



Children's Education Society (Regd.)

# The Oxford College of Pharmacy

(Recognized by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Science, Karnataka;

Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

## Measures initiated by the Institution for the promotion of gender equality

### Contents

#### 1. Safety and security

- CCTV Camera
- Visitor register
- Restricted Entry
- Female staff
- Discipline in campus
- Women Grievance and empowerment cell
- Parent teacher meeting

#### 2. Counselling

- Faculty Advisor
- Hostel warden
- Women empowerment cell
  1. Common Rooms
  2. Awareness program
  3. Active participation by female staff and student

#### 1. Safety and security

Every college campus prioritizes the safety of female students. For administrators and students, maintaining a secure and supportive camp is both a responsibility and a struggle nowadays. Through a security specialist, the institute should provide a full range of amenities particularly for girls, within the premises. It is a typical that most outstation students enrolling for various courses do so for in their lives, leaving their homes and cities. It is consequently institution to provide them with a comfortable and safe 'feel at home on campus. Women's safety on college campuses is a major topic right now. According to research, 86 percent of parents say that campus safety is one of the most significant aspects in deciding between two institutions. Only awareness preventative programme, dialogue, and action will be able to tackle.

*P. Padma*

**PRINCIPAL**

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No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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## **CCTV Camera**

The college is under 24-hour CCTV surveillance. It aids in the prevention of anti-social behavior. Students and other college personnel are also co-spying. Discipline is also maintained, which gives pupils an even the sense of security. To confirm their identity, students are required to carry identification cards at all times. In every way, the institution looks students. The institute maintains a visitor log register to keep track of who entered the college premises.

## **Restricted Entry**

A proper boundary wall with fence has been created for the security of the college campus and to prevent unwanted entry.

## **Discipline in campus**

The institute has a discipline committee that is responsible for the safety and security. It also maintains a watch on all of the staff with the students' activities within the institution. The college has a zero tolerance policy for eve teasing/ragging, and the discipline committee ensures admission is enforced.

## **Women Grievance and empowerment cell**

A Women's Grievance and Empowerment Cell is also active in the college the concerns of all female students. Outside of campus, the cell is a working on this issue.

## **Parent teacher meeting**

Parent-teacher meeting will be conducted every year with students, parents and guardians. Updates on the student's general progress and performance is provided by the concerned teachers. Parents concerns about their children are taken by the teachers during Parent teacher meeting and action for betterment and improvement in their overall development are implemented.



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## Counselling

As it is said, "as is our confidence, so is our potential," the constant work is to create confidence in students so that they can develop intrinsic skills. Counselling may have a significant influence on a stable mentality and assist them in navigating challenging life situations. Stated goal, the institution implemented a 'Mentor – Mentee' system a step toward student confidence building. To meet their psychological requirements, each faculty is allotted a particular number of students. The institution developed a counselling cell, which consists of faculty, majority of them are female teachers. Counselling offers, instructors with their knowledge and insights to understand students' attitudes, difficulties they face, and it also acts as the tools to treat depression. In addition to offering individual therapy to students, the Personality Development workshops for all students are also conducted.

## Faculty Advisor

Faculty advisers are in charge of mentoring and counselling both male pupils. Each faculty advisor is responsible for a group of 25 to 30 students. In case when any problem arises, both boys and girls are counselled separately according to needs.

## Hostel warden

Hostel wardens are very thoughtful and cautious. There are the hostel counsellors and caretakers who take care of the need of students.

## Women empowerment cell

The college's Women Empowerment Cell is also active. It hosts a variety of activities to raise awareness about various concerns. Counsellors are made available by the college to guide pupils and address their concerns.

## Common Rooms

Female and male students have separate common rooms in their respective hostels on campus where they may rest and occupy themselves during this time. Boys and girls have separate hostels where rigorous rules are maintained in accordance to law and order.

## Awareness program

Students and faculty members often arrange gender sensitivity awareness workshops on campus and in the surrounding area to raise awareness of and to promote women's



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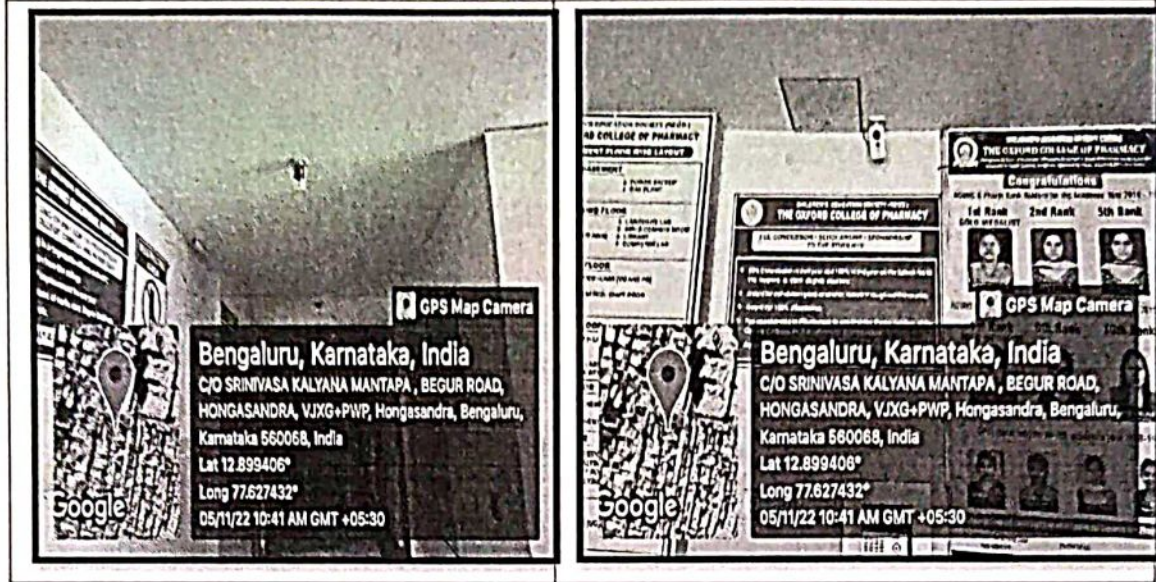
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empowerment. Female instructors, staff, and students educated on the numerous laws and rights that are available to them to empower them.



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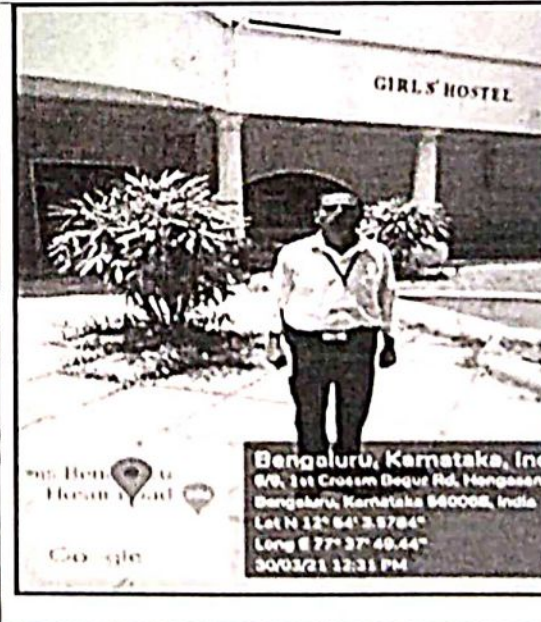
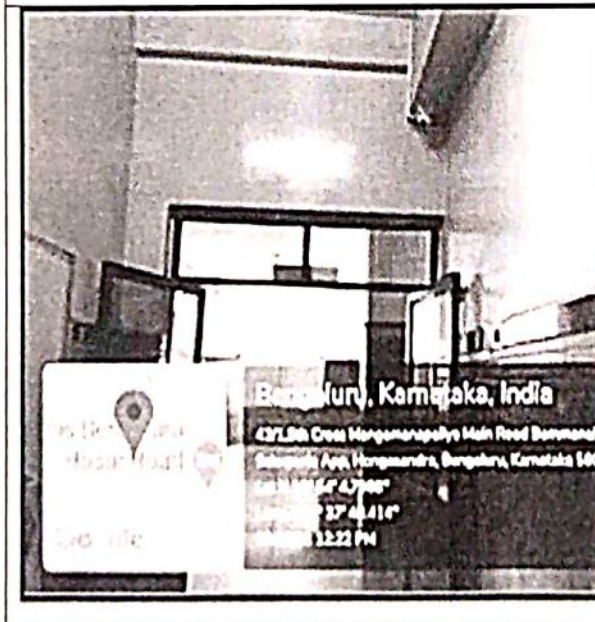
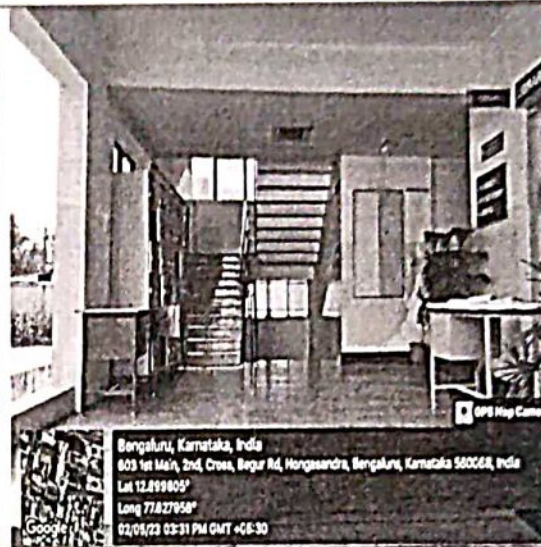
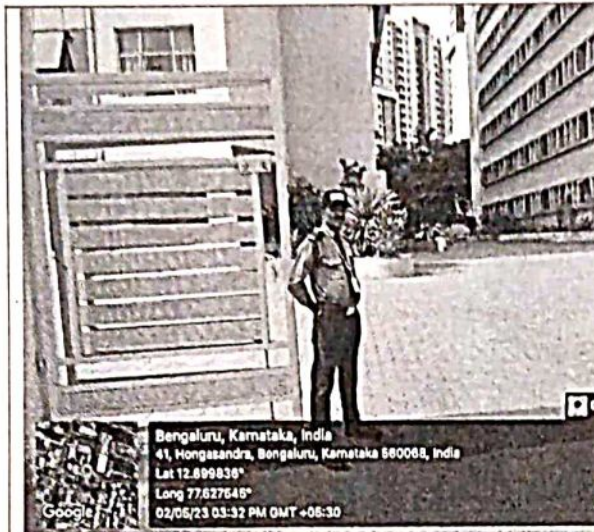
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## SPECIFIC FACILITIES PROVIDED FOR WOMEN

### Safety and Security

The institute has a robust security system with security guards and surveillance cameras all around the campus at every nook and corner including hostels which goes a long way in instilling confidence among all the stakeholders, especially women.



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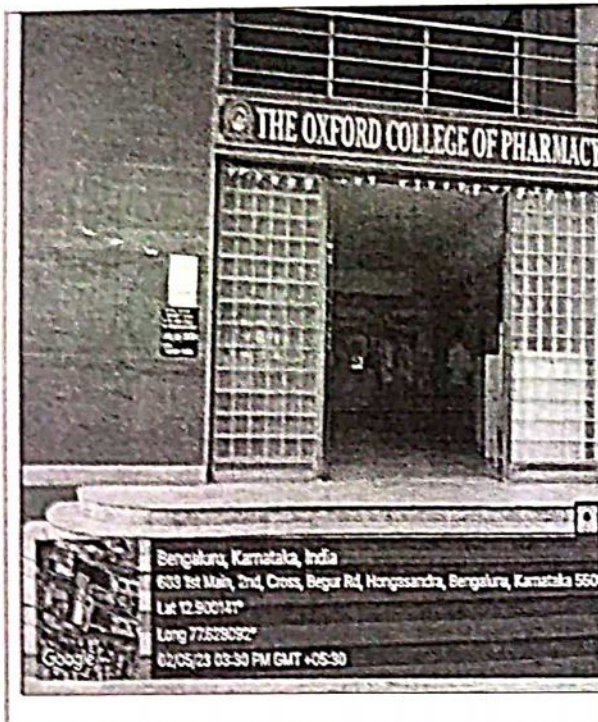


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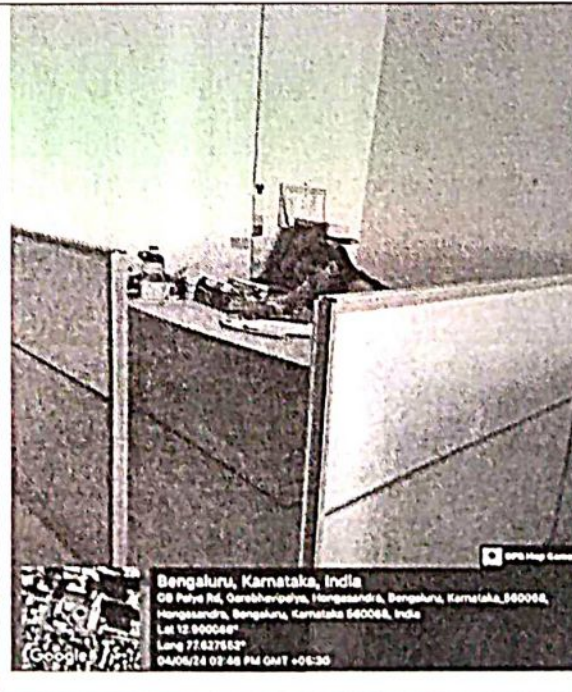
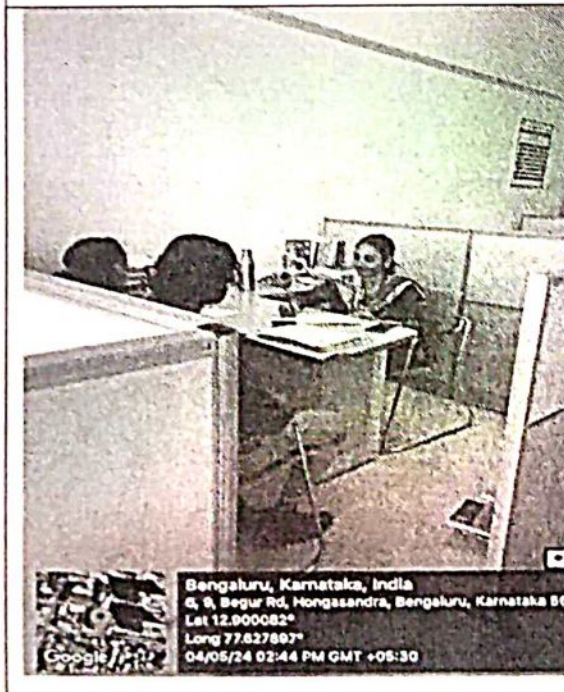
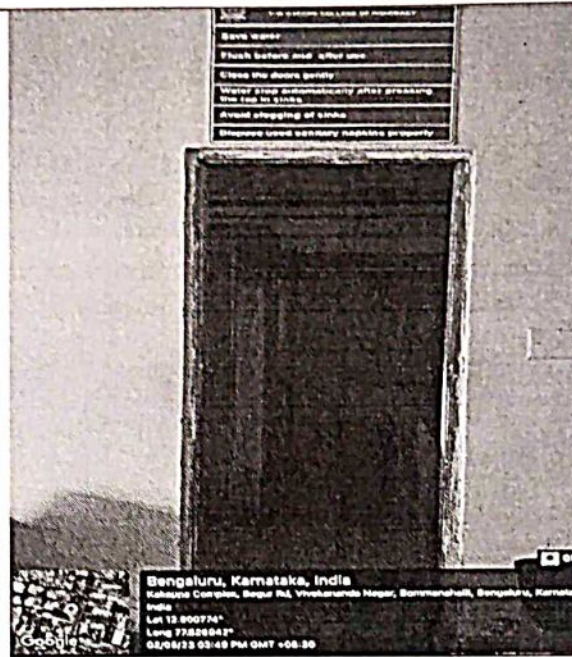
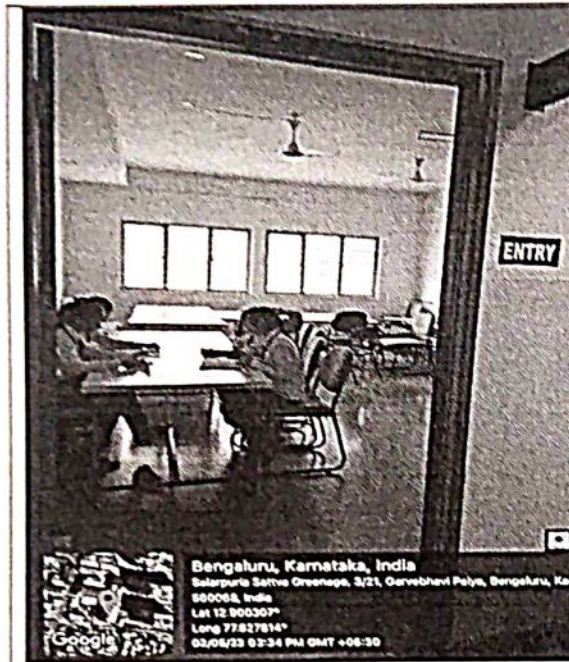
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## Girls Common Room

