORLD BLOOD DONOR DAY 2024" at The Oxford College of Pharmacy on 14/06/2024. We are conducting an awareness program. So, we request the active participation of students and give your names before 13/06/2024.

P. Padma

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CHILDREN'S EDUCATION SOCIETY (Regd.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru-560068
Celebrates
WORLD BLOOD DONAR DAY 2024
Safe Blood Saves Lives
on
14.06.2024
Organized by
The Department of Pharmacology, TOCP
Venue: The Oxford Medical College Hospital & Research Centre, Bengaluru

Chief Patron Dr. S.N.V.L. Narasimha Raju Chairman The Oxford Educational Institutions	Convener Dr. Padmaa M Paarakh Principal The Oxford College of Pharmacy	Organizing Team Dr. A. Muthukumar Mrs. Pallavi Department of Pharmacology The Oxford College of Pharmacy
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BROCHURE



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PREAMBLE:

World Blood Donor Day, observed annually on June 14th, the NSS Committee and the Department of Pharmacology at The Oxford College of Pharmacy endeavor to raise awareness about the critical importance of blood donation. We take this opportunity to express our sincere appreciation to voluntary blood donors for their invaluable contributions to saving countless lives. There were 26 participants.

Blood donation is a selfless and essential act that has a profound impact on public health. Despite its significance, many countries continue to experience blood supply shortages, highlighting the urgent need to promote regular blood donation. By fostering awareness, we can encourage more individuals to participate in this life-saving initiative.

The objective of World Blood Donor Day is to raise awareness about the vital importance of blood donation and its role in saving lives, encourage voluntary blood donations to increase the number of donors globally, acknowledge and express gratitude to those who donate, and foster a culture of regular blood donation as a habit. Additionally, the day aims to strengthen partnerships and collaborations among blood transfusion services, governments, and non-governmental organizations to promote the act of donating blood further.

Number of participants: 26

Schedule:

Time Schedule	Program
11:00 to 11:30 PM	Introduction / Welcome address
11:30 to 1:30 PM	Importance of Blood and Blood donation
2:00 to 3.20 PM	Creating awareness for blood donation to the community
3:20 to 3:30 PM	Vote of thanks



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The program commenced with a warm welcome address by Dr. Muthukumar A, Program Organizer, and an inaugural speech from Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy. Dr. Noopur Srivastava, Head of the Department of Pharmacology, delivered an informative presentation on the significance of blood donation. Dr. Naveen Kumar BJ, Professor and Head of the Department of Pathology at The Oxford Medical College Hospital and Research Centre, Attibele, Bangalore, explained the importance of unpaid blood donation in achieving universal access to safe blood transfusion. He also elaborated on the program's objectives, which include promoting a culture of regular blood donation among young people and the general public and increasing the diversity and sustainability of the blood donor pool.

Dr. Naveen Kumar BJ presented certificates to the individuals who donated blood at The Oxford Medical College Hospital and Research Centre, Bangalore. A significant number of Pharm.D students contributed to the blood bank.

The students actively participated in various disciplines, including Pharm.D and M.Pharm.

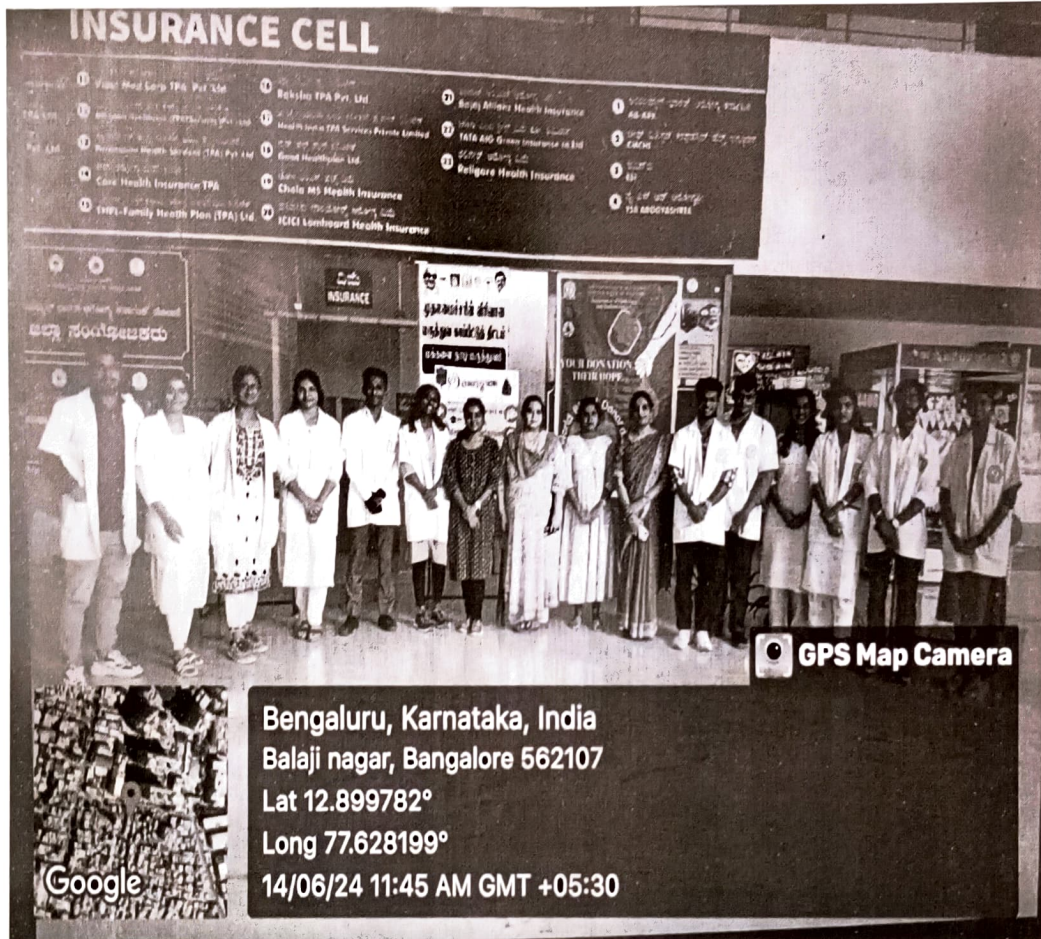
Mrs. Pallavi N, the organizer, concluded the program with a vote of thanks. She expressed gratitude to Chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, Dr. Noopur Srivastava, Head of the Department of Pharmacology, and all the faculty members and students who contributed to the program's success.



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Blood donors and organizing team

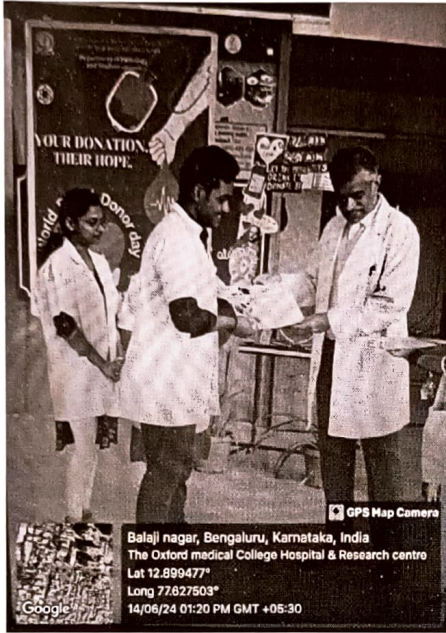


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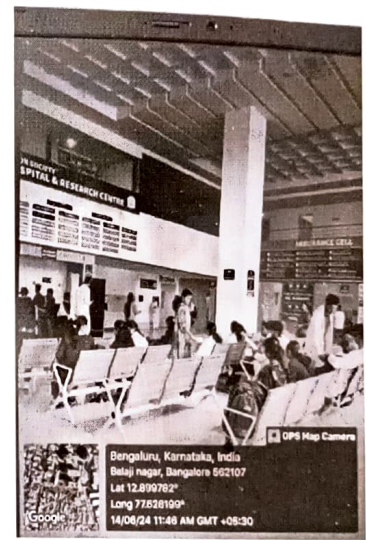


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Dr. Naveen Kumar BJ presented certificates to the Donors.



Students' active participation

Student interaction with the community



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OUTCOME OF THE PROGRAM

The World Blood Donor Day awareness program organized by the NSS unit, the Department of Pharmacology, The Oxford College of Pharmacy effectively achieved its objectives by educating students on the critical importance of blood donation, its benefits, and the necessity of regular contributions. The initiative successfully raised awareness within both the student body and the wider community, fostering a sense of social responsibility and inspiring students to become ambassadors for blood donation awareness. With enthusiastic participation from 26 students and staff, the program provided an invaluable platform for community engagement and education. The overwhelmingly positive public response underscores the program's impact and highlights its potential for continued success in future endeavors.



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LIST OF PARTICIPANTS

SL.NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR. PADMAA M PAARAKH	P. Padma
2.	DR. A. MUTHUKUMAR	A. Muthu
3.	MRS. PALLAVI	Pallavi
4.	SAURABH SINGH	Saurabh Singh
5.	GIRISHADITHYA. A	G.R.A.
6.	ADARSH S KUMAR	Adarsh Kumar
7.	DEEPAK CHOUDERY. S	Deepak S.
8.	SAFREEN. T.A	Safreena.
9.	ARINDAM DEY	Arindam Dey.
10.	BABISHA R	Babisha R.
11.	BHAVYASHREE N	Bhavya
12.	DHARUN BALA. L	Dharun Bala.
13.	FARHANA. A.A	Farhana.
14.	HARSHITHA. A	Harshitha
15.	LIKITHA CHANDRASHEKAR	Likitha
16.	NEETHU. T.P	Neethu T.P
17.	NISHANTH. K.K	Nishanth K.K
18.	NIZAMUDDIN	Nizamuddin
19.	NUNGSHICHILA A JAMIR	Nungshichila
20.	PRADEEP. S	Pradeep
21.	RISHIKA GUPTA	Rishika Gupta.
22.	RUDRAMBIKA. M	Rudrambika
23.	SARAVANAGIRI. A	Saravani
24.	SARAVANAN. M	Saravanan M.
25.	SEEMA. S.L	Seema.
26.	SHREYAA DATTA	Shreyaa

P. Padma

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DATE: 12/06/2024

CIRCULAR

All the students, teaching and non-teaching staff of The Oxford College of Pharmacy are hereby informed that program on “INTERNATIONAL YOGA DAY 2024” for the Academic Year 2023-24 will be conducted on 21/06/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma

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Cc

1. Office

2. All Departments



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

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CORDIALLY INVITES YOU FOR
"INTERNATIONAL YOGA DAY 2024"

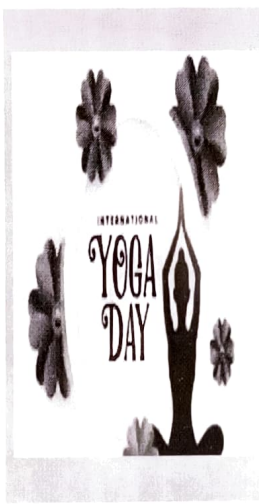
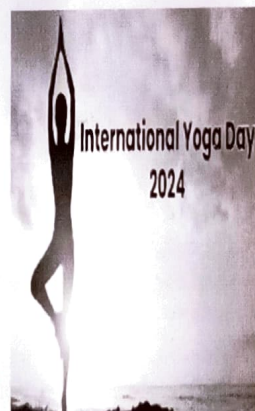
Organized by
Department of Pharmaceutics

on
21/06/2024

SPEAKER: Dr Manjunath, Professor

THE OXFORD COLLEGE OF ENGINEERING

Time :11.00-1.00PM



CHIEF PATRON

Dr. S.N.V.L NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

CO-ORDINATOR

MRS NAGALAKSHMI R, Asst. Professor
MRS DIVYA S KUMAR, Asst. Professor
Department of Pharmaceutics
The Oxford College of Pharmacy



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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore observed "International Yoga Day" on 21st June 2024, Mrs R Nagalakshmi, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 112 participants in total.

The content of the Session:

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "INTERNATIONAL YOGA DAY 2024". The theme for this year was "Yoga for Self and Society". For this program, our college students as well as our sister concern college students also participated the event with full enthusiasm. The session started with the addressing of participants by our beloved Principal Dr Padmaa M Paarakh, who briefed the participants with the importance of practicing yoga every day for better health and mind well-being on this occasion of International Yoga Day and its importance in students' life. The session was then followed by the addressing by Dr Manjunath, Professor, The Oxford College of Engineering, regarding the benefits of Yoga in boosting the mental and physical well-being with different Yogas. He also emphasized how the daily practice of yoga by individuals will foster the societal harmony.

The event continued with the demonstration of few asanas of yoga and its benefits by the student volunteers from The Oxford College of Physiotherapy and Mr Rajamouli M, PT Teacher. The benefits of yoga like reduction of stress, mental clarity, overall physical fitness etc. The participants showed great enthusiasm in performing the different asanas. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. Few charts were also displayed showcasing the benefits of yoga, steps of Surya-namaskar etc.

The program further continued by visiting near residential areas to spread the awareness about Yoga and its benefits to the society by our college students. Few students volunteer briefed the elders regarding the importance of yoga and its benefits for the overall well-being.

No. of participants: 112

Schedule

Timings	Event Schedule
11.00 am	International Yoga Day



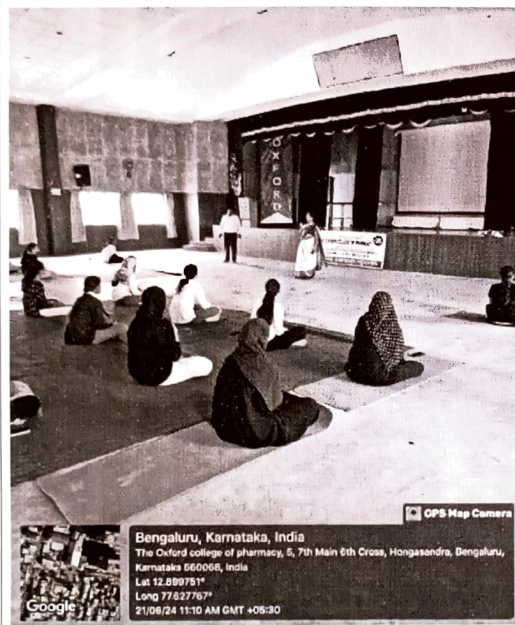
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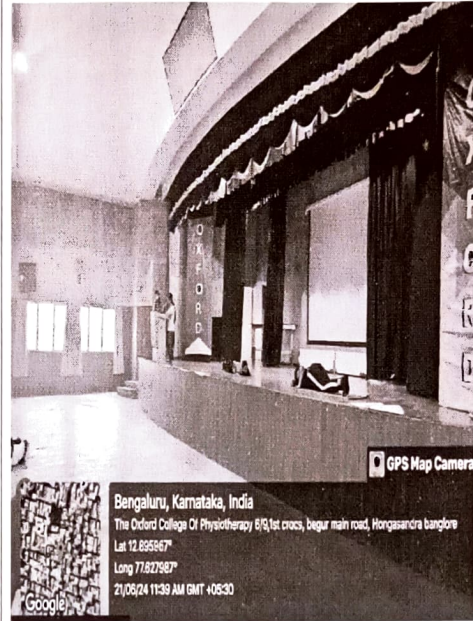
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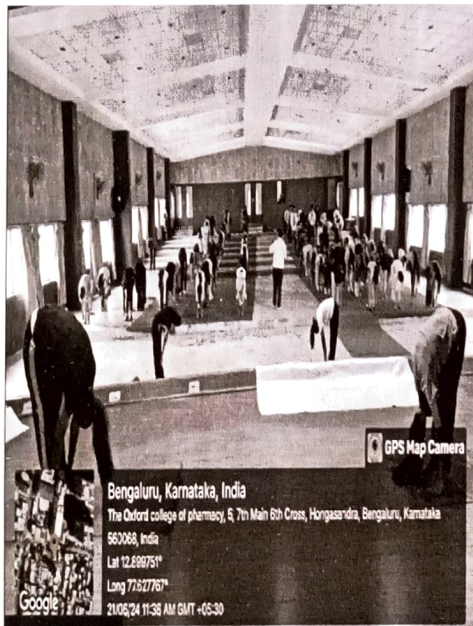
Bengaluru, Karnataka, India
The Oxford college of pharmacy, 5, 7th Main 8th Cross, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899751°
Long 77.827767°
21/06/24 11:10 AM GMT +05:30



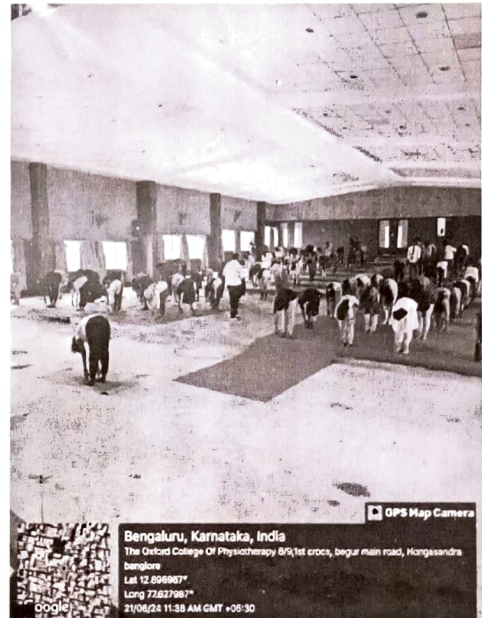
Bengaluru, Karnataka, India
The Oxford College Of Physiotherapy 8/9,1st cross, begur main road, Hongasandra banglore
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Long 77.827987°
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Speakers of the Session

