EVALUATIVE REPORT OF THE PSYCHIATRIC NURSING DEPARTMENT

1. Name of the Department: PSYCHIATRIC NURSING

2. Year of Establishment: UG: 1992  
   PG: 2002

3. Is the department part of a college/faculty of the university?

   Yes, the department is a part of the faculty of nursing under the Rajiv Gandhi University of Health Sciences.

4. Names of programs offered:

<table>
<thead>
<tr>
<th>NAME OF THE PROGRAM</th>
<th>UG</th>
<th>PG</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B.Sc. Nursing</td>
<td>M.Sc. Nursing</td>
</tr>
<tr>
<td></td>
<td>PB. B.Sc. Nursing</td>
<td></td>
</tr>
</tbody>
</table>

5. Interdisciplinary programs and departments involved.

   The department does not have any interdisciplinary programs.

6. Courses in collaboration with other universities, industries, foreign institutions, etc

   The department has no collaborations with any other university, or foreign institution.

7. Details of programs discontinued, if any with reasons.

   All the programs under the department have been continuing since inception, no program has been discontinued so far.

8. Examination system.

   Annual examinations are conducted for all the courses offered.

9. Participation of the department in the courses offered by other departments.

   The department has not been participating in any other courses offered by other departments.
10. Number of teaching posts sanctioned, filled and actual

<table>
<thead>
<tr>
<th></th>
<th>Sanctioned</th>
<th>Filled</th>
<th>Actual (including CAS &amp; MPS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professor</td>
<td>1</td>
<td>--</td>
<td>--</td>
</tr>
<tr>
<td>Associate Prof/Reader</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Assistant Prof/Reader</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Lecturer</td>
<td>1</td>
<td>--</td>
<td>--</td>
</tr>
<tr>
<td>Tutor/Clinical Instructor</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
</tbody>
</table>

11. Faculty profile with name, qualification, designation, area of specialization, experience and research under guidance

<table>
<thead>
<tr>
<th>Name</th>
<th>Qualification</th>
<th>Designation</th>
<th>Specialization</th>
<th>No. of years of experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shuba D.</td>
<td>M.Sc. Nursing</td>
<td>Assoc. Prof.</td>
<td>Psychiatric nursing</td>
<td>5 years, 10 months</td>
</tr>
<tr>
<td>Agnes Gladies Pereira</td>
<td>M.Sc. Nursing</td>
<td>Asst. Prof.</td>
<td>Psychiatric nursing</td>
<td>4 years</td>
</tr>
<tr>
<td>Persis Ann Alexander</td>
<td>B.Sc. Nursing</td>
<td>Tutor/Clinical Instructor</td>
<td>Psychiatric nursing</td>
<td>2 ½ years</td>
</tr>
<tr>
<td>Durga Sah</td>
<td>B.Sc. Nursing</td>
<td>Tutor/Clinical Instructor</td>
<td>Psychiatric nursing</td>
<td>1 year</td>
</tr>
</tbody>
</table>

12. List of senior visiting fellows, adjunct faculty, and emeritus professors:

At present there are no other adjunct faculties involved in teaching.

13. Percentage of classes taken by temporary faculty- program wise information.

There are no temporary faculty in the department.
14. Program wise Student Teacher Ratio  
UG: 1:10  
PG: 1:4  

15. Number of academic support staff (technical) and administrative staff: sanctioned, filled and actual  
The academic support staff and administrative staff are common for all the departments.  

<table>
<thead>
<tr>
<th></th>
<th>Filled</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic support</td>
<td>01</td>
<td>01</td>
</tr>
<tr>
<td>staff</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Administrative staff</td>
<td>03</td>
<td>03</td>
</tr>
</tbody>
</table>

16. Research thrust areas as recognized by major funding agencies.  
At present, the department does not receive any funds for research from any funding agency.  

17. Number of faculty with ongoing projects  
The faculty have not yet received any grants from any national or international agencies, their projects are self funded.  