Institute has aesthetically designed common rooms with all necessary facilities. Female students use this facility during their free time or illness. Separate staff room is provided in every department.





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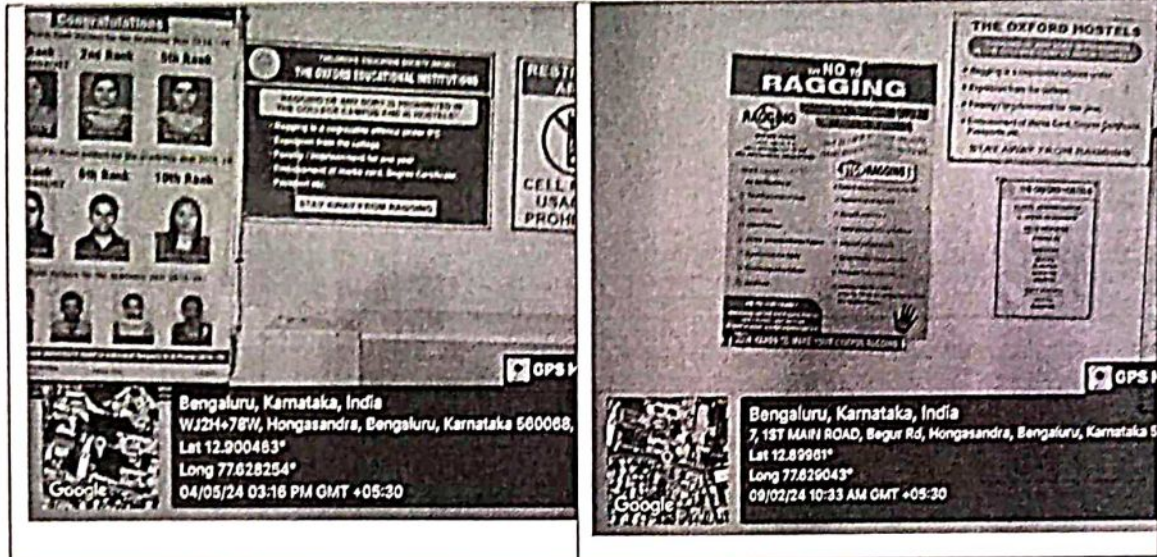
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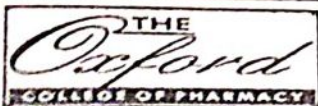
Anti-ragging and Sexual harassment elimination & Grievance Redressal committee composition Display Boards across the campus



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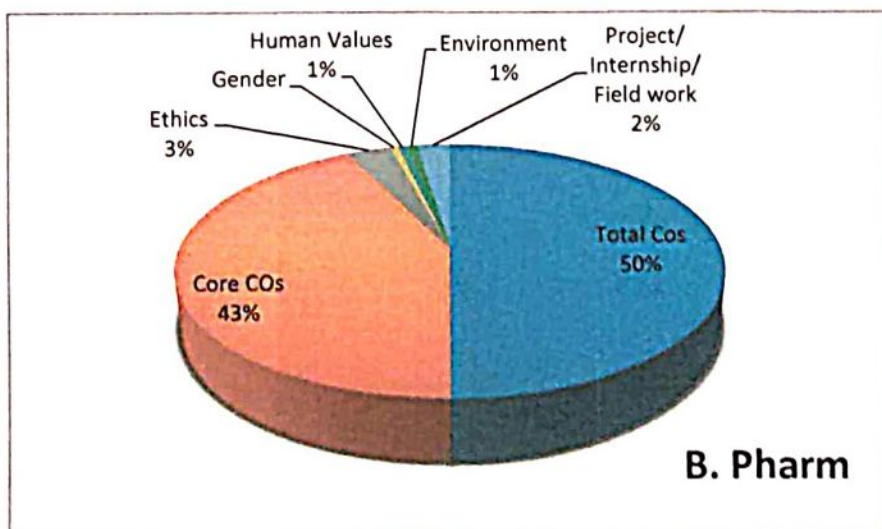
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## DEPARTMENTAL WISE - COURSE OUTCOME'S (COS) WITH CROSS CUTTING ISSUES

ACADEMIC YEAR - 2022-2023

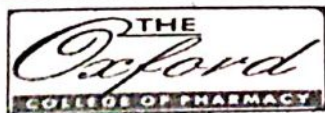
Department	Total Cos	Core COs	Ethics	Gender	Human Values	Environment	Project/ Internship/ Field work
B. Pharm	179	153	11	2	2	3	8
M. Pharm	84	70	4	0	1	1	8
Pharm D	106	96	7	0	0	0	3
<b>TOTAL</b>	<b>369</b>	<b>319</b>	<b>22</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>19</b>



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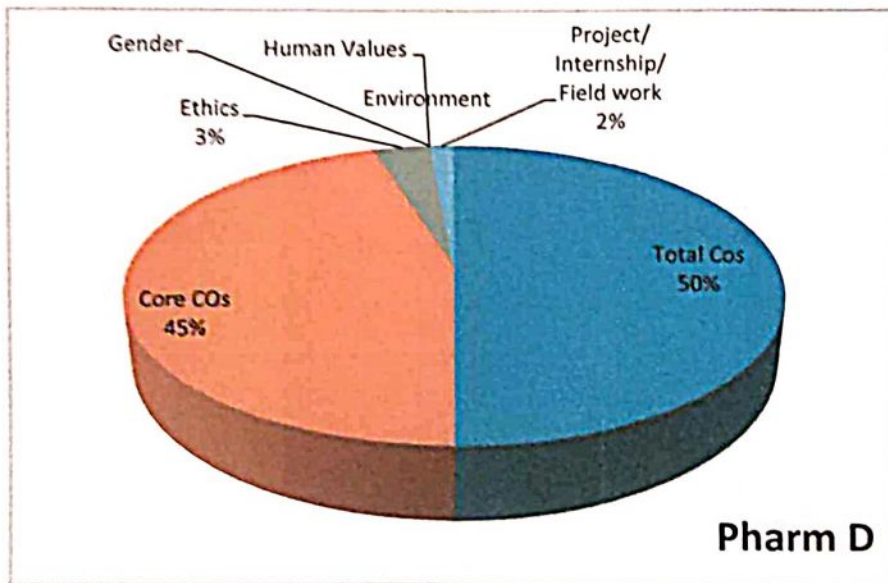
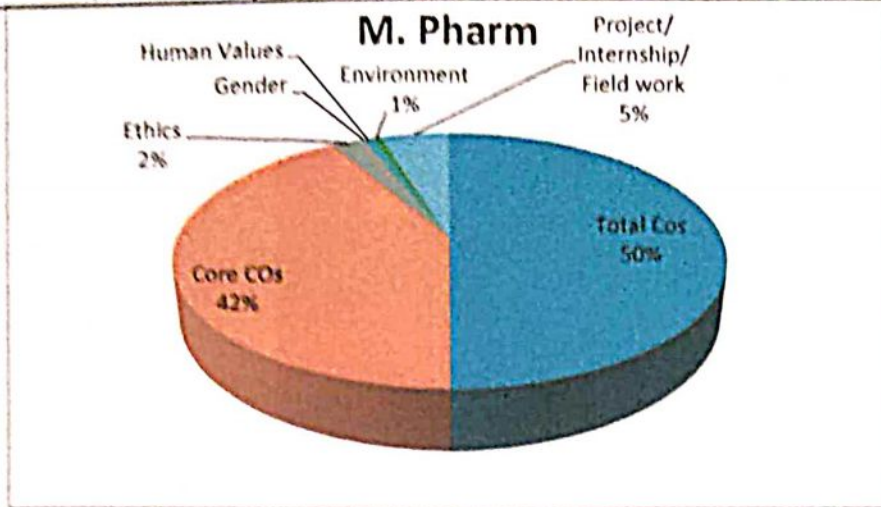


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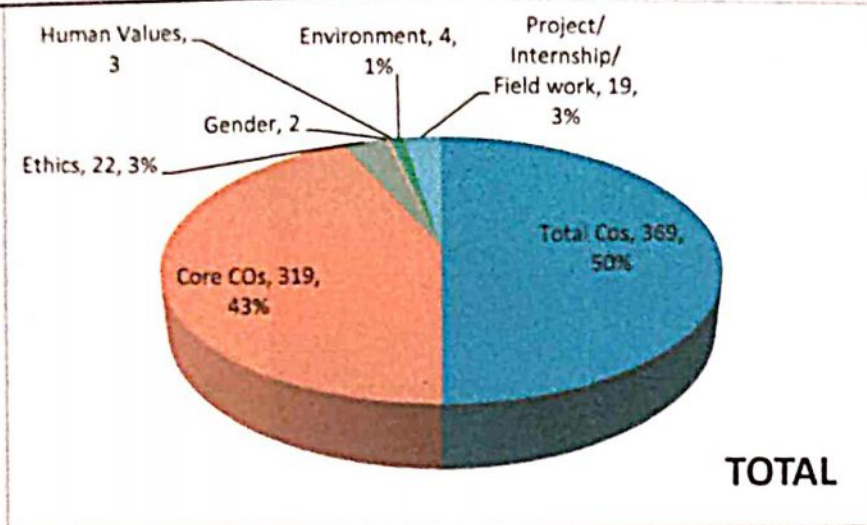
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Signature  
Dean Academic

  
Signature  
Principal

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**Summary on Crosscutting Institution integrates crosscutting issues  
relevant to Professional Ethics, Gender, Human Values, Environment and  
Sustainability into the Curriculum**

The Oxford College of Pharmacy in Bangalore has incorporated a variety of courses into its curriculum, some of which aim to improve professional competencies and others of which aim to instil general competencies such as social ethical values, human values, environmental sensitivity, and so on, resulting in students' holistic development.

**Ethics** in education supports in educational system management and ensures that these behaviours contribute favourably to human well-being. The college has worked hard to provide value-based education to students in order to help them understand moral values and professional ethics, with the goal of strengthening values for a better citizen. Students in all pharmacy programmes are taught a variety of courses in order to instil and practise human values and professional ethics. Human values and professional ethics are addressed through the course "Pharmaceutical jurisprudence" offered in the V semester of UG programme.

**Gender equality** safeguards women and girls from harm. It is required for economic growth. The institution, imparting quality education to shape global leaders has firm belief in gender equity which is indispensable to ensure sustainable development of a country. To provide counselling to students, promote gender equity among students, and handle issues impacting the safety and security of female students, employees, and professors, the college has a Women's Grievance Cell.

**To enhance awareness of environmental and sustainability issues**, a variety of activities were organised for students from all programmes, including seminars, workshops, guest lectures, industry visits, and field excursions. The issues of Environment and Sustainability are addressed through the course "Environmental Studies" offered to Pharmacy students in the V semester as well.

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2022-23

## GENDER SENSITIZATION ACTION PLAN

S. No	Date	Activity	Description	Strategy
1.	24-01-2023	National Girl Child Day	Creating awareness among students regarding the importance of Beti Bachao Beti Padhao, for the welfare of girl child	A talk on theme- "Invest In Girl's Rights: Our Leadership Our Well Being understanding the different ways to create awareness regarding the importance of girl child
2.	08-03-2023	International Women's Day	To celebrate International Women's along with a suitable event	To conduct program for the girl students and lady faculties

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DATE: 16/01/2023

### CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL GIRL CHILD DAY 2023" will be conducted on 25/01/2023. We request for the active participation for the same.

*P. Padma*  
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## DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAM

ON

“NATIONAL GIRL CHILD DAY 2023”

WEDNESDAY 25 JANUARY 2023

### CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

### CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

### ORGANIZING SECRETARY

MRS. DIVYA S KUMAR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS.

### RESOURCE PERSON:

MS RAJESHWARI,

ASSISTANT PROFESSOR,

THE OXFORD COLLEGE OF NURSING SCIENCES



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## PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated "National Girl Child Day" on 25<sup>th</sup> January 2023, Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were around 70 participants.

### The content of the Session:

"National Girl Child Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 25<sup>th</sup> January 2023" with the theme "Empowering Girls for a Brighter Tomorrow". The program started with the welcoming of the audience and introduction of the Speaker of the day Ms Rajeshwari, Asst. Professor, The Oxford College of Nursing Sciences. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2023 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2023 were also briefed by the speaker such as

- To create awareness among people to protect and raise girl child with equality in terms of education, health and other opportunities in life.

- To promote the idea of the elimination of any form of discrimination against the girl child at home or outside world.

- To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.

- To educate people at large about the importance of girl children and the declining sex ratio in India and eventually to change their mindset.

- To create a safe environment for girls to live safely inside and outside their homes.





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Additionally the speaker conveyed and emphasized to pass the message of Beti Bachao Beti Padhao( BBBP) in their neighborhood

Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls. after the session students went outside the campus along with faculties to create awareness to the public.



CHILDREN'S EDUCATIONAL SOCIETY (REGD.)