Volunteers Demonstrating Yoga



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Long 77.827987°
21/06/24 11:38 AM GMT +05:30

Participants enthusiastically performing Asanas



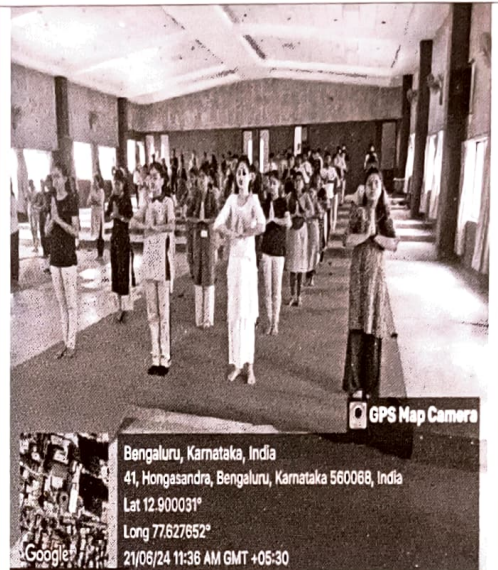
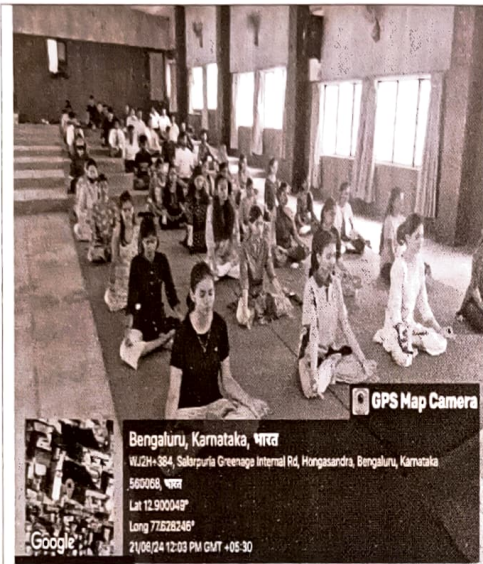
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Participants performing Asanas



Organizing team and few participants



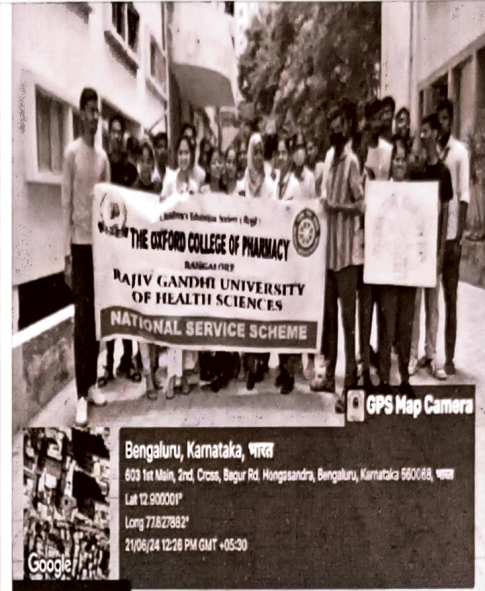
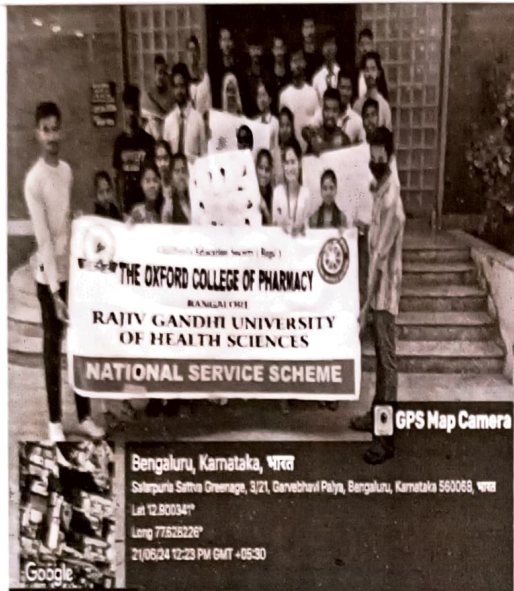
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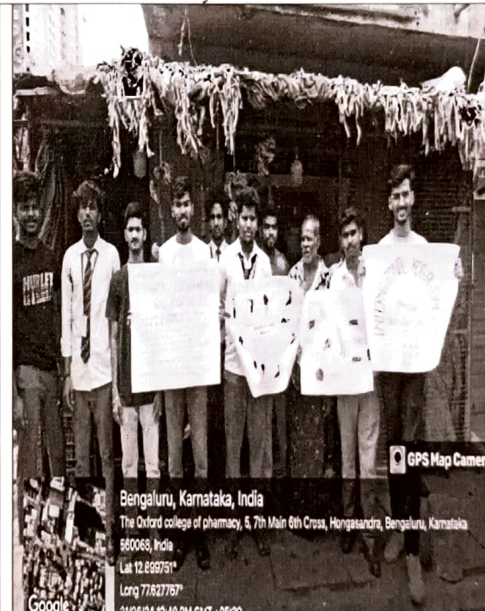
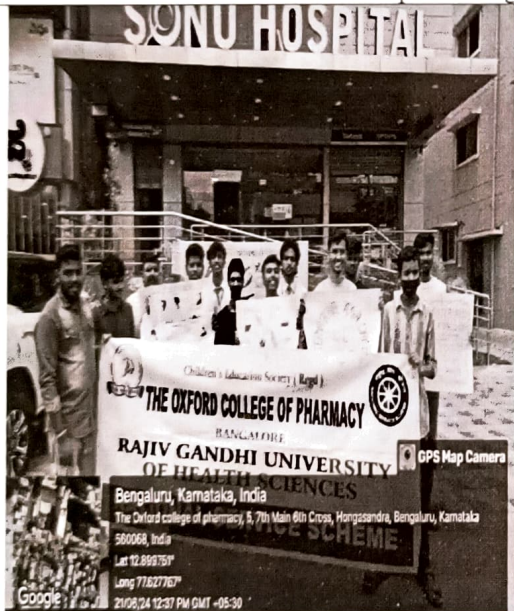
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Students proceeding to outreach the society



Students spreading awareness



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OUTCOME OF THE PROGRAM

The International Yoga Day was observed successfully. All the 112 participants were benefitted by the session organized by the NSS committee, The Oxford College of Pharmacy. The session facilitated awareness regarding the benefits of yoga in the total well-being of individual and creating societal harmony. It also helped in fostering the sense of unity as participants came from different background. The participants knowledge and awareness were raised about the physical, mental and spiritual benefits of yoga. The participants also shown keen interest in taking forward the spreading of awareness to the near neighbourhood so that this holistic approach of balanced life style can reach to every nook and corner for creating an overall societal harmony.

END OF REPORT



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DATE: 08/08/2024

CIRCULAR

It is to inform all the teachers, students and non-teaching staff that on the account of 78th Independence Day The Oxford College of pharmacy, Bangalore, is going to celebrate "INDEPENDENCE DAY 2024" on August 15th, 2024. The theme for this year's celebration is "Viksit Bharat". In line with the government's focus on national unity & development.

The activity to be conducted on 15th August will be a

1. Patriotic Dress Day.
2. Quiz on National symbols and traditions.
3. Video story competition on the theme "Viksit Bharat".

Students are requested to give their names to the class teacher by 13th August.

Cc

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2. All Departments

P. Padma
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THE OXFORD COLLEGE OF PHARAMCY
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INVITES YOU TO CELEBRATE

INDEPENDENCE DAY 2024

We invite all the Oxfordites to the
78th INDEPENDENCE DAY
celebration:

The events are as follows:

- 1. Patriotic Dress day.**
- 2. Quiz on National symbols and traditions.**
- 3. Video story competition on the theme "Viksit Bharat"**

Brochure



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PREAMBLE

Independence Day is one of the proudest and prestigious day for every Indian and it is celebrated throughout India in every corner of the country on 15th August every year. The theme for this year's celebration is "Viksit Bharat". This theme is in line with the government's focus on national unity and development. Independence Day is celebrated by every citizen of India irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 78th Independence Day, which is themed "Viksit Bharat" with great enthusiasm on 15th August 2024.

CONTENT OF THE PROGRAM

The day started with the flag hoisting by Mr Rajamouli, Physical trainee teacher, The Oxford College of Pharmacy. After the flag hoisting students sung the national anthem followed by the distribution of sweets to the teachers, students and non-teaching staff. For the patriotic dress day, the students have come dressed beautifully in the tricolour theme. In line with the government's focus on national unity & development. The Oxford College of Pharmacy invited all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group.

After the distribution of the sweets, the students dispersed for the video story competition on the theme "Viksit Bharat". At 2 PM, the quiz started online on National symbols and traditions in Room no 306. Total Nine teams participated in the quiz competition. The students participated enthusiastically in the quiz and there was a full excitement to see their names on the top in the winner list. The quiz was organised through Quizzes and immediately after the end of the quiz the winner was announced. The first position was scored by Mr Amith and Mr Shadab from III Pharm D, second position by Mr Mahesh Babu and Ms Kareena G from I Diploma, and third position by Mr Vinod Kumar BG and Mr Shylesh KS from VIII Semester B.Pharm,



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At the end of the program Mr Rajamouli, Physical trainee teacher, interacted with the students and explained the students the importance of freedom that our great freedom fighter brought to us costing their lives. He emphasized that the young people of our country should strive their devotion for making our parents, and country proud and that this viksit Bharat is the outcome of all the efforts of crores of Indian who are working day and night to bring development in our country. He pointed that shifting to another country for better life should not be approach for the young minds rather than all should work together to have such development and facility so that our future generation never feel the need to go outside India. He took the promise from all the students that everyone will become a responsible citizen and will do all the work to make India proud in the field of research, sports, academics and other field. He thanked everyone to come for the day and concluded the Independence Day program.



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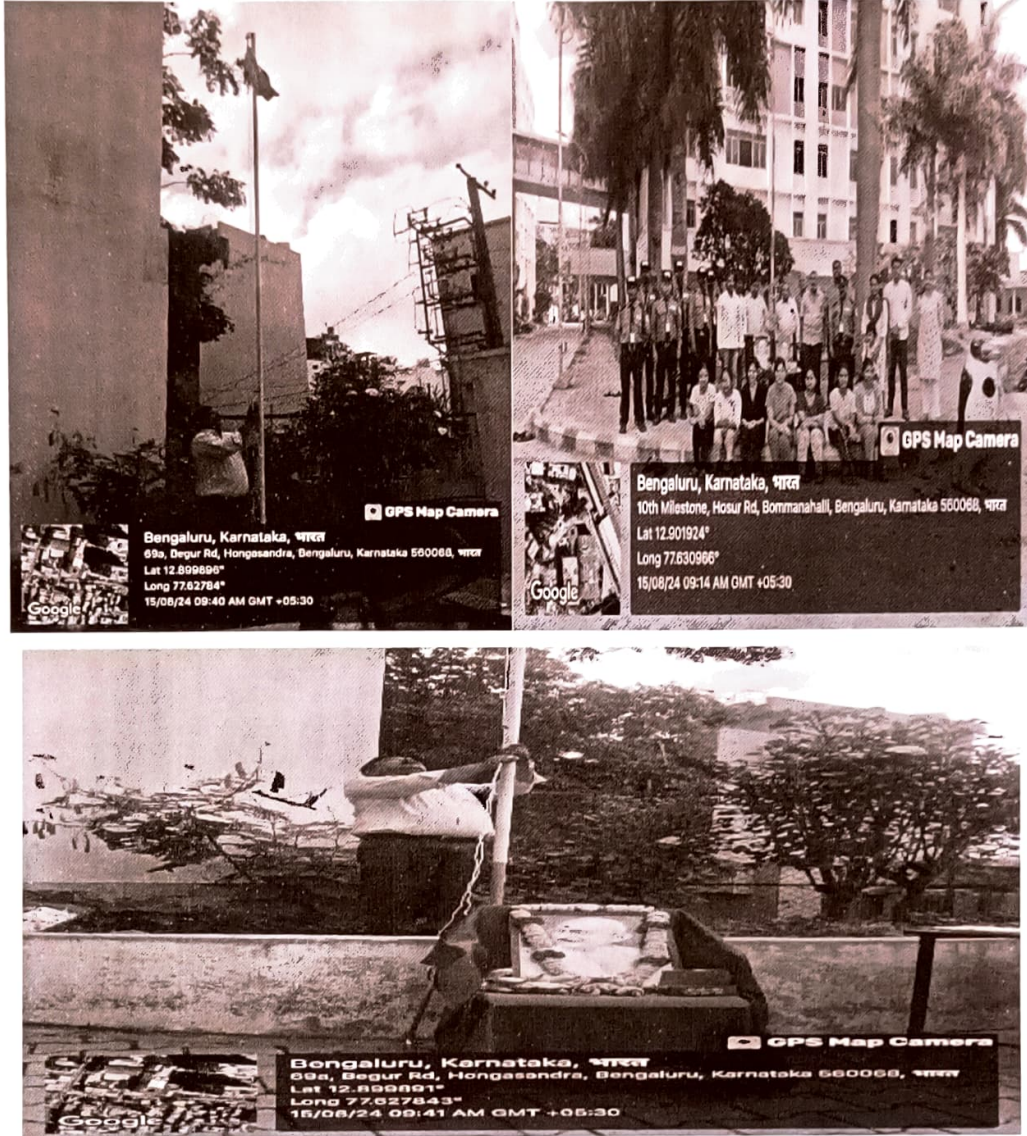


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Celebration of 78th Independence Day on 15th August 2024 at The Oxford College of Pharmacy.

The quiz competition was organised online using Quizzes free software. The first position was scored by Mr Amith and Mr Shadab from III Pharm D, second position by Mr Mahesh Babu and Ms Kareena G from I Diploma, and third position by Mr Vinod Kumar BG and Mr Shylesh KS from VIII Semester B. Pharm.



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#	Question	Question Type	Question Accuracy	Average Time per Question (hh:mm:ss)	Correct	Yet to be graded	Partially correct	Incorrect	Ungraded	Unattempted	AMIT KUMAR (AMIT KUMAR)	Mahesh babu B R (Mahesh babu B R)	Shylesh Vinod (Shylesh Vinod)	Kokila S (Kokila S)	Pradeep Choudhary (Pradeep)	Abinaya Sangavi (Abinaya)	Julia Jose and deepika (Julia Jose)	HARSHĀ T (HARSHĀ T)	Chethan M (Chethan M)		
1	WHAT IS THE RATIO OF THE INDIAN NATIONAL FLAG WIDTH TO LENGTH ?	Multiple Choice	78%	00:00:07	7	0	0	2	0	0	2.3	2.3	4.5	2.3	2.3	2.3	2.3	2.3	4.5		
2	Hey there! Can you guess which marine creature holds the title of the national aquatic animal?	Multiple Choice	100%	00:00:08	9	0	0	0	0	0	Dolphin	Dolphin	Dolphin	Dolphin	Dolphin	Dolphin	Dolphin	Dolphin	Dolphin		
3	Which of the following is called Heritage Animal of India ?	Multiple Choice	89%	00:00:06	8	0	0	1	0	0	Elephant	Elephant	Elephant	Elephant	Tiger	Elephant	Elephant	Elephant	Elephant		
4	WHEN WAS THE NATIONAL EMBLEM OF INDIA ADOPTED?	Multiple Choice	100%	00:00:12	9	0	0	0	0	0	January 26, 1950	January 26, 1950	January 26, 1950	January 26, 1950	January 26, 1950	January 26, 1950	January 26, 1950	January 26, 1950	January 26, 1950		
5	WHOSE AUTOBIOGRAPHY IS 'INDIA WINS FREEDOM'	Multiple Choice	33%	00:00:14	3	0	0	6	0	0	Option (D)	Option (D)	Option (C)	Option (D)	Option (C)	Option (B)	Option (B)	Option (B)	Option (A)		
6	Which newspaper was founded by Jawaharlal Nehru?	Multiple Choice	22%	00:00:10	2	0	0	7	0	0	National Herald	National Herald	The Hindu	The Times of India	The Times of India	The Hindu	The Times of India	The Hindu	Hindustan Times		
7	In Which state of India is the Flamingo Festival is celebrated __?	Multiple Choice	44%	00:00:10	4	0	0	5	0	0	Kerala	Kerala	Andhra Pradesh	Kerala	Andhra Pradesh	Andhra Pradesh	Andhra Pradesh	Kerala	Kerala		
8	What was the age of Bhagat Singh when he was hanged to death by British ?	Multiple Choice	22%	00:00:09	2	0	0	7	0	0	21	23	21	27	21	21	21	21	23		
9	Which of the following folk/tribal dances is associated with Uttar Pradesh?	Multiple Choice	56%	00:00:12	5	0	0	4	0	0	Rasika	Kathak	Rasika	Rasika	Rasika	Kathak	Bihu	Rasika	Kathak		
10	Gateway of India was built by whom?	Multiple Choice	44%	00:00:12	4	0	0	5	0	0	Frank Lloyd Wright	Luc Corbusier	George Wittet	Antoni Gaudi	George Wittet	George Wittet	Frank Lloyd Wright	George Wittet	Antoni Gaudi		
11	Who was the mastermind behind the magnificent Humayun's Tomb in Delhi?	Multiple Choice	35%	00:00:19	3	0	0	6	0	0	Shah Jahan	Haji Begum	Akbar	Haji Begum	Akbar	Haji Begum	Jodha Bai	Shah Jahan	Akbar		
12	Mathrubhumi is published in which state?	Multiple Choice	33%	00:00:13	3	0	0	6	0	0	Andhra Pradesh	Andhra Pradesh	Kerala	Kerala	Tamil Nadu	Karnataka	Kerala	Karnataka	Karnataka		
13	WHO IS KNOWN AS THE FATHER OF MODERN INDIA?	Multiple Choice	78%	00:00:12	7	0	0	2	0	0	Raja Ram Moh	Subhas Chand	Raja Ram Moh	Raja Ram Moh	Raja Ram Moh	Raja Ram Moh	Raja Ram Moh	Jawaharlal Neh	Raja Ram Moh		
14	WHO WROTE THE BOOK THE INDIAN WAR OF INDEPENDENCE 1857 ?	Multiple Choice	67%	00:00:10	6	0	0	3	0	0	Vinayak Damo	Vinayak Damo	Vinayak Damo	Subhas Chand	Vinayak Damo	Vinayak Damo	Vinayak Damo	Subhas Chand	Subhas Chand		
15	WHO WAS THE FIRST CAPTAIN TO BE MARTYR IN KARGIL WAR?	Multiple Choice	35%	00:00:14	3	0	0	6	0	0	Captain Vikram	Captain Vikram	Captain Vikram	Captain Vikram	Captain Vikram	Captain Anuj	Captain Manoj	Captain Vikram	Captain Vikram		
16	WHAT IS THE HEIGHT OF 'STATUE OF UNITY' OF SARDAR VALLABHAI PATEL?	Multiple Choice	67%	00:00:10	6	0	0	3	0	0	187 meters	182 meters	182 meters	187 meters	182 meters	175 meters	175 meters	187 meters	200 meters		
					56%	00:02:58	81	0	0	63	0	0	69%	69%	62%	62%	63%	59%	50%	44%	31%

Overview of the quiz competition on National symbols and traditions.