18. Inter-institutional collaborative projects and associated grants received  
National collaboration: NIL  
International collaboration: NIL  

19. Departmental projects funded by ICMR, DST-FIST, UGC-SAP/CAS, DPE, DBT, ICSSR, AICTE, etc.: total grants received  
The department has not received any funds for any projects from ICMR, DST-FIST, UGC-SAP/CAS, DPE, DBT, ICSSR, AICTE, etc.  

20. Research facility/ center with  
- State recognition  
- National recognition  
- International recognition  
  There is no research facility with state, national, or international recognition, but are planning to establish one in the near future.  

21. Special research laboratories sponsored by/ created by industry or corporate bodies.  
Since the discipline of psychiatric nursing does not involve in laboratory experiments, there are no such special research laboratories sponsored by industry or corporate bodies.
22. Publications:
Number of papers published in peer reviewed journals (national/ international): 01
Monographs: None
Chapters in books: None
Books edited: None
Books with ISBN with details of publishers: None
Number listed in international database: None
Citation index: None
SNIP: None
SJR: None
Impact factor: None
h-index: None

23. Details of patents and income generated.
The department has not filed for any patent and has not generated any income thereby.

The department offers services like student counseling and also is involved in extension activities such as counseling school and college students, creating awareness on substance abuse and teaching life skills to adolescents. All the services are free and hence no income has been generated.

25. Faculty selected nationally/ internationally to visit other laboratories/industries/ institutions in India and abroad.
As of now, no faculty has been selected nationally/ internationally to visit other laboratories/industries/ institutions in India and abroad.

26. Faculty serving in
National committees-NIL
International committees-NIL
Editorial boards-NIL

27. Faculty recharging strategies
Orientation programs: The department has an orientation program for the newly recruited faculty.
Workshops: The department regularly conducts workshops and seminars on recent topics to update the knowledge of the faculty.

Training programs: The faculty attend training programs conducted by the department and are deputed for training programs in other institutions as well to update their skills.

28. Student projects

- Percentage of students who have taken up in house projects including interdepartmental projects:
  
  UG (IV yr. B.Sc. N, II yr. P.B.B.Sc. N)-100%
  
  PG students -100%

- Percentage of students doing projects in collaboration with other universities/industry/institute:
  
  So far no students have taken up any project in collaboration with other universities/industry/institute

29. Awards/recognitions received at the national and international level by

- Faculty: None
- Doctoral/postdoctoral fellows: None
- Students: None

30. Seminars and conferences organized

2. Nursing standards: “Basis for professional practice” organized by The Oxford College of Nursing in 29th & 30th October 2009
3. Bio-terrorism and Nursing organized by The Oxford College of Nursing in 2009
4. Nursing Skills in Clinical Emergencies organized by The Oxford College of Nursing in 18th & 19th February 2010
5. National Conference on Nursing Practice Issues and Innovations: Ensuring Healthy Communities organized by Nursing Research Society of India (NRSI) in 28th & 29th October 2010 in RGUHS, Bangalore
7. Workshop on Life’s Hassles and Ways to Manage conducted by Psychiatric Nursing Department of the Oxford College of Nursing, Bangalore in April 2011.
8. Alzheimer’s and related disorders at the Oxford college of nursing, on 24th Sep 2011

31. Code of ethics for research followed by the departments.

The college has an ethical committee which reviews the research projects taken up by every department.
32. Student profile program wise

<table>
<thead>
<tr>
<th>Name of the program</th>
<th>Selected</th>
<th>Pass percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Male</td>
<td>Female</td>
</tr>
<tr>
<td>B.Sc. Nursing</td>
<td>--</td>
<td>22</td>
</tr>
<tr>
<td>PB. B.Sc. Nursing</td>
<td>03</td>
<td>28</td>
</tr>
<tr>
<td>M.Sc. Nursing</td>
<td>03</td>
<td>02</td>
</tr>
</tbody>
</table>

33. Diversity of students

<table>
<thead>
<tr>
<th>Name of the program</th>
<th>% of students from the same university</th>
<th>% of students from other universities within the same state</th>
<th>% of students from universities outside the state</th>
<th>% of students from other countries</th>
</tr>
</thead>
<tbody>
<tr>
<td>B.Sc. Nursing</td>
<td>NA</td>
<td>NA</td>
<td>NA</td>
<td>01</td>
</tr>
<tr>
<td>PB. B.Sc. Nursing</td>
<td>--</td>
<td>10</td>
<td>32</td>
<td>03</td>
</tr>
<tr>
<td>M.Sc. Nursing</td>
<td>--</td>
<td>--</td>
<td>03</td>
<td>--</td>
</tr>
</tbody>
</table>

34. How many students have cleared civil services and defense services examinations, NET, SET, GATE, USMLE, PLAB, GPAT, NCLEX, CGFNS, IELTS?