## THE OXFORD COLLEGE OF PHARMACY

6/9, 1<sup>st</sup> CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

CELEBRATING NATIONAL GIRL CHILD DAY 2023

“Empowering Girls for a Brighter Tomorrow”

Conducted On 25<sup>th</sup> JANUARY 2023

SPEAKER: MS RAJESHWARI, ASST PROFESSOR,  
OXFORD COLLEGE OF NURSING SCIENCES

PATRON

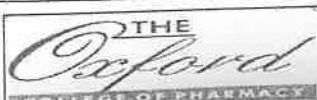
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CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

MS. DIVYA S KUMAR  
ASST. PROFESSOR  
THE OXFORD COLLEGE OF PHARMACY



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National girl child day celebration at College



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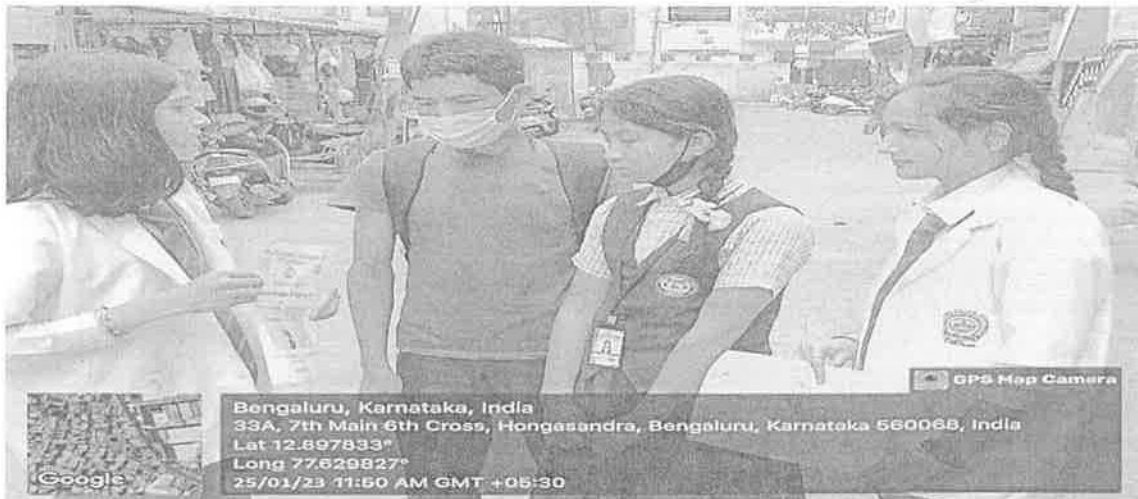
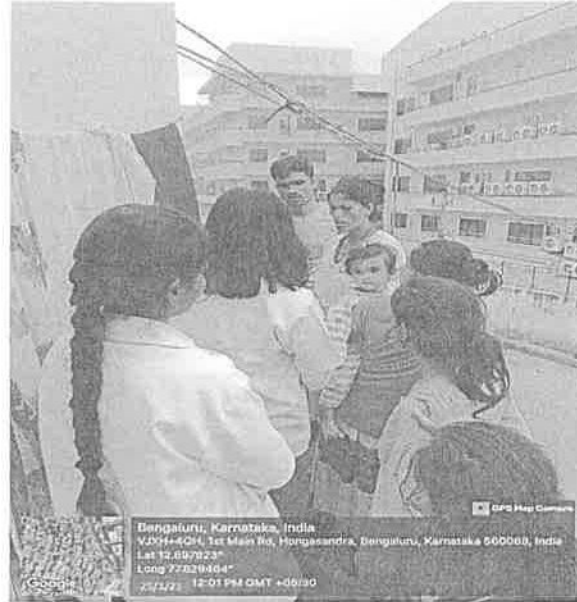
Children's Education Society (Regd.)

## The Oxford College of Pharmacy

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Students creating awareness in the local community- National girl child day



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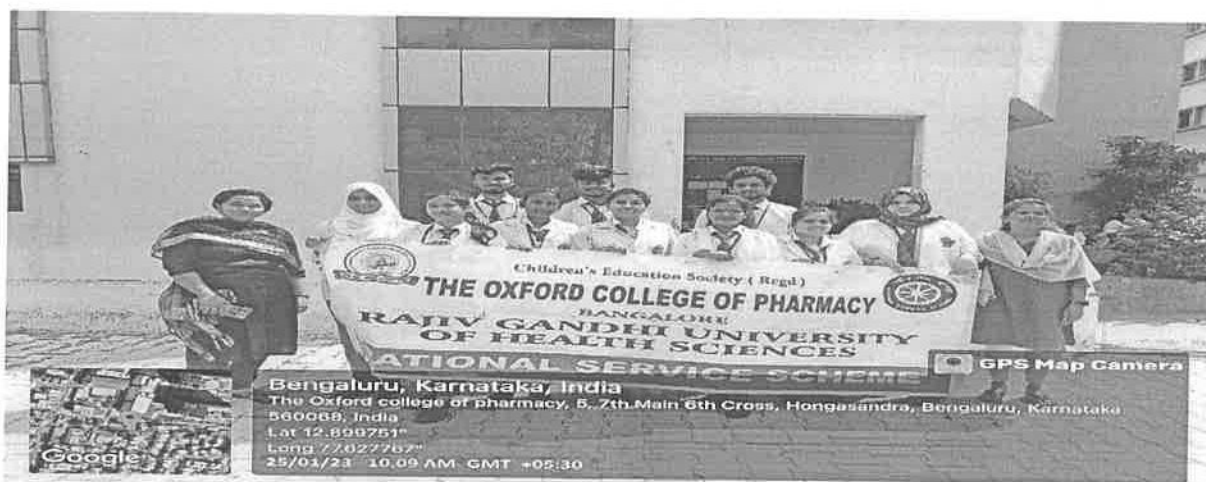
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## NSS Volunteers involved in – National girl child day

### OUTCOME

This program invoked a spirit of awareness among the listeners and participants. Investing in girls' education improves their lives and creates a brighter future for our communities and world. The college also initiated outreach program on creating awareness and sensitization on BBBP to reach out communities for National Girls Child Day awareness. The awareness program was highly appreciated by the public which motivated the students and gave awareness about the power and strength of a girl child. Additionally the students emphasized on BBBP through which girl child can get proper education. There were around 70 participants participated in this program.

### END OF REPORT



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Date: 04/03/2023

### CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that the “**International Women`s Day**” will be celebrated on the 8<sup>th</sup> of March 2023. All are requested to assemble in the room number 505 by 3pm. We look forward for the active participation for the same.

*P. Padua*

**PRINCIPAL**  
**PRINCIPAL**

The Oxford College Of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru –560 068

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DEPARTMENT OF PHARMACEUTICS

ORGANIZED

AWARENESS PROGRAM

ON

“INTERNATIONAL WOMEN'S DAY”

ON

WEDNESDAY, 08<sup>TH</sup> MARCH 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Mrs. SURINDER KAUR

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICS,

THE OXFORD COLLEGE OF PHARMACY



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## PREAMBLE

The Oxford College of Pharmacy, Bengaluru celebrated "Women's Day" on 08<sup>th</sup> March 2023. There were both teachers and students who attended it from different classes. Mrs. Surinder Kaur, Assistant Professor, department of Pharmaceutics organized the celebration on the occasion of "Women's Day" and Dr. G. Venkata Karthik, Assistant Professor of Pharmacology Department gave a talk on Women's Day.

## THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The organizer Mrs. Surinder Kaur concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, principal, the Oxford college of pharmacy for organizing such an event and Dr. Guru Raj S Kulkarni, HOD, Department of Pharmaceutics. There was a poster presentation competition in the program.

No of participants: 70 participants  
Schedule: On 8<sup>th</sup> March 2023

Time Schedule	Program me
3-4pm	"INTERNATIONAL WOMENS DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY  
6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA,  
BENGALURU - 560 068



# MARCH International Women's Day

THEME: "INNOVATION AND TECHNOLOGY FOR GENDER  
EQUALITY"

CHIEF PATRON  
Shri S N V L Narasimha Raju  
Chairman  
The Oxford Educational  
Institutions

CONVENER  
Dr Padmaa M Paaralch  
Principal  
The Oxford College of  
Pharmacy

ORGANIZING COMMITTEE  
Department of  
Pharmaceutics  
The Oxford College of  
Pharmacy



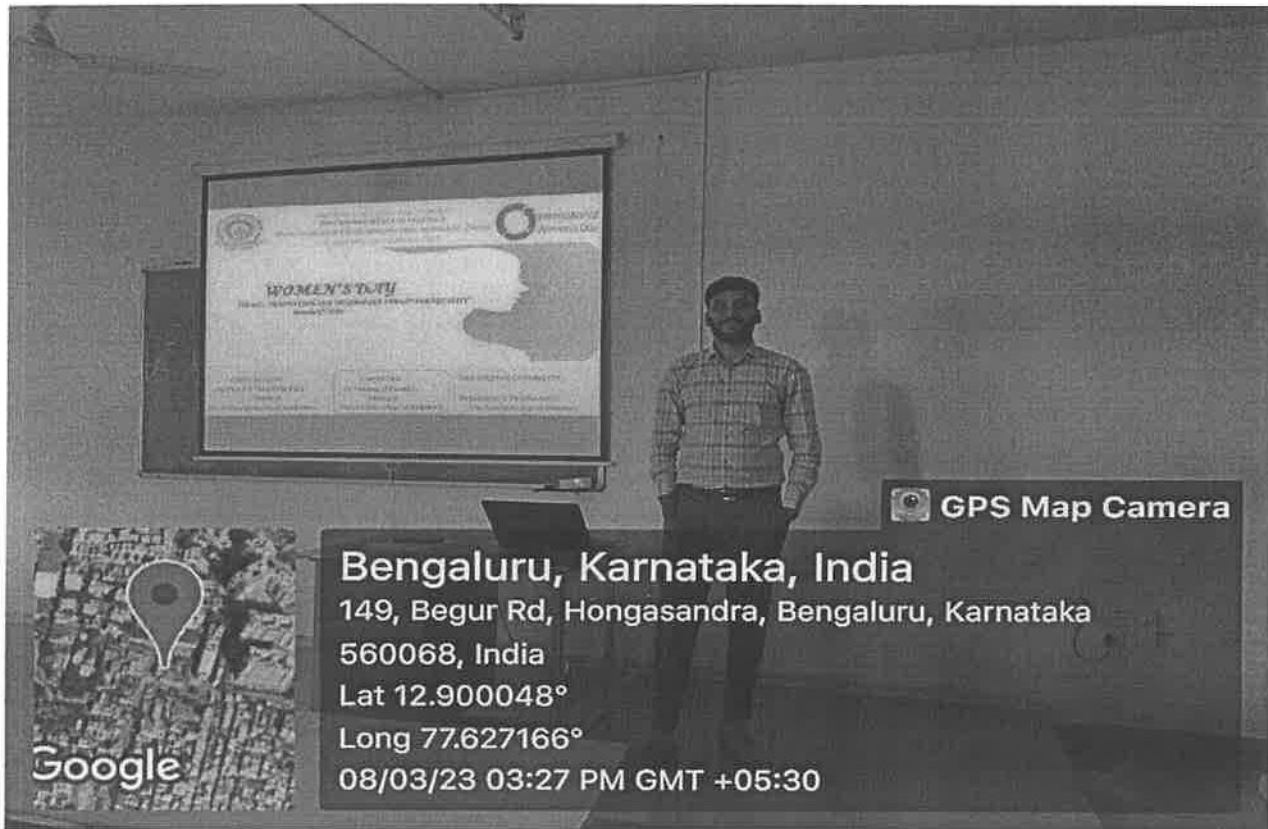
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**Dr. G, Venkata Karthik, Assistant Professor of Pharmacology Department**  
giving a talk on Women's Day.