Rank	First Name	Last Name	Total Questions Attempted	Accuracy	Score	Correct	Yet to be graded	Partially correct	Incorrect	Ungraded	Unattempted	Total Time Taken	Started At	Info
1	AMIT	KUMAR	16	69%	9760	11	0	0	5	0	0	00:02:13	15 Aug 2024,02:4	Mobile on
2	Mahesh	babu B R	16	69%	9250	11	0	0	5	0	0	00:03:14	15 Aug 2024,02:4	Mobile on
3	Shylesh	Vinod	16	62%	9120	10	0	0	6	0	0	00:01:46	15 Aug 2024,02:4	Mobile on
4	Kokila	S	16	62%	8090	10	0	0	6	0	0	00:03:38	15 Aug 2024,02:4	Mobile on
5	Pradeep	Choudhary	16	62%	7740	10	0	0	6	0	0	00:05:03	15 Aug 2024,02:4	Mobile on
6	Abinaya	Sangavi	16	56%	7640	9	0	0	7	0	0	00:03:23	15 Aug 2024,02:4	ile Safari o
7	Julia	Jose	16	50%	6670	8	0	0	8	0	0	00:03:52	15 Aug 2024,02:4	Mobile on
8	HARSHĀ	T	16	44%	6370	7	0	0	9	0	0	00:01:46	15 Aug 2024,02:4	Mobile on
9	Chethan	M	16	31%	4580	5	0	0	11	0	0	00:01:50	15 Aug 2024,02:4	Mobile on

Participant Data of the quiz competition on National symbols and traditions.

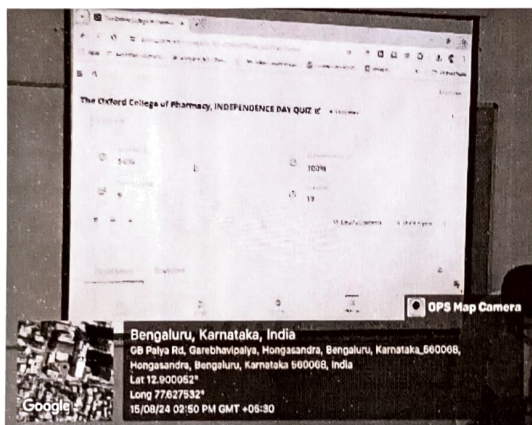
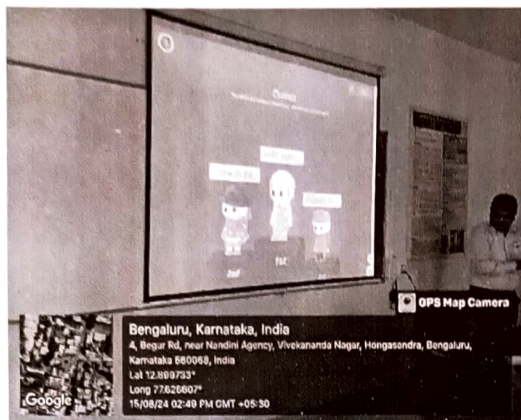


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Participant during quiz competition on National symbols and traditions



Students and teachers posing for the tricolour patriotic dress day on Independence Day.



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OUTCOME OF THE PROGRAM

All the students and faculty members celebrated the Independence Day remembering the sacrifices made by our freedom fighters and felt proud for the country. It fostered confidence and proud to know about our great freedom fighters. It motivated the students as well as teachers to contribute in the betterment of the society. Students develop respect and appreciation for India's rich cultural diversity. Over all 16 pairs have participated in the program.



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LIST OF PARTICIPANTS

S.NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	Lakshmi D and Munavara Parveen A	<i>Lakshmi D.</i>
2.	Keerthana C and Deepti Choudhary	<i>Keerthana</i>
3.	Mahesh Babu and Kareena G	<i>Mahesh</i>
4.	Amith and Shadab	<i>Amith</i>
5.	Abhirami P Pillai and Afrah Fathima	<i>Fathima</i>
6.	Hashuba N and Heena K	<i>Heena</i>
7.	Vinod Kumar BG and Mr Shylesh KS	<i>Vinod</i>
8.	Pradeep Choudhary and Nandish S	<i>Pradeep</i>
9.	Kokila Shree and Lavanya S	<i>Lavanya</i>
10.	Abinaya Sangavi and Lakshmi P	<i>Abinaya</i>
11.	Julia Jose V and Deepika	<i>Deepika</i>
12.	Trisha Lokesh and Varshitha A	<i>Varshitha</i>
13.	Harsha. T and Joel John Philip	<i>Harsha</i>
14.	Kruthika S G and Madhushree	<i>Kruthika</i>
15.	Syed Arslain and Vinoth S	<i>Syed Arslain</i>
16.	Joshni D and Likhith M	<i>Joshni</i>



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Date: 16/08/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a program on “SADBHAVANA DIWAS” for the academic year 2023-2024 will be conducted on 20/08/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

Cc

1. Office

2. All Departments

P. Padua
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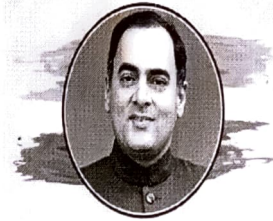
THE OXFORD COLLEGE OF PHARMACY

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SADHAVANA DIWAS

Organized by The Oxford College of Pharmacy

Conducted On 20th August 2024



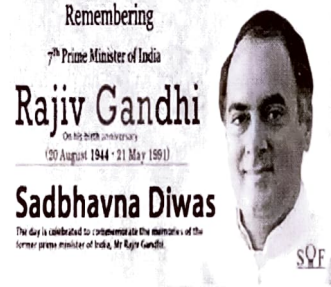
Sadbhavana Diwas

Organising team

Department of Pharmacognosy

Time: 11:00Am

Venue: Room No 101, F Floor



Chief Patron

Dr. S N V L Narasimha Raju
Chairman,

The Oxford Educational Institutions

Convener

Dr. M Padma Paarakh
Principal,

The Oxford College of Pharmacy

Organizing Team

Chaitra K
Pavithra Devi R

The Oxford College of Pharmacy

Brochure for Sadbhavana Diwas



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PREAMBLE:

The Oxford College of Pharmacy Under NSS committee organised Sadbhavana Diwas on 20th August 2024. Sadbhavana Diwas, also known as Harmony Day, is observed annually on 20 August in India. The day is dedicated to promoting communal harmony, peace, and national integration. In 2024, Sadbhavana Diwas will continue to honour the legacy of Rajiv Gandhi, former Prime Minister of India, who was a staunch advocate of these values. Sadbhavana Diwas 2024 will commemorate Rajiv Gandhi's 80th birth anniversary this year. There were 43 participants in the program.

Sadbhavana Diwas holds immense significance as it underscores the need for peace, harmony, and tolerance in a diverse and multicultural society like India. The day is dedicated to promoting communal harmony, national integration, and a sense of oneness among all Indians. It encourages people to rise above regional, linguistic, and religious differences and work together for the nation's progress.

The significance of Sadbhavana Diwas is rooted in Rajiv Gandhi's commitment to these ideals. During his tenure as Prime Minister, he worked towards bridging divides and fostering a more inclusive and harmonious society. The day is marked by various activities, including seminars, discussions, and events aimed at reinforcing the values of unity and peace that Rajiv Gandhi championed.

OBJECTIVES OF THE ACTIVITY

1. Enhanced Social Harmony
2. To increased Awareness
3. To strengthened Community Bonds
4. To Promote of Positive Values
5. To promote national integration and communal harmony.
6. To encourage the spirit of mutual respect and understanding among people of different communities.
7. To reflect on the significance of peace and tolerance in building a cohesive society.



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Schedule:

No. of participants-43

Time Schedule	Programme
11:00-11:10 AM	Introduction about the Sadhbavana Diwas
11:10-11:20 AM	Addressing the gathering by Principal
11.20-11.45 AM	A detail address on Rajiv Gandhi and Sadhbavana Diwas & Pledge
11.45-12.00 PM	Conclusion, feedback and vote of thanks

CONCLUSION, FEEDBACK AND VOTE OF THANKS

As we draw our Sadhbhavana Diwas program, let us carry forward the spirit of harmony and goodwill that has guided us today. This day has been a profound reminder of our shared humanity and the importance of fostering unity and mutual respect in our diverse society.

Through our discussions, reflections, and activities, we have renewed our commitment to building bridges of understanding and compassion among all individuals, regardless of their backgrounds. Let us remember that the essence of Sadhbhavana—peace and goodwill—is not confined to today but is a continuous journey.

Mrs. Chaithra ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh and the speaker Pavithra Devi.R wonderful speech, and fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



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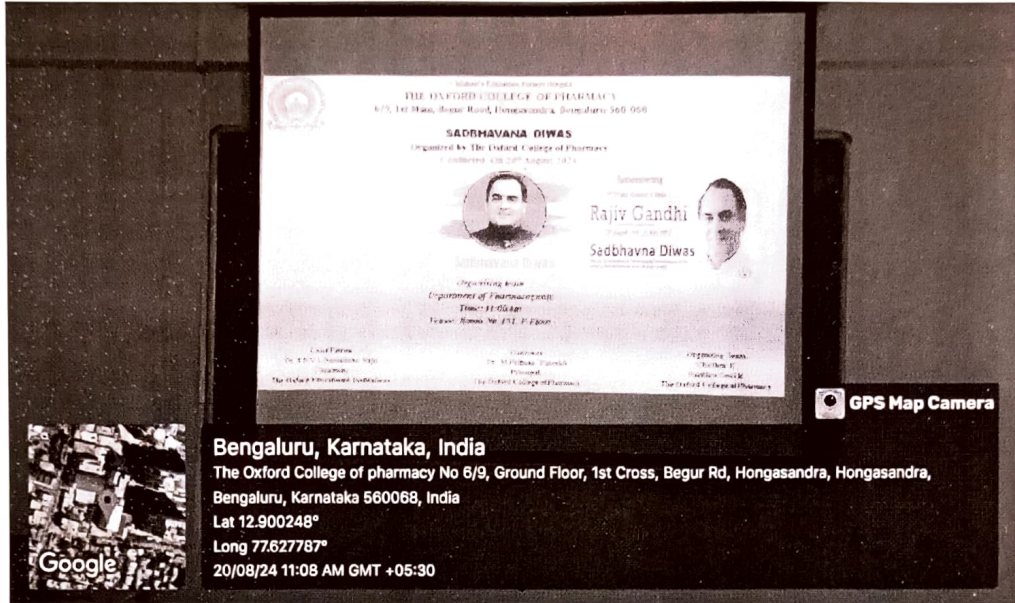
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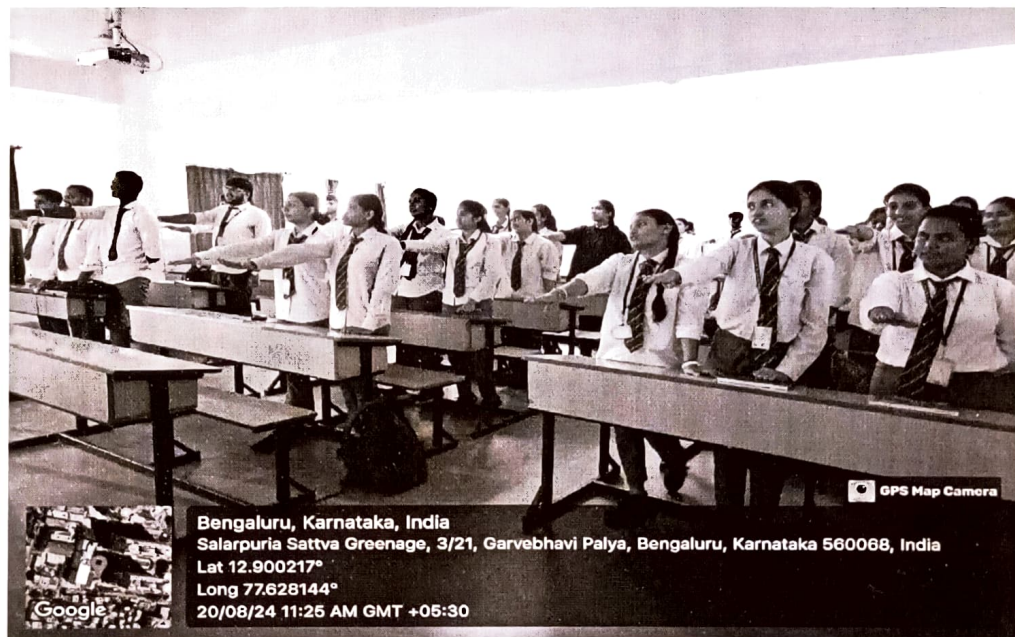
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Glimpse of Sadbhavna diwas



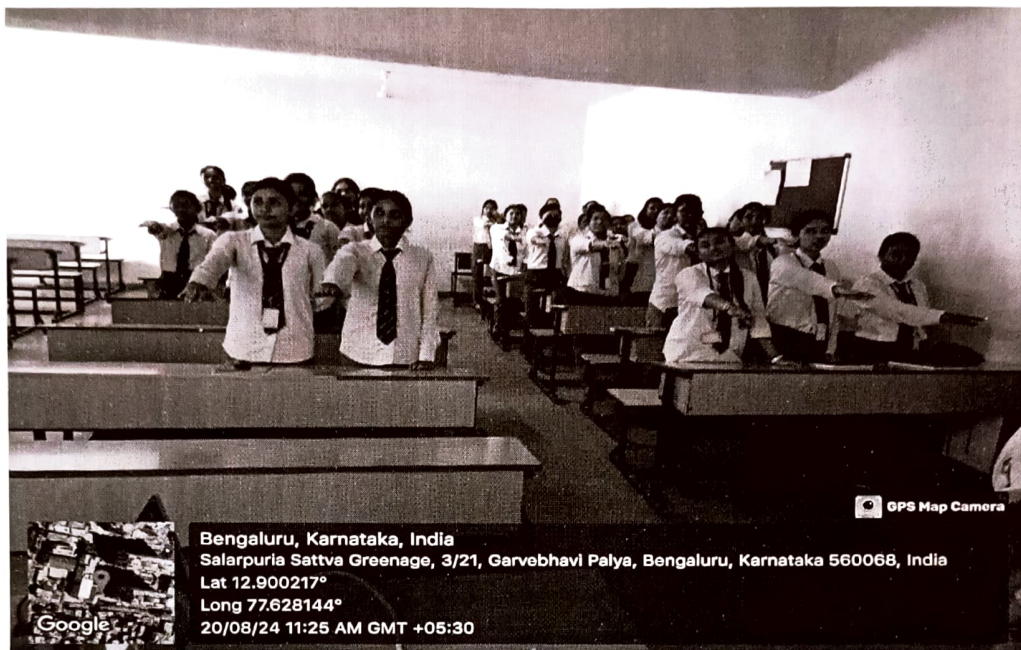
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Students pledging on Sadhbhavana Diwas

OUTCOME OF THE PROGRAM

About 43 participants took part in the programme of Sadhbhavana Diwas, or Harmony Day, students are shown interest to participate such kind of programmes. Students came to know the values of reflect the goals of fostering peace, unity, and goodwill. Here are some key outcomes typically associated with the observance of this day:

1. Enhanced Social Harmony
2. Increased Awareness
3. Strengthened Community Bonds
4. Promotion of Positive Values
5. Policy and Institutional Support
6. Inspiration for Future Actions

By focusing on these outcomes, Sadhbhavana Diwas serves as a catalyst for creating a more harmonious society and reinforcing the principles of peace and unity.