So far, four PG students from the department have successfully cleared IELTS and two students have cleared NCLEX, CGFNS.

35. Student Progression

<table>
<thead>
<tr>
<th>Student progression</th>
<th>Percentage against enrolled</th>
</tr>
</thead>
<tbody>
<tr>
<td>UG to PG</td>
<td>NA</td>
</tr>
<tr>
<td>PG to M.Phil.</td>
<td>--</td>
</tr>
<tr>
<td>PG to Ph.D.</td>
<td>01(25%) in the year 2009-10 batch</td>
</tr>
<tr>
<td>Ph.D. to Post-Doctoral</td>
<td>--</td>
</tr>
<tr>
<td>Employed</td>
<td></td>
</tr>
<tr>
<td>- Campus selection</td>
<td>--</td>
</tr>
<tr>
<td>- Other than campus recruitment</td>
<td>100%</td>
</tr>
<tr>
<td>Entrepreneurs</td>
<td>--</td>
</tr>
</tbody>
</table>
36. Diversity of staff

<table>
<thead>
<tr>
<th>Percentage of faculty who are graduates</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Of the same university</td>
<td>100%</td>
</tr>
<tr>
<td>From other universities within the state</td>
<td>--</td>
</tr>
<tr>
<td>From universities from other states</td>
<td>--</td>
</tr>
<tr>
<td>From universities outside the country</td>
<td>--</td>
</tr>
</tbody>
</table>

37. Number of faculty who were awarded MPhil, PhD, during the assessment period

Currently none of the faculty has been awarded M. Phil/ PhD.

38. Present details of departmental infrastructural facilities with regard to

- **Library**
  
  In addition to the central library, the department has a library with books, journals, and unpublished thesis. The central library has 14 print journals and 7 e-journals related to psychiatry and mental health, 40 dissertations.

- **Internet facilities for staff and students**
  
  Internet facility for the staff is available both at the HOD room and staff room. Students can access internet facility at the Library and the computer lab; students utilize the facility for accessing HELINET and other e-resources for academic and research purpose.

- **Total number of classrooms**
  
  Totally there are 8 class rooms available for the all the batches of B.sc. N, PB.B Sc.N and M.sc Nursing students.

- **Classrooms with ICT facility and ‘smart’ classrooms**
  
  Class rooms with ICT facility and smart class rooms with the interactive board facility are available.
• Students’ laboratories

There is a psychiatric nursing lab and a counseling room where the students avail counseling services as well as learn practical psychiatric nursing skills.

• Research laboratories: Not applicable

39. List of doctoral, Post-doctoral students and Research Associates

• From the host institution/university: None
• From other institutions/universities: None

40. Number of post graduate students getting financial assistance from the university

Post graduate students do not receive financial assistance from the university.

41. Was any need assessment exercise undertaken before the development of new programs?

No new program has been started by the university.

42. Does the department obtain feedback from:

a. Faculty on curriculum as well as teaching learning evaluation? If yes, how does the department utilize the feedback?

Yes, the department obtains regular feedback from the faculty at the departmental meetings as well as during the exit interview. The suggestions are discussed at the annual curriculum committee meeting.

b. Students on staff, curriculum, and teaching learning evaluation and how does the department utilize the feedback?

Yes, feedback is obtained from the students at the time of their course completion as well as periodically during the course using a structured feedback form. Their suggestions are conveyed to the curriculum committee.

c. Alumni and employees on the programs offered and how does the department utilize the feedback?

Yes, feedback is taken from the alumni during the annual alumni meet and their employers’ feedback is obtained informally.
43. List the distinguished alumni of the department.