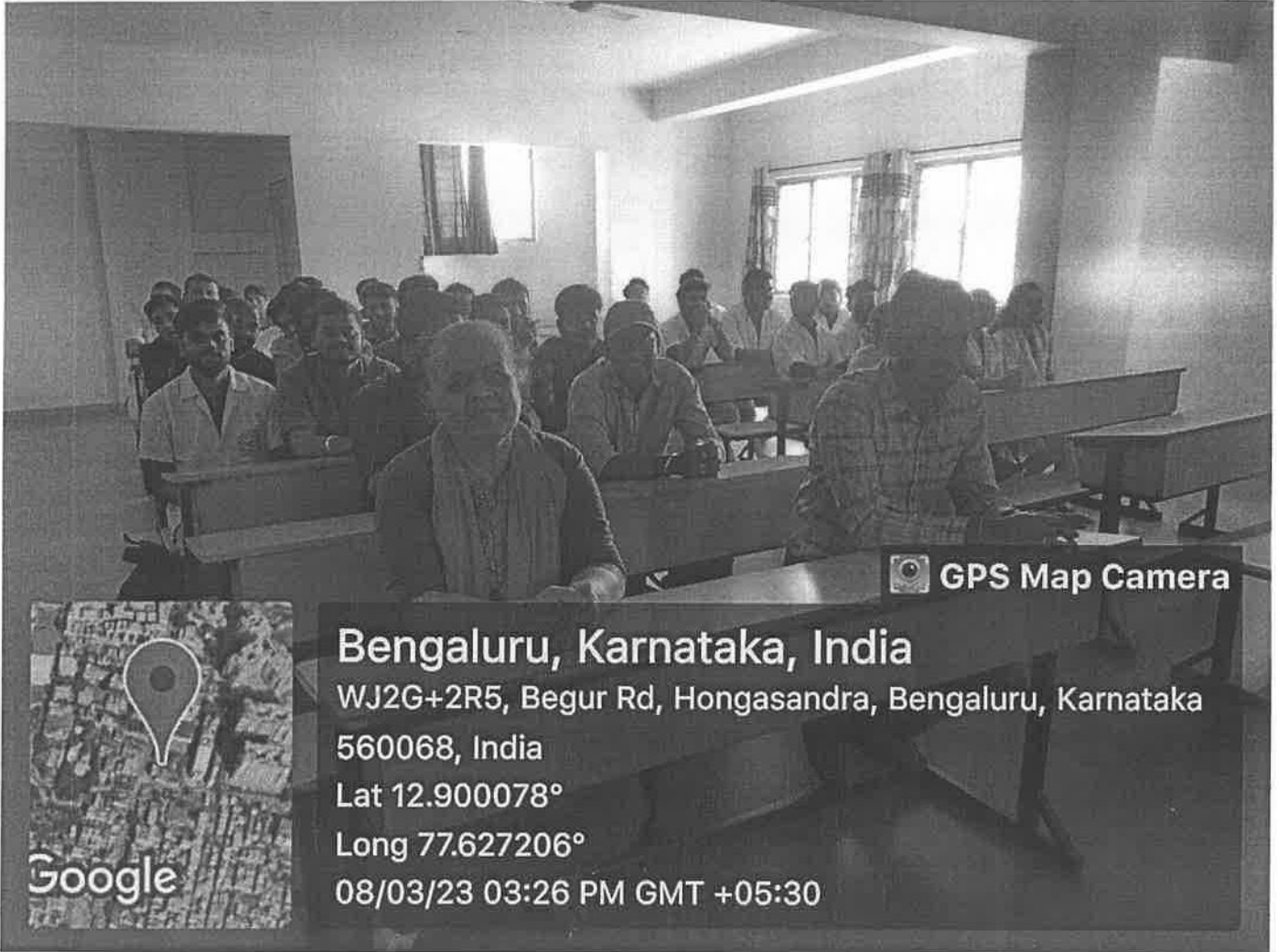


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 **GPS Map Camera**



**Bengaluru, Karnataka, India**

WJ2G+2R5, Begur Rd, Hongasandra, Bengaluru, Karnataka

560068, India

Lat 12.900078°

Long 77.627206°

08/03/23 03:26 PM GMT +05:30

**BOY STUDENTS SHOWED UP IN MORE NUMBERS TO ATTEND THE WOMEN'S DAY**



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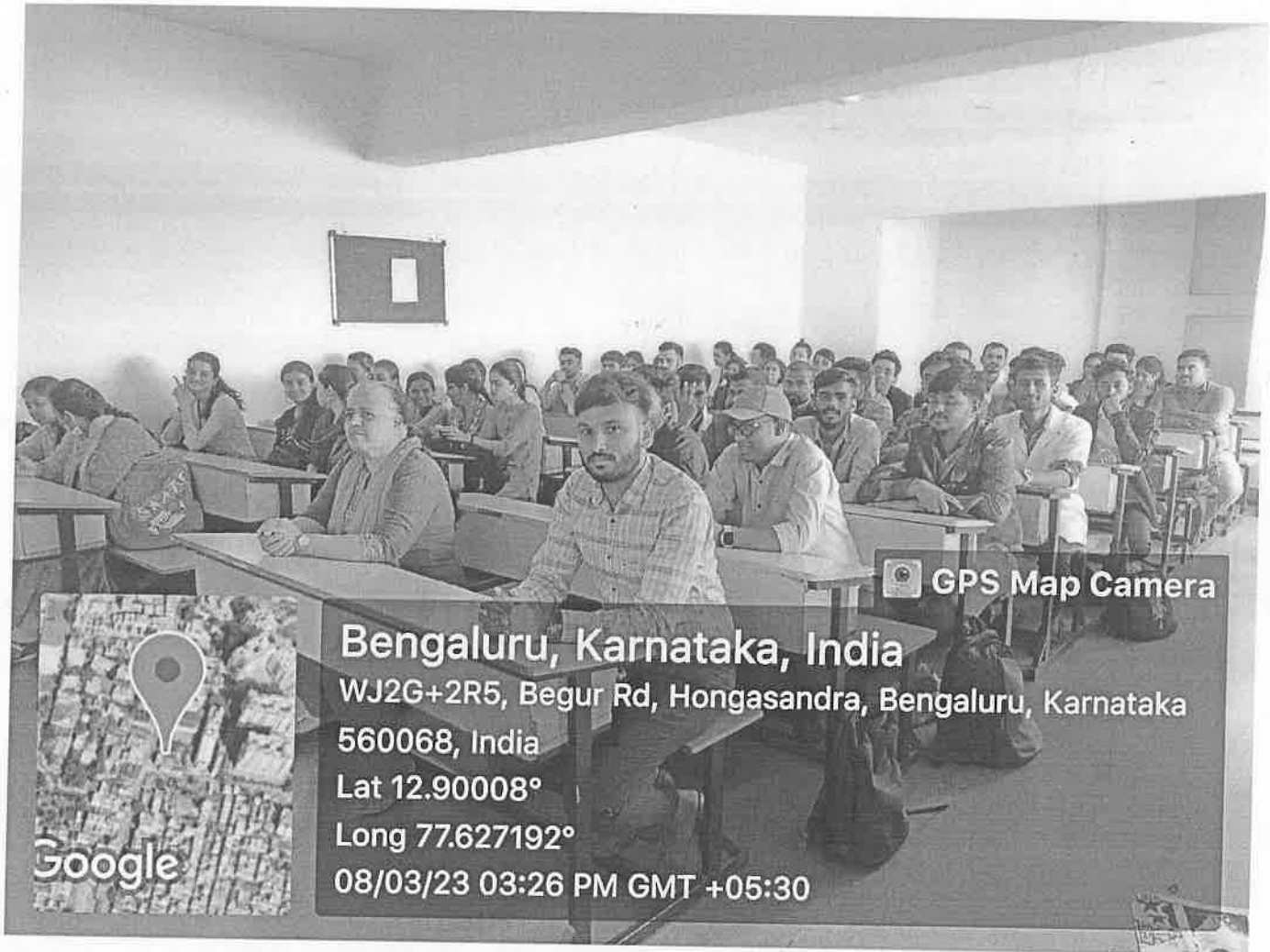
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Participants while attending the program



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POSTER PRESENTATION ON WOMEN AND TECHNOLOGY  
JUDGES MRS. JOYCE & MRS NAGALAKSHMI



STUDENTS PARTICIPATED IN POSTER PRESENTATION



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**BEST POSTER OF THE DAY**



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Adavi Sangenahall, Karnataka, India  
Q732+6H4, Adavi Sangenahall, Karnataka 577515, India  
Lat 13.751885°  
Long 76.252098°  
08/03/23 12:06 PM GMT +05:30



Bengaluru, Karnataka, India  
VJXG+MXR, 2nd Main Rd, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.899172°  
Long 77.627284°  
08/03/23 11:52 AM GMT +05:30

**STUDENTS INTERACTING WITH SOCIETY ON THE IMPORTANCE OF WOMAN'S DAY**



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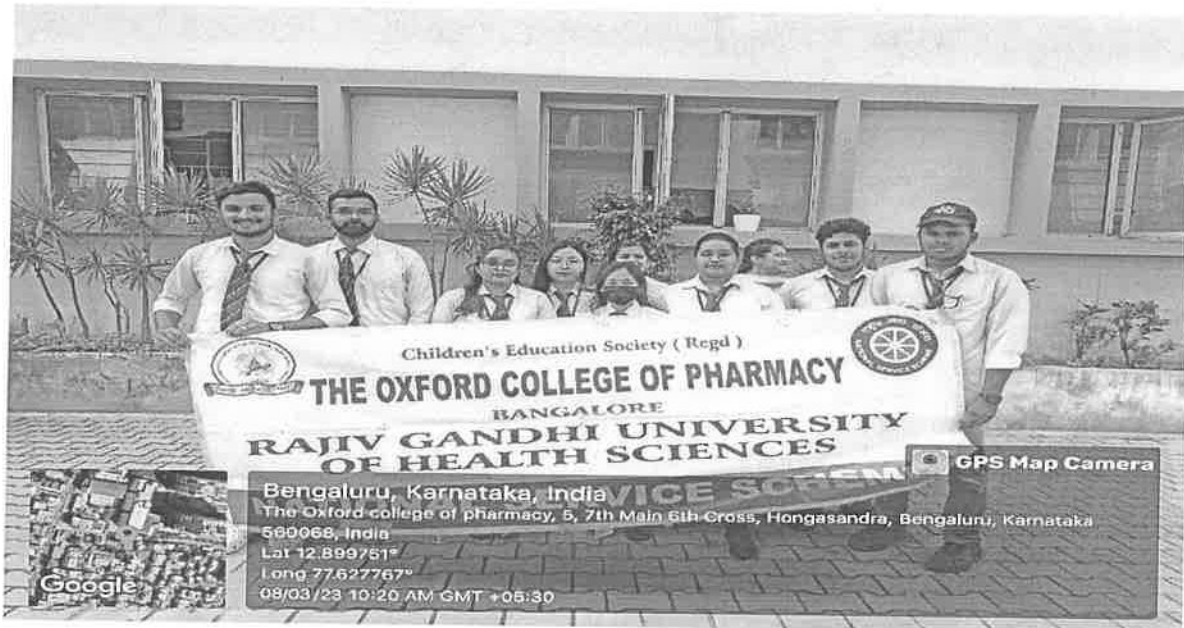


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## STUDENT VOLUNTEERS INVOLVED IN THE PROGRAM ON WOMAN'S DAY

### OUTCOME

The program emphasized on the empowerment of the women in Indian society. The painting of the students depicted the vulnerable condition and plights of the women in the society. The program boosted the participants to stand against every injustice that a woman goes through in the Society. Additionally, do's and don'ts with good behaviour while interacting with girl students were also conveyed. Further, students and faculty joined together and visited local community to promote awareness among the women about their rights, equality and privileges in the society with emphasizing on Beti Bachao, Beti Padoo (BBBP) scheme, a Government of India initiative. The efforts taken for the awareness of empowerment of the woman by the college was appreciated much by the society. There were around 70 participants in this program.

### END OF REPORT



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2021-22

## GENDER SENSITIZATION ACTION PLAN

S. No	Date	Activity	Description	Strategy
1	4 <sup>th</sup> week of September 2021	Empowering Women, Building Gender Parity	Promoting equality and privileges to women in the society	A webinar on- Empowering Women, Building Gender Parity
2	24-01-2022	National Girl Child Day	Importance of empowering the girl child and ensuring she leads a life of dignity and opportunity, encouraging students to take an initiative to eliminate gender-based discrimination in society.	A special session on National Girl Child Day. A Talk on theme- Changing Course, Transforming Education "
3	08-03-2022	International Women's Day	Initiative to eliminate gender-based discrimination in society	A talk on theme- "Gender Equality today for a Sustainable Tomorrow"
4	3 <sup>rd</sup> week of April 2022	Session on Importance of Mental Health	Emphasizing on importance of determinant of mental health and mental illness.	Speech on "Different measures to overcome the mental issues in the society".
5	28-05-2022	World Menstrual Hygiene Day	Session for Girls to manage the period in safety, privacy and dignity by having access to and using hygienic materials together	Module on "Personal Hygiene for Young People

P. Padma

PRINCIPAL

The Oxford College of Pharmacy  
100 Feet Cross, Begur Road, Hongasandra



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DATE:20/09/21

## CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program titled “EMPOWERING WOMEN, BUILDING GENDER PARITY” will be organized on 22/09/21. We request for the active participation for the same.

*P. Padma*

PRINCIPAL

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The Oxford College Of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE**

**ORGANISED PROGRAMM  
ON**

**“EMPOWERING WOMEN, BUILDING GENDER PARITY”**

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

**ORGANISING SECRETARY**

MS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

**DATE: 22 SEPTEMBER 2021**

**TIME: 12:30 PM**



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## PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore joined the webinar on "EMPOWERING WOMEN, BUILDING GENDER PARITY".

As part of National webinar series on Good Governance, Ministry of Education and UGC are organizing a webinar on "Empowering Women, Building Gender Parity". Students and Faculty of The Oxford College of Pharmacy joined the webinar on 22.09.2021 at 12:30 PM in collaboration with Central University of Gujarat, Gandhinagar. There were 60 participants participated in this webinar.

A special virtual webinar session begins with an inaugural session in the presence of Smt. Anupriya Patel, Hon'ble Union Minister of State for Commerce and Industry, followed by technical session on the given theme.

After the webinar our students and faculties went to nearby community to create the awareness.



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शिक्षा मंत्रालय, भारत सरकार



Azadi Ka  
Amrit Mahotsav



विश्वविद्यालय अनुदान आयोग

## गुड गवर्नेंस पर वेबिनार श्रृंखला Empowering Women, Building Gender Parity

मुख्य अतिथि

श्रीमती अनुप्रिया पटेल

वाणिज्य और उद्योग राज्य मंत्री

**दिनांक : 22 सितंबर, 2021**

सहयोग : केंद्रीय विश्वविद्यालय, गुजरात, गांधीनगर

12:30 PM To 2:30 PM



Live at  
MoE Youtube Channel: <https://www.youtube.com/user/hrdministry>  
UGC Youtube Channel: <https://www.youtube.com/channel/UCibbWYTJSUxnh5hJ0Z1-05p>  
UGC Twitter Handle : [https://twitter.com/ugc\\_india](https://twitter.com/ugc_india)



CHILDREN'S EDUCATIONAL SOCIETY (REGD.)  
**THE OXFORD COLLEGE OF PHARMACY**  
69, 1<sup>ST</sup> CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

As part of National webinar series on Good Governance, Ministry of Education and UGC are organizing a webinar on

"Empowering Women, Building Gender Parity"  
in collaboration with Central University of Gujarat, Gandhinagar.

Organized by NSS committee, The Oxford College of Pharmacy, IQAC  
on 22.09.2021 at 12:30 PM

PATRON

SHRI S. N. V. L. NARASIMHARAO  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMA M. PAVARAO  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

NSS COMMITTEE

MS. NAGALAKSHMI R.  
ASSISTANT PROFESSOR  
THE OXFORD COLLEGE OF PHARMACY



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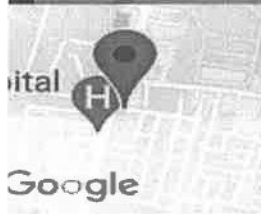
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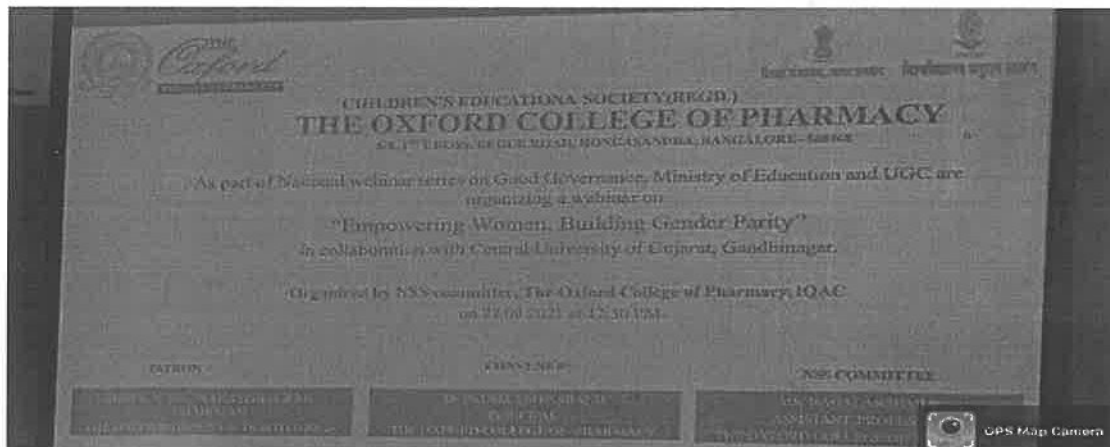
**Bengaluru, Karnataka, India**

4, Begur Main Rd, Hongasandra, Bengaluru, Karnataka  
560068, India

Lat 12.899194°

Long 77.626888°

22/09/21 12:33 PM



**Bengaluru, Karnataka, India**

3main, Begur Main Rd, Vivekananda Nagar,  
Hongasandra, Bengaluru, Karnataka 560068, India