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LIST OF PARTICIPANTS

S.NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	MRS CHAITHRA	Chaithra
3.	MRS PAVITHRA DEVI	Pavithra Devi
4.	GNANAVI H R	Gnanavi H R
5.	HARSHITHA K	Harshitha K
6.	HILAL AHMAD DAS	Hilal Ahmad Das
7.	JAYANTI MANDAL	Jayanti Mandal
8.	JHANAVI L REDDY	Jhanavi L Reddy
9.	KAMALI R	Kamali R
10.	KEERTHANA K	Keerthana K
11.	KEERTHI	Keerthi
12.	KEERTHIVASAN A S	Keerthivasan A S
13.	KIRAN A	KIRAN A
14.	KOKILA SHREE P	Kokila Shree P
15.	KRUTHIK R M	Kruthik R M
16.	LAKSHMI T	Lakshmi T
17.	LALITH KISHORE	Lalith Kishore
18.	LAVANYA M	Lavanya M
19.	LAVANYA.S	Lavanya.S
20.	MADHUDHARSHINI R	Madhudharshini R
21.	MAGESH S	MAGESH S.
22.	MANASH PRATIM TAID	Manash Pratim Taid
23.	MANOJ A N	Manoj A N
24.	MEGHNA	Meghna
25.	SWATHI S	Swathi S
26.	TEJAS CHITTAPPA C T	Tejas Chittappa C T
27.	TEJASWINI V	Tejaswini V
28.	THARUN B V	Tharun B V
29.	UDHAYA KUMAR M	Udhaya Kumar M



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30.	ABINAYA SANGAVI A	<i>Abinaya</i>
31.	AISHWARYA K	<i>Aishwarya</i>
32.	AJAY KUMAR N	<i>Ajay Kumar</i>
33.	ANU R	<i>Anu</i>
34.	BARANIDHARAN G	<i>Baranidharan</i>
35.	HEMA S REDDY	<i>Hema Reddy</i>
36.	IMLIBENBA OZUKUM	<i>Inti Benba</i>
37.	J.JEEVITHA	<i>Jeevitha</i>
38.	JYOTHIRMOY GHOSH	<i>Jyothirmoy</i>
39.	KRISHNAJITH S	<i>Krishnajith</i>
40.	LAKSHMI . P	<i>Lakshmi</i>
41.	SNEHA BINU	<i>Sneha</i>
42.	SWATHI JANA	<i>Swathi Jana</i>
43.	TEJASHWINI N	<i>TEJASWINI</i>

P. Padma
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Date: 20/08/2024

CIRCULAR

All the students of The Oxford College of Pharmacy are hereby informed that The Oxford College of Pharmacy is organizing "NATIONAL SPORT'S DAY 2024" on 29/08/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator before 28/08/2024.

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Cc

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2. All Departments



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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
C-1, CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560 068
DEPARTMENT OF PHARMACOLOGY

NATIONAL SPORTS DAY

AUGUST 29th 2024, 10:00AM-12:30PM

EVENT :- CHESS COMPETITION



CHIEF PATRON

Dr. S N V L. Nurasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Dr. Vikram T.,
Assistant Professor,
Department of Pharmaceutics,
The Oxford college of Pharmacy

BROCHURE



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PREAMBLE:

The Department of Pharmaceutics, under NSS committee organized "National sport's Day 2024" on 29th August 2024, aims to make people aware of the importance of sports and physical fitness in daily life.

The National Sports Day was established to increase participation among India's youth. This Day, August 29, commemorates the birth anniversary of Major Dhyan Chand's birthday highlighting his contribution to the game. Dhyan Chand is remembered for his extraordinary skills and achievements in the sport.

This Programme is done with the event of chess competition to create enthusiasm and interest among indoor sports.

30 Participants took part in the event.

OBJECTIVE:

The objective of National Sport's Day is to:

Raise Awareness: Increase public understanding and awareness about the importance of sports and physical fitness in daily life.

Encourage to sports: To promote national unity, a healthy lifestyle, and inspire the younger generation to engage in sports

The content of the session

The event commenced with a warm welcome address by Dr. Vikram T, Program Organizer, and an inaugural speech from Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. Dr. Parthasarathy G, Head of the Department of Pharmacy Practice explained about the National Sports Day and motivated to increase participation among India's youth. This Day, August 29, commemorates the birth anniversary of Major Dhyan Chand's birthday highlighting his contribution to the game. Dhyan Chand is remembered for his extraordinary skills and achievements in the sport.

The event was started by the general instructions to be followed during the chess competition Rajamouli M , Physical Director , The oxford college of Pharmacy. On the spot the fixtures were drawn and shown to all the chess players and event continued as per the chess rules of RGUHS.

Students of BPharm, MPharm, Pharm D and D pharm were participated in the competition.

Competition was between 8 groups from boys and 5 groups from girls . At the end



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Of the programme, Dr. Vikram T, Assistant Professor, The Oxford College of Pharmacy concluded the programme with a vote of thanks for actively participating and creating awareness among the students through their skills. He expressed gratitude to Chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, Dr. Parthasarathy G, Head of the Department of Pharmacy Practice, and all the faculty members and students who contributed to the program's success.

No.of Participants: 30

Schedule: 29th August 2024

Judges for the competition: - Dr. Parthasarathy G and Rajamouli M

Time Schedule	Program
10:00 to 10:15 AM	Introduction and Rules of the competition
10:15 to 12:30 PM	Chess competition Boys and Girls

STUDENT COORDINATOR: Chethan Sheshadri.K and Sanjay M (M Pharm Pharmacology)

Pallavi and Ananya (M Pharm Pharmacology)

GAME COORDINATOR: Jeevan U H and Povindhar

TEACHER COORDINATOR: DR. Vikarm T & DR. Karthik



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WINNERS LIST: BOYS

WINNERS: AJAY (II PHARM D)

RUNNERS: TANAY (I D PHARM)

WINNERS LIST: GIRLS

WINNERS: LEELAVATHI (I D PHARM)

RUNNERS: RAKSHITHA (III PHARM D)



Instructing the chess rules to participant



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Students in chess competition



Final match between participants



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OUTCOME OF THE PROGRAM

The National Sport's Day, organized by The Oxford College of Pharmacy, achieved its objectives by encouraging and motivating Students about the national sports day and achievements of players to the nation by sports. 30 participants took part in the competition. By the end of the competition students developed many Character-Building Traits like self -confidence and self-esteem, manage emotions, discipline, patience, accept defeat and team work.

The program's success was evident among the students, who gained sportiveness and became motivated to participate in college level, state level competitions. The positive student's response and welcoming attitude towards the initiative underscore the event impact and potential for future success.

END OF REPORT



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LIST OF PARTICIPANTS

SL.NO	PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	DR PARTHASARATHY G	Dr. G. Parthasarathy
3.	DR. VIKRAM T	V. Vikram
4.	DR. G VENKATA KARTHIK KUMAR REDDY	Dr. Venkatesh
5.	TANAY	Tanaya
6.	PRADEEP	Pradeep
7.	SUDHANSHU	Sudhanshu
8.	BHARATH	Bharath...
9.	HARISH T K	Harish
10.	ANIRUDDHA CHAKRABORTHY	Aniruddha
11.	SAI SRAVAN	Sai Sravan
12.	MANOJ	Manoj
13.	YASHWANTH	Yashwanth...
14.	AJAY	Ajay



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15.	CHAITHANYA PRASAD	<i>chaithanya</i>
16.	SHIVA CHAVAN	<i>Shiva</i>
17.	BADEPALLI REDDAIAH REDDY	<i>Badepalli</i>
18.	SANJAY	<i>Sanjay</i>
19.	ARROJU RITHIK	<i>Arroju</i>
20.	ANIL KUMAR R	<i>Anil</i>
21.	DEENA	<i>Deena</i>
22.	SONIYA	<i>Soniya</i>
23.	AMRIN	<i>Amrin</i>
24.	INDUSHREE G L	<i>Indushree</i>
25.	SUJITHA SREE	<i>Sujitha</i>
26.	WEIZEL PEARL	<i>Weizel</i>
27.	RAKSHITHA	<i>Rakshitha</i>
28.	LEELAVATHI	<i>Leelavathi</i>
29.	KAVYA M	<i>Kavya</i>
30.	SHRAVANYA B G	<i>Shravanya</i>



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DATE: 02/09/2024

CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that programme on “**TEACHER’S DAY**” for the Academic Year 2023-24 will be celebrated on the 5th of September 2024. All are requested to assemble in the room number 501 at 3:30 PM. We look forward for the active participation for the same.

P. Padma

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

CORDIALLY INVITES YOU FOR THE PROGRAMME

"TEACHER'S DAY"

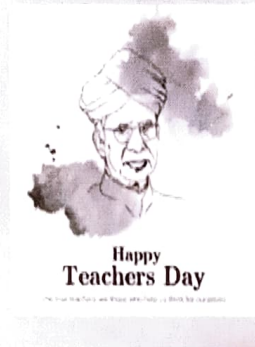


Organized by
NSS COMMITTEE

on

05th SEPTEMBER 2024

Time : 03:30 PM to 4:30 PM



CHIEF PATRON

Dr. S.N.V.L NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAAM PAARAKH
Principal,
The Oxford College of Pharmacy

CO-ORDINATOR

Mrs. Uma Prabha R
Mrs. Adithi P
Department of Pharmaceutics
The Oxford College of Pharmacy

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PREAMBLE

Teachers' Day, a special occasion dedicated to honouring and appreciating the contributions of teachers in shaping the future of individuals and society. Celebrated in many countries around the world, it recognizes the hard work, dedication, and impact teachers have on students' lives. It's a day to reflect on the invaluable role educators play in fostering knowledge, wisdom, and growth, and to express gratitude for their relentless commitment to nurturing minds and guiding futures.

The content of the session

On September 5, 2024, The Oxford College of Pharmacy, under NSS committee Bengaluru, organized a Teacher's Day celebration in Room 501 at 3:30 PM. The event was attended by 27 faculty members. The program began with a warm welcome to the audience, followed by a speaker's remarks on the significance of the day. Teacher's Day was celebrated to reflect on the invaluable role of educators in fostering knowledge and wisdom, and to express gratitude for their dedication and passion for their profession. Various cultural programs were organized for the teachers, in which all faculty members participated with great enthusiasm. Mrs. Adithi, the organizer, concluded the event with a vote of thanks, expressing her gratitude to Chairman Dr. S.N.V.L. Narasimha Raju of The Oxford Group of Institutions and Principal Dr. Padmaa M. Paarakh for their encouragement and support. There were 24 participants

No of participants: 24

Schedule	Timings
Pass the ball: pick and act program	04.00 pm to 05.00pm



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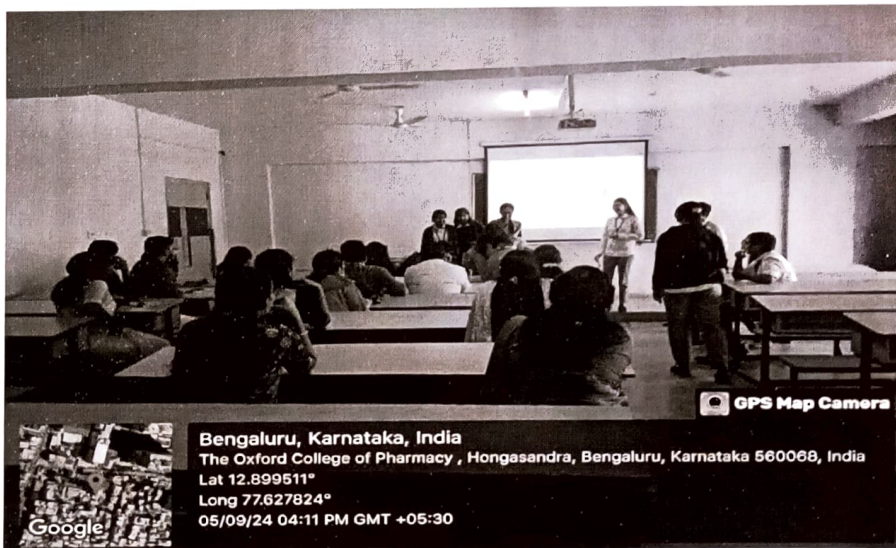


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Greeting card distribution to the faculties



Faculties participating in the programme



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Faculties gathered for group photo session

OUTCOME OF THE PROGRAM

The Teacher's Day celebration at The Oxford College of Pharmacy on September 5, 2024, was a resounding success. The event fostered a sense of appreciation and gratitude towards educators, emphasizing their vital role in shaping students' futures. 24 faculty members actively participated in various cultural programs, enhancing camaraderie and enthusiasm. The celebration strengthened the bond between teachers and management, highlighting their support and encouragement. The event also underscored the college's commitment to recognizing and celebrating the efforts of its educators. Overall, it created a positive and inspiring atmosphere for the faculty.



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List of Participants

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	DR Padma M Paarakh	P. Padma
2.	Dr Mahesh A R	Mahesh
3.	Ms. Pradeepa Prasad	Pradeepa
4.	Ms. R.Uma Prabha	R.Uma Prabha
5.	Dr. Vikram T	Vikram T
6.	Ms. Pavithradevi R	Pavithradevi R
7.	Ms Pallavi N	Pallavi N
8.	Dr. G. Nagalakshmi	G. Nagalakshmi
9.	Ms. Chanda Ranjan	Chanda Ranjan
10.	Dr. Parthasarathy G.	Parthasarathy G.
11.	Dr. Divya C Reddy	Divya C Reddy
12.	Dr. Gururaj S. Kulkarni	Gururaj S. Kulkarni
13.	Dr. Noopur Srivastava	Noopur Srivastava
14.	Dr. Muthukumar A	Muthukumar A
15.	Dr. Jeena Susan Saji	Jeena Susan Saji
16.	Dr. Bindu B N	Bindu
17.	Ms. Divya Sasi Kumar	Divya Sasi Kumar
18.	Ms Adithi P	Adithi P
19.	Ms. Suvarna Lakshmi Gunturu	Suvarna Lakshmi Gunturu
20.	Dr. Jenisha K	Jenisha K
21.	Ms. Chaithra K	Chaithra K
22.	Dr. Priyadarshini M	Priyadarshini M
23.	Dr. G. Venkata Karthik Kumar Reddy	G. Venkata Karthik Kumar Reddy
24.	Mr. Akshay. C	Akshay. C

P. Padma

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Date: 16/09/2024

CIRCULAR

All the students of The Oxford College of Pharmacy are hereby informed that The Oxford College of Pharmacy is organizing “**WORLD ALZHEIMER'S DAY2024**” on 21/09/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator before 20/09/2024.


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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU 560068

DEPARTMENT OF PHARMACOLOGY



WORLD ALZHEIMER'S DAY

SEP 21ST 2024, 10:30 AM-12:00PM

THEME: "Time to act on Dementia, Time to act on Alzheimer's"

CHIEF PATRON

Dr. S N V L. Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Dr. Bindu
Mrs. Pallavi N,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy

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PREAMBLE:

The Department of Pharmacology, under NSS committee organized "World Alzheimer's Day 2024" on 21st September 2024, to raise awareness about Alzheimer's disease and Dementia. Alzheimer's disease is a progressive neurodegenerative disorder that primarily affects memory, thinking, and behavior. It is the most common cause of dementia, a general term for memory loss and cognitive decline that interferes with daily life. Alzheimer's is a condition that worsens over time and currently has no cure, though treatments exist to manage symptoms temporarily. This Programme is done to create awareness about Alzheimer's through a Skit Competition on theme "Time to act on dementia, Time to act on Alzheimer's". 95 Participants took part in the event.

OBJECTIVE:

The objective of World Alzheimer's Day is to:

Raise Awareness: Increase public understanding and awareness about Alzheimer's disease, its symptoms, and its impact on individuals, families, and communities.

Encourage Early Diagnosis: Promote the importance of early detection and diagnosis, which can help in planning and improving the quality of life for people with Alzheimer's.

Support Caregivers: Highlight the challenges faced by caregivers and families of those living with Alzheimer's, offering recognition and support.

Advocate for Research: Encourage support for research efforts aimed at finding better treatments, improving care, and ultimately finding a cure for Alzheimer's disease.

Policy and Funding Advocacy: Advocate for governments and institutions to prioritize Alzheimer's disease and dementia in health policies, provide adequate funding for research, and improve services for those affected

The content of the session

The program commenced with a warm welcome address by Dr. Bindu B N, Program Organizer, and an inaugural speech from Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. Dr. Noopur Srivastava, Head of the Department of Pharmacology explained about Alzheimer's disease which is a progressive brain disorder that slowly destroys memory and thinking skills and, eventually, the ability to carry out simple tasks. She explained about the common cause of dementia, particularly affecting older adults and impact of it on the life of patients. She emphasized that by raising awareness helps people to understand what



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Alzheimer's is and how it differs from normal aging. Students also delivered an informative presentation on the significance of awareness among public regarding Alzheimer's disease. The session also involved the community engagement by conducting community event on the same day. After the talk students went outside for creating awareness in public with NSS committee. The objective was to educate the Public by Provide information on the health risks associated with Alzheimer's disease, including its impact on physical and mental health. Students of II Sem B Pharm were gathered together to create public awareness among public along with NSS Committee. Three groups from II Diploma, II sem B Pharm and IV sem B Pharm were actively participated in the Skit Competition on theme "Time to act on dementia, Time to act on Alzheimer's". The Skit Competition created knowledge, awareness and in brief explanation of Alzheimer's disease to the public as well as students.

At the end of the programme, Dr. Bindu B N, Assistant Professor, The Oxford College of Pharmacy concluded the programme with a vote of thanks for actively participating and creating awareness among the public through their skits. She expressed gratitude to Chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, Dr. Noopur Srivastava, Head of the Department of Pharmacology, and all the faculty members and students who contributed to the program's success.