1. Prof. Ruby Jacob
   Clinical nurse manager,
   Ireland.

2. Ramesh. M
   Charge nurse
   USA.

3. Priscilla Patrick
   Prof & HOD,
   Government College of Nursing,
   Gulbarga.

4. Meghana. R
   Charge nurse
   Dubai.

5. Walter Jaisingh .P
   Principal,
   Varalakshmi College of Nursing, Bangalore.

6. Reji Jose,
   Associate professor,
   Vydehi College of Nursing, Bangalore.

7. Femi Joseph
   Associate professor
   West Fort College of nursing, Thrissur.

8. Delima. D
   HOD, Dayanand Sagar College of Nursing,
   Bangalore.

9. Pushpavathy. N.K
   Senior Staff nurse,
   General Hospital, Jayanagar,
   Bangalore.

10. Leishangthem Tamphasana Devi,
    HOD, Dr. Shyamala Reddy College of Nursing,
    Bangalore.

11. Rakesh. A,
    Shivagiri Mission College of Nursing,
    Trivandrum, Kerala.

12. Jyothi Quadras,
    GFATM Project Training coordinator,
    St. John’s College of Nursing, Bangalore.
44. Give details of student enrichment programs (special lectures/workshops/seminar) involving external experts.

1. Workshop on Life’s Hassles and Ways to Manage conducted by Psychiatric Nursing Department of the Oxford College of Nursing, Bangalore in April 2011.

2. Workshop on Alzheimer’s and related disorders at the Oxford college of nursing, on 24th Sep 2011

45. List the teaching methods adopted by the faculty for different programs.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Class room teaching</td>
<td>Lecture, discussion, demonstration, seminar, role play, panel discussion, video assisted teaching, quiz, power point presentation, tutorials, PBL, assignments.</td>
<td>Lecture, discussion, demonstration, seminar, role play, panel discussion, symposium, quiz, video assisted teaching, power point presentation, tutorials, PBL, assignments.</td>
<td>Lecture, discussion, demonstration, seminar, role play, panel discussion, symposium, quiz, video assisted teaching, power point presentation, tutorials, PBL, workshops, literature review, dissertation, assignments.</td>
</tr>
</tbody>
</table>

STUDENTS WITH PATIENTS AT NIMHANS | SEMINAR

46. **How does the department ensure that program objectives are constantly met and learning outcomes are monitored?**

The department of Psychiatric Nursing conducts planned evaluation both during the theory as well as the clinical posting in order to assess whether the learning objectives have been achieved, Assignments, clinical presentations, case study, case presentations, project, log book and viva voce are used to monitor the progress of learning.

In a similar way, the learning objectives in theory are evaluated by unit test, Sessional exam and model theory exam.

47. **Highlight the participation of students and faculty in extension activities.**

1. Referral services at the selected area (Vishwapriya Layout) to Begur PHC

2. Expert advice and suggestions related to mental health issues to school teachers in identifying behavioural problems and management of the same among school children

3. Stress management methods for professionals etc.

4. Mental Health education on mental illness was conducted as a part of NSS programme

5. School Health Education on Promoting Optimum Health during school years conducted in selected school, Hongasandra
6. Awareness programme on Alzheimer’s disorder
7. Mass awareness Programme on alcoholism and its ill effects at Begur and Hakki Pikki colony
8. Mass awareness Programme on Stress Management done in Begur PHC

48. Give details of “beyond syllabus scholarly activities” of the department.

The department conducts certain enrichment courses which go beyond the syllabus and help in sharpening their skills. Some of the enrichment courses conducted include:

1. Neuro-Psychological assessment
2. Clinical skills in Psychiatric nursing
3. Adolescent counseling

49. State whether the program/ department is accredited/ graded by other agencies?

No, the department is not accredited/graded by any other agency.

50. Briefly highlight the contributions of the department in generating new knowledge, basic or applied.

Faculty and students are actively involved in conducting research as per the requirements in the syllabus, besides which the faculty also undertake independent research projects. The research findings are published in Journals and are presented in conferences and other scientific sessions.