Lat 12.899187°

Long 77.62678°

22/09/21 12:29 PM



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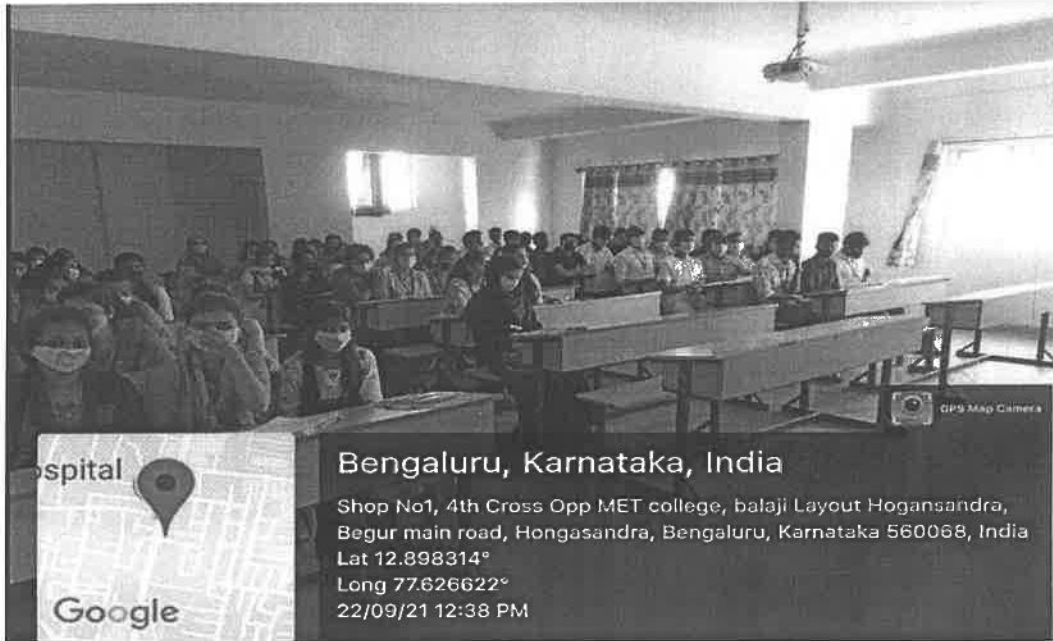
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Students attending the online webinar



Different Govt officials attending the online webinar



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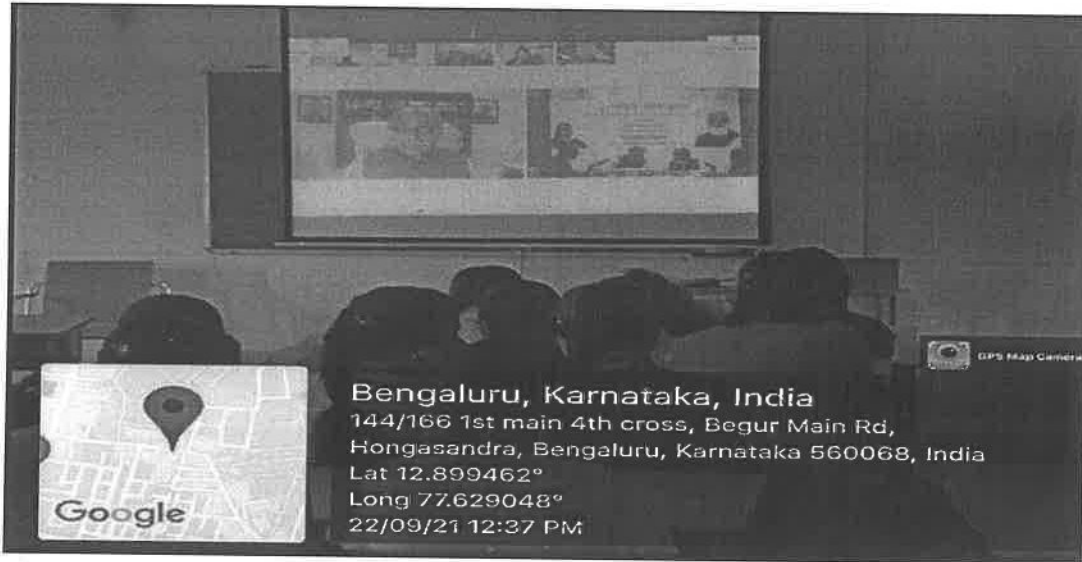
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# The Oxford College of Pharmacy

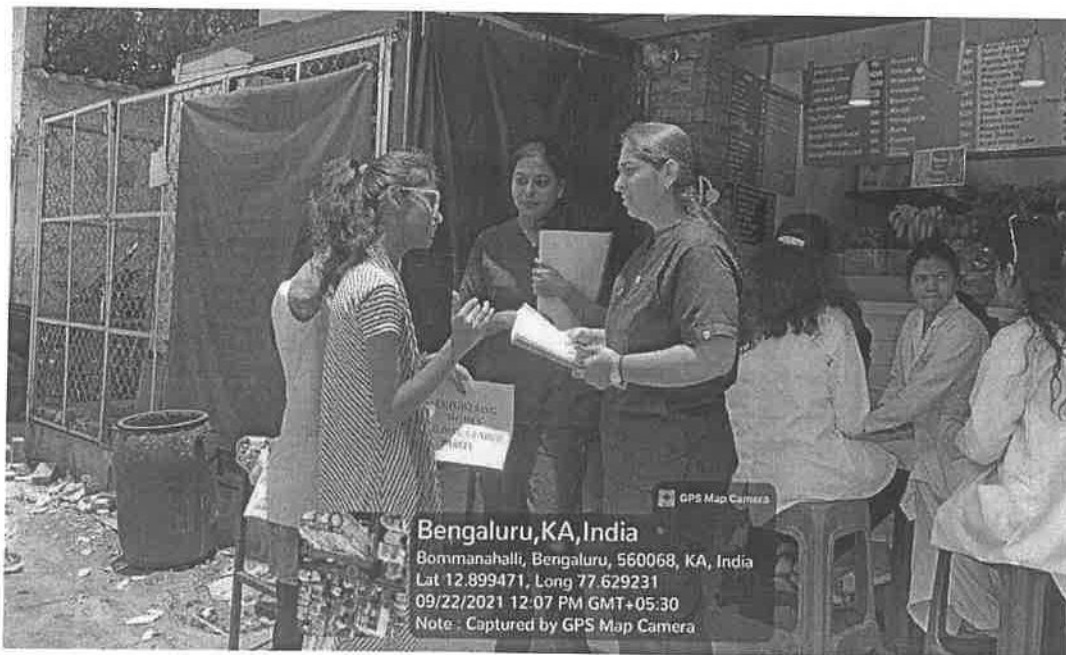
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(Students keenly listening the webinar)



Students creating awareness in the community- in Empowering Women,  
Building gender Parity



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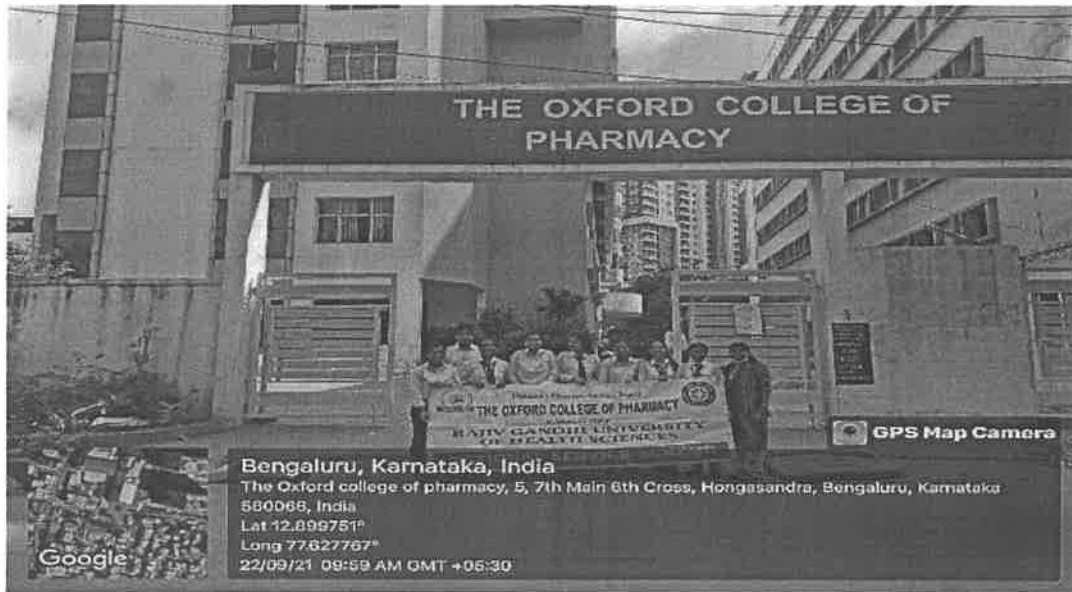
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Students interacting with community



NSS volunteers involved in Empowering Women, Building gender Parity Programme



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## OUTCOME

On 22<sup>nd</sup> September 2021, a webinar titled as “Empowering Women, Building Gender Parity” was conducted to emphasize the importance of women in the society. The webinar was very encouraging and spirit filled. The program boosted the participants to stand against every injustice that a woman goes through in the Society. There should not be any discrimination made on gender parity for both men and women in every dimension of life, whether it is private or public. Dos and Don'ts while interacting with women also were conveyed to the participants. Various measure to promote gender parity includes like stop child marriage, giving proper value to women's work, getting women into power etc., Further, both staff and students visited nearby local community to create awareness on Beti Bachao, Beti Padhao (BBBP) scheme, a Government of India initiative. There were around 60 participants actively participated in this program.

END OF REPORT



Children's Education Society (Regd.)

# The Oxford College of Pharmacy

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Accredited by NAAC and International Accreditation Organization (IAO)

DATE: 15/01/2022

## CIRCULAR

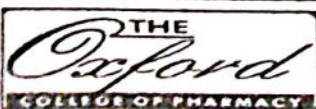
This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL GIRL CHILD DAY 2022" for the Academic Year 2021-2022 will be conducted on 24/01/2022 in Room No.505 at 4:00 PM. We request for the active participation for the same.

*P. Padua*

PRINCIPAL

**PRINCIPAL**

The Oxford College Of Pharmacy  
No.6/9 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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# The Oxford College of Pharmacy

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DEPARTMENT OF PHARMACEUTICS

ORGANIZED

PROGRAMME ON

“NATIONAL GIRL CHILD DAY 2022”

24<sup>th</sup> JANUARY 2022

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. DIVYA S KUMAR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS.

RESOURCE PERSON:

Dr NOOPUR SRIVASTAVA,

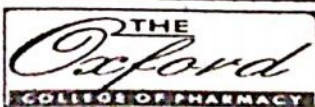
HEAD OF DEPARTMENT

PHARMACOLOGY

THE OXFORD COLLEGE OF PHARMACY

Date: 24th January 2022

Time: 4:00-5:00 PM



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## PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated “National Girl Child Day” on 24th January 2022, Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were 100 participants.

## THE CONTENT OF THE SESSION:

“National Girl Child Day” celebration was organized by The Oxford College of Pharmacy, Bangalore on 24th January 2022” with the theme “Changing Course, Transforming Education”. The program started with the welcoming of the audience and introduction of the Speaker of the day, Dr Noopur Srivastava, Head of Department Pharmacology, The Oxford College of Pharmacy. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2022 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2022 were also briefed by the speaker such as

- To acknowledge people to the birthright of female children to education, health, hygiene, and nutrition and with other opportunities in life
- To create awareness on upholding and respecting the fundamental rights of every female child. It speaks for their empowerment through equal opportunities, skill development, and quality education.
- To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.



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Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the

National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls.




**THE OXFORD COLLEGE OF PHARMACY**

CHILDREN'S EDUCATIONAL SOCIETY (REGD.)

## THE OXFORD COLLEGE OF PHARMACY

6/9, 1<sup>ST</sup> CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068



75  
Azadi Ka  
Amrit Mahotsav

CELEBRATING NATIONAL GIRL CHILD DAY

THEME FOR 2022

“CHANGING COURSE, TRANSFORMING EDUCATION”

Organized by Extension Committee, The Oxford College of Pharmacy,

On 24<sup>TH</sup> JANUARY 2022

SPEAKER : DR. NOOPUR SHRIVATSAVA

PATRON


**SRI S. N. VL. NARASIMHARAJU**  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

**DR. PADMA SRI PARAKH**  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

ORGANIZATION COMMITTEE

**MS DIVYA S KUMAR**  
THE OXFORD COLLEGE OF PHARMACY



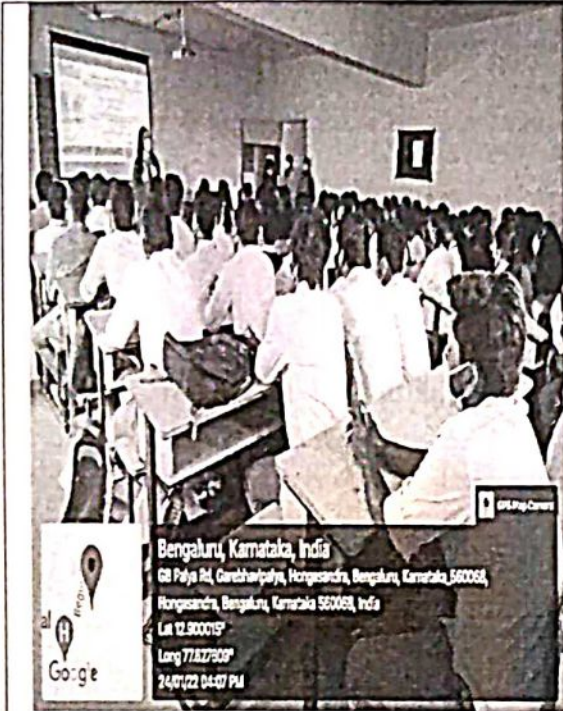


Children's Education Society (Regd.)