Participants: 95

Schedule: 21st September 2024

Time Schedule	Program
10:00 to 10:15 AM	Introduction
10:15 to 11:00 AM	Created Awareness among public with the NSS Committee
11:00 to 12:15 PM	Skit Competition
12:15 to 12:30 PM	Vote of thanks

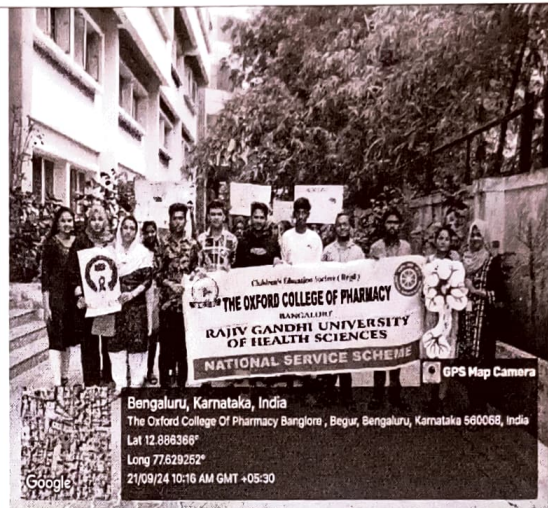
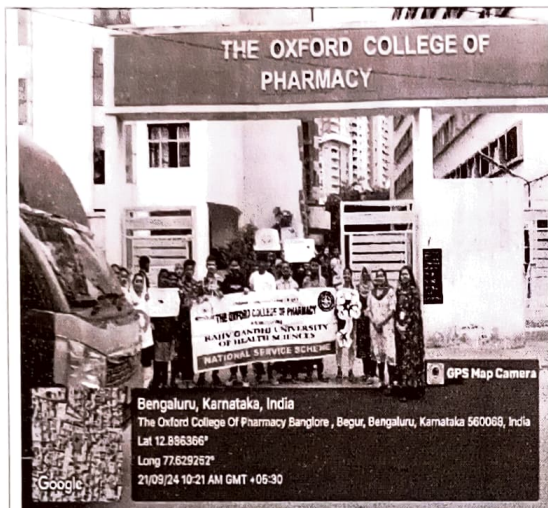


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Students Creating awareness among Public



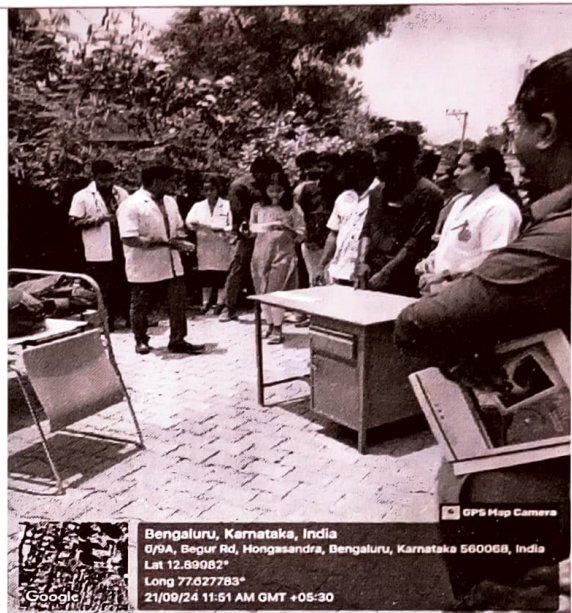
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Students Performing Skit Competition



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OUTCOME OF THE PROGRAMME

The World Alzheimer's Day, organized by The Oxford College of Pharmacy, achieved its objectives by educating Students and Public about the Alzheimer's disease. 95 participants took part in the event. By the end of the session students enhanced better understanding of Alzheimer's disease—its symptoms, stages, and how it differs from normal aging. The program also fostered empathy toward individuals living with Alzheimer's, leading to more respectful and supportive communities. Students by skit created awareness among society and informed the public to felt more comfortable discussing Alzheimer's disease openly, which can help reduce the isolation often felt by those affected and their caregivers.

The program's success was evident among the students, who gained knowledge and became motivated to raise awareness about Alzheimer's disease in the community. The positive public response and welcoming attitude towards the initiative underscore the program's impact and potential for future success.

END OF REPORT



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LIST OF PARTICIPANTS

SL.NO	NAME OF THE STUDENT	SIGNATURE
1.	DR. NOOPUR SRIVASTAVA	Dr. Noopur Srivastava
2.	DR BINDU BN	Bindu
3.	MRS PALLAVI	Pallavi
4.	A YESWANTHA	A Yeswantha
5.	ABHINAV ANAND	Abhinav
6.	ABHISHEK H PATIL	Abhim.H.
7.	ABISHEKA M	Abhisheka M
8.	ADITYA	Aditya
9.	AKASH R	akash
10.	AKSHITHA A	Akshitha
11.	ALLURI YASWANTH	Alluri
12.	AMRIN A	Amrin A
13.	ANBALAGAN R	Anbalagan R
14.	ANUPRIYA K	Anupriya
15.	ANUSHKA SINGH	Anushka Singh
16.	ASHWINI BS	Ashwini
17.	AYESHA MARYAM	Ayesha Maryam
18.	BM MONIKA	BM Monika
19.	BHAGYASHREE	Bhagya Shree
20.	BHARATH B	Bharath
21.	BHASKAR C	Bhaskar
22.	BHOOMIKA T	Bhoomika



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23.	DEENA KR	Deena
24.	DEEPIKA V	Dee f.
25.	DEVENDRA D	Dd.
26.	DILLIPKUMAR E	Ds - E.
27.	DIPANJANA NAYEK	Dipana
28.	GANESH KUMAR	Ganesh
29.	GEETHA M	Geetha M.
30.	GOKILAN N	Gokilan
31.	GOWTHAM V	Gowtham
32.	GUNASHREE M	Gunashree
33.	HANUMANTARAYA GOUDA	Hanumath
34.	HARISH G	Hd.
35.	HARSHA T	Harshat
36.	HEMASHREE S	Hema
37.	JEEVA B	Jee...
38.	JOEL JHON PHILIP	Joel
39.	JOSHITHA K	Joshik ..
40.	JOSHNI D	Joshini
41.	KALAVATHI K	Kalavathik
42.	KAVYA K	Kavya
43.	KHASHIMASAB	Khashimasab
44.	KRITHIKA SK	Krithika
45.	KULSUM	Kulsum
46.	KUSHAL GOWDA HC	Kush
47.	LAVANYA R	Lv.



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48.	LIKHITH M	Likhith M.
49.	M HARIHARAN	Harish
50.	MEGALA S	Megala S.
51.	MEGHANA R	Meghana
52.	MOHITH B D	Mohith
53.	MONISH S	Monish
54.	MONISHA R	Monisha
55.	MURALI P	Murali
56.	NAMANA R	Namana
57.	NANDHA KUMAR S	Nandha
58.	NANDHISH KUMAR P	Nandhish
59.	NAYANA NN	Nayana
60.	NIKKI KUMARI	Nikki
61.	NITHYA M	Nitya
62.	NITU KUMARI P	Nitu
63.	PAVANA M	Pavana
64.	PAVANI B	Pavani B
65.	PAVITRA HIREMATH	Pavitra
66.	PK ARYAN OTTA	Pk. A.
67.	PRAJWAL L	Prajwal
68.	PRAKRUTHI J	Prakruthi
69.	PRAVEEN SHANKRI	Praveen
70.	PRAVIN KUMAR M	Pravin
71.	RK DHANUSH	Dhanush
72.	RAKSHITHA S	Rakshitha



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74.	RASHMITHA AR	Rashmitha AR
75.	RAVI CHANDRA V	Ravi chandra
76.	RITESH KHEMKA	Ritesh K.
77.	ROHITH V	Rohith V.
78.	S NANDITHA	S. Nanditha
79.	SANGEETA N	Sangeeta N.
80.	SARA ZAIBA	Sara
81.	SARAN R	Saran R.
82.	SHAPTHAGIRI JM	Shapthagiri
83.	SHILPA DAKU RATHOD	Shilpa Rathod
84.	SHIVA KUMAR G	Shiva G.
85.	SIRISHA M	Sirisha M.
86.	SIRISHA S	Sirisha S.
87.	SNEHA H	Sneha H.
88.	SP AISHWARYA	Sp Aishwarya
89.	SUDHANSHU MISHRA	Sudhanshu
90.	SUDHARSHAN S	Sudharshan.
91.	SUSHMITA RANJAN	Sushmita
92.	THANUSHREE C	Thanushree
93.	TT LALNUNPUIA	Lalnunpaia
94.	VR SRIE ARIA	Vr Srie ARIA
95.	YAMUNA R	Yamuna R.

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DATE: 24/09/2024

CIRCULAR

All the teaching, non teaching staff and students of The Oxford College of Pharmacy are hereby informed that on the account of "Gandhi Jayanti", E poster presentation with the theme "Spreading message of Peace and Nonviolence to the world" for the academic year 2023-24 will be conducted on 01/10/2024, Room No.508 at 11:00 AM .We look forward for the active participation for the same.

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PREAMBLE

The Department of Pharmacy practice, under NSS committee conducted E poster presentation program on October 1st 2024 in Room No.508 at 11 am with the theme: "Spreading the message of peace and nonviolence to world" on the account of "Gandhi Jayanti". Dr. Priyadharshini.M, Assistant professor, The Oxford college of Pharmacy, inaugurated the program. There were totally 53 participants.

The content delivered in the seminar is as follows:

Dr Priyadharshini.M, organizing Secretary welcomed the dignitaries and participants to the program. Gandhi Jayanti is a national holiday in India, celebrated annually on 2nd October to honour the birth of Mahatma Gandhi, one of the key leaders of the Indian independence movement and a pioneer of the philosophy and strategy of nonviolence. Gandhi's principles of nonviolent resistance played a crucial role in India's successful struggle for independence from British colonial rule.

On this 155th birth anniversary of Mahatma Gandhiji, this day is celebrated to remember his tireless efforts to free India from British rule and his unwavering commitment to truth and non-violence. Dr G Parthasarathy presented Biography and achievements of Mahatma Gandhiji. Gandhi's philosophy of Satyagraha, or non-violent resistance, inspired movements for civil rights and freedom across the world. He also enlightened about significance of Gandhi jayanti and his emphasis on simplicity, kindness, and truth continues to inspire us today. As we go about our daily lives, let us strive to follow Gandhi's principles and work towards building a more just and peaceful world. Some of the inspiring quotes of Mahatma Gandhiji are:

1. "The best way to find yourself is to lose yourself in the service of others."
2. "An eye for an eye only ends up making the whole world blind."
3. "In a gentle way, you can shake the world."
4. "The weak can never forgive. Forgiveness is the attribute of the strong."
5. "Live as if you were to die tomorrow. Learn as if you were to live forever."



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Amidst worldwide turmoil, let us all embrace the strength of unity and international cooperation with the quote "Global unity for global peace". E Poster presentation was organised and conducted to emphasise on importance of global peace and consequences of impatience and worldwide chaos to humanity. In the words of Gandhi, 'Be the change you wish to see in the world.' Let us be that change, and let us continue to walk the path of peace and righteousness that Gandhi showed us. Happy Gandhi Jayanti to all!"

Finally Dr Jeena susan saji delivered the vote of thanks and he thanked Dr. Padmaa M.Paarakh, Principal, The Oxford College of Pharmacy, Bangalore for giving opportunity to commemorate and pay honour to great leader Mahatma Gandhi.

No. of participants-53

Schedule

Timings	Schedule
11:00am	Dr.G Parthasarathy delivering Speech on Biography on Mahatma Gandhi
11.30 am	E poster event



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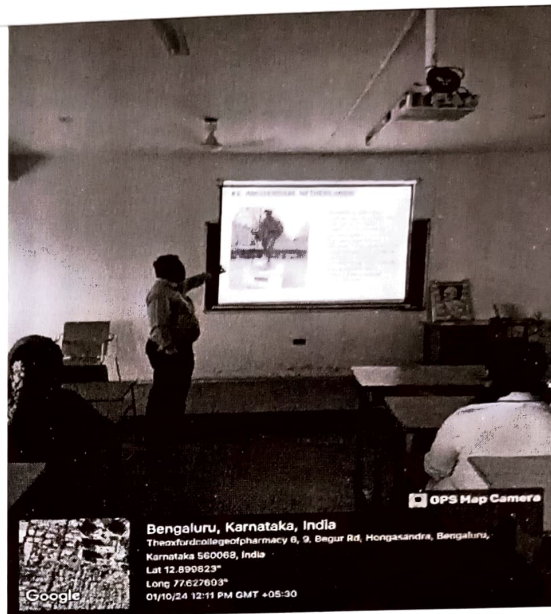
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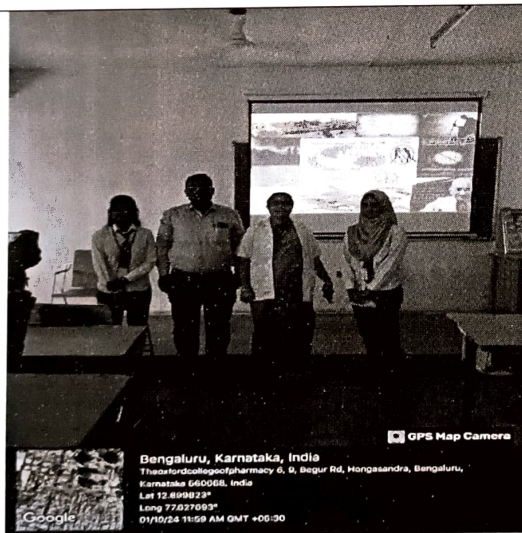
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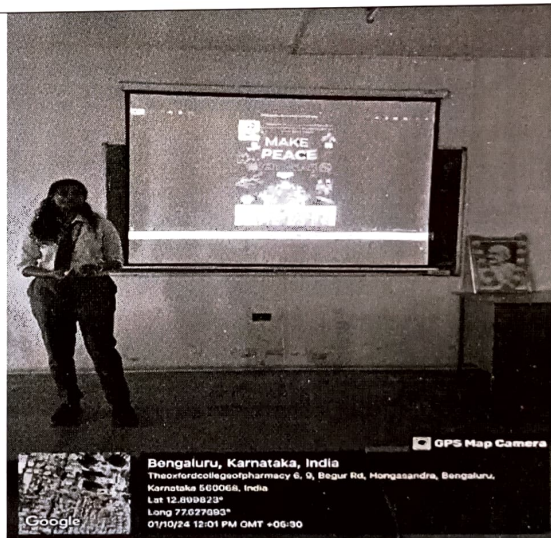
INAUGURAL SPEECH PRESENTED BY DR PRIYADHARSHINI.M ON THE ACCOUNT OF GANDHI JAYANTI



DR G PARTHASARATHY DELIVERING SPEECH ON BIOGRAPHY OF MAHATMA GANDHI



A PHOTO SESSION AT THE END OF PROGRAM WITH PARTICIPANTS



STUDENT PRESENTING E POSTER WITH THEME "SPREADING THE MESSAGE OF PEACE AND NONVIOLENCE TO WORLD"



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OUTCOME OF THE PROGRAMME:

On the account of Gandhi Jayanti, to commemorate and pay tribute to the “Father of Our Nation”, honouring the legacy of the life of Mahatma Gandhi, E poster presentation on the theme “Spreading message of Peace and Nonviolence to the world “was conducted. Dr G Parthasarathy presented the biography and achievements of Mahatma Gandhi for Independent India with principles of nonviolence and peace. There were 53 participants who took part in the program. Participants enthusiastically took interest and participated in the E poster. The speaker highlighted the contributions of Gandhiji and his principles of truth, nonviolence and peace, hence let us all strive to walk in path of peace and harmony by Gandhiji’s words.

END OF REPORT



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LIST OF PARTICIPANTS

S NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR PADMAA M PAARAKH	P. Padma
2.	DR PRIYADHARSHINI.M	Dr. Priyadarshini
3.	DR JEENA SUSAN SAJI	Jana
4.	ABINAYA SANGAVI	Abi
5.	AISHWARYA K	Aishwarya
6.	AJAY KUMAR N	Ajay Kumar
7.	ANU R	Anu
8.	BARANIDHARAN G	Baranidharan
9.	HEMA S REDDY	Hema
10.	IMLIBENBA OZUKUM	Imlibenba
11.	J.JEEVITHA	Jeevitha
12.	JYOTHIRMOY GHOSH	Jyothi
13.	KRISHNAJITH S	Krishna
14.	LAKSHMI . P	Lakshmi
15.	MAIVANNAN K	Maivannan
16.	MD. SAIF KHAZI	Khazi
17.	NAYANA RAI A	Nayana
18.	RAAFI JAMAL J	Raafi
19.	RUPKUMAR DAS	Rupke
20.	SAM SHERMAN S	Sam
21.	SAVITHA TV	Savitha



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22.	SHREE DEVIKA RANI	<u>Shree devika</u>
23.	UDAY SAHA	<u>Uday S.</u>
24.	UDDIPAN RAI	<u>Uddipan Rai</u>
25.	WEIZEL PEARL BARRETTO	<u>Weizel</u>
26.	VARSHA M	<u>Varsha M.</u>
27.	ABHIRAMI P PILLAI	<u>Abhirami</u>
28.	AFRAH FATHIMA	<u>Afra</u>
29.	AIJINGHUN UMSONG	<u>Aijinghun</u>
30.	AKSHAYA S	<u>Akshaya</u>
31.	AMIT KUMAR JENA	<u>Amit</u>
32.	ARUSHI NAIR	<u>Arushi</u>
33.	BHAVANA M REDDY	<u>Bhavana</u>
34.	HARSHITHA GS	<u>Harshitha</u>
35.	HASHUBA.N	<u>Hashuba</u>
36.	HEENA K	<u>Heena K.</u>
37.	KEERTHI REDDY M	<u>Keerthi</u>
38.	KIRUBA EVANJALIN M	<u>Kiruba</u>
39.	MOHAMMED SHADAAB	<u>Mohammed Shadaab</u>
40.	MONISH T	<u>Monish</u>
41.	RAHIB S	<u>Rahib</u>
42.	RAKSHITHA.K.C.	<u>Rakshitha</u>
43.	SRI NILASH KUMAR N	<u>Nilash</u>
44.	UTTARA. S	<u>Uttara S.</u>
45.	VEDHA SHREE KS	<u>Vedha</u>



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46.	VENCY V	<u>Vency</u>
47.	VISHWATHEJA B	<u>Bee</u>
48.	SWARUPAM SARKAR	<u>Swarupam Sarkar</u>
49.	SOURASHISH BADIYA	<u>Sourashish</u>
50.	MOLUNGZANG AIER	<u>Molungzang Aier</u>
51.	HARSHDEEP SARVA	<u>Harshdeep Sarva</u>
52.	KATHIRMANI RAJA S	<u>Ka</u>
53.	ZOMBARKAR MUSKAN	<u>Zee</u>

P. Padma
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Date: 07/10/2024

CIRCULAR

All the students of The Oxford College of Pharmacy are hereby informed that The Oxford College of Pharmacy is organizing “**WORLD MENTAL HEALTH DAY2024**” on 10/10/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator before 09/10/2024.