51. Detail five major Strengths, Weaknesses, Opportunities and Challenges (SWOC) of the department.

<table>
<thead>
<tr>
<th>S.No</th>
<th>Strengths</th>
<th>Weaknesses</th>
<th>Opportunities</th>
<th>Challenges</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Qualified, competent and well experienced staff</td>
<td>High turnover of faculty</td>
<td>Since the institution is located in an industrial area, there are opportunities to offer services in the industries</td>
<td>Improving the appeal of the course to the potential candidates.</td>
</tr>
<tr>
<td>2</td>
<td>Own building with all best amenities</td>
<td>Facilities which need to be improvised for the better</td>
<td>The institution is located close to the PHCs* and hence takes part in regular awareness campaigns</td>
<td>Striving to maintain the quality of education since there are too many other colleges cropping up in the city.</td>
</tr>
<tr>
<td>3</td>
<td>A separate psychiatric nursing lab</td>
<td>Lack of funding from agencies for research.</td>
<td>Collaboration with other mental health institutions and rehabilitation centers</td>
<td>Lack of opportunities to utilize research findings adequately.</td>
</tr>
<tr>
<td>4</td>
<td>Well equipped central library and departmental library</td>
<td>Utilizing only affiliated hospitals for clinical experience</td>
<td>Inter disciplinary collaboration</td>
<td>Setting up independent practice.</td>
</tr>
<tr>
<td>5</td>
<td>Separate counseling room.</td>
<td>Lack of opportunities for carrying out experimental research.</td>
<td>Planning to offer specialized courses.</td>
<td>To set up own research center in the institution.</td>
</tr>
</tbody>
</table>
52. Future plans of the department.

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Courses</td>
<td>Women mental health</td>
<td>Adolescent wellbeing</td>
<td>Child abuse prevention</td>
<td>Orphanage welfare Programme &amp;Rehabilitation</td>
<td>Psychiatric nurse counselor</td>
</tr>
<tr>
<td>TLE</td>
<td>Use of Verbatim based learning</td>
<td>Encouraging more number of faculty research, obtain funds for research projects</td>
<td>Plan a short term course on geriatric mental health</td>
<td>Use of PBL approach in other extended areas</td>
<td>Use programme based instruction modules</td>
</tr>
<tr>
<td>Research/Extension</td>
<td>-Survey on identifying empowered women at Begur. -Awareness on women empowerment</td>
<td>-Developing a counseling desk for adolescents -Awareness campaign on risk behavior among adolescents.</td>
<td>-Study to assess the prevalence of child abuse in a selected area of urban Bangalore -Awareness campaign on child abuse</td>
<td>-Project on stress, coping &amp; wellbeing of orphan children -Campaigns on care of orphan children</td>
<td>-Identifying substance abuse &amp; sexual malpractice among adolescents</td>
</tr>
<tr>
<td>Infrastructure</td>
<td>Newer furnishings and facilities for the counseling room</td>
<td>Animation CDs’ and other virtual learning resources.</td>
<td>Establishment of a Neuro-psychiatric lab</td>
<td>Establishment of video-conference room</td>
<td>An independent psychiatric unit</td>
</tr>
<tr>
<td>Innovation</td>
<td>Students’ Self learning of counseling skills (Realism approach)</td>
<td>Use of naturalistic and pragmatic teaching methods</td>
<td>Use of tele-based distance learning</td>
<td>Video conferences with experts around the world</td>
<td>Increased use of clinical-based research and learning</td>
</tr>
<tr>
<td>---------------------------------</td>
<td>-----------------------------------------------------------------</td>
<td>---------------------------------------------------</td>
<td>-----------------------------------</td>
<td>---------------------------------------------</td>
<td>--------------------------------------------------</td>
</tr>
<tr>
<td>Collaborations/ linkages</td>
<td>Spandana mental health and rehabilitation institute</td>
<td>Little sisters of poor old age home and orphanage center</td>
<td>Institute of juvenile corrective and rehabilitaion home</td>
<td>Oolambari institute for mental health and research, Kerala</td>
<td>NIMHANS satellite center, Anekal taluk</td>
</tr>
</tbody>
</table>