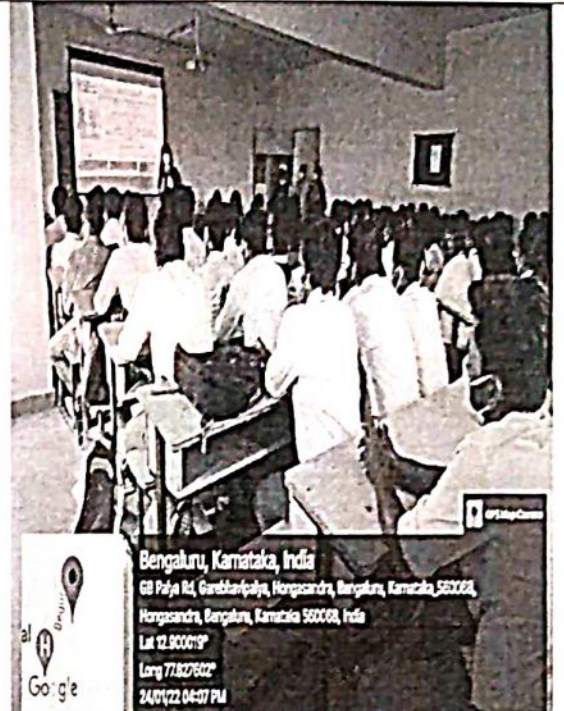
# The Oxford College of Pharmacy

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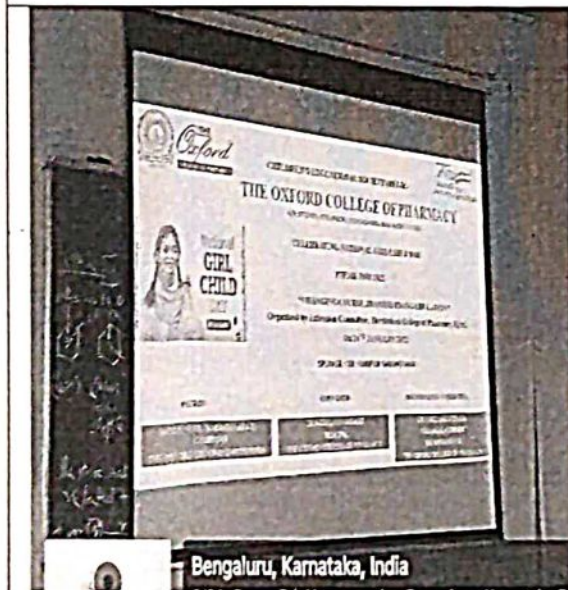
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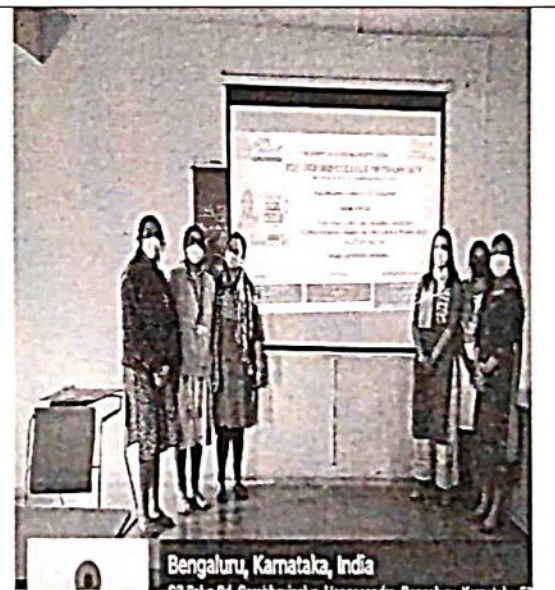
Bengaluru, Karnataka, India  
68 Palya Rd, Garahankalya, Hongasandra, Bengaluru, Karnataka, 560068,  
Hongasandra, Bengaluru, Karnataka 560068, India  
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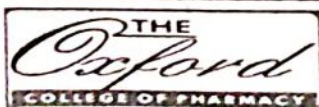
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Bengaluru, Karnataka, India



Bengaluru, Karnataka, India



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## OUTCOME OF THE PROGRAM

The importance of celebrating National Girl Child Day and its significance of bringing equality, breaking barriers of any kind of discrimination, and to provide a safe environment for their growth successfully reached the participants and increased the awareness about it in them. The equality and freedom start from the family and helps in building a better society. They help shape the values and beliefs of individuals while also providing a sense of belonging and identity. 100 students participated in the session. The students were keen to spread awareness to the society via their neighbours, community by passing this information gained during program. Few students got involved within their residential community and arranged awareness program as part of this program.

END OF REPORT



Children's Education Society (Regd.)

# The Oxford College of Pharmacy

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DATE: 04/03/2022

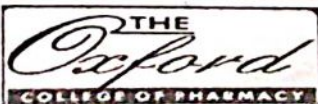
## CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that "INTERNATIONAL WOMEN'S DAY" will be celebrated on the 8<sup>th</sup> March 2022. All are requested to assemble in the Room No. 505 by 3:00 PM .We look forward for the active participation for the same.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy  
No 6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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Children's Education Society (Regd.)

# The Oxford College of Pharmacy

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DEPARTMENT OF PHARMACEUTICS

ORGANISED

AWARENESS PROGRAMME

ON

“INTERNATIONAL WOMEN’S DAY”

ON

08<sup>th</sup> MARCH 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. SURINDER KAUR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY, BANGALORE.



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## PREAMBLE:

The Oxford College of Pharmacy, Bangalore celebrated "International Women's Day" on 8th March 2022. All teachers and students from different classes attended the program with great enthusiasm. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics, organised the program on the occasion of "International Women's Day".

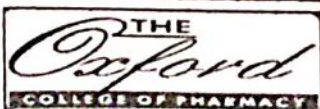
## THE AWARENESS PROGRAM DELIEVERED AS FOLLOWS:

The Oxford College of Pharmacy, Bangalore celebrated "International Women's Day" on 8<sup>th</sup> March 2022. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics, took initiative to organize the programme for the day. She arranged for a talk as well as poster competition. Dr. Venkata Karthik Reddy, Assistant Professor, Department of Pharmacology gave a talk emphasizing the importance of equality and also the importance of such programs creating awareness regarding the same. Students participated in the poster competition and showcased their talent. The posters were judged and the participants were appreciated. The organizer Ms. Surinder Kaur concluded the program with the vote of thanks. She thanked Chairman Shri. S.N.V. L Narasimha Raju, The Oxford Group of Institutions, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics for his constant encouragement.

No. of participants: 100 participants

Schedule: On 08<sup>th</sup> March 2022

Time: 3:00-4:00 PM



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CHILDREN'S EDUCATIONAL SOCIETY(REGD)

THE OXFORD COLLEGE OF PHARMACY  
6/9, 1<sup>ST</sup> CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560063

**8** HAPPY Women's DAY

THEME: GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW

**CHIEF PATRON**  
DR. S. V. N. L. NARASIMHARAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**  
DR. PADMA M. RAJAKH  
PRINCIPAL  
THE OXFORD GROUP OF INSTITUTIONS

**ORGANIZING COMMITTEE**  
DEPARTMENT OF PHARMACEUTICS  
THE OXFORD COLLEGE OF PHARMACY

## OUTCOME OF THE PROGRAM

The program highlighted the empowerment of the women in the society. There were many events such as Speech on "Strategies to overcome barriers in society", Poster presentation by the students emphasised the role of women and the need for women empowerment in the society. The activities were interesting for 100 participants and they showed interest in attending such programs in future. On this occasion, faculty encouraged students in participation and promoting awareness among women and facilitated the



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importance of education, equality and privileges to women in the society. Empowerment of women in society will bring tremendous change in the society.

END OF REPORT



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DATE: 08/04/2022

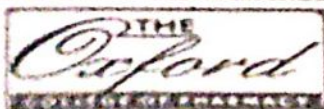
## CIRCULAR

All the teaching and students of The Oxford College of Pharmacy are hereby informed that a session on "IMPORTANCE OF MENTAL HEALTH" will be organized on 16/04/2022. All are requested to assemble in the Room No. 505 by 3:00 PM. We look forward for the active participation for the same.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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Accredited by NAAC and International Accreditation Organization (IAO)

DEPARTMENT OF PHARMACY PRACTICE

ORGANISED

SESSION ON

“IMPORTANCE OF MENTAL HEALTH”

ON

SATURDAY 16<sup>TH</sup> APRIL 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

DR JENISHA K

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY, BANGALORE.



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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## PREAMBLE

The Oxford College of Pharmacy, Bangalore organized a session on "Importance of Mental Health" on 16th April 2022. The session was organized by Dr Jenisha K, Assistant Professor, Department of Pharmacy Practice, The Oxford College of Pharmacy. The session was taken as an opportunity for participants and thereby communities to unite behind the theme 'Mental health is a universal human right' to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human.

## THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Jenisha. K, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. Dr Parthasarathy G, HOD, Department of Pharmacy Practice, was invited to talk about the mental health. The session was to impart awareness about the importance of good mental health, and measures to protect and take better care of mental well-being. He emphasized on to take steps to reduce the stigma, myths, and misconceptions that are associated with mental health. He also stated in the world, where women are empowered at the same time has to look after family, the mental health of them is of utmost importance so as to balance their work & family life measures like yoga, relaxation time etc has to be incorporated in their day-to-day life.

The event was started by the Department of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:00 to 4:00 PM headed by Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. A Presentation was taken by student of final year explaining the importance of the day and the history of creating awareness about mental health and its importance. Around 60 students were participated in this session.

The organizer Dr Jenisha K concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College Of Pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy Practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.



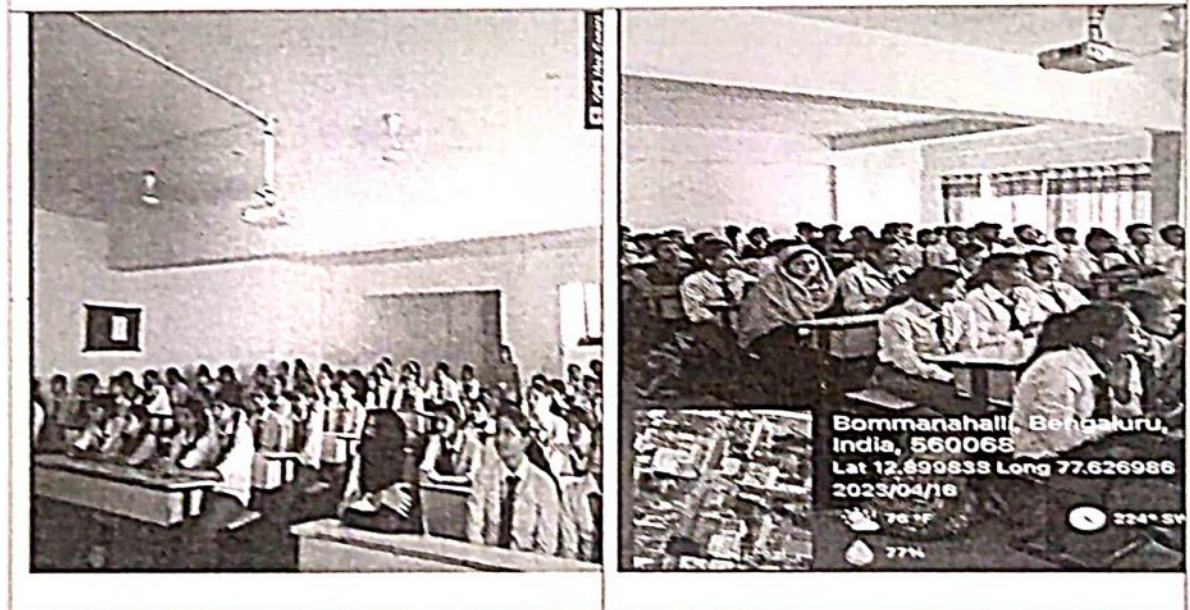
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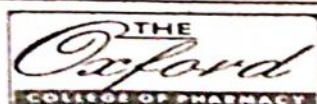
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## OUTCOME OF THE REPORT

The session on "Importance of Mental Health" was conducted with an intention to raise awareness among the students to encourage people about seeking help for their mental health issues, instead of feeling anxious and nervous, educate people about different ways to protect the mental health, encourage people with mental health problems to seek help from mental health professionals, family, friends, or anyone without any fear or



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Shame. The program was beneficial to all 60 students. The institution further has instructed the mentor committee to provide counselling to girl students often so that they can build confidence as well as emotional stability to achieve their goal in life.

END OF REPORT



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DATE: 21/05/2022

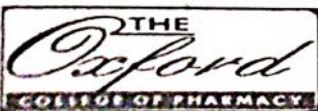
## CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that "WORLD MENSTRUAL HYGIENE DAY" will be observed on 28-05-2022. All are requested to assemble in the Room No. 505 by 11:00 AM. We look forward for the active participation for the same.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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DEPARTMENT OF PHARMACOLOGY

ORGANISED

AWARENESS PROGRAMME

ON

“WORLD MENSTRUAL HYGIENE DAY”

ON

28<sup>TH</sup> MAY 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MS NAGALAKSHMI R

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACOLOGY

THE OXFORD COLLEGE OF PHARMACY, BANGALORE.



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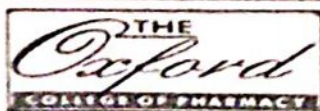
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## PREAMBLE:

The Oxford College of Pharmacy, Extension Committee, Bangalore conducted session on "WORLD MENSTRUAL HYGIENE DAY " for the students on 28<sup>th</sup> May 2022. The program was initiated by Ms Nagalakshmi R, Assistant Professor, Department of Pharmacology. There were totally 90 participants. The theme for 2022 was "To create a world where no woman or girl is held back because they menstruate, by 2030"

## CONTENT OF THE SESSION:

The speaker of the session was Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. The program started with the introduction of the program by the organizing secretary Ms Nagalakshmi R followed by awareness speech on importance of World Menstrual Hygiene Day by the speaker of the day. She also emphasised importance of well being of women for the overall development of society. Menstrual Hygiene Day focuses on breaking the silence, raising awareness, and changing negative social norms around menstruation, and engaging decision-makers to increase the political priority and catalyze action for MHH, at global, national, and local levels. It highlighted the point on moving the conversation forward about MHH and destigmatizing the topic of menstruation. She also emphasized on the importance of observing this day which mainly focuses on breaking the silence, raising awareness, and changing negative social norms around menstruation, and engaging decision-makers to increase the political priority and catalyse action for MHH, at global, national, and local levels. Mrs Divya S Kumar emphasised about the importance of menstrual education. Menstruation is a key indicator of health and vitality for women and girls. Managing this hygienically and with dignity is an integral part of good sanitation and hygiene. "MHM starts with the articulation, awareness, and information about menstruation and menstrual hygiene practices. Women and girls should be able to manage the period in safety, privacy and dignity by i) having access to and using hygienic materials together with ii) the provision adequate water and soap for washing and bathing and iii) assuring adequate collection and safe disposal of sanitary products - at home, schools/colleges, institutions, workplace and in public places." A world where the taboos and stigma surrounding menstruation are history. Where everyone has access to quality menstrual products, period education and period-friendly toilets. But Menstrual Hygiene Day is more than an awareness day. Ms Nagalakshmi R also shared her views on the same and ended with emphasizing on



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the goal of this program which ensures that women, girls, and transgender and non-gender binary individuals who menstruate ("menstruators" or "individuals who menstruate") can manage menstruation safely and with dignity is a key component of Water Security, Sanitation and Hygiene (WASH) programming. It is important to demonstrate that menstrual hygiene is about more than just health – it's about power and progress. In this session awareness regarding menstrual cup and its usage was also imparted to students.



## OUTCOME OF THE PROGRAM:

This program emphasised Women and girls to manage the period in safety, privacy and dignity by having access to and using hygienic materials together with the provision adequate water and soap for washing and bathing and assuring adequate collection and safe disposal of sanitary products - at home, schools/colleges, institutions, workplace and in public places. All the 90 participants were benefitted by the program as it gave them lot of new information regarding the hygiene and managing the period with dignity.