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Cc

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2. All Departments



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DEPARTMENT OF PHARMACOLOGY



WORLD MENTAL HEALTH DAY

OCTOBER 10TH 2024, 10:30AM-12:30PM

THEME: It is Time to Prioritize Mental Health in the Workplace

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Dr. Bindu B N,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy

BROCHURE



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PREAMBLE:

The Oxford College of Pharmacy, under NSS committee celebrated World Mental Health Day on 10th October 2024. World Mental Health Day is celebrated annually on 10th October to raise awareness about mental health issues globally, reducing stigma, and promoting positive mental health. Mental health refers to our emotional, psychological, and social well-being. It affects how we think, feel, and behave, as well as how we handle stress, relate to others, and make choices. This Programme is done to create awareness about Mental Health among Public

OBJECTIVE:

The objective of World Mental Health Day is to:

- Increase understanding of the importance of mental health as an essential component of overall well-being.
- Encourage open and honest discussions about mental health, helping to break the stigma associated with mental illness.
- Highlight the importance of accessible mental health services and advocate for improvements in mental health care systems worldwide.
- Raise awareness about the importance of mental health in the workplace, promoting mental health-friendly policies, and encouraging organizations to support employee well-being

The content of the session

The program commenced with a warm welcome address by Dr. Bindu B N, Program Organizer, and an inaugural speech from Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy. Dr. Noopur Srivastava, Head of the Department of Pharmacology Explained about **Mental Health** which refers to the collective global awareness and efforts dedicated to improving mental health outcomes for individuals and communities across the world. Mental health encompasses emotional, psychological, and social well-being, affecting how people think, feel, and act. On a global scale, the focus is on understanding the various factors that influence mental health, such as cultural, societal, environmental, and biological influences, and



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how these can be addressed to promote well-being. progressive brain disorder that slowly destroys memory and thinking skills and, eventually, the ability to carry out simple tasks.

Students of II Sem B Pharm were gathered together to create public awareness among public along with NSS Committee. They created awareness to public through posters, talks on positive mental health and shared few stories and experiences about the mental health to the public.

At the end of the programme, Dr. Bindu B N, Assistant Professor of The Oxford College of Pharmacy concluded the programme with a vote of thanks for actively participating and creating awareness among the public through their posters and talks. She expressed gratitude to Chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, Dr. Noopur Srivastava, Head of the Department of Pharmacology, and all the faculty members and students who contributed to the program's success.

Schedule:

No. of Participants : 53

Time Schedule	Program
10:00 to 10:30 AM	Introduction
10:30 to 11:30 AM	Created Awareness among public with the NSS Committee
12:15 to 12:30 PM	Vote of thanks



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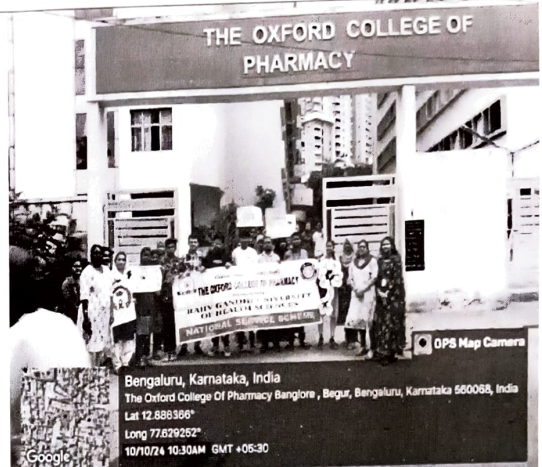


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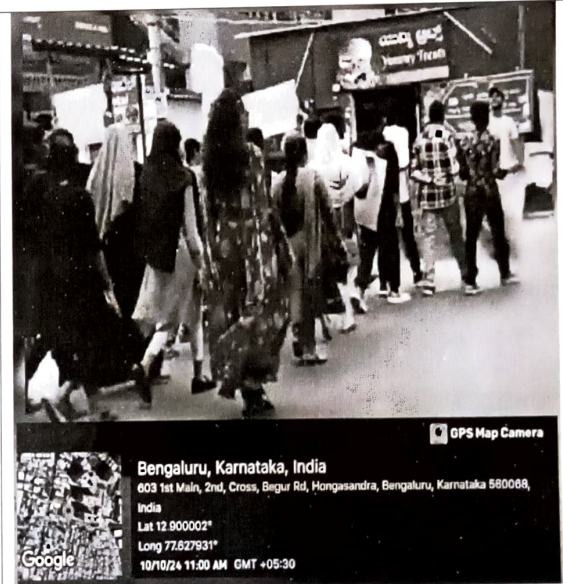
Bengaluru, Karnataka, India
The Oxford College Of Pharmacy Bangalore , Begur, Bengaluru, Karnataka 560068, India
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Long 77.629262°
10/10/24 10:17AM GMT +05:30



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Students Creating awareness among Public



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OUTCOME OF THE PROGRAMME

The World Mental Health Day, organized by The Oxford College of Pharmacy, achieved its objectives by educating Students and Public about the Positive mental health. There were 53 participants in the event. People gained a deeper understanding of mental health and mental illnesses, recognizing the importance of mental well-being as part of overall health. Program also Increased awareness to the people to recognise the early signs of mental health conditions in themselves and others, prompting them to seek help sooner. The day brought attention to the mental health needs of vulnerable groups, leading to targeted interventions and increased support. Individuals and communities became more engaged in mental health advocacy, helping to sustain awareness and support year-round. The program's success was evident in the enthusiastic participation of students who gained knowledge and became motivated to raise awareness about Mental health in the community.

END OF REPORT



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LIST OF PARTICIPANTS

SL.NO	NAME OF THE PARTICIPANTS	SIGNATURE
1.	Dr. PADMA M PAARAKH	P. Padma
2.	Dr. BINDU B N	Bindu B N
3.	Mrs. PALLAVI	Pallavi
4.	A YESWANTHA	A Yeswantha
5.	ABHINAV ANAND	Abhinav
6.	ABHISHEK H PATIL	Abhishek
7.	ABISHEKA M	Abhisheka
8.	ADITYA	Aditya
9.	AKASH R	Akash
10.	AKSHITHA A	Akashitha
11.	ALLURI YASWANTH	Alluri Yaswanth
12.	AMRIN A	Amrin A
13.	ANBALAGAN R	Anbalagan
14.	ANUPRIYA K	Anupriya K.
15.	ANUSHKA SINGH	Anushka S.
16.	ASHWINI BS	Ashwini B S
17.	AYESHA MARYAM	Ayesha
18.	BM MONIKA	B.M. Monika
19.	BHAGYASHREE	Bhagesh
20.	BHARATH B	Bharath B.
21.	BHASKAR C	Bhaskar
22.	BHOOMIKA T	Bhoomika T
23.	DEENA KR	Deena K R
24.	DEEPIKA V	Deepika V
25.	DEVENDRA D	Devendra
26.	DILLIPKUMAR E	Dillipkumar



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27	DIPANJANA NAYEK	Dipa
28	GANESH KUMAR	G
29	GEETHA M	Geetha
30	GOKILAN N	Gokila
31	GOWTHAM V	Gowtham
32	GUNASHREE M	Gunashree
33	HANUMANTARAYA GOUDA	Hanumanth
34	HARISH G	Harish
35	HARSHA T	Harsha
36	HEMASHREE S	Hemashree S
37	JEEVA B	Jeeva
38	JOEL JHON PHILIP	Joel
39	JOSHITHA K	Joshitha
40	JOSHNI D	Joshni
41	KALAVATHI K	Kalavathi K
42	KAVYA K	Kavya
43	KHASHIMASAB	Khashima
44	KRITHIKA SK	Krithika
45	KULSUM	Kulsum
46	KUSHAL GOWDA HC	Kushal
47	LAVANYA R	Lavanya R
48	LIKHITH M	Likhith
49	M HARIHARAN	M Harisharan
50	MEGALA S	Megala
51	MEGHANA R	Meghana
52	MOHITH B D	Mohith
53	MONISH S	M-S

P. Padma
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DATE: 09/10/2024

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that awareness session on "World Food Day: Nutritious food is a basic necessity" for the Academic Year 2023-24 will be conducted on 16/10/2024 from 10 AM to 12 PM in the Health Center 4th floor. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

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Bangalore

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THE OXFORD COLLEGE OF PHARMACY
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DEPARTMENT OF PHARMACOLOGY



WORLD FOOD DAY
OCTOBER 16th 2024, 10:00AM-12:00PM
THEME : NUTRITIOUS FOOD IS A BASIC NECESSITY
EVENT : STAPLE FOOD EXHIBITION

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padma M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs. A. Shrvanathi
Dr. Bindu B N,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy

BROCHURE



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PREAMBLE

On the account of World Food Day, this day was dedicated to emphasize the need to ensure healthy diet for all. Nutritious food helps our brain to grow and function properly. Food borne diseases affect 1 in 10 people worldwide each year, and food standards help us to ensure what we eat is safe. The world observes this day to generate more awareness about people suffering from hunger and to encourage actions to ensure food security to all. There Were 20 Participants.

The content of the session

On 16/10/2024, The Oxford College of Pharmacy under NSS committee organized a session on World Food Day: Nutritious Food is a basic Necessity which highlighted the importance of right to food for a better life and a better future. The speaker Dr.Kirana delivered a brief explanation about the fundamental human rights to accessible nutritious, affordable and sustainable food to ensure everyone's well-being and dignity. The event also featured the presentation of various staple food exhibition from different states of our country. The program was attended by 50 students from B. Pharm along with staff. Mrs. A.Sravanthi the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.

Schedule-

No. Of Participants : 20

Timings	Event
10AM TO 12 PM	Staple Food Exhibition



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Speaker Addressing the students



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Participants exhibiting staple food of West Bengal



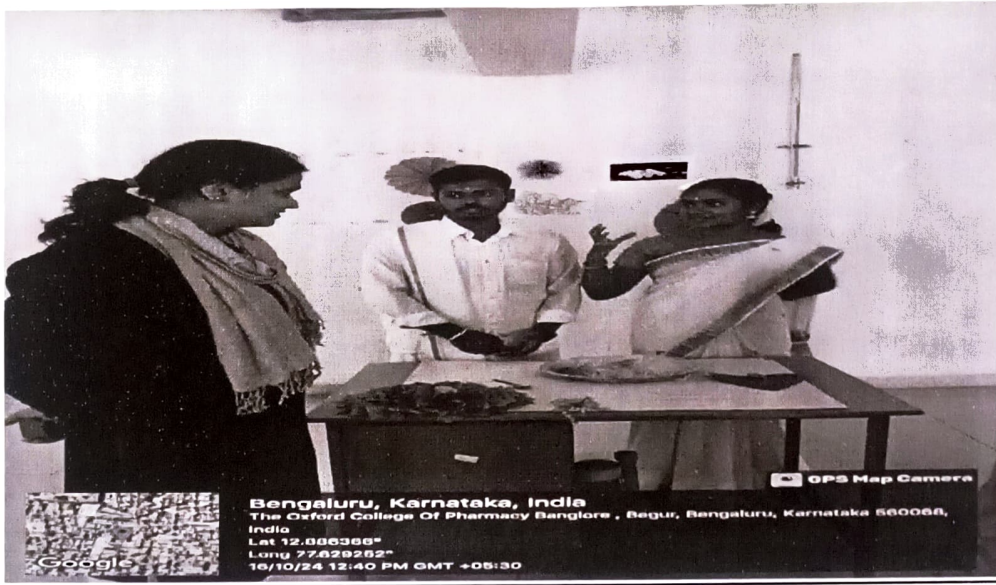
Participants exhibiting the staple food of Tamilnadu



Participants exhibiting the staple food of Rajasthan



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Participants exhibiting the staple food of Kerala



Group Photo



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OUTCOME OF THE PROGRAM

The outcome of today's event was resoundingly positive, with the active participation of students which highlighted the critical importance to ensure food safety and security to all. 20 participants took part in the event. The students were benefitted with the motto "Healthy food creates a Healthy nation" to create a hunger free future. Overall it was an interactive session where all the students actively participated in the session.



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LIST OF PARTICIPANTS

S.NO.	NAME OF THE PARTICIPANTS	SIGNATURE
1.	DR. PADMAA M. PAARAKH	P. Padma
2.	A.SRAVANTHI	A.S.
3.	DR. BINDU B N	Bindu BN
4.	ABHIRAM S	Abhira.S
5.	ANITHA PATEL	Anitha Patel
6.	BHOOMIKA R	Bhoomika
7.	KARTHIK V	Karthik V
8.	NAYANA DATTA	Nayana
9.	SANJANA ACHARJEE	Sanjana
10.	SANTHOSH KUMARI	Santhosh
11.	YASHASWINI	Yashaswini
12.	ROHITH V	Rohith V
13.	PAVAN L	Pavan L
14.	NAYANA G	Nayana G
15.	MADHUSHREE B M	Madhusree
16.	PREKSHA BT	Preksha
17.	RASHMI SEN	Rashmi
18.	VEERESH METRA	Veeresh
19.	YOGESH M	Yogesh
20.	THEJA SHREE D R	Thejashree

P. Padma

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DATE: 14/09/2024

CIRCULAR

All the students, teaching staff of The Oxford College of Pharmacy are hereby informed that program on “**CHILDREN GROWETH MONITORING PROGRAM 2024**” will be conducted on 19/09/2024 at Mangamaplaya Anganwadi. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma
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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068
DEPARTMENT OF PHARMACEUTICS

CHILDREN GROWTH MONITORING PROGRAM
SEPTEMBER 19TH 2024, 12:00PM-2:00PM

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs. R. Uma Prabha NSS PO
Assistant Professor,
Department of Pharmaceutics,
The Oxford college of Pharmacy

PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore organised children growth monitoring program at mangamapalya Anganwadi on 19th September 2024, Mrs R. Uma Prabha, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 15 participants in total.



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The Oxford College of Pharmacy

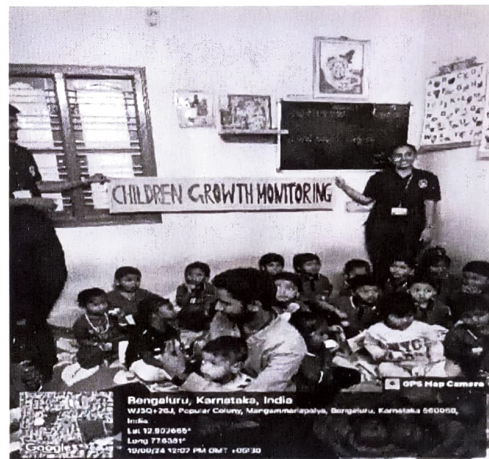
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The content of the Program

The primary objective of this program was to raise awareness among children at Mangamapalya Anganwadi about the importance of nutrition and healthy eating habits. The volunteers aimed to educate the children on the benefits of nutritious foods and promote healthier lifestyle choices. The volunteers conducted an interactive session to explain the importance of nutrition and its impact on health and growth.

Engaging activities and simple explanations were used to ensure the children understood the concepts.

To reinforce the message of healthy eating, apples were distributed to all the children. The distribution served as a practical example of a nutritious snack.