END OF REPORT



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2020-21

## GENDER SENSITIZATION ACTION PLAN

S. No	Date	Activity	Description	Strategy
1	08-03-2021	International Women's Day	Promoting women in excelling and updating their skills and work for betterment society	Talk on "Women in leadership: Achieving an equal future in a COVID-19 world"

*P. Padma*

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The Oxford College Of Pharmacy  
No 6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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DATE: 01/03/2021

## CIRCULAR

This is to inform that all students and teaching staff of The Oxford College of Pharmacy, Bangalore that "INTERNATIONAL WOMEN'S DAY" will be celebrated on the 08-03-2021. The event will be conducted in Room No.505 at 11:00 AM. All are requested to participate actively for the same.

*P. Padme*

PRINCIPAL

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The Oxford College Of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANISED

“INTERNATIONAL WOMEN’S DAY”

ON

8<sup>th</sup> MARCH 2021

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Ms CHANDA RANJAN

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

THE OXFORD COLLEGE OF PHARMACY, BANGALORE



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## PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated "International Women's Day" on 8<sup>th</sup> March 2021. Mrs. Chanda Ranjan, Assistant Professor, Department of Pharmaceutical Chemistry, initiated the celebration of the program along with students.

## CONTENT OF THE SESSION:

A Women's Day celebration was organized at The Oxford College of Pharmacy, Bangalore on 8th March 2021 in the college premises. The celebration started with a poster presentation competition on the theme "Women in leadership: Achieving an equal future in a COVID-19 world".

The students displayed the posters in 4<sup>th</sup> floor at 3:00 PM. Altogether six posters were displayed covering the different perspective of women in the society and working place.

The event was conducted by Mrs Chanda Ranjan and the posters were evaluated by Dr Jyoti Shrivastava, Department of Pharmaceutical Chemistry and Mrs Prathyusha, Department of Pharmacognosy. They evaluated the posters and interacted with the students and motivated them to work for the betterment of the society. The posters were evaluated and the marks were given for presentation, explanations and overall. The highest marks were scored by III Pharm D students followed by I Diploma and II Pharm D students. The results were announced on the next day. The poster presentation was concluded by the Mrs Chanda Ranjan by thanksgiving to all the participants and teachers.

## TALK on "Women in leadership: Achieving an equal future in a COVID-19 world".

**Speaker:** Mrs Surinder Kaur (Department of Pharmaceutics)

All the women faculty members and some students were cordially invited to join the talk on Women in leadership: Achieving an equal future in a COVID-19 world". Nearly 50 members attended the talk. A welcome speech was addressed by Mrs Chanda Ranjan to inspire and encourage all the women to keep excelling consistently and to keep moving every time. The talk was started by Mrs Surinder Kaur who talked about empowering women in the various stages of the society. She mentioned that empowering women should not be taken as a duty or responsibility rather it is like a practice of treating us equally in all the very aspects. She also emphasized that women should also work on themselves and realize that they are not less than men and keeps more potential. she quoted so many day-to-day examples where



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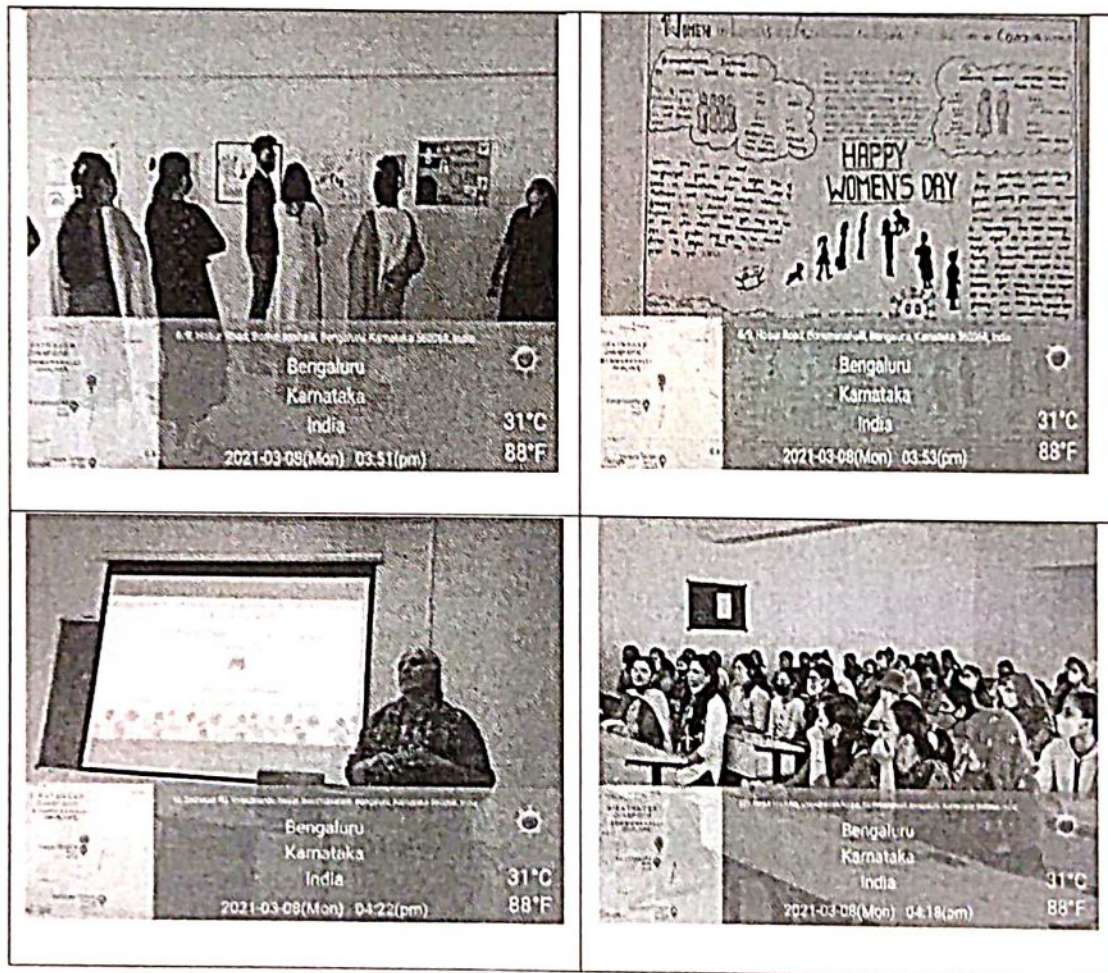
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women are suffering and asked the students present to have an outlook about such problems. She asked the students to see in their life if they are facing any gender bias for themselves or any other member and to stand for it and raise their voice against it. She thanked and concluded her talk. Dr Jyoti Shrivastava from Department of Pharmaceutical Chemistry also shared her thoughts on women's day and asked the girls students that empowerment starts itself if they give priority to their studies and do well in their career. She also interacted with the students and asked their views on Women's empowerment. Students also shared their views on some issues being faced by the women in the society. The talk was concluded by Mrs Chanda Ranjan by thanksgiving the entire faculty and the students.



## OUTCOME OF THE PROGRAM:

This program highlighted on points such as empowering women should not be taken as a duty or responsibility rather it is like a practice of treating us equally in all the very aspects. All the 50 participants were able to understand different aspects spoken on the day and shown



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interest to spread the awareness regarding Women leadership to their near ones. Women should also work on them and realize that they are not less than men and keeps more potential. Evaluation of posters and interaction with the students and motivated them to work for the betterment of society. They got inspired and taken pledge to encourage women to keep excelling consistently.

END OF REPORT



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2019-20

## GENDER SENSITIZATION ACTION PLAN

Sl. No	Date	Activity	Description	Strategy
1.	24-01-2020	National Girl Child Day	Awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition	A speech on theme- 'My Voice, Our Common Future' to improve the understanding and create awareness among students, the rights and need of education girl child
2.	06-03-2020	International Women's Day	Promoting awareness among women and facilitated the importance of education, equality and privileges to women in the society	Speech on theme- I am Generation Equality-Realising Women's rights
3.	3 <sup>rd</sup> week of April 2020	Achieving Gender Equality- What Works and What Doesn't Works	Awareness on status of women in terms of equality prevalent in society.	A talk on various measures at education, economic independence has been taken from improving their status which directly or indirectly help at decreasing crime against women.

*P. Padma*

**PRINCIPAL**

The Oxford College Of Pharm

No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068

Bangalore - 560 068



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068

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### NATIONAL GIRL CHILD DAY

"National Girl Child Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 24th January 2020" with the theme "My Voice, Our Common Future". The program was organized by Ms Divya S Kumar, Assistant Professor, Department of Pharmaceutics, The Oxford College of Pharmacy. The program was attended by 74 students and it started with the welcoming of the audience followed by introduction of the Speaker of the day, Mrs Surinder Kaur, Associate Professor, Department of Pharmaceutics, The Oxford College of Pharmacy. The speaker briefed about the history and significance of observing this day.

The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2020 is to promote the welfare of girl children in India. There are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2020, were also briefed by the speaker such as:

- To accept girl child/children and welcome them into homes and live with respect and love
- To abandon the evil ideology of killing girl children in the womb and female infanticide.
- To acknowledge people to the birthright of female children and to education, health, hygiene, nutrition and with other opportunities in life.
- To promote the idea of the elimination of any form of discrimination against the girl child at home or outside world.
- To encourage girls in achieving impossible to possible and history of great female leaders and achievers in worldwide.

Mrs Surinder Kaur, Associate Professor, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared her views regarding the role of students in spreading awareness and



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achieve the goal of celebrating the National Girl Child Day. In the session, the speaker initiated an interactive session with the participants to understand their level of knowledge and motivated them to spread awareness about Beti Bachao Beti Padhao schemes to the helpers at their home as well as in the nearby community where they reside.

	<p>CHILDREN'S EDUCATIONAL SOCIETY (REGD.) </p> <p><b>THE OXFORD COLLEGE OF PHARMACY</b> 6/9, 1<sup>ST</sup> CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560028</p> <p>CELEBRATING NATIONAL GIRL CHILD DAY-2020</p> <p><b>"My Voice, Our Common Future"</b> Organized Under IQAC, The Oxford College of Pharmacy Conducted On 24<sup>TH</sup> JANUARY 2020</p> <table border="0"><tr><td><b>PATRON</b></td><td><b>CONVENER</b></td><td><b>ORGANIZING MEMBER</b></td></tr><tr><td><b>SEN. V. L. NARASIMHAIAH</b> CHIEF THE OXFORD GROUP OF INSTITUTIONS</td><td><b>DR. NIRMALA P. RAJESH</b> PRINCIPAL THE OXFORD COLLEGE OF PHARMACY</td><td><b>MS. DIVYA S. SUDHAR</b> ASST. PROFESSOR THE OXFORD COLLEGE OF PHARMACY</td></tr></table>	<b>PATRON</b>	<b>CONVENER</b>	<b>ORGANIZING MEMBER</b>	<b>SEN. V. L. NARASIMHAIAH</b> CHIEF THE OXFORD GROUP OF INSTITUTIONS	<b>DR. NIRMALA P. RAJESH</b> PRINCIPAL THE OXFORD COLLEGE OF PHARMACY	<b>MS. DIVYA S. SUDHAR</b> ASST. PROFESSOR THE OXFORD COLLEGE OF PHARMACY	
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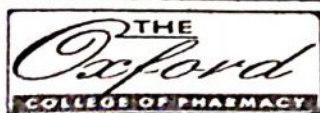
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## INTERNATIONAL WOMEN'S DAY

International Women's Day was celebrated on 6<sup>th</sup> March 2020 by The Oxford College of Pharmacy. The program started at 10.30 AM. The students of IV B Pharm welcomed all the attendees including faculty members with flowers, 55 students and faculty of all the department attended the program. The program started with the invocation song & lighting the lamp. Dr Lavanya N welcomed all the participants with a welcome note and briefed with the importance of celebrating International Women's Day, an occasion for looking back on past struggles and accomplishments, and more importantly, for looking ahead to the untapped potential and opportunities that await future generations of women. The program was attended by 55 students. Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy delivered the speech on the theme of International Women's Day "I am Generation Equality: Realizing Women's Rights". She mentioned the importance of gender equality programs which are bringing together people of every gender, age, ethnicity, race, religion and country. She expressed her views regarding multiple obstacles which remain unchanged in law and in culture, how women and girls continue to be undervalued; they work more and earn less and have fewer choices, and experience multiple forms of violence at home and in public spaces. She also emphasized on how these programs are helping in the equal and easy access to resources and opportunities regardless of gender, including economic participation and decision-making, and the state of valuing different behaviours, aspirations and needs equally, regardless of gender. She spoke that this will create gender-equal world in all senses. She also spoke regarding women's position in society, their education, health, economic position, etc. She also emphasized the need for realizing the women's rights for their overall development and this will in turn build up a better community. Dr Jyoti Shrivastava shared her views too, she emphasized on to take initiatives for women to realize their rights. She also mentioned how different activities and programs can promote gender equality and eradicate gender bias in our country. Mrs Divya S Kumar, shared her views on Role of women in India, she expressed her views on how the women whether from rural or urban area are helping in shaping cultural and social attitudes. Mrs. Surinder Kaur spoke about fairness and justice regarding benefits and needs of women. She expressed her views on several beneficiary plans for supporting under privileged ladies and to uplift their social status. The program was concluded at 1:00 PM with a thanking note by Dr Deepika M.