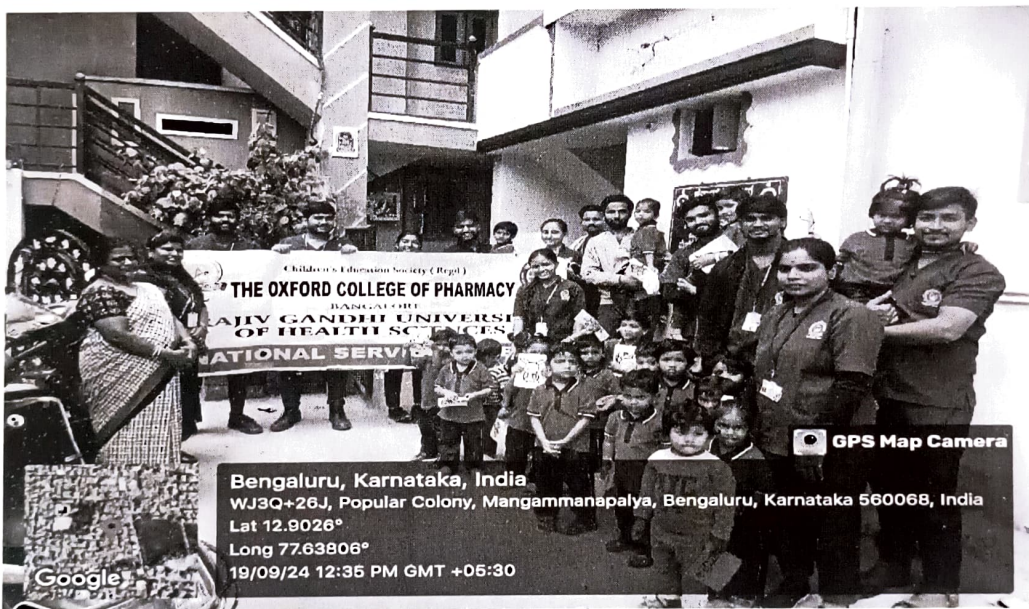
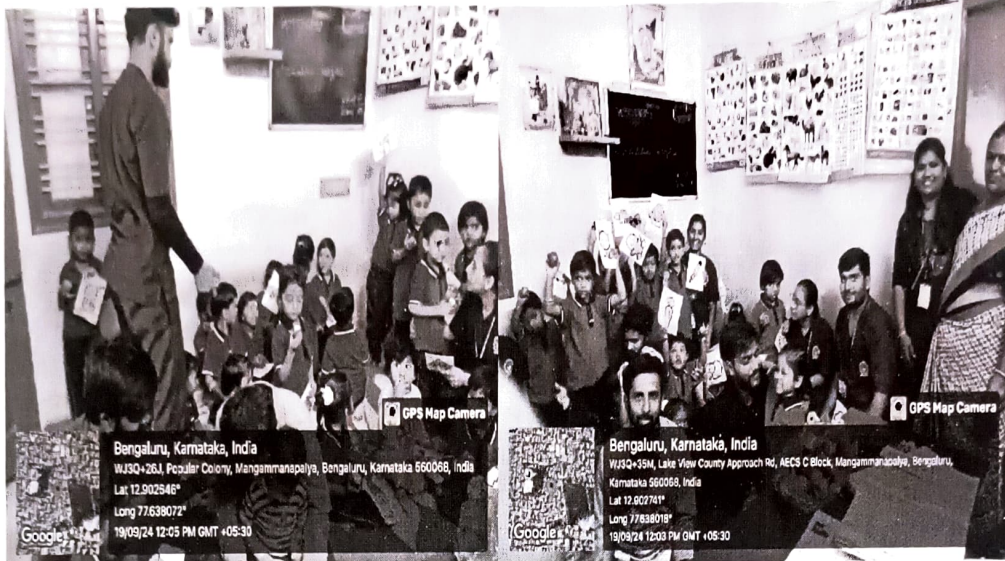


NSS Volunteers creating awareness in Anganwadi



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Children growth monitoring program at Mangamapalya Anganwadi



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OUTCOME OF THE PROGRAM

The nutritional awareness program conducted by the NSS team from The Oxford College of Pharmacy was a success. It effectively communicated the importance of nutrition to the children at Mangamapalaya Anganwadi and promoted healthier eating habits. The initiative was well-received by the children and staff at the Anganwadi. The children showed enthusiasm during the session and expressed interest in learning more about healthy foods. The initiative taken by the oxford college of pharmacy were appreciated by the Anganwadi staff and the public. 15 Volunteers participated in the awareness program.

END OF REPORT



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LIST OF PARTICIPANTS

S NO	NAME OF THE VOLUNTEERS	SIGNATURE
1	Mrs.R.UMA PRABHA NSS PO	
2	ANIKET BIPIN BELLAD	
3	BALRAJ.M	
4	DEEPAK.S	
5	DHUSHYANTH.G	
6	HARISH KUMAR K	
7	KARTHIK. M	
8	PRIYA RAJKUMAR	
9	RAKESH A.M.	
10	SHIVA CHAVAN. H.R.	
11	SNEHA SURESH SALUNKHE	
12	SOURAV CHARAN	
13	THEJASWINI.B	
14	REESHITA JHANAK	
15	SANTHALA CHAITHANYA PRASAD	

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DATE: 15/09/2024

CIRCULAR

All the students, teaching and no teaching staff of The Oxford College of Pharmacy are hereby informed that program on “SESSION ON ANEMIA MUKT BHARAT 2024” will be conducted on 20/09/2024 at Room no 501. Followed by medical camp 24 &25-09-2024. We look forward for the active participation for the same. All interested students and faculties are requested to give your name to the event coordinator.

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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore organised Anaemia Mukta Bharat session on 20th September 2024, Mrs R.Uma Prabha, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting Anaemia Mukta Bharat program. The guest speaker was Mrs. Beena Bose, Biochemist and Research Scientist, Division of Nutrition, ST. JOHN'S RESEARCH INSTITUTE, Bangalore. There were around 120 participants in total.



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The content of the Program

The Anemia Mukht Bharat Session aimed to raise awareness about anemia, educate the participants on its prevention and management, and promote healthy practices to combat anemia among various age groups, especially women and the young female students.

Mrs. Uma Prabha NSS Program officer welcomed the participants and the guest speaker on behalf of the Chairman and Principal madam. Followed by the welcome the guest speaker started the session by small introduction. She explained symptoms, and consequences of anemia. Discussions on the importance of iron-rich diets and proper nutrition. She said that Anemia is not just a health issue; it's a barrier to our nation's progress. It impairs cognitive and physical development in children, reduces work capacity in adults, and poses serious risks during pregnancy. The consequences are severe, but the solution is within our reach.

The session was very interactive and useful. Students clarified their quires and actively participated. End of the session Mrs.R. Uma Prabha NSS PO proposed word of thanks to the guest and the participants.

No of Participants: 120

Program Schedule:

Time of Program	Name of the Program
2:00-3:00 PM	Session on Anemia Mukht Bharat
24-09-2024 – 25-09-2024	Medical camp and blood checkup

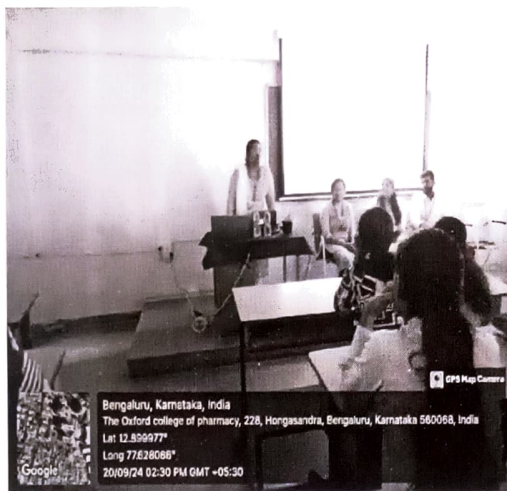


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Guest speaker Mrs. Beena Bose Interacting with students



Anaemia mukt Bharat – Speaker and NSS PO



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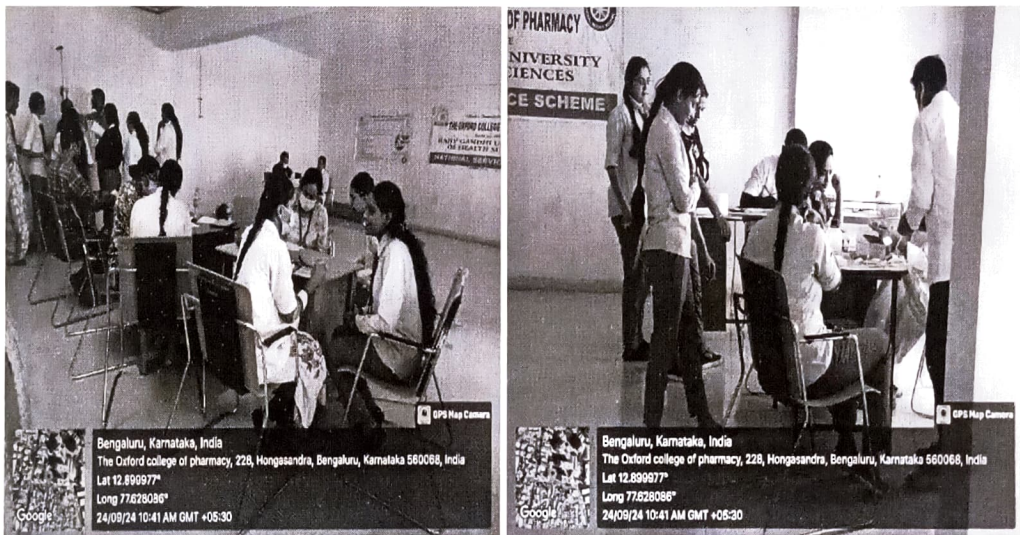
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BLOOD CHECK UP CAMP

Following the Anemia Mukht Bharat session, The Oxford College of Pharmacy and St. John's Hospital collaboratively conducted a medical camp and blood checkup specifically for female students for two days (24-09-24 & 25-09-24) Blood samples were collected for checkups, and the blood reports were provided to the students for further treatment if needed. The camp was benefitted by more than 200 female students, local community people and including faculties. The medical team from St. John's Hospital, including doctors and lab technicians, assisted with the medical camp.



Basic medical checkup and blood collection of students



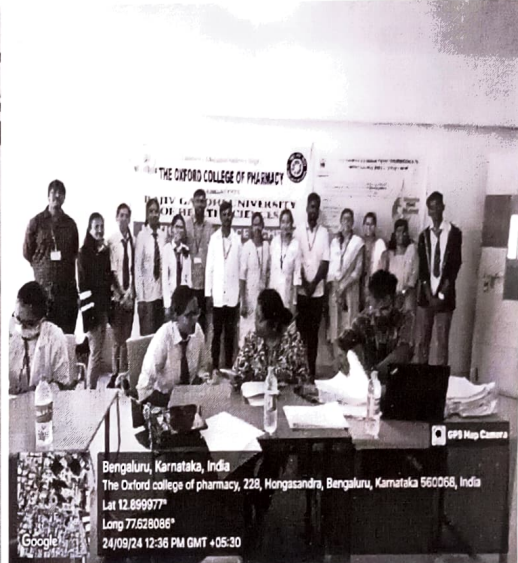
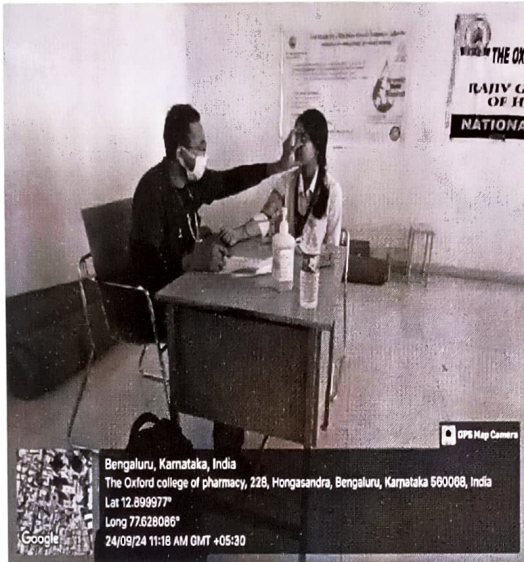
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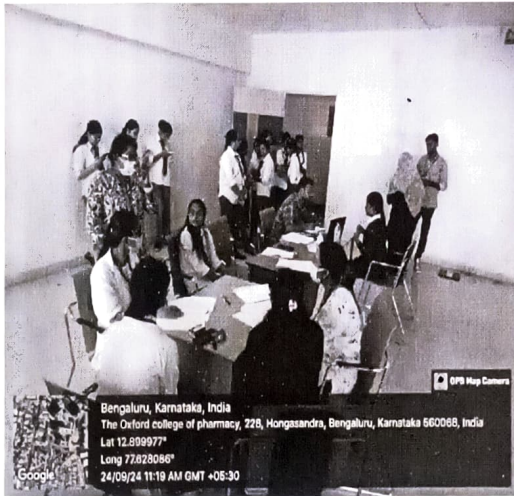
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Doctor checking the students and medical team with NSS committee, TOCP



Local community people participated with students



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NSS Committee with St. John's Medical Team

OUTCOME OF THE PROGRAM

Participants appreciated the informative sessions and interactive activities. The health screenings and Q&A sessions were particularly helpful in addressing their concerns and providing practical knowledge. Session gave awareness about Anemia and its impact on health. Improved understanding of the importance of nutrition and iron supplementation. Identification and support for individuals at risk of Anemia. about 120 female students have benefited by this interactive session.

The blood check-up camp conducted in collaboration between The Oxford College and St. John's Hospital benefitted more than 200 female students, including local community and faculty members. This initiative was successful in helping female students, local community people and faculty members to check their blood count and maintain their health more effectively. Further treatment was undertaken by individuals on their own.

END OF REPORT



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DATE: 14/09/2024

CIRCULAR

All the students, teaching staff of The Oxford College of Pharmacy are hereby informed that program on “**ENVIRONMENT PROTECTION PROGRAM 2024**” will be conducted on 19/09/2024 at Begur Punchayet office. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU -560068
DEPARTMENT OF PHARMACEUTICS

ENVIRONMENT PROTECTION PROGRAM SEPTEMBER 19TH 2024, 03:00PM-04:00PM

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padma M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs. R. Uma Prabha NSS PO
Assistant Professor,
Department of Pharmaceutics,
The Oxford college of Pharmacy

PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore organised Environment protection program at Begur Panchayet on 19th September 2024, Mrs R.Uma Prabha, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 15 participants in total.



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The content of the Program

The primary objective of this program was to enhance environmental awareness and promote sustainable practices within the Panchayat community. The program also aimed to involve community members in plantation activities to improve local ecology and biodiversity.

Conducted sessions to educate community members about environmental conservation, waste management, and the importance of sustainable living. Discussed the impact of climate change and ways to mitigate it at the local level. NSS Volunteer Mr. Dhruva explained the importance environment to the public. Which was highly appreciated by the public and punchayet members.

Organized a plantation drive where NSS PO Mrs.R. Uma Prabha and Panchayet members planted various indigenous tree species around the Panchayat office. Participants expressed appreciation for the informative sessions and hands-on activities. They found the plantation drive particularly rewarding and were motivated to continue participating in future environmental initiatives. The program was successfully completed and appreciated by the Panchayet members.



NSS Volunteer Mr. Dhruva delivering the speech on environment control



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Planting Plant on Punchayet Office



Donating Plants in Punchayet office at Begur



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OUTCOME OF THE PROGRAM

The Environment Control program at Panchayet of Begur organised by The Oxford College Of pharmacy NSS Committee was successful. achieved its objectives of raising environmental awareness and promoting sustainable practices. The involvement of community members along with NSS PO and Volunteer in the plantation drive was a significant step towards creating a greener and healthier environment. Participants expressed appreciation for the informative sessions and hands-on activities. They found the plantation drive particularly rewarding and were motivated to continue participating in future environmental initiatives. There were around 15 participants including the Staff.

LIST OF PARTICIPANTS

S NO	LIST OF PARTICIPANTS	SIGNATURE
1	MRS.R.UMA PRABHA NSS PO	
2	JEEVAN.U.H	
3	SRI VIGNESH	
4	GOKUL RAJ. M	
5	POVINDHAR	
6	CHAITHRA. K	
7	DHRUVA.R	
8	P. JEEVITHA	
9	PALLAVI S	
10	SHRAVYA	
11	SNEHA R V	
12	SANJANA	
13	YASHASWINI M U	
14	VIJAYKUMAR	
15	AMIT KUMAR	

P. Padma
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DATE: 20/09/2024

CIRCULAR

All the students, teaching staff of The Oxford College of Pharmacy are hereby informed that program on **SWACHHTA HI SEVA –CLEANING PROGRAM AT BEGUR LAKE**” will be conducted on 25/09/2024 at Begur Panchayet office. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU -560068
NSS COMMITTEE TOCP

SWACHHTA HI SEVA-CLEANING PROGRAM AT BEGUR LAKE SEPTEMBER 25TH 2024, 03:00PM-04:00PM

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs.R.Uma Prabha NSS PO
Assistant Professor,
Department of Pharmaceutics,
The Oxford college of Pharmacy

PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore organised “SWACHHTA HI SEVA-CLEANING PROGRAM AT BEGUR LAKE” on September 25th 2024, Mrs R.Uma Prabha, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 21 participants in total.



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The content of the Program

The primary objective of this program was to clean and rejuvenate the lake, promoting environmental sustainability and community involvement in maintaining cleanliness and hygiene.

The Oxford College of Pharmacy NSS Committee and NSS Volunteers took initiative to clean the Begur lake on the Occasion of "SWACHHTA HI SEVA Initiated by Government of India.

Over all 21 NSS volunteers participated in this activity and cleaned the lake. Volunteers collected the plastic waste and other debris from the lake and discarded in the BBMP waste management place.

This initiative taken by the Oxford College NSS Committee was appreciated by the local community and the Panchayet. Also, the awareness created by the volunteers was highly appreciated by the public.