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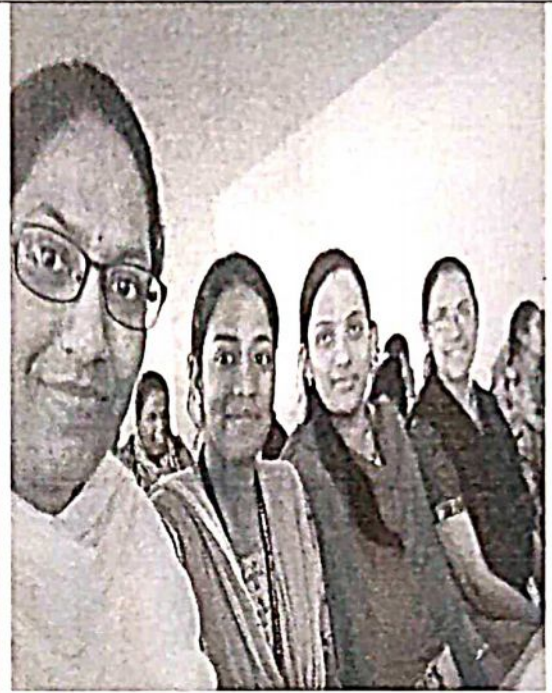
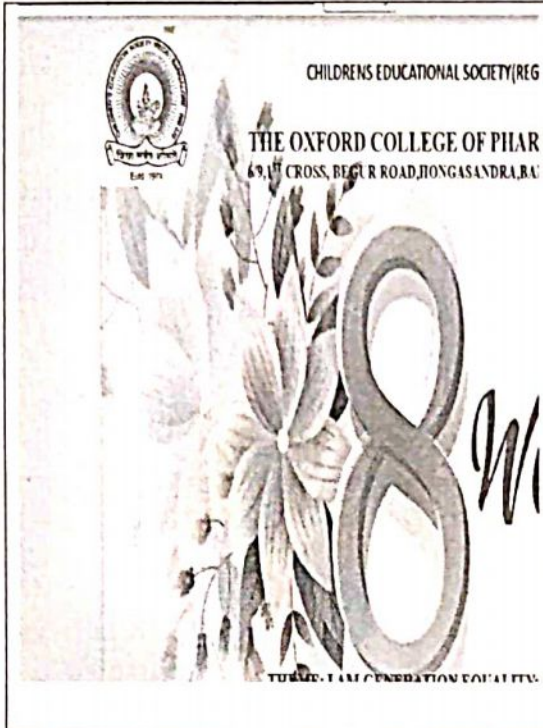
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## SESSION ON

### “ACHIEVING GENDER EQUALITY- WHAT WORKS AND WHAT DOESN'T WORKS”

A session on "Achieving Gender Equality in India: What Works, and What Doesn't Works" was conducted to strengthen the girl students. It was started at 10:00 AM. As it is COVID -19 period, the program was conducted in Microsoft teams 30 Girls students of B. Pharm, Pharm D attended the program. Dr N Lavanya enlightened students how to prevent discrimination against women's and girls. She spoke regarding India's progress toward gender equality and Crimes against women show an upward trend, in particular brutal crimes such as rapes, dowry deaths, and honour killings. These trends are disturbing as a natural prediction would be that with growth comes education and prosperity, and a possible decline in adherence to traditional institutions and socially prescribed gender roles that hold women back. She emphasized that Gender Equality is one of the severe issues in our current modern society. It refers to the equality of responsibilities, rights, and opportunities for females and males. Women, as well as girls, still fall behind the men and boys on the fundamental aspects globally. It is essential to maintain gender equality for global development as well. Till now, women are still incapable of contributing effectively, and in fact, they don't recognize their complete potential, she concluded the speech by saying that Educating Indian children from an early age about the importance of Gender Equality could be a meaningful start in that direction. After Dr Lavanya's session Ms. Kavya M, B. Pharm exhibited her views and mentioned about the increase in crimes against women. She spoke about the seriousness and frequency of violence and crime against women is well evident when the pages of daily newspapers are turned, when the television is viewed. Daily hundreds of cases of murder, rape, molestation, sexual abuse and eve-teasing, forcing women to prostitution etc., are reported by media. Even important T.V. channels have also started showing real cases of crime against women. She also spoken regarding the Crime against women has been on increase. It has existed in the past in almost all countries, regions, cultures and communities. The crime has much to do with the existing low status of women prevalent in our society. The violence is at various levels. It is at physical, mental. emotional, domestic and public. They are most oppressed, subjugated section of society. Though various measures at education,



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economic independence have been taken but they are far from improving their status which directly or indirectly help at increasing crime against women. She emphasized that attitude has to change drastically against women in order to ensure that no violence against them takes place. They have to be treated with equality and respect. The laws have to be implemented effectively and stringent action to be taken for violators or perpetrators of violence against women. Education of women is the foremost priority of today's parents. By educating women we help the families and not only women. Two strategies can be adopted. First, men have to change their attitudes so that women have enough space to develop themselves. Secondly, women themselves have to unite and spread consciousness which will help in real social development. Few other girls also spoke about parental preference for sons. They briefed about a culturally ingrained parental preferences for sons- emanating their importance as caregivers for parents in old age – is linked to poorer consequences for daughters. They spoke regarding the dowry system, involving a cash or in- the bride's family to the grooms at the time of marriage, is another institution that disempowers women.

Dr N Lavanya thanked all the students for participating in the program with a conclusion that there is a definite need to strengthen our legal and regulatory framework to fight the deeply-entrenched practice of gender inequality and we hope that the whole world will recognise the efforts of men and women in our modern society equally soon.



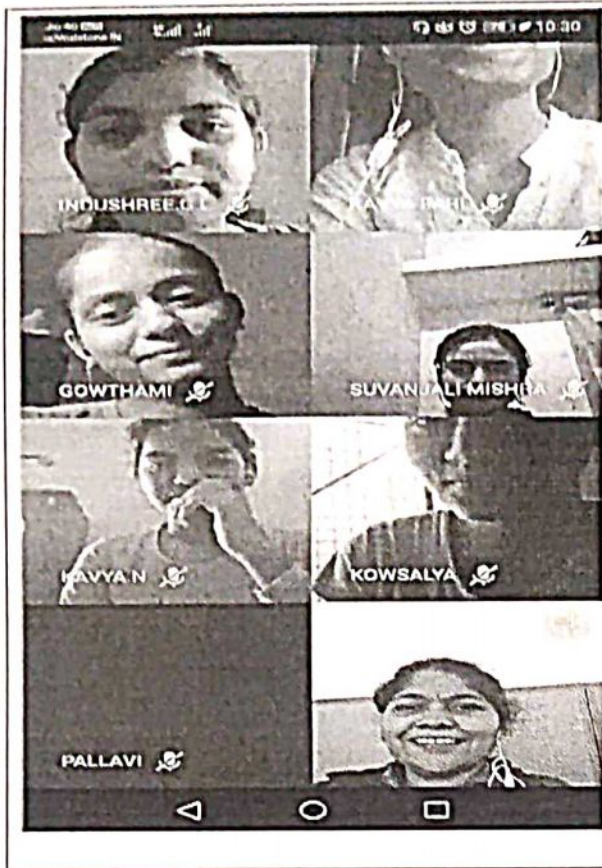
Children's Education Society (Regd.)

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2018-19

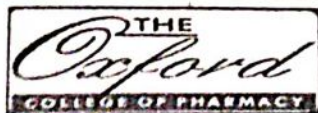
## GENDER SENSITIZATION ACTION PLAN

Sl. No	Date	Activity	Description	Strategy
1.	24-01-2019	National Girl Child Day	Awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition	A speech to create awareness and improve the understanding among students, the rights and need of education to girl child
2.	Second week of February	A Session on Empowering Women	To create awareness on different schemes provided by government for women empowerment.	A Speech on different measures and opportunities for growth and development in society, and disapproving gender bias in society.
3.	08-03-2019	International Women's Day	Promoting awareness among women and facilitate the importance of education, equality and privileges to women in the society	Speech on "Struggles faced by women in society".
4.	Third week of April	Talk on Mental Health of Women	Emphasizing on determinant of mental health and mental illness among women and how to overcome it	Speech on "Different measures to overcome the mental issues in the society specially women".

P. Padua

PRINCIPAL

The Oxford College Of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bengaluru - 560 068



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## NATIONAL GIRL CHILD DAY

“National Girl Child Day” celebration was organized by The Oxford College of Pharmacy, Bangalore on 24th January 2019 with the theme “Empowering girls for brighter tomorrow”. The program was organized by Ms Hyma Sara Varghese, Assistant Professor, Department of Pharmacology and started with the welcoming of the audience and introduction of the Speaker of the day, Dr S Jaikumar, Head of Department Pharmacology, The Oxford College of Pharmacy. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development in the year 2008. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2019 is to promote the welfare of girl children in India. The theme for the year was Empowering girls for brighter tomorrow. The program was attended by about 90 students.

Dr S Jaikumar, HOD, Department of Pharmacology, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. He emphasized on the main objective Beti Bachao Beti Padhao. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls.



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CHILDREN'S EDUCATIONAL SOCIETY (REGD.)



## THE OXFORD COLLEGE OF PHARMACY

6/9, 1<sup>st</sup> CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

CELEBRATING NATIONAL GIRL CHILD DAY-2019

"Empowering Girls for a Brighter Tomorrow"

Organized Under IQAC, The Oxford College of Pharmacy

Conducted On 24<sup>th</sup> JANUARY 2019

PATRON

SRI S. N. V. L. NARASIMHARAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR PADMA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

MS HYMA SARA VARGHESE  
ASST. PROFESSOR  
THE OXFORD COLLEGE OF PHARMACY



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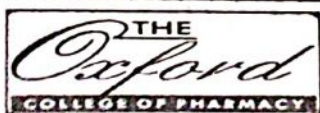
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## SESSION ON EMPOWERING WOMEN

The Oxford College of Pharmacy organized a session on "Empowering Women" as a part of campaign categorized under the Global Literacy Program which is named "We Think Digital". Ministry for women and child development has collaborated to enhance digital literacy and online safety for women and children in India. Women Empowerment is the progression of women and, accepting and including them in the decision-making process. It also means providing them with equal opportunities for growth and development in society, and disapproving gender bias. The program was organized by Ms Gowri Sri, Assistant Professor, Department Pharmacology, The Oxford College of Pharmacy. The session was attended by 55 students.

The program started at 10:00 AM with the welcoming of the audience and introduction of the Speaker of the day, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. The speaker briefed about the history and significance of observing this day. She said women and children are a vital part of Indian society and are the most vulnerable sections of India. The government of India has taken the safety and empowerment of women and children into serious consideration. The growing injustice towards women had to be minimised. Madam briefed regarding certain schemes like Azad Foundation's Women with wheels, One Stop Centre Scheme, Women Helpline Scheme etc. by the Government which can be the solutions to the major problems related to women in India. There are multiple other Government Schemes in in India launched for the betterment of people in the society and for the overall development of the country. The session highlighted about the opportunities for empowering women in society. It covered all the schemes provided by government for empowering women a supporting woman in society. It also encouraged that women should be financially independent and develop skills and utilise opportunities. The session also emphasized on innovative use of digital technologies which has provided equal opportunity for women to access insurance, loans, and social assistance.



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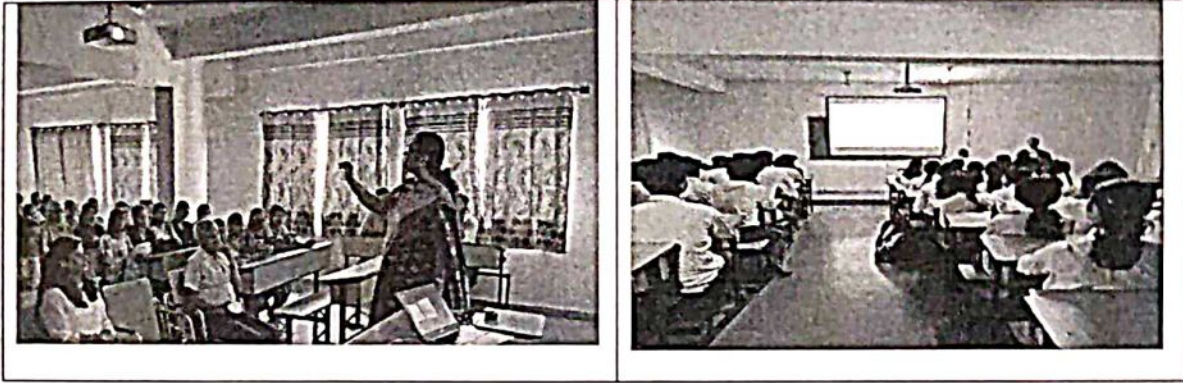
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## INTERNATIONAL WOMEN'S DAY

The Oxford College of Pharmacy observed International Women's Day on 8<sup>th</sup> March 2019. The program for the day was organized by Mrs Gowri Shri, Assistant Professor, Department of Pharmacology. The session started at 10:00 AM with the welcoming of the audience and introduction of the Speaker of the day, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. Our beloved Principal mam addressed the gathering regarding International Women's Day which is a global day celebrating the social, economic, cultural, and political achievements of women. The program was attended enthusiastically by about 100 students. The day also marks a call to action for accelerating gender parity. Significant activity is witnessed worldwide as groups come together to celebrate women's achievements or rally for women's equality. Marked annually on March 8<sup>th</sup> is one of the most important days of the year to celebrate women's achievements, educate and raise awareness about women's equality which call for positive change in advancing women for accelerated gender parity, fundraise for women-focused charities. The theme of this year was "Think equal, build smart, innovate for change".

Mam also emphasized on the theme which will focus on innovative ways in which we can advance gender equality and the empowerment of women, particularly in the areas of social protection systems, access to public services and sustainable infrastructure. She also made awareness regarding the achievement of the ambitious Sustainable Development Goals (SDGs) requires transformative shifts, integrated approaches and new solutions, particularly when it comes to advancing gender equality and the empowerment of all women and girls.

Mam also asked students to volunteer themselves in spreading awareness regarding different schemes to help ladies for game-changing start-ups, social entrepreneurs, gender equality activists, and women innovators to examine the ways in which innovation can remove barriers and accelerate progress for gender equality, encourage investment in gender-responsive social systems, and build services and infrastructure that meet the needs of women and girls.



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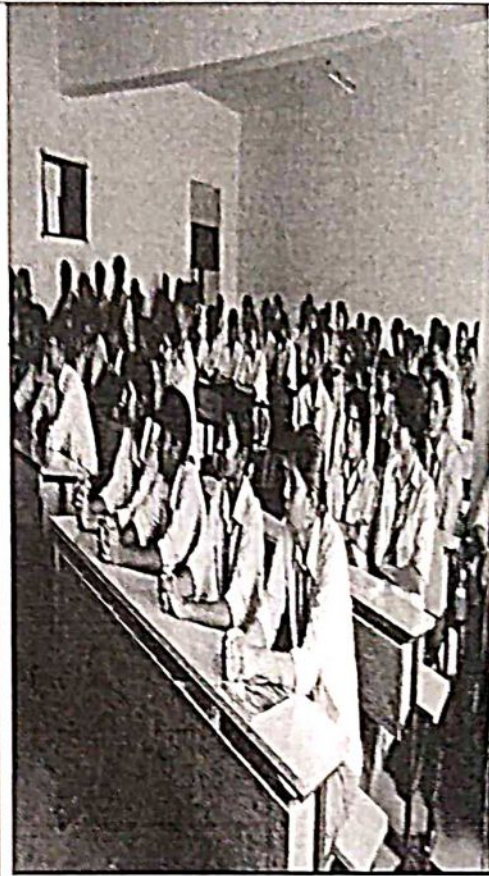
MARCH

THEME: THINK EQUAL BUILD SMART AND VOTE FOR CHANGE

HAPPY Women's Day

PATRON: THE CHAIRMAN OF THE BOARD OF PHARMACY

ORGANIZING COMMITTEE: THE DEAN OF PHARMACY, THE HONORARY OFFICER, THE HONORARY OFFICER





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## GUEST TALK ON MENTAL HEALTH OF WOMEN

The Oxford College of Pharmacy, Bangalore organized a Guest Talk on "Mental Health of Women" on 15th April 2019 as activity under the promotion of gender equity. Gender equity which is intrinsically linked to sustainable development and is vital to the realization of human rights for all. The overall objective of gender equality is a society in which women and men enjoy the same opportunities, rights and obligations in all spheres of life. The program was organized by Dr N Lavanya, Assistant Professor, The Oxford College of Pharmacy. The session was attended by about 55 students. The speaker of the day was Dr Sheshadri Shekhar. He emphasized on the well-being of women for the overall development of society. He gave information regarding the patterns of psychological distress and psychiatric disorders among women are different from those seen among men. He also explained that Women have a higher mean level of internalizing disorders while men show a higher mean level of externalizing disorders. He also briefed the different measures to overcome the mental issues in the society. The talk was very informative.