"SWACHHTA HI SEVA-CLEANING PROGRAM AT BEGUR LAKE NSS VOLUNTEER

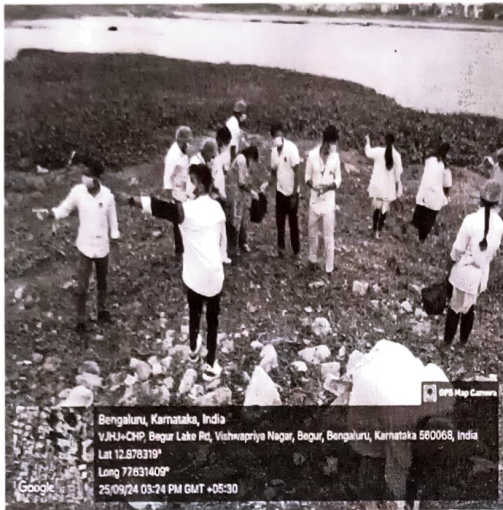


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Children's Education Society (Regd.) The Oxford College of Pharmacy

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Approved by Pharmacy Council of India, New Delhi)



Bengaluru, Karnataka, India
V.H.U.+CHP, Begur Lake Rd, Vishwapiya Nagar, Begur, Bengaluru, Karnataka 560068, India
Lat 12.878319°
Long 77.831409°
25/09/24 03:24 PM GMT +05:30



Bengaluru, Karnataka, India
V.H.U.+CHP, Begur Lake Rd, Vishwapiya Nagar, Begur, Bengaluru, Karnataka 560068, India
Lat 12.878319°
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25/09/24 03:34 PM GMT +05:30



Bengaluru, Karnataka, India
V.H.U.+CHP, Begur Lake Rd, Vishwapiya Nagar, Begur, Bengaluru, Karnataka 560068, India
Lat 12.878319°
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25/09/24 03:26 PM GMT +05:30

NSS VOLUNTEERS CLEANING THE BEGUR LAKE AND COLLECTING THE POLYTHENE BAGS



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OUTCOME OF THE PROGRAM

Swachhta Hi Seva—cleaning program at Begur Lake organised by The Oxford College Of Pharmacy NSS Committee was successful. Achieving its objectives of cleaning the lake, promoting environmental awareness, and fostering community involvement. The program's impact will be sustained through ongoing community engagement and environmental stewardship. Students decided not to promote the use of polyethylene in the future. The public appreciated the initiatives and agreed to maintain the cleanliness of the lake. There were around 21 participants including the Staff.



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LIST OF PARTICIPANTS

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2	JEEVAN.U.H	
3	SRI VIGNESH	
4	GOKUL RAJ. M	
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P. Padma
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DATE: 21/09/2024

CIRCULAR

All the students, teaching staff of The Oxford College of Pharmacy are hereby informed that program on **SWACHHTA HI SEVA-CLEANING PROGRAM AT BEGUR GOVERNMENT PLAY GROUND** will be conducted on 26/09/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padme
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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068
NSS COMMITTEE TOCP

SWACHHTA HI SEVA-CLEANING PROGRAM AT BEGUR GOVERNMENT PLAYGROUND SEPTEMBER 26TH 2024, 03:00PM-04:00PM

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs.R.Uma Prabha NSS PO
Assistant Professor,
Department of Pharmaceutics,
The Oxford college of Pharmacy

PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore organised "SWACHHTA HI SEVA-CLEANING PROGRAM AT BEGUR GOVERNMENT PLAY GROUND" on September 26th 2024. Mrs R.Uma Prabha, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 21 participants in total.



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The content of the Program

The main objective of the Swachhta Hi Seva Cleaning Program was to clean and beautify the government playground at Begur. The NSS team, along with 21 NSS volunteers, visited the government playground at Begur and collected all polyethylene waste, thoroughly cleaning the area used by local children and the community. All waste was properly disposed of through BBMP waste management. This initiative was appreciated by the public, and the awareness created by the volunteers proved useful for the community. The children present promised to keep the ground clean in the future.



"SWACHHTA HI SEVA-CLEANING PROGRAM AT GOVERNMENT PLAY GROUND"

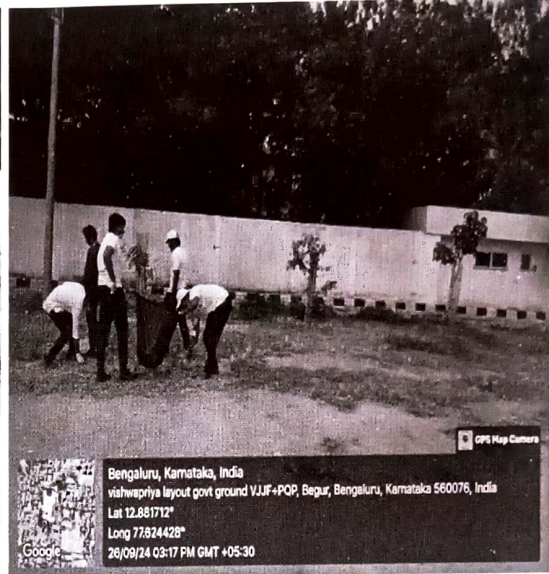
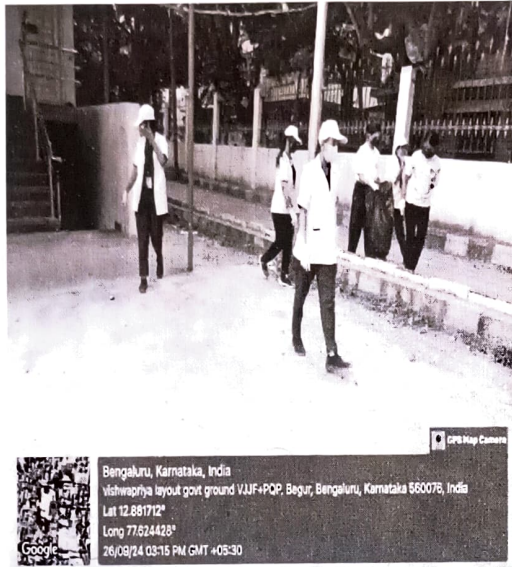


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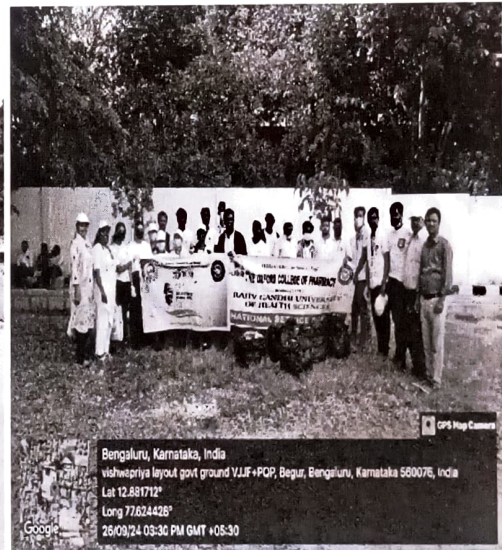
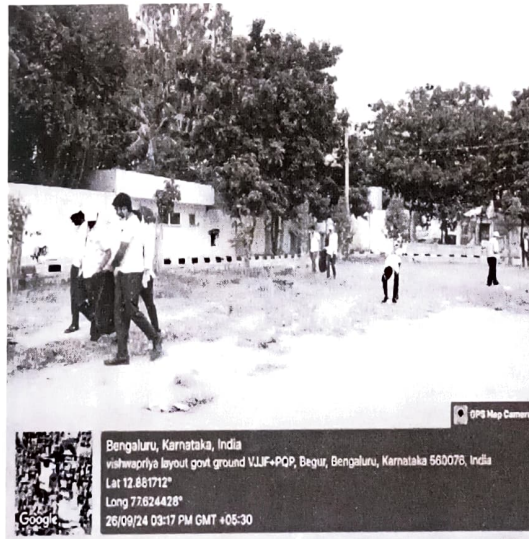


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NSS VOLUNTEERS CLEANING THE PLAY GROUND



NSS TEAM WORKING IN THE GOVERNMENT PLAY GROUND



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OUTCOME OF THE PROGRAM

Swachhta Hi Seva—cleaning program at government playground at Begur organised by The Oxford College of Pharmacy NSS Committee was successful. The government playground was thoroughly cleaned, with all polyethylene waste removed, making it a safer and more enjoyable space for children and the community. The initiative was highly appreciated by the public, reflecting the positive impact and community support for such efforts. The children present promised to keep the playground clean in the future, fostering a sense of responsibility and ownership towards their environment. Over all 21 Volunteers participated in the program.



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DATE: 23/09/2024

CIRCULAR

All the students, teaching staff of The Oxford College of Pharmacy are hereby informed that program on **SWACHHTA HI SEVA–CLEANING PROGRAM AT MAYILSANDRA VILLAGE**” will be conducted on 27/09/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068
NSS COMMITTEE TOCP

SWACHHTA HI SEVA-CLEANING PROGRAM AT MAYILSANDRA VILLAGE SEPTEMBER 27TH 2024, 01:00PM-03:00PM

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs.R.Uma Prabha NSS PO
Assistant Professor,
Department of Pharmaceutics,
The Oxford college of Pharmacy

PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore organised "SWACHHTA HI SEVA-CLEANING PROGRAM AT MAYILSANDRA VILLAGE" on September 27th 2024. Mrs R.Uma Prabha, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 21 participants in total.



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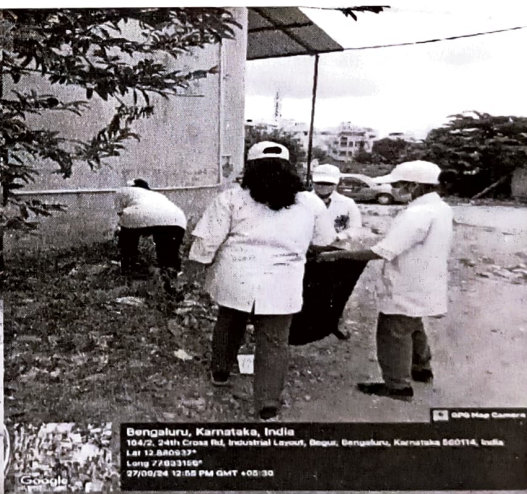
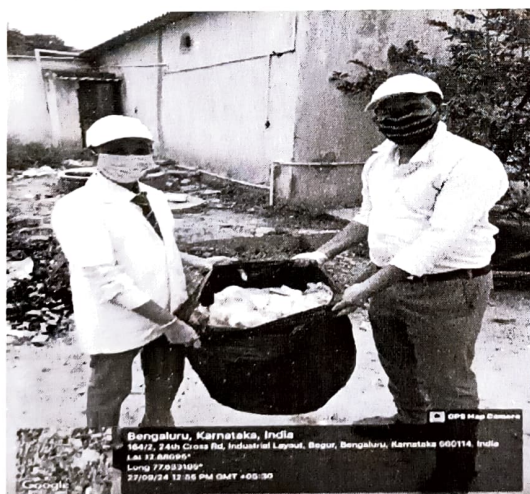
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The content of the Program

The main objective of the Swachhta Hi Seva Cleaning Program was to clean the village. The NSS team, along with 21 NSS volunteers, visited the Mayilsandra village and collected all polyethylene waste, thoroughly cleaning the area used by local the community. One of our Volunteer spoke about the importance of cleanliness to the community. All waste was properly disposed of through BBMP waste management. This initiative was appreciated by the public, and the awareness created by the volunteers proved useful for the community. The present promised to keep the village clean in the future.



NSS Volunteers Cleaning the Village



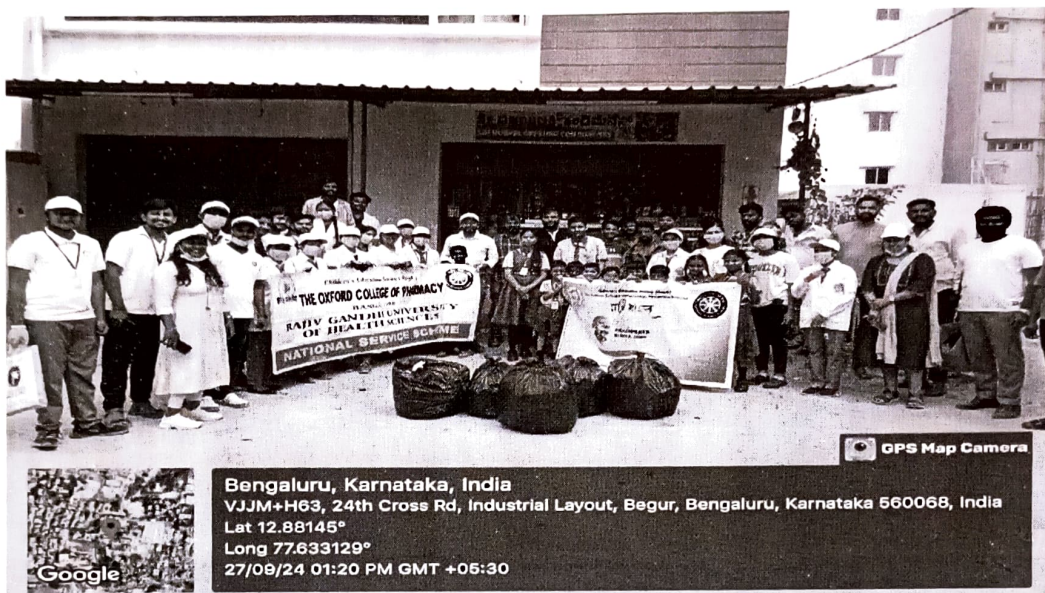
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“SWACHHTA HI SEVA–CLEANING PROGRAM AT MAYILSANDRA VILLAGE”

OUTCOME OF THE PROGRAM

Swachhta Hi Seva–cleaning program at Mayilsandra Village organised by The Oxford College of Pharmacy, NSS Committee was successful. The Village was thoroughly cleaned, with all polyethylene waste removed, making it a safer and more clean space for the community. The initiative was highly appreciated by the public, reflecting the positive impact and community support for such efforts. The public presented there were promised to keep the village clean in the future, fostering a sense of responsibility and ownership towards their environment. There were around 21 volunteers.



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DATE: 23/09/2024

CIRCULAR

All the students, teaching staff of The Oxford College of Pharmacy are hereby informed that program on **SWACHHTA HI SEVA-CLEANING PROGRAM AT TOCP CAMPUS** will be conducted on 28/09/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma

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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068
NSS COMMITTEE TOCP

SWACHHTA HI SEVA-CLEANING PROGRAM AT COLLEGE CAMPUS SEPTEMBER 28TH 2024, 12:00PM-02:00PM

CHIEF PATRON

Dr. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs.R.Uma Prabha NSS PO
Assistant Professor,
Department of Pharmaceutics,
The Oxford college of Pharmacy

PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore organised "SWACHHTA HI SEVA-CLEANING PROGRAM AT TOCP CAMPUS" on September 28th 2024. Mrs R.Uma Prabha, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 21 participants in total.



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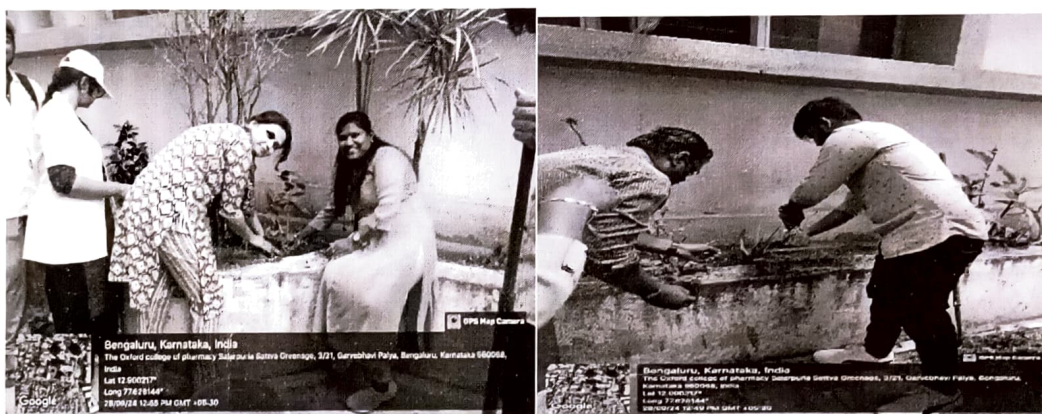
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The content of the Program

The main objective of the Swachhta Hi Seva Cleaning Program was to clean and beautify the TOCP campus. The NSS team, along with 21 NSS volunteers, cleaned the college campus and collected all polyethylene waste. All waste was properly disposed of through BBMP waste management. This initiative was appreciated by the management, students and faculties, and the awareness created by the volunteers proved useful for the students and the maintenance workers in the campus. The students and staff present promised to keep the campus clean in the future.

Also, NSS team planted many medicinal plants in the campus garden as a part of cleaning the campus. Which was appreciated by the college management.



Students and faculties Planting medicinal plants in the campus



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OUTCOME OF THE PROGRAM

Swachhta Hi Seva—cleaning program at TOCP campus organised by The Oxford College of Pharmacy NSS Committee was successful. The campus was thoroughly cleaned, with all polyethylene waste removed, making it a safer and more clean space for students and the staff. The initiative was highly appreciated by the management, reflecting the positive impact and support for such efforts. The students and the staff present promised to keep the campus clean in the future, fostering a sense of responsibility towards their environment. Medicinal plant planted in the campus was highly appreciated by the principal and management. Donated plants to the nearby community were appreciated by the public. Around 21 Volunteers participated and benefitted.

Swachhta Hi Seva cleaning program, conducted continuously for four days (25th, 26th, 27th, and 28th of September 2024) as part of the MY BHARAT cleaning system, was appreciated by the Government. The Oxford College of Pharmacy, NSS PO, and students received an appreciation certificate for their efforts.



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Swachhata hi seva - Certificate received from Government



